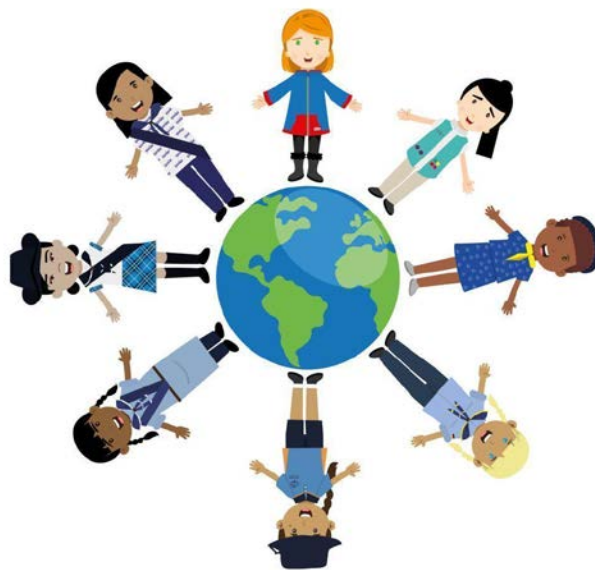




EMBERS WORLD ADVENTURE CHALLENGE!

AN INTERNATIONAL AWARENESS CHALLENGE
FROM THE BC INTERNATIONAL COMMITTEE



This Challenge was created by the BC International Committee.

Copyright May, 2023 Girl Guides of Canada-Guides du Canada, British Columbia Council,
107 – 252 Esplanade W. North Vancouver, B.C. V7M 0E4

Unless otherwise indicated in the text, reproduction of material is authorized for non-profit Guiding use within Canada, provided that each copy contains full acknowledgment of the source. Any other reproduction, in whole or in part, or in any form, or by any means, electronic or mechanical, without prior written consent of the British Columbia Council, is prohibited.

Table of Contents

Introduction	4
Crest and Challenge details	5
Take off	6
European Region: Beginnings London, United Kingdom	7
Western Hemisphere: Growth Juliette Lowe, Savannah, Georgia, USA	12
Asia Pacific: World Centres Pune, India	17
Africa: Kusafiri, a World Centre Journey Antananarino, Madagascar	26
Arab Region: Guiding Regions Giza, Egypt	31
Fly Home	36
Embers Around the World Campfire	
<i>Embers World Adventure Campfire Resource Folder</i>	
Templates for Activities	37
Program Connections	52
Links and Resources	52

Embers World Adventure Challenge

Introduction

The adventure starts with Embers at the airport, preparing to leave on their world tour. They will visit up to five destinations in whatever order works for you. Each destination represents one of the **five WAGGGS world regions**. These regions are Africa, Arab, Asia Pacific, Europe, and Western Hemisphere. There are a variety of activities listed for each destination. Choose the activities that are most appropriate for your Embers.

European Region: The United Kingdom. Embers travel to London, England where they will go back in time to explore how Girl Guides began.

Western Hemisphere Region: U.S.A. Embers travel to Savannah, Georgia where they will learn about **Juliette Low** and how she brought Girl Guides/Girl Scouts to the USA. This will introduce Embers to the idea that even though Girl Guides started in the United Kingdom, the idea spread to countries around the world. It explains why some countries adopted the name “Girl Scouts” instead of “Girl Guides”.

Asia Pacific Region: India. Embers travel to Pune, India. They will learn about the World Association of Girl Guides and Girl Scouts (WAGGGS) while they visit the Sangam World Center. WAGGGS unites Girl Guides and Girl Scouts around the world.

Africa Region: Madagascar. Embers travel to Antananarivo. They will be introduced to Kusafiri. This is a World Centre different from the others. It does not have a location or a country. Events are offered in different African countries at different times. Kusafiri means “to journey”.

Arab Region: Egypt. Embers travel to Giza. The Arab region is the smallest WAGGGS region.

This Adventure Challenge is flexible and can be used for unit meetings, camps, district, and area events. Explore the activities that appeal to your Embers. If you plan to offer the activities at different meetings, we suggest that you start each meeting with a new “flight”.

You will need a large globe or world map so everyone can “see” where they are going.

This challenge may also be helpful to new Guiders to understand Canada’s link with Girl Guides and Girl Scouts around the world.

EMBERS have sisters in Guiding all around the world!

Embers World Adventure Challenge Crest



Embers World Adventure Crest

Required: Complete one activity from each of the 5 World Guiding Regions.

When you have completed the activities, complete The BC Challenge Crest, Pin and Camp to go order form:

[**BC Challenge Crest, Pin and Camp to go order form**](#)

Before filling out the Order Form, please read the BC Challenge Crest, Pin, and Camp To Go Information document in order to understand the pricing and payment for the various crests, pins and merchandise.

Getting Ready for Take-off!

When they arrive, each Ember will be given a pencil and a sheet of pictures showing items common for travel. **Actual items** (provided by Guiders) or **pictures of the items** will be hidden in the gathering area. When Embers find an item, they tick the appropriate box on their card. When complete, Embers hand their cards to the Guider “ticket agent” to receive their boarding pass. If you plan to divide Embers into patrols, give them a boarding pass that reflects the order of their destinations for that patrol. Provide each patrol with their own boarding pass colour.

Guider prep.:

- Print a checklist for each Ember. (page 37)
- Print pictures of the items or bring the actual items to hide, (page.38)
- Print boarding passes. Use different paper colours for each patrol. (page 41)
- Pens to print names on boarding passes
- Pencils for Embers
- Globe or World Map

Opening: The flight attendant, who may look like a Guider, will seat the Embers. Sitting on the floor is best. If you are doing this event in stations, seat Embers with their travel group identified by the colour of their boarding pass. When everyone is in their “seat”, the flight attendant will tell the passengers where the washrooms are, who to see for first aid, and where they will be going.

There will be five destinations in different parts of the world. Each destination is important to Guiding. Embers will do a craft, play a game, or try an activity at each destination. A variety of choices are provided. Do the ones that are most suitable for your group.

Embers may visit the destinations in any order. If you have a large group, divide Embers into patrols and run two or more stations at once.

When everyone is seated and instructions have been given, you are ready for take-off!

Have the Embers stand up and hold their arms out to prepare for take-off. A pilot Guider can lead each group of Embers to their destination. Don’t forget to make airplane sounds as you “fly”. Ensure that Embers with alternate abilities can also “fly”.

European Region

Arrival in London, United Kingdom



Welcome Embers to London in the United Kingdom.

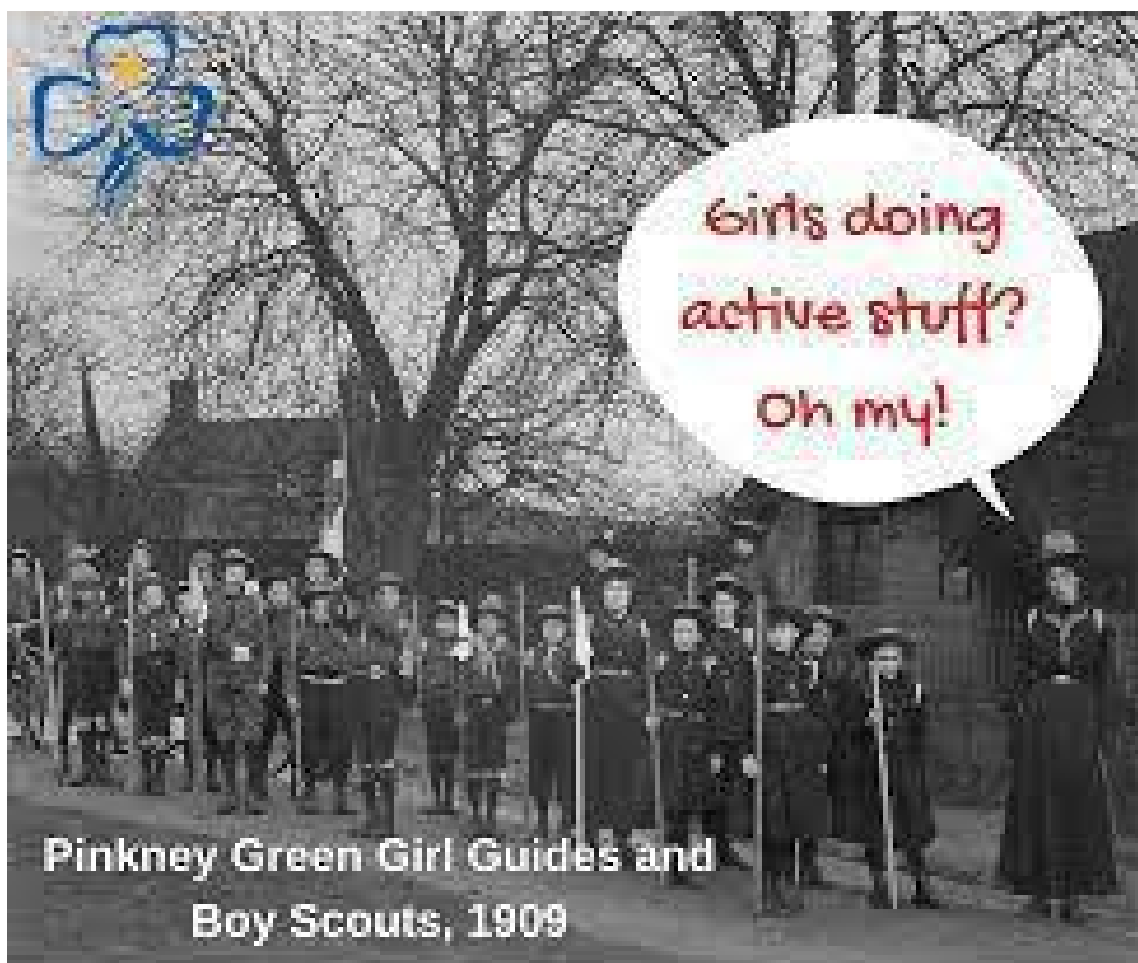
Identify London, UK on the world map or globe.

Source: [WAGGGS World Centre Pax Lodge](#)

Girl Guide Beginnings

Read the Embers the following story.

Boy Scouts was started in the United Kingdom in 1907 by Lord Baden Powell. The Boy Scouts were having a huge rally at the Crystal Palace in London in 1909. Eleven thousand boys marched into the palace, but everyone was astounded when a group of girls followed them. These were the “Girl Scouts”. While their brothers had been busily occupied with Scouting, these girls had been copying them, usually in secret. Girls at that time were expected to be ladylike, doing needlework and art. Their place was in the home, not outdoors dressed in outlandish costumes, practising stalking, tracking, first aid, stopping runaway horses and rescuing people from burning buildings! Many of their mothers and the public were shocked and horrified at the girls’ escapades and appearance: skirts hiked up, wearing Scout hats, carrying stout broomsticks, whistles, knives and enormous backpacks decorated with large red crosses. These daring girls pleaded with Lord Baden Powell to be allowed to join the Scouts. He agreed to help them but said that they would be Girl Guides and have Patrol names of flowers and birds, not wolves! He asked his sister, Agnes Baden-Powell, to help him with a girls’ organization. She became the first President of the Girl Guides. Lady Olave Baden-Powell, Baden Powell’s wife, became the Chief Guide for the United Kingdom in 1918 and the World Chief Guide in 1930. (Agnes continued as vice-president until her death in 1945). [Girl Guide History](#)



Pgsg.org.uk

1909 Scout Skit

Divide the Embers into groups and give them time to create a skit about this time.

Skit 1: Pretend that you are the Girl Scouts that marched into the Crystal Palace. Your team must convince Lord Baden Powell that you want your own organization for girls.

Skit 2: It is 1909. Pretend that you are meeting with Agnes Baden Powell, to lead an organization called "Girl Guides". Show and tell her the activities that you want to do as an Ember.

Skit 3: Your brother is a Boy Scout, and he is allowed to do things that you would love to do. Tell your friends about the fun that your brother is having and encourage them to join you while you form your own group called Girl Scouts. Do some activities that only boys were "allowed" to do in 1909.

Skit 4: Embers make up their own skit about this time. Each group presents their skit.

Ember Story and Promise

Although Girl Guides started in 1910, Embers did not start until 1914. They were originally called “Rosebuds”, but they did not like that name. Next, they were called Brownies. Brownies are fairies who secretly help the people that they live with. In November of 2022, Girl Guides of Canada proposed a name change as “Brownies” was deemed to be "a barrier to racialized girls and women". In January 2023, the name Brownies was changed to **Embers** to be more inclusive.

Make a video of the Embers saying the Ember promise.

Supplies

Camera or cell phone

I Promise to do my best,
To be true to myself, my beliefs and Canada
I will take action for a better world
And respect the Ember law.

Embers can salute by holding three fingers up on their right hand while they say the promise.

After shooting the video, play it back to the group. (Delete video afterwards if any Embers in the group do not have an Image Release)

Why do Girl Guides and Girl Scouts shake hands with their left hand?

The left-handed handshake **represents friendship because the left hand is closer to the heart than the right**. Shake hands with your left hand while making the Ember salute with your right hand.

Practice shaking hands with another Ember.

The Queen's Guard

The last Queen of England, Elizabeth, and her sister, Princess Margaret, were Girl Guides when they were children. The Embers and Guides had their meetings at Buckingham palace! These units still meet in the palace, even though the Queen died in 2022 at the age of 96.

Now, her great, great granddaughter, Princess Charlotte, attends Embers at Buckingham palace with other Embers that live in the neighborhood. When the Embers went to their meetings, they often saw the Queen's Guard. (They are now called the King's Guards. (King Charles became king when the Queen died.) You can make your own guard.



Supplies

- Toilet paper or paper towel tube.
- Red, Black and Yellow felt.
- Eyes-googly, stickers or you can draw the eyes
- Glue
- Scissors
- Ruler
- Giant black chenille stem (or any other black, fuzzy material)
- Small piece of duct tape.

You can also use red, black and yellow construction paper instead of felt or you can buy felt that has a sticky back, if available.

1. Cut black and red felt long enough to go around the tube and 3.75 cm.wide.
2. Cut one yellow strip 0.5 X 3.75 cm.
3. Cut two arms from red felt, 4.5 cm long.
4. Glue black felt around the bottom of the tube.
5. Glue red felt above the black felt.
6. Glue an arm to the top of the red felt. Repeat on the opposite side of the tube.
7. Glue the yellow felt over the red felt, halfway between the arms.
8. Draw a face and draw, glue or stick eyes on.
9. Cut a 45 cm. long piece of giant, black chenille. Make 5 even folds with enough stem sticking into the toilet roll so that it can be taped in place with duct tape.

[Pinterest Queens Guard](#)

Ember Motto: Lend a Hand

Plan a “Lend a Hand Activity”. This can be any activity that will benefit someone else and may be specific to your community.

Suggestions:

Collect food for the food bank.

Collect old blankets or towels for an animal shelter.

Collect story books for children in hospital.

Make cards for seniors or veterans.

Donate gently used toys and books to a woman’s shelter.

Participate in the Great Canadian Shoreline Clean-up.

Visit a seniors’ residence.

Do something specific for your community.

Western Hemisphere Region

Arrival in Savannah, Georgia, United States of America



Supplies

World Map or globe

Identify Savannah, Georgia, USA on the world map.

Other countries want their own Girl Guide organizations.

Girl Guides started in the United Kingdom and soon spread around the world. Juliette Low lived in Savannah, Georgia in the USA. She learned about Girl Guides when she visited England in 1911. She started Girl Guides in Savannah, Georgia in 1912. The name was changed to Girl Scouts of The United States of America a few years later. The girls thought that this was a better name for them.

[Girl Scouts History](#)



Juliette Low and her dog. (Teri Craig photo)

USA Bracelet Craft

Embers World Adventure Challenge

In Canada, Embers celebrate **Thinking Day** on Feb. 22. This was the birthday of Lord and Lady Baden-Powell. In the USA, Girl Scouts celebrate **Founder's Day** on October 31 because this was Juliette Low's birthday. Juliette Low used her own money to start Girl Scouts in the USA in 1912. Her nickname was Daisy. In 1915 she needed more money to continue Girl Scouts, so she sold her pearl necklace! To honor this memory, Embers can make a pearl and daisy bracelet. Sparks are called "Daisies" in the USA.

Supplies

- White or pearl coloured pony beads
- Daisy or yellow beads
- Dental or embroidery floss
- Saucers or lids for beads
- Tape

1. Give each Ember a saucer or lid for their beads and a piece of dental or embroidery floss long enough for a bracelet with room to tie a knot but not so long that it will fall off the Ember's wrist.
2. To prevent beads from sliding off the floss, tie the first bead onto the floss by pulling the floss through the first bead. Bring the floss back over the bead and back through the center. Position the bead so that there is enough floss to tie the ends.
3. Tape that end of the floss to the table so that stringing beads is easier.
4. Ensure that bracelet will fit wrist.
5. Repeat step 2 with the last bead.
6. Tie bracelet around wrist or exchange your bracelet with another Ember.

Pancake Flipping**Supplies**

- Overcooked pancakes
- Paper plate

This was a game that was played when Juliette was a girl. Make some pancakes, but make sure they are overcooked, so they are firm and won't break. Everyone gets a pancake and a plate. See how many times an Ember can flip the pancake from their plate and catch it with that plate. Source: [Girls Scouts history Juliette-Gordon-Low](#)

Juliette Low Action Story

[Juliette Low Action Story](#)

Try this action story to learn about how Juliette Low started Girl Scouts in the USA.

THE STORY OF JULIETTE LOW (Action Story #1)

Divide troop into 8 smaller groups and give them the following group names:

Little Girls, Juliette Low, Georgia, Horses, London, Lord Baden-Powell, Boy Scouts, Girl Scouts

SOUND EFFECTS: As the story is read, each group, upon hearing its name, stands up making the sound effect listed below.

Practice the sounds and actions first so each group understands what to do.

Little Girls.....Stand and cheer.

Juliette Low.....Curtsey and say, "Be my friend".

Georgia (state of).....Say "Hey, you all!"

Horses.....Say "Neighhhhh".

Lord Baden Powell.....Bow formally and say "How do you do?"

London.....Sing "London Bridge is Falling Down".

Boy Scouts.....Make scout sign, say "Be Prepared".

Girl Scouts.....Sing these words: "Girl Scouts Together, that is our song".

Story

Once upon a time there was a little **girl** named **Juliette Low** who lived in **Georgia** and loved to ride **horses**. After she grew up she went to London where she met **Lord Baden-Powell** who founded the **Boy Scouts**. She was fascinated by the work he was doing. She studied with him awhile and decided to found a troop of **Girl Scouts** for her friends who liked to ride **horses** in **Georgia**. So **Juliette Low** said good-bye to the **Boy Scouts** in **London** and came home with the ideas that **Lord Baden-Powell** gave her. She formed a group of little **girls**, who liked to ride **horses** and be together, into a troop of **Girl Scouts**. And they loved it so much that the idea spread and now there are troops all over the world. Aren't we glad that a (speed up here) Little **Girl** named **Juliette Low** from **Georgia** who liked **Horses** went to **London** and met **Lord Baden-Powell**, founder of the **Boy Scouts**, and came home to start the wonderful world of **Girl Scouts**!

The Language of the Fan

Juliette Low grew up in a wealthy family in Georgia. At that time, proper young women learned to communicate by using their fans. They invented “fan language”. Make a fan out of a piece of paper and let your friends know what you are thinking.

Pax_Lodge_Activity_Booklet.pdf

- Fan placed near the heart: *You are my friend*
- Touching the fan with one finger: *I wish to speak with you.*
- Moving the fan across the eyes: *I am so sorry.*
- Opening the fan all the way: *Wait for me.*
- Covering the left ear with an open fan: *I have a question.*
- Dropping the fan: *I changed my mind.*
- Opening and closing the fan many times: *I am worried.*



To make a fan, accordion fold a piece of paper. Tape one end and spread the accordion folds out. These fans were made with printed origami paper, but Embers may wish to draw and colour their own fan on plain paper before making the folds.

Use your fingers to open and close the fan.
Practise using your fans to send messages.
See if you can identify the message being sent to you.

Can you make up a fan signal for your Ember unit? Here are some examples: “You are awesome!” “I’m glad that we are friends.” “Are you ready for a snack?”

Girl Scout Cookies

Supplies

- Print or show the Girl Scout cookie poster, p. 42
- Paper
- Pencils
- Crayons or felts

Many Girl Guides and Girl Scouts around the world sell cookies to help pay for supplies, activities, and camps. They do this so that every girl can afford to join. However, different countries have their own cookie recipes. In Canada, we sell chocolate and vanilla sandwich cookies and mint cookies. Girl Scouts of the USA sell many different types of cookies. Have a look at the Girl Scout cookie poster.

See if you can invent a new cookie for Canadian Girl Guides to sell. Draw a picture of your cookie. Invent a name for your special cookie. Check out the recipes that the other Embers in your group invented. Do you have a favorite?

Link for the USA Girl Scout Cookie Poster:

[Girl Scout Cookies](#)

Asia Pacific Region Arrival at Sangam in Pune India



Identify Pune, India on the world map.

Girl Guides and Girl Scouts from around the world wanted to join together so that they could help each other. World Centers were created.

WAGGGS

Introducing WAGGGS! This stands for the **World Association of Girl Guides and Girl Scouts**. Embers are all members! This means that you have a connection to every other member of Girl Guides and Girl Scouts in the whole world. We call this the “Sisterhood of Guiding”.



WAGGGS Flag

WAGGGS is our Guiding network. This helps all of us to “take action for a better world”.

WAGGGS develops programs that we can all use to **do our best** to help with important world issues like Climate Change, Child Poverty and Education for all Children.

WAGGGS also supports five world centres of Guiding. We are now visiting the one called Sangam in Pune, India. When you are a Pathfinder or a Ranger, you may have the opportunity to travel to one of the World Centers. There are also World Centers in The United Kingdom, Switzerland, Mexico, and Africa.

Sangam means “coming together”.

Let It Shine

Supplies

Computer or phone

Speaker

Internet connection or download song before meeting

You have traveled halfway around the world to arrive in India! A good stretch is required! Dance to the “Let It Shine Song”.

[Let it Shine Song](#)

Watch the video as you dance. You can see what Sangam looks like. Create your own moves as you dance or copy some of the moves in the video. Imagine yourself in the playground or at the pool or even on top of the water tower!

Tiger, Tiger!

India’s national animal is the Tiger! Make your own tiger.

Supplies

- Tiger outline p. 42
- Orange cardstock.
- ½ orange pipe cleaner
- ½ black pipe cleaner
- Crayons or markers
- Duct tape



1. Colour the tiger as desired.
2. Twist an orange pipe cleaner with a black pipe cleaner to make the tail.
3. Tape the tail to the tiger with a piece of strong tape. Duct tape works well.

Henna

The art of Henna is an ancient craft. A dark brown paste from the henna plant is used to paint beautiful designs on the skin to prepare for a special event like a wedding or a

Embers World Adventure Challenge

birthday. After the paste dries, it leaves a reddish/orange stain. Henna artists are very skilled. Not only do they paint beautiful designs, but they also work with their clients to create designs that mean something to the client. The designs fade away as the days pass.

Guiders, you may wish to invite a henna artist from your community to work with the Embers to allow them to have a more authentic experience. Please ensure that they are paid for their supplies and time. If you are unable to find a henna artist, choose another activity in this section for the challenge.



[Nubian Henna Art.JPG](#) from wiki

Make and fly a Kite



Kites at Jeevan kite festival.JPG

The Kite Festival is a popular festival in India, and it takes place during Makar Sankranti in the month of January to celebrate the arrival of spring! Spring arrives earlier in India than it does in Canada. The festival is marked by people flying kites from their terraces and rooftops and participating in kite flying competitions.



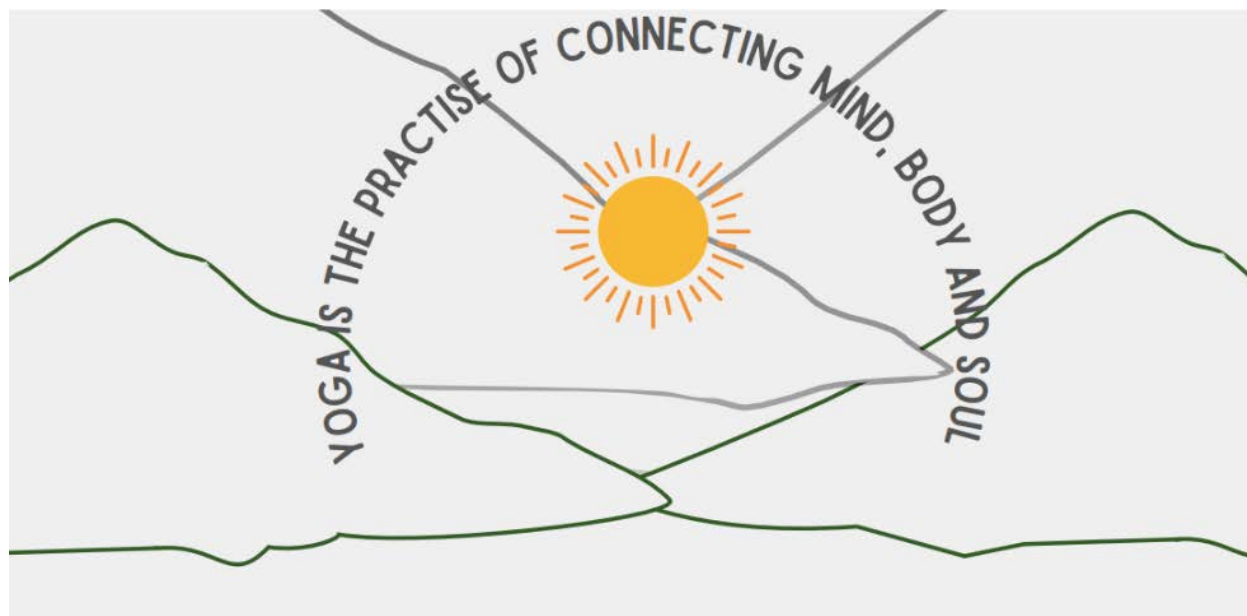
Supplies

Paper-rectangular sheet
String-kitchen twine or other
Hole punch
Tape
Stapler
Pencil
Colouring supplies

1. Gather Supplies. ...
2. Fold Paper in Half Widthways. ...
3. Bend the Front Corner of the Top Layer Down to Touch the Crease, Repeat on the Back Layer and Staple. ...
4. Make a Hole Near the Front of the Crease. ...
5. Thread String Through Hole and Tie It Off. ...
6. Go outside and Fly Your Kite!

[Instructions Make a Simple Kit](#) [youtube instructions Making a Simple Kit](#)

Yoga



Yoga originates from South Asia, between 3-5,000 years ago. Since its introduction to other parts of the world, it has been adapted greatly. Its basic tools of movement, breath, meditation, and teachings on approaches to life help us to live with greater ease and connection to all things. Yoga is the practice of connecting mind, body and soul.

asana= movements or shapes

These are usually related to stories or nature. Lets learn an Asana Pattern . Try to listen to your body and what feels available for you, as we are all different. Try your own variation of these shapes.

marjaryasana= cat pose



bitilasana=cow pose





Try to repeat the sequence three times.

Pranayama= breath awareness

3 Breathing exercises to try:

flower+bee



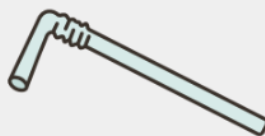
Bring hands together. Open fingers like a flower. Breathe in as if you are smelling your flower. Breathe out with a hummmmmmming sound, like a bee. (This helps to lengthen your exhale and calm you down)

sunshine and rainbow.



Sit tall or stand tall. As you breathe in, lift arms by the side of the body overhead, like the sunrise. As you breathe out, lower arms down by your sides, like you are making a rainbow.

straw breath



Imagine you have a straw between your lips. Breathe in through your nose. Breathe out through your straw. See how this slows down the exhale, and makes you feel calmer.

A game to try:

Yogi says:



One person is the leader. The leader explains that if they say "yogi says; downward facing dog", everyone will come into down dog. If the leader says " everyone come into downward facing dog" without saying Yogi says, you stay still. Here are some ideas of postures:



eagle pose



mountain pose



warrior 2



chair pose



forward fold



tree pose

Africa Region

Arrival in Madagascar, Africa



Identify Madagascar, Africa on the world map.

Africa had a new idea for a world Center

Kusafiri is the youngest World Center. It is in Africa. Kusafiri means 'to journey', and that is what Kusafiri does. Different African countries host Kusafiri events. It is not located in a building in one country like Sangam in India. Madagascar hosted a Kusafiri event in 2017. The event was called 'Art4Change'. Would you like to try some of their ideas?

Art4Change

Supplies

- Paper
- Pencils
- Crayons,
- Felt pens

Have you ever heard that "A picture is worth a thousand words".

"Arts4Change" means that it might be easier to understand a problem if you can see a picture instead of listening to someone talk about it. Think of something in your life or in the world that you would like to change.

For example, if you are worried about pollution caused by plastic, perhaps draw a picture of a river with plastic bags floating in it.

If you are worried about global warming, draw a picture of a forest fire or something else that worries you.

When you are finished, share your picture and your concerns with the other Embers. If you have time, draw another picture showing what things could look like if the problem was solved.

Embers can work together to make their pictures, too. Provide larger sheets of paper.

Learn the Kusafiri World Centre Song

To celebrate the 10th anniversary of the Kusafiri World Centre this song was written by 17 Girl Guides and Girl Scouts who have had a Kusafiri experience.

Read the lyrics and sing along or watch the video and try the dance steps with girls in Madagascar to the Kusafiri World Center Song.

Lyrics: [Karibu Kusafiri Song Lyrics v2 \(waggs.org\)](https://www.waggs.org/lyrics/kusafiri)

Sing with us video: [Karibu Kusafiri! - Sing with Us! - YouTube](https://www.youtube.com/watch?v=Kusafiri)

Dance with us video: [Karibu Kusafiri! - Dance With Us! - YouTube](https://www.youtube.com/watch?v=Kusafiri)

Sheet music: [Karibu Kusafiri \(waggs.org\)](https://www.waggs.org/sheet-music/kusafiri)

Source: [Kusafiri World Center](https://www.kusafiri.org/)

Make a drum to play along to the Kusafiri World Center Song

Drums are used around the world. However, drums have a very special place in Africa. They have been used to communicate information about births, deaths, planting, harvesting, peace, and war. They are also used during special celebrations and festivals. In some cultures, the drum is considered a sacred tool that connects heaven and earth. Drums are made in many styles and shapes. You can make your own drum and decorate it with drawings and stickers that you choose.

Supplies

- 2 paper drinking cups that Embers can decorate.
- Masking tape
- Pencils with erasers
- Crayons or felt pens
- Black or brown markers
- Stickers (optional)
- Phone or computer
- Download Kusafiri song

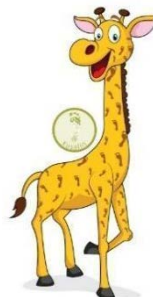
[Pinterest making a Drum](https://www.pinterest.com/pin/making-a-drum/)

Guider may want to prepare drums by completing steps 1 and 2.

Embers World Adventure Challenge



1. Stick two cups together with a folded piece of masking tape. Use more masking tape to tape over the seam between the two cups.
2. Create a lid for the top of each cup using strips of masking tape across the top. Secure ends of tape with a circular wrap or two to hold them in place
3. Decorate the drums. If they like, Embers can draw zig zag lines below the lids to represent the string that would normally hold the drum top in place.
4. Decorations on the drum represent symbols that are important to the drummer. They are often animals but can be other objects. Embers can draw or use stickers to personalize their drums. Here are some Kusafiri symbols to provide inspiration.



Now use your drum to play along to the Kusafiri World Center Song.

Kusafiri

Supplies

Flags, p. 44 coloured, p. 47 uncoloured

Flag cards checklist p. 46

Map of Africa, p. 48.

Colour printer or coloured pencils, markers

The Embers can take their own imaginary journey across Africa. This activity can be done as an outdoor walk or “journey”. Prior to the walk, post the African flags with country names along the route. The Embers try to spot the flags. If you have only one group of Embers, you can remove the flag and bring it with you, after it is found. If you have several groups, print a set of flags on a card for each group. Embers can check off each flag when they find it.

When the Embers have found the flags, return to the meeting area, and match the flags with their countries on the map of Africa. These countries have all hosted Kusafiri events. (All of the countries labelled on the map are members of WAGGGS but not all have hosted events.)

Review the course of the journey using the map for reference. Here are some fun Guiding facts to share about each country.



South Africa:

The first Guide Company in South Africa was the Hospital Hill Company, Johannesburg, which was formed by Miss Dorothy Rogers in 1910. By 1920 Guiding had spread all over South Africa and the national body was formed, known as the Girl Guides Association of South Africa. There are over 18,000 girls in Guiding in South Africa.



Madagascar: In 2017, Kusafiri World Centre hosted Art4Change in Madagascar. Madagascar is the fourth largest island in the world.



Ghana: Girl Guides was started in 1921 by Mrs. Oquatey-Kodjoe. The Guides met at her father's house, but she ran out of money. However, she kept in mind the Guide Law #7: "A GUIDE HAS COURAGE AND IS CHEERFUL IN ALL DIFFICULTIES". She ran Girl Guides by herself until it was recognized in 1925 when funding became available. [Ghana Girl Guides History](#)



Kenya: Lord and Lady Baden-Powell both loved Kenya and considered it their second home. Their cottage was called PAXTU. It still exists today and is open to visitors. There are jacarandas (African trees with blue flowers) in the garden. The terrace offers a splendid sight of the snowy mountains. This home reminds us that the Baden-Powell's loved life in the outdoors.

Arab Region

Arrival in Giza, Egypt



Identify Giza, Egypt on the world map or globe.

WAGGGS decided that there should be five different regions so that Guiding countries in each region could support each other.

The world is divided into five guiding regions. Giza is in the **Arab region**. Kusafiri is in the **Africa region**, Sangam is in the **Asia Pacific region**, Savannah is in the **Western Hemisphere region** and **London is in the European region**. Different parts of the world may have different priorities for their Girl Guides and Girl Scouts. Each region can work on the things that are most important for their Girl Guides. (Point out regions on the globe or map)

Guiding started in 1913 and Egypt became a member of the World Association of Girl Guides and Girl Scouts in 1931.

Qahera



Meet Deena Mohammed, a strong Egyptian woman. Deena is an Egyptian illustrator and designer. She first started making comics when she was eighteen, with her webcomic *Qahera* about a visibly Muslim, Egyptian superhero that addresses social issues such as hate from people who fear the Muslim religion and hate from those that mistreat women and girls.

She was awarded Best Graphic novel and the Grand Prize of the Cairo Comix Festival. (2017) This amazing Graphic Artist lives in Cairo, the capital of Egypt.



This is Qahera, the Egyptian superhero created by Deena. She protects women and girls from evil people that want to hurt them. She has all the general trappings of your typical superhero: standing up for the weak and defenseless, she's always there to save the day. She's always there when you most need her, and she has some awesome swordsmanship skills. She's a crime-fighter as well as a Muslim woman. If there's anything that Deena would like Qahera to do, it would be to remind Muslim women that they're brilliant and deserving of respect, and that they shouldn't let anyone give them less than that."

Create your own Superhero. What do they look like? What are their Superpowers? Make up a story for your superhero. Turn your story into a comic of two or three pictures.

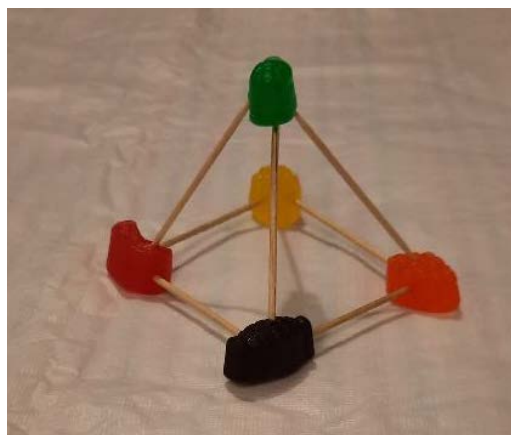
Permission for words and pictures given by Deena Mohammed.
<https://muslimgirl.com/behind-the-cloak-interview-with-the-mastermind-behind-qahera/>

Pyramids

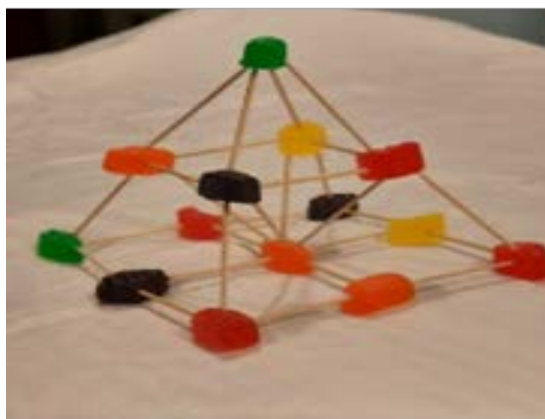
Egypt is famous for its ancient civilization. The pyramids are majestic monuments where the Pharaoh's (kings or queens) were buried inside after their death. It took many years and thousands of people to build the pyramids. The shape of a pyramid is well known. Build your own structure that resembles the appearance of a pyramid.

Supplies

- Gumdrops
- Toothpicks



Beginner



Challenger

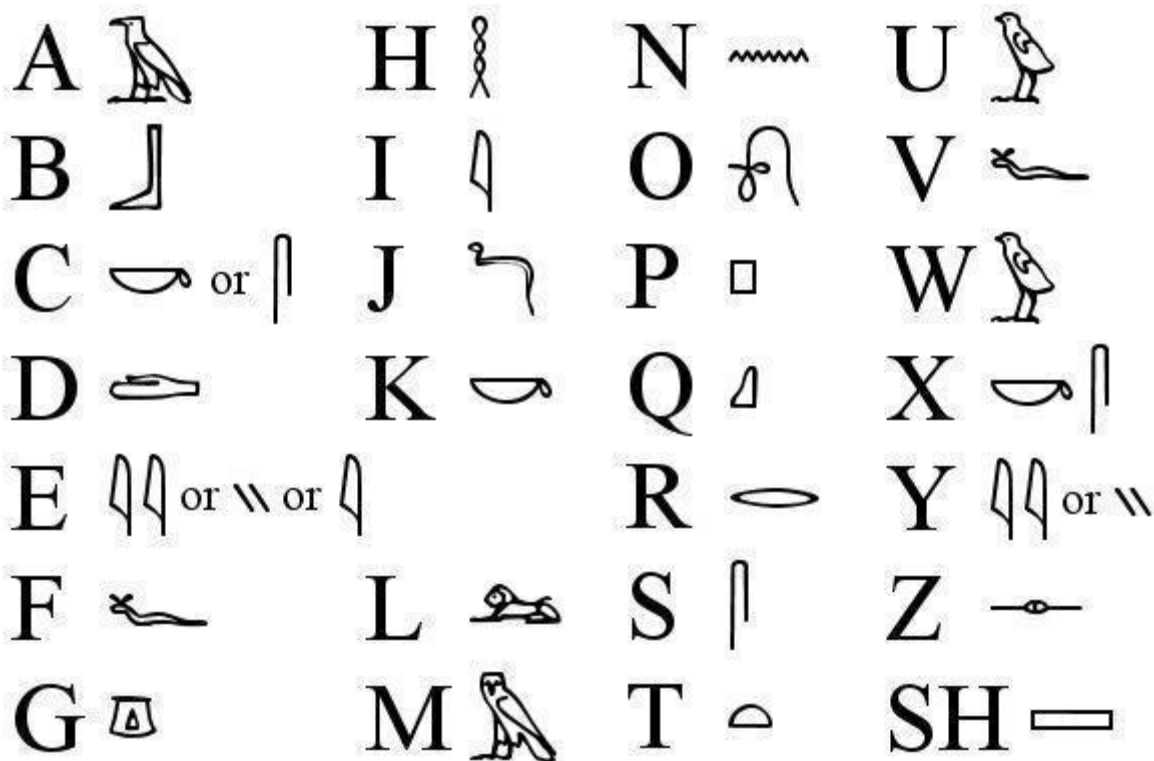
Hieroglyphs

The Egyptian alphabet is one of the oldest alphabets in the world. The letters are called hieroglyphics. They were used for ceremonial purposes (in rituals and religious ceremonies such as funerals or weddings) and in official communications between the pharaoh and their court. This alphabet is from ancient times and is no longer used to communicate today.

Try drawing some letters.

Supplies

- Hieroglyph printout or screen
- Sharp Pencil
- Paper
- Eraser



[Ancient Egyptian Alphabet](#)

Egyptian Girl Guides

Here is a picture of an Egyptian Girl Guide. How is her uniform different from a Canadian Ember uniform?

Make your own paper doll with an Egyptian uniform.

Supplies

- Print paper doll from card stock P. 50
- Print uniform on paper P. 51
- Scissors
- Glue sticks
- Colouring supplies

1. Print and cut out a paper doll for each Ember.
2. Print and cut out uniform pieces for each Ember.
3. Embers can colour their paper doll.
4. Colour uniform.
5. Glue uniform to doll.

Say the Egypt Ember motto for your doll after you have completed it. Compare it with the Canadian motto.



Egypt Motto: Be Prepared

Egyptian Girl Guide Uniform

Fly Home

Embers can now fly home to gather. Make airplane noises, put out your arms and “fly” to the gathering area.

Supplies

Globe or world map

Show the Embers where they made their stops. If there is time, ask them for some feedback for each part of their adventure.

Guiding is the largest volunteer organization for Girls and Women in the world and they are important members.

End your event with the Ember World Adventure Campfire. This is an amazing resource provided by the BC singing group. The members of the committee composed words for some songs that were inspired by this adventure.

[Embers World Adventure Campfire Resource Folder](#)



Embers World Adventure Challenge

Seek and Find: Print one Checklist for each Ember. Page 6

<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 
<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 
<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 
<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 

Embers World Adventure Challenge

Seek and Find, p.6



Embers World Adventure Challenge

Seek and Find, p.6



Embers World Adventure Challenge

Seek and Find, p.6



Embers World Adventure Challenge

Boarding Pass, p.6

EMBER WORLD ADVENTURE BORDING PASS

Name _____ 3rd Stop _____

1st Stop _____ 4th Stop _____

2nd Stop _____ 5th Stop _____

EMBER WORLD ADVENTURE BORDING PASS

Name _____ 3rd Stop _____

1st Stop _____ 4th Stop _____

2nd Stop _____ 5th Stop _____

EMBER WORLD ADVENTURE BORDING PASS

Name _____ 3rd Stop _____

1st Stop _____ 4th Stop _____

2nd Stop _____ 5th Stop _____

Girl Scout Cookies, p.16

Girl Scout
cookies



LEMONADES

Savory slices of shortbread with a refreshingly tangy lemon flavored icing.



SHORTBREAD

Buttery traditional shortbread cookies that are delightfully simple and satisfying.



PEANUT BUTTER SANDWICHES

Crunchy oatmeal sandwich cookie with creamy peanut butter filling.



PEANUT BUTTER PATTIES

Crispy cookies layered with peanut butter and covered with a chocolaty coating.



CARAMEL deLites

Vanilla cookies topped with caramel, toasted coconut, laced with chocolatey strips.



THIN MINTS

Crisp wafers covered in chocolaty coating, made with natural oil of peppermint.



GIRL SCOUT S'MORES

Crispy graham cookie double dipped in crème icing and finished with a scrumptious chocolatey coating.



TOAST-YAY!

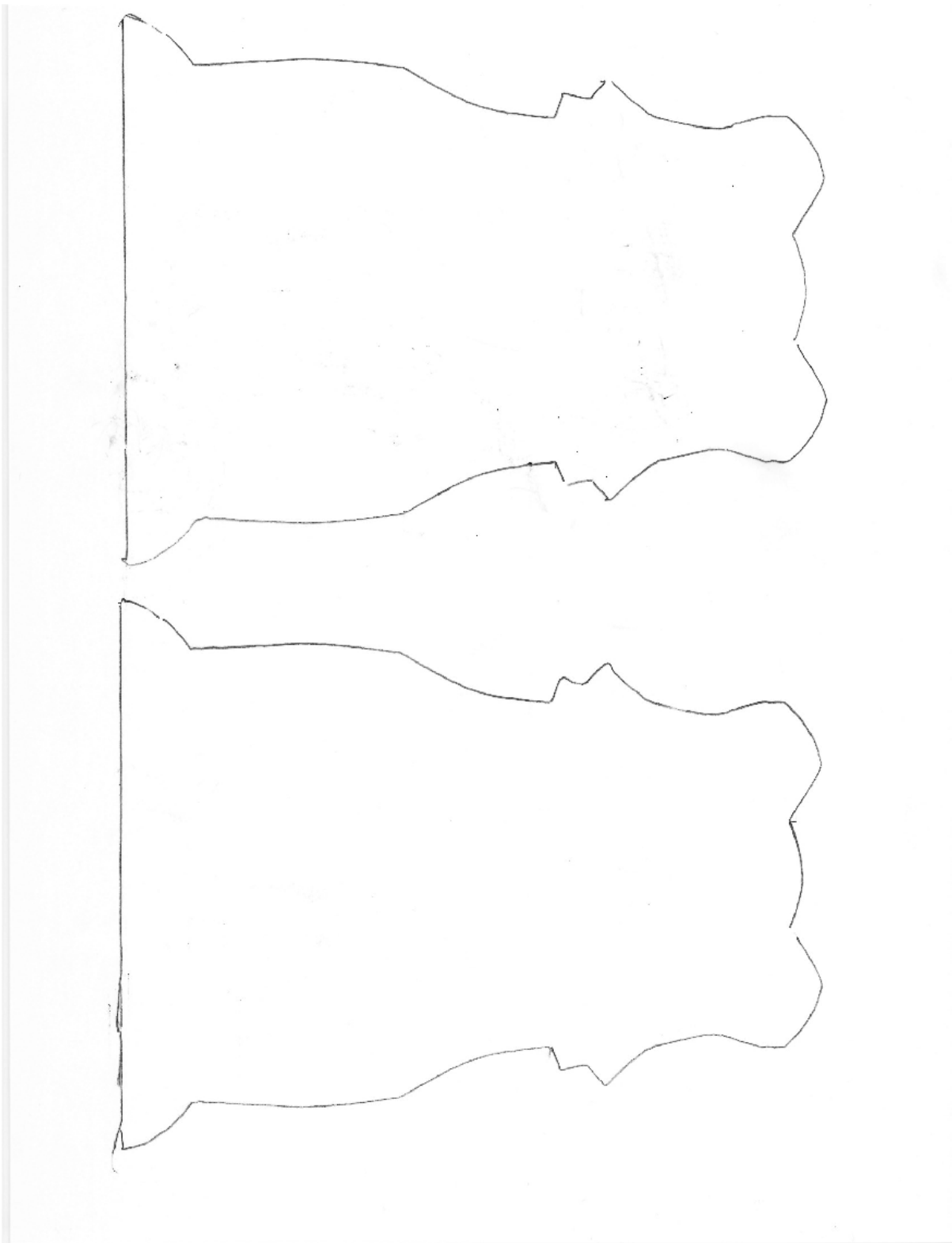
French toast-inspired cookies dipped in delicious icing and full of flavor in every bite. Yay!



CARAMEL CHOCOLATE CHIP
GLUTEN FREE

Rich, crispy cookies packed with caramel bits and chocolate chips bursting with flavor.

Tiger, Tiger, p.18



Kusafiri flags, P.28



South Africa



Madagascar



Ghana



Kenya

Embers World Adventure Challenge

Kusafiri, p. 28

Kusafiri flag identification card,



Kenya



Ghana



Madagascar



South Africa

Kusafiri flag identification card



Kenya



Ghana



Madagascar

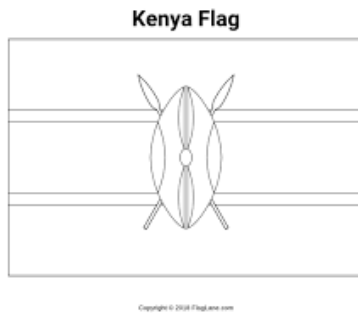


South Africa

Kusafiri, p. 28

Here are some flags to colour if a colour printer is not available.

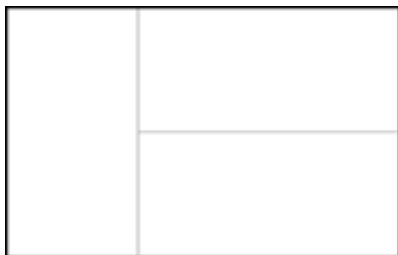
Kenya



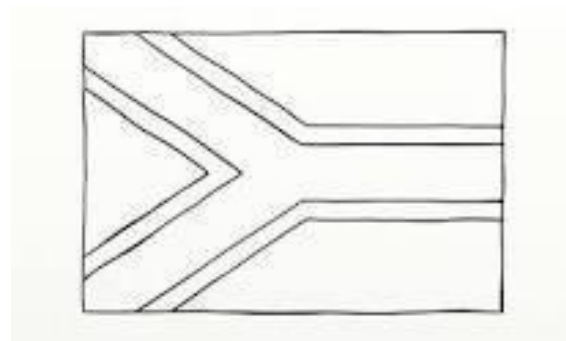
Ghana



Madagascar



South Africa

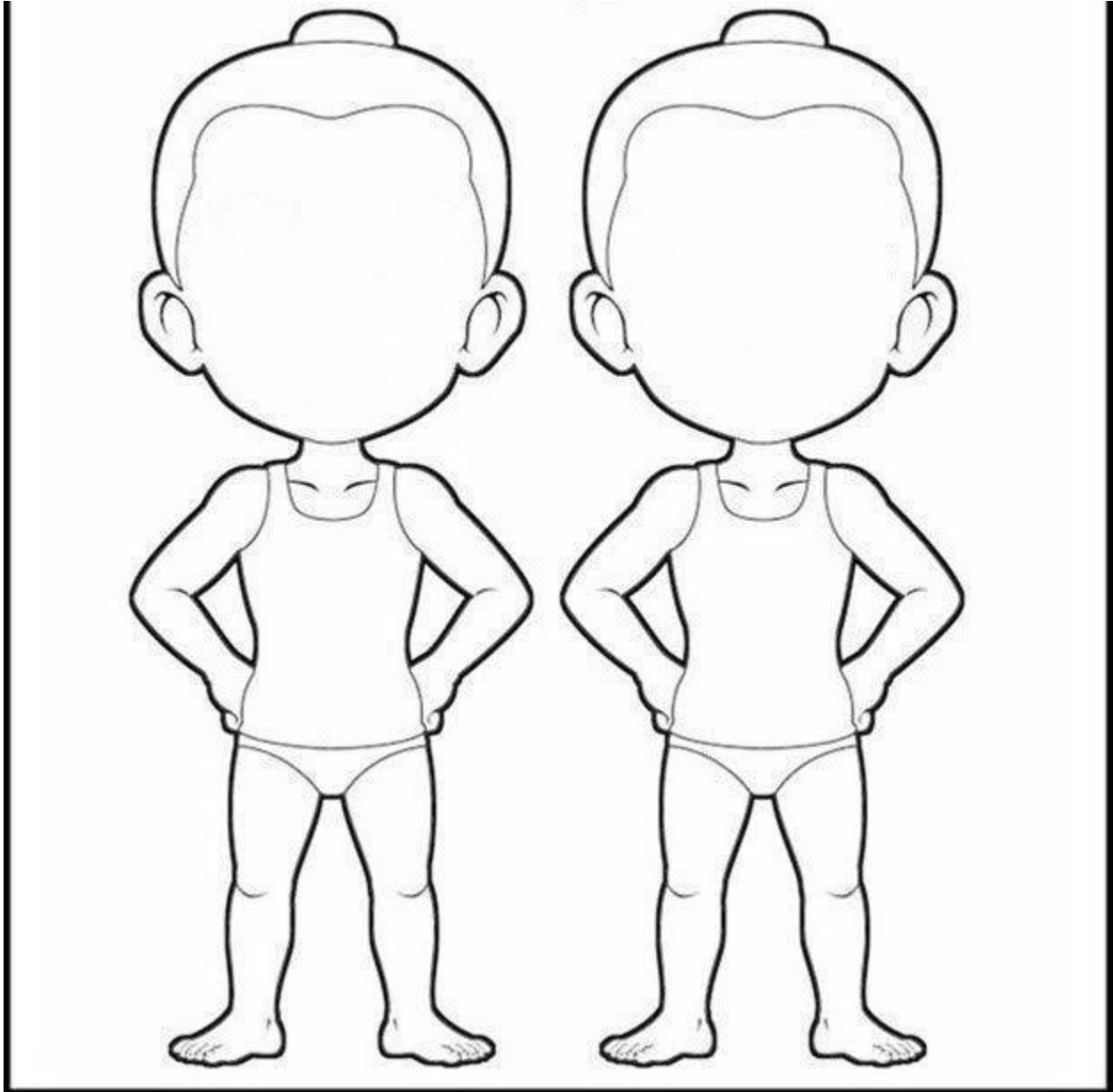


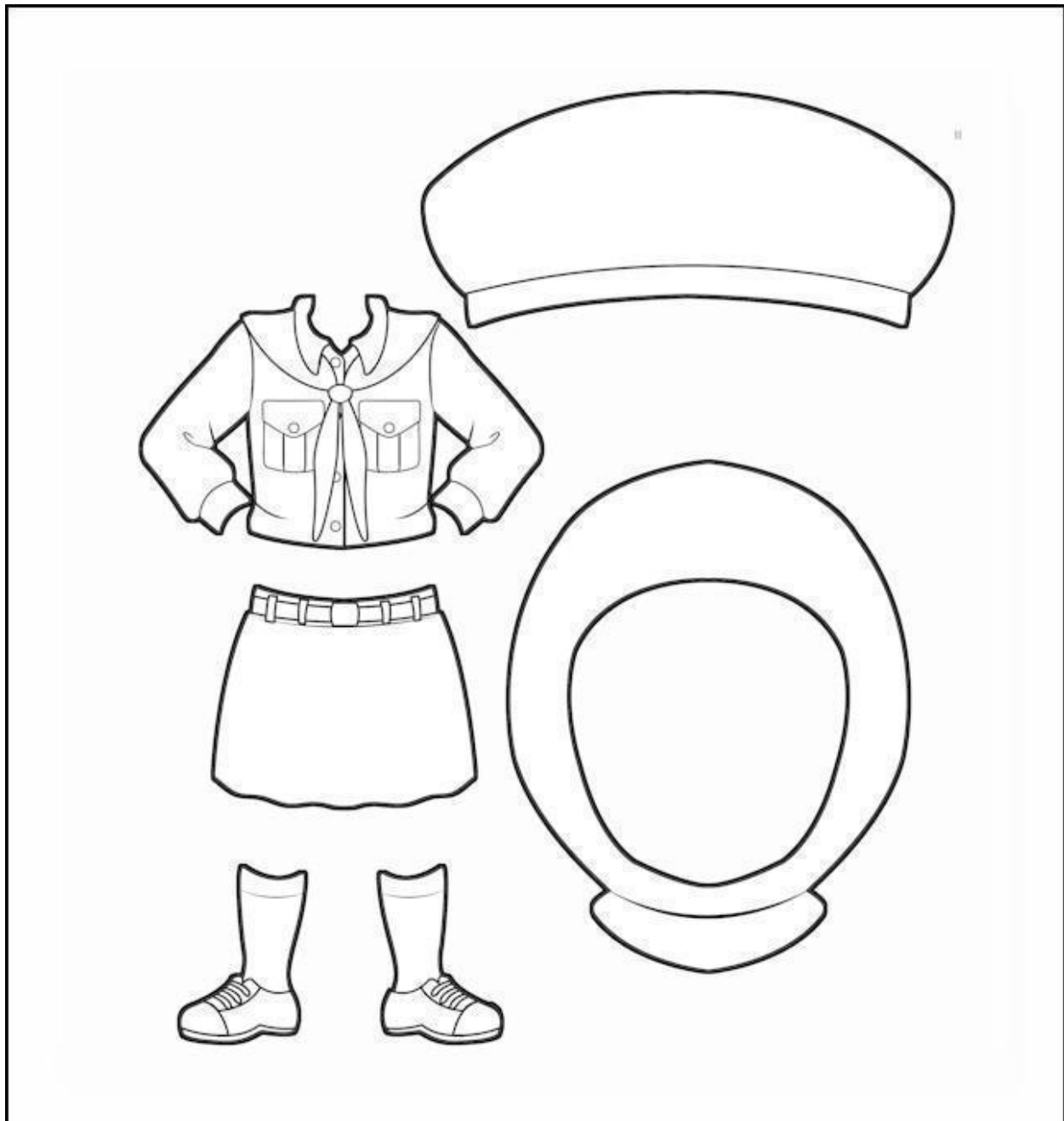
Kusafiri, p.28



WAGGGS Africa region WOSM-WAGGGS-Africa Region.svg

Egyptian Girl Guide, p. 34





<https://makingfriends.com/superhero-paper-dolls-serafina-egypt-girl-guide-uniform-outline/?print=prin>

Program Connections:

The Girls First program is girl-driven and designed to be highly flexible and agile. We encourage you to visit the digital platform to best determine how this adventure fits into the Program Areas and Themes.

You may want to start exploring the following Program Areas:

- Global Guiding
- Our Shared Planet
- Our Story
- Spirit of Guiding
- World Stage

This is not a comprehensive list. You can apply your activities to the Girls First program as you see fit.

Links & Resources:

Girl Guides of Canada

[*Girl Guides of Canada*](#)

Egyptian Federation for Scouts and Girl Guides

[*Egyptian Federation for Scouts and Girl Guides*](#)

Girl Guides of Canada History

[*Girl Guides of Canada History*](#)

Girl Scouts of Madagascar

[*Girl Scouts of Madagascar*](#)

Girl Scouts of the USA

[*Girl Scouts of the USA*](#)

Juliette Low biography

[*Juliette Low Biography*](#)

Kusafiri World Center

[*Kusafiri World Center*](#)

Sangam World Center History

[*Sangam World Center History*](#)

World Association of Girl Guides and Girl Scouts-WAGGGS

[*www.wagggs.org*](http://www.wagggs.org)