



# TG

# News

A Newsletter for Trefoil Guild Members

OCTOBER 2014

## Message from the Trefoil Guild Specialist

*You are never too old to set another goal or to dream a new dream.*

*C.S. Lewis*

Greetings to all my Trefoil sisters! Once again we meet to share our experiences. This new journey I am on has already been so varied and interesting. Speaking to fellow members from all over Canada is so amazing. I feel like I am visiting each province.

To begin with, I would like to thank JoAnn Fox of B.C. as she retires and welcome back Joyce Perrie as Adviser in that province. In Newfoundland, thanks go to Margaret Breen as she retires, but I'm not so sure she has, as we seem to be very much in contact regarding the 2016 Gathering. Welcome to Pat Burton as the new Adviser for Newfoundland & Labrador. Also, in the eastern part of our country, thanks to Darlene Duggan as she retires, and welcome to Trish MacDonald. Manitoba also has a new Adviser, welcome Marjorie Doyle.

Recently you have heard about a couple of questions we have asked our Advisers to bring to your meetings and gatherings. We would like to know what your definition of Trefoil Guild is. Many variations have come forward, but the overall sense is that we feel it is a wonderful Guiding activity. Please make

sure your Adviser has your thoughts, they are important to us.

We are on our way in the planning stages of the Gathering in Newfoundland & Labrador in June 2016. It sounds so exciting to read about the plans and I can't wait until we can share the details and start making arrangements to attend. I have never been to Newfoundland & Labrador, so I am really looking forward to enjoying all the wonderful things I have heard about this province from so many of you.

I urge you all to share your experiences and adventures with us through your Adviser. Pictures say so much about us, so keep sending lots to your Adviser so that she can include them in her provincial report. We are such a diversified group and it is amazing to see what we do to "keep the spirit alive."

Enjoy all that our country offers this fall, winter and spring, and we will meet again in April!

Kay Dubie, National Trefoil Specialist



# Saskatchewan

by Mary Lynne Golphy

We have four Guilds in Saskatchewan celebrating their 25th anniversary this year - 1<sup>st</sup> Moose Jaw Trefoil Guild, 1<sup>st</sup> Saskatoon Trefoil Guild, Regina Trefoil Guild and Evergreen Trefoil.

1<sup>st</sup> and 2<sup>nd</sup> Saskatoon Trefoil Guilds hosted the provincial annual gathering Oct 3-4 in Saskatoon. Friday evening started with a welcome from Win Parker and greetings were brought by Charlene McLean, Provincial Commissioner. The festivities continued in the setting of a British Pub – The Trefoil Arms. A traditional pub quiz kicked off the evening, testing our knowledge and wit in four categories – food, comedies, Guiding history, and pot luck. Our evening ended with a pub lunch and sing-a-long. The hosts provided continental breakfast the next morning and then we put our hands to two service projects. Fleece blankets were made for the Crisis Nursery and tote bags were made from T-shirts, which will be given to women's shelters. Between the two sessions we had a yoga break and an intro into belly dancing. With the wonders of technology we received greetings from Ireland after seeing postings of our event on Facebook. Our annual meeting was held after lunch and then it was time for the 25<sup>th</sup> anniversary/birthday celebration with



cake and gifts.

Saskatchewan guilds are varied and this is definitely evident in their annual

reports. A few of the highlights were:

- Regina TAG Annual Road trip this year started at The Trial of Louis Riel where three members were asked to dress and play the wives of witnesses in the trial.

Then on the road to Blackstrap to Rosthern, to Batcoche National Park onto Duck Lake and finally, Wanuskewin Heritage Park. They learned a lot about Saskatchewan



purchase three frying pans, four electric griddles, a four-slice toaster, and an electric kettle.

- R & R Trefoil Guild held craft nights for Halloween, Christmas, Valentines and Easter to make tray items for Meals on Wheels.

• 2<sup>nd</sup> Saskatoon Trefoil Guild enjoyed culinary adventures at various restaurants in Saskatoon. One of their service projects was repairing sheets, gowns and pyjamas for the Canadian International Food for the Hungry

- Evergreen Trefoil, whose members are some of the older Trefoil members, met in June at the lake for a



history and had a grand old Girl Guide time sharing, laughing, singing and storytelling.

- Prairie Spirit Trefoil Guild received recognition from the Davidson Communities in Bloom for their dedication in cleaning up around the coffee pot rest stop and walking trail which they do each year as participants in the Tim Horton's/Girl Guides Clean up Saskatchewan.
- 1<sup>st</sup> Saskatoon Trefoil Guild donated to Trefoil Trails, Pike Lake Girl Guide Camp which allowed them to

picnic.

- Trimming of Campbell labels continues to be one of Regina Trefoil Guild's service projects with over 15,000 labels being donated for use by the hospital schools for supplies.
- Taiga TAG tries to hold a monthly outing. Making quilts for the homeless is their main service project.
- Prairie Pine Purple Petals Trefoil Guild is working hard on bringing their District awards up to date.

# Ontario & Nunavut

by Judy Pavlis

Summer in Ontario may have been cool but the Purple Power was "hot" as was evident at the many events and camps around the province. Ontario's Rally Day at Canada's Wonderland saw many Trefoil members volunteering, not only at the event for over 7,000, but also at local camps where units coming from great distances were housed. A lot of cookies were sold over the spring and summer at local events, malls, and door-to-door with the proceeds going to assist Girl units. Most Guilds held year-end events and BBQ's.



There are a lot of events planned for this fall including Sisterhood events, campfires, tours, Ghost Walks in October, collecting or creating items to be donated to local charities, and Christmas outings. One Guild has taken on the Nova Scotia "Trefoil Guild Move More" Challenge.

Several Guilds celebrated anniversaries this year, including 1<sup>st</sup> Etobicoke Trefoil Guild (west Toronto and area) with 25 years in June.

The Ontario Government also has Volunteer Awards and many Guild members were presented with pins to celebrate their years of service within the community.

Our International Adviser has been partnering with Guilds and supplying the resources to bring an exciting evening of international fun and information.



1<sup>st</sup> Windsor Trefoil Guild has the only Guide Chapel in North America and supplies flowers for the alter each week. The Chapel of the Good Shepherd was dedicated by Company 3 Girl Guides of All Saints Church on June 9 1935. The chapel was created by members of Girl Guides and their families plus friends including everything from the carving of the alter and alter rails. Linens and cushions were done by the Rangers and Guiders of Windsor from all denominations. Guild members take flowers from the church (after services) and give them to former members now residing in nursing homes.

Believe it or not, Ontario Guild membership years total 45,725 years (including girl years) for 1,314 members. That equals an average of almost 35 years of membership each! That is a lot of experience.



# British Columbia

by Joyce Perrie

September 2014 saw the ladies of Purple Shores Trefoil celebrating their 10<sup>th</sup> Anniversary at Fort Rodd Hill and Fisgard Lighthouse. We "glamped" at the oTENTiks and enjoyed meals on the barbecue of hot dogs, hamburgers, salmon and chicken. We ate birthday cake with ice cream while wearing our party hats. We explored the fort and Fisgard Lighthouse, played games in the field, had campfire and played board games until the wee hours of the morning.

A great time was had by all! On your next rip to Victoria and Vancouver Island be sure to check out Fort Rodd Hill and the oTENTiks for a great place to stay!



Meanwhile, in Parksville, nearly 50 Trefoil Guild members enjoyed a Spring Time in Paris luncheon, decked out in hats and gloves for a day of fun, friendship, French food (of course!), can-can dancers and songs.

The menu included:

- Choice of turkey vegetable or pumpkin soup
- Rolls, crackers or baguette with creamed cheese and antipasto
- Spreads of tuna, salmon, ham or egg salad
- Raw veggies and dip, sliced tomatoes and pickles
- Sorbet served in hallowed fruit shells, cookies and chocolate
- Fruit punch, tea and coffee



# Newfoundland & Labrador

by Pat Burton

This is an exciting new venture as the role of Trefoil Adviser is new to me and I would like to begin my report by extending a heartfelt thanks to Margaret Breen, who led us Trefoil Ladies for the past five years and did a marvelous job! All Trefoil members in the province wish Marg much luck and happiness in whatever role she takes on in Guiding, as I am sure there will be one.

Late winter and spring have been exciting times for the 20 Trefoil Guilds in NL. All groups have been busy having fun and giving service to Girl Guides and to their communities.

Can-at-ka-ye Trefoil Guild hosted our Provincial Gathering which was held May 23-25, 2014 at Lion Max Simms Campsite. 11 Guilds were represented at the Gathering among the 44 ladies who attended. You know that Guiding runs deep when you see ladies who are 90 make the trek to camp and have a great time.

We are very blessed to have ladies who are still active in our group with many years of service: Vera Miller with 65 years of service; Marie Saunders and Myra King with 55 years; Dolly Hart with 50 years; and Ethel Bennett with 45 years. These ladies were recognized by their Guilds at year-end events. Congratulations to all!

In addition to our Gathering, some of the activities that the Guilds took part in are as follows:

- Knitting critters (42) for local children's hospital
- Knitting caps, gloves and scarves for Gathering Place
- Potlucks at Girl Guide Headquarters
- Heritage Scrap Book
- Friendship Bracelets for Sangam World Centre
- Dresses for Africa
- Emergency kits for Status of Women Center
- Card making
- Dinner Theatre
- Volunteering at Ronald McDonald House
- English Tea Parties
- Selling Girl Guide Cookies
- Catering for Area Dinner (volunteer)
- Bowling
- Sewing pillows for breast cancer patients



Trefoil members from across the province also help with reference checks for our province, which saves a lot of time for staff.

We are all looking forward to beginning a new Guiding year and keeping busy and doing our part to keep Guiding alive and well in our province.



# Nova Scotia

by Darlene Duggan

We are moving more in Nova Scotia with a new Trefoil Guild Challenge, "Move More." Check it out! You can find it on <http://www.girlguides.ca/ns> under Challenges. We are in the process of designing a crest which will be available for purchase. Join us as we *Move More* physically, mentally, and in our communities!

In keeping with our commitment to Guiding, many of the NSTGs continue to support girl activities both physically (attending camps and events) and financially...however and wherever we are needed, we are there.

Although many of us "take the summer off" there are those who continue to get together enjoying beach meetings and campfires, road trips, theatre, and whatever takes our fancy. During the winter some guilds meet during the day, avoiding driving in the dark; and some do not hold meetings during January and February (you can never count on the weather). It all works, the freedom of Trefoil Guild, do whatever you want whenever you can...no pressure, because your TG sisters will always be there waiting for you. Some of our fun excursions have been to visit a TV studio to find out just what goes on behind the camera, amateur theatre (great talent there), wine tours, garden tours, beach scavenger hunts, yoga, pamper yourself nights, senior safety and identity theft sessions, and so much more...we are busy!

In September, 24 campers (member years totaling 611) spent the weekend (some in tents) at our 9<sup>th</sup> Annual Provincial TG Camp, "Camp Burning Spirit." Our theme was "What Makes Me Happy" and it seems that being at camp does just that. This camp is an opportunity for us to relax, rejuvenate, and refresh our camping skills. We still remember how to make Buddy Burners! In the TG way, campers are free to do whatever they want...or nothing. Activities are provided and these ladies, very competitive and determined (after all, we *are* still here), participate 100%. Did you hear us singing? Laughing? Having fun?



Speaking of fun, Darlene Duggan ended her term as Provincial TG Adviser as she, "rocked on out" at our 50's and 60's themed semi-annual meeting in April. In true Rock'n'Roll style we dressed in poodle skirts and bobbysocks (even "The Fonz" was there), drank root beer floats, ate ice cream sundaes and listened to live music. We can still twist and jive! Our new TG Provincial Council is introduced at our October AGM.

Sadly, even during our good times, perhaps more so, we miss our members who have left us too soon and there are far too many of them. There are voices missing in our singing, in our laughter, but we are so fortunate to have had these friends, to share good times and to have memories that we will cherish until we meet again.

We have a new TG this year with over 20 members! We are growing here in Nova Scotia as we continue *Keeping the Spirit Alive!*

# New Brunswick

by Janet Boswall

On September 7, 53 Trefoil members from New Brunswick and Prince Edward Island gathered for a memorable day of fun and friendship at the annual Trefoil Gathering. The gathering this year was hosted by the Friendship and 1st Fundy Guilds and held in Saint John, New Brunswick.

During the gathering, Sgt. Tony Hayes of the Saint John Police did a presentation on fraud awareness. Following that, Wanda Hughes, from Stonehammer Geopark, presented an overview of the parks and their purpose. Members were then given the choice to visit a Stonehammer Geopark site close by or participate in making some crafts. A lovely lunch of sandwiches, homemade soup and gingerbread was greatly enjoyed by all. The Business Meeting followed lunch and then we were all treated to an enjoyable fashion show where we had a walk down memory lane with an appearance of a Guider in uniform. The afternoon closed with TAPs.

Looking forward to next year's gathering!



# Alberta

by Gail Armstrong

Summer has passed, and it's now getting more colorful every day here in Alberta. From what I've heard in the last couple of weeks, some of the Alberta Guilds have managed to plan and take part in a number of activities over the summer, but most of us are just now getting back into the routine of regular meetings, fundraising, working with the districts at camps, and now getting

together with their friends and planning great Guiding activities for the fall/winter season.

Being a member of Trefoil means continuing membership in an organization that has made us each who we are through friendships, learning more skills and being a member of something that has been so special to us. A lot of us have challenged ourselves to create memory books containing pictures and write-ups, our homemade crafts and awards covering everything we did as a member of Guiding from the time we started Brownies (or even

Sparks). I have to say it has been an interesting undertaking for me....I have a couple of boxes of files, but the book is not finished...maybe by the end of this year.

Anyway, I trust that everyone is looking forward to an exciting year as we plan all these events and I'm looking forward to hearing all about it.

# Manitoba

by Marjorie Doyle

I took over the position of Trefoil Guild Adviser for Manitoba in May 2014, following the death of our former Adviser, Effie Peiluck.

As always, our Guilds continue to be active and give service wherever and whenever they can.

Our Trefoil Guilds have had presentations on using chia seeds, girl trips to help in other countries and vacation destinations Trefoil members have enjoyed. The most enjoyable part of getting together is to catch up on everyone's lives.

One Trefoil Guild had their annual "Hamper Meeting" where they collect items for the City Mission. They also enjoyed helping out with a craft sale in aid of the camp owned by the Winnipeg Areas. They were also pleased to meet our Chief Commissioner, Sharron Callahan, when she visited Manitoba and attended a big campfire in her honour. This Guild also trekked outside their city to attend a feast at one of their member's homes. They continue to collect stamps, soup labels and make "Happy Socks" which are toys for an animal shelter.

Another Guild hosted the Annual Thinking Day Luncheon. Unfortunately

a large storm has passed through the night before and only 30 ladies were able to attend. All renewed their Promise, ate a lovely lunch and listened to a new adult leader tell about her travel experience as a girl member of Girl Guides. In March this group decided to check out Village Country Dancing and enjoyed an evening of dancing and a great way to get some exercise. This same group served the lunch to 200. As usual, toiletry kits were prepared for the Children's Hospital and gratefully received as they were running out. Members always enjoy attending Area dinners and fundraising dinners for a group traveling to Europe. The year ended with the annual wiener roast and campfire where there were lots of laughs and a chance to plan for the upcoming year. They also had a summer get together at a tea house outside the city.





## 1<sup>st</sup> Canadian Internet Trefoil Guild Service Projects

by Lynn Rogalski

The 1<sup>st</sup> Canadian Internet Trefoil Guild is very proud of the many service projects it has done since beginning 11 years ago, despite our members being spread across Canada.

Because of the distances between us, we do individual service projects that we share with our members. We've done service projects such as knitting squares for blankets as part of the Grape Blanket Caper. These blankets are distributed through Michaels craft store. We also make purple caps for newborns as part of the Purple Crying Project.

We have created and funded The Elaine Hodgson Memorial Lone Guiding Campership Fund in memory of our second president. To date, our fund has awarded financial support to six Lones, Guides through Rangers, to attend Girl Guide events.

We are proud of all our contributions as a Guild and thought we would share them with you.

If anyone would like more information about our Guild or would like to join, please send an email to [1citg@e-guiding.com](mailto:1citg@e-guiding.com).

## Upcoming Trips with Going Places Together:

1. Kenya/PAXTU, 2015

Stay on a safari and visit the home and final resting place of Lord and Lady Baden Powell

2. Turkey, 2016

3. Peru, 2016

For more information on these upcoming trips, please contact: Nancy Walsh

[nancy@goingplacetogether.com](mailto:nancy@goingplacetogether.com)



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Contact us at:  
TG news c/o Membership Administration,  
Girl Guides of Canada-Guides du Canada  
50 Merton Street  
Toronto, ON M4S 1A3

Phone. 416-487-5281  
Fax. 416-487-5570  
Email.

[trefoilguildspecialist@girlguides.ca](mailto:trefoilguildspecialist@girlguides.ca)

National Trefoil Specialist:  
Kay Dubie

## Supporting Scholarships



Each year, Girl Guides of Canada-Guides du Canada awards scholarships to outstanding members who are pursuing a post-secondary education.

The Humber Glen Trefoil Guild in Ontario has been supporting scholarships for 15 years. Here is what Carole and Pauline from the Humber Glen Trefoil Guild said about supporting the scholarship program:

*Humber Glen Trefoil Guild members and a handful of our regular supporters have enjoyed providing a GGC National Scholarship for 15 years. Each year, our Guild hosts a bridge luncheon with silent auction, bake table and book sale as our scholarship fundraiser. This has been a wonderful experience for our ladies. It brings us together to work, to have fun and to connect with our community of supporters for a worthwhile cause.*

If you or your Trefoil Guild would like to make a donation to the GGC National Scholarship Fund, we would be grateful to accept contributions. For more information, please email us at: [barkleyh@GirlGuides.ca](mailto:barkleyh@GirlGuides.ca)