

December 2019

Blue-Print

Girl Guides of Canada-Guides du Canada | Alberta Council | girlguides.ca/ab



A message from the Provincial Commissioner

By: Kathy Batty, Provincial Commissioner

As 2019 draws to an end, I would like to take this opportunity to share some success from this past year and propose some challenges for 2020.

During the 2018-2019 Guiding year, Alberta Council supported 16,564 members. That is 13,485 young women whose lives were impacted by an incredible team of 3079 Adult Members, women who gave them a safe space to learn and grow and develop so that they can change the world.

Now imagine if each Adult Member in Alberta, Northwest Territories and Yukon were to consider participating in the "Plus One Challenge" by inviting an incredible woman from within their personal lives to experience Guiding. For every new Unit Guider that joins Guiding, the number of opportunities for our girls increases at least 5-fold; that is a minimum of 5 more girls that will get to learn, to explore, to lead, and to change their world and ours. Remember not every member of Guiding is a Unit Guider; Guiders need allies, supporters and behind the scenes workers. Know someone good with finances? We need treasurers. Know someone who loves camping, we always need people to plan and run camps. Each member of Guiding ensures that the program continues to build on its legacy and moves into the future.

During 2019, our members sold 121,363 cases of cookies (63,527 cases of Classic cookies and 57,836 cases of Mint cookies). Those hard-earned fundraised dollars support the activities our girls are passionate about. These cookies give girls the opportunity to try new things and most importantly provide them the means to explore the world around them to be everything she wants to be. In 2019 cookies enabled girls from Alberta Council to travel to places they may never have had a chance

to visit without Girl Guides. They have developed skills in STEM activities, the arts, the outdoors and even in their own backyards; all supported by cookie sales.

As we look to 2020, Alberta Council is challenging you to help us reach the goal of 125,000 cases of cookies - a milestone in creating opportunities for members in Alberta, Northwest Territories and Yukon. Should

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A message from the Provincial Commissioner continued...

we reach this milestone, ANY Council has committed to ensuring that the \$5/case that we retain will be distributed back to the Areas should our collective 2020 orders be over 125,000 cases. Imagine the activities and opportunities our members could experience after meeting this challenge!

But wait... our challenge doesn't end with 125,000 cases. Should the number of cases sold in 2020 reach over 129,000 cases, Alberta Council will be producing a crest for our members to celebrate our success. Before submitting your cookie order to your District or Area, I hope you will speak with the members of your unit, and of course your parents before the Classic Cookie ordering deadline. We may have girls who are super eager to participate in Cookie Allstars, but are not sure how to order enough cookies.

2019 has been an amazing year in Alberta,

Northwest Territories and Yukon. Members have had opportunities of a lifetime, and the adults that support them have made Guiding relevant, exciting and the place to be for these young women.

As this is the last Blue-Print edition for 2019, Julie, Laurie and I would like to take this opportunity to wish you a happy and healthy holiday season.

THANK YOU for all you do! *Kathy Batty*



Where are We Going?

Sangam 2021 – Alberta Council is sponsoring a trip to the Sangam World Centre in Pune, India from July 20-August 5, 2021. Guiders and Girls can look forward to their acceptance emails soon!

Spirit of Adventure Rendezvous (SOAR) 2020 – The biggest SOAR event, yet; this event is expecting upwards of 2500 girls! Patrols of 8 Pathfinders and Guides accompanied by 2 Guiders, or half patrols of 4 Rangers and 1 Guider are travelling to Camp Barnard in Sooke, BC from July 24 - August 1, 2020. Core Staff applications are still open until March 2020.

Juliette Low Seminar – from Nov 14-20, 2019 young women from WAGGGS organizations around

the world had the opportunity of a lifetime – attending a Juliette Low Seminar! This year over 500 participants attended JLS at 20 different hub locations across the globe, making this the largest JLS to date (compared to 60 participants globally attending a seminar at one hub location). With the JLS came the #LeadOutLoud Challenge which focuses mainly on building and honing leadership skills in Guiding, and everyday situations. This Challenge is not just for Juliette Low Seminary participants, and more information can be found on the WAGGGS website.

Let us know where you will be going with your units or patrols, or where you have gone with Guiding. We would love to hear your stories!

Training

Chris Burton, ANY Training Adviser

Safe & Inclusive Space

Safe and Inclusive Space is part of the New Guider Learning Path, however, ALL Guiders might consider checking out this module. It addresses safe space practices, diversity and inclusion, accessibility and girl protection. This module outlines Guider's responsibilities of recognizing and reporting self-harm, abuse, bullying and mental health concerns. This module is available on the national website.

Thinking Day

The World Thinking Day 2020 Activity Pack is based on Diversity, Equity and Inclusion and is an excellent resource for Unit meetings. There is a wide variety of activities for Sparks through Rangers – check it out on the WAGGGS website!

Am I Doing it Right?

A **NEW** webinar especially for Spark and Brownie Guiders!

Ideally you have been to the Girls First trainings last year or the New Guider Learning Path sessions this year and know the basics. Now you want to check in with other Guiders to get more practical tips and tricks, ask questions as well as perhaps sharing things that have worked well with your girls.

Guide, Pathfinder and Ranger Guiders, we have not forgotten you; watch for your new webinars coming your way soon.



Save the Date

MULTI-FACETED TRAINING FOR ALL GUIDERS, GEARED TO UNIT GUIDERS:

May 1 – 3, 2020 in Red Deer, with the Alberta Council AGM

OAL WEEKEND OFFERING RESIDENTIAL AND CAMPING MODULES:

June 5 – 7, 2020 at Camp Sherbino (near Red Deer)

2019 ANY Scholarship Winners' Biographies

Margaret Utgoff Award

Elena

A 24-year Member, Elena has had many experiences in Guiding through attending nationally sponsored camps, acting as a Rally Day first aider, and as a Resident Volunteer at Pax Lodge. An honour student throughout high school, and a 4.0 GPA in University, Elena is currently working on her Doctor of Philosophy and is enrolled in the Geography program at the University of Calgary. Her community work includes being a graduate representative on 11 Faculty of Graduate Studies and University committees, and being a junior and senior advisor and mentor. In addition, she has six published research publications. Elena currently holds the position of District Commissioner, Brownie Guider and Trainer Candidate. Elena plays competitive squash and enjoys hiking (in desert environments), camping, survival training, astronomy, astrophotography and cosmology.



Joyce Foster Scholarship

Gemma

An Honour student throughout high school, Gemma is currently enrolled in the Bachelor of Arts and Education programs at the University of Alberta, Augustana Faculty. As a girl Member, she participated in many events and community projects and traveled extensively provincially and nationally. Gemma enjoyed her experiences attending Alberta Girls' Parliament for 3 years. Community work included sing songs at Extendicare, wrapping Christmas presents, face painting at carnivals, participation in Remembrance Day activities and serving stew and decorating for the Legion, to name a few.



A Member of GGC for 15 years, Gemma is currently a Link Member. Gemma has trained for 10 years in traditional Japanese Shito Ryu karate and weapons, is a gifted pianist, regularly attends live theatre, started painting this year and organizing regular paint nights in her university residence.

Everything she wants to be.



Alberta Council Scholarship

Jocelyne

Jocelyne completed her undergraduate degree with a 4.0 GPA over five years and is currently attending the University of Alberta, in the Faculty of Medicine and Dentistry. She pursued a research career and won awards for her published research, which has been presented at various medical conferences. A Member for 14 years, Jocelyne is a Brownie Guider, enjoys planning camps and outings for the girls and is actively involved in district events. Committed



to both local and global community work, Jocelyn volunteers at a Centre for Long Term Care, a soup kitchen where she provides assistance with budgeting, meal planning and the creation of a community garden. During her time spent volunteering in a small community in Kenya working with street children, she worked with community elders to create science lesson plans for children aged 8 – 18. While in Kenya, Jocelyne joined a volunteer organization in Ecuador. Jocelyne's hobbies and personal interests include working on physical fitness through sports, working with underprivileged and under-served communities, reading and being a life-long learner.

Emily

Emily has been a member of Girl Guides of Canada for 10 years and has travelled extensively both nationally and internationally with her unit. An honours with distinction student throughout high school and the recipient of numerous awards, Emily is enrolled in the Specialization of Computer Science program at the University of Alberta. An active Member of GGC, Emily participates in numerous service projects with her unit, as well as taking on roles of class leadership including lunch programs for underprivileged children,



volunteering at school events (such as anti-bullying day, dodgeball tournament), mentoring freshman students, and participating in fundraising. An accomplished pianist, she occasionally writes her own music. Emily enjoys a wide variety of other hobbies including sewing, knitting, crocheting, cross stitch and cooking and baking. She is involved with several school sports teams.

Pamela

A returning member of Girl Guides as a Unit Leader, Pamela has been involved for 12 years after a break from Guiding to complete a degree and raise a family. During her time away from Guiding, Pamela remained very active in her community, holding positions as school parent volunteer, director at large for a community League, chairperson of the school council, parent advisory committee and playground committee, to name a few. Pamela is passionate about her family, Guiding and contributing to her community.



As a girl Member, Pamela recalls many Guiding experiences camping with her unit and attending provincial and international camps. She is currently pursuing a Bachelor of Social Work at the University of Calgary so she can help other families. Pamela feels that her greatest achievement to date is her family, who are driving factors in her life to move forward and facilitate positive change for the future.

Emily B.

Enrolled in the General Sciences Education program at the University of Lethbridge, Emily has been a Member of GGC for 13 years, where she has participated in many events and service projects including making cards for local veterans, coulee/shore clean-ups, rallies and camp teas. As a Ranger, her unit planned a special event for younger units for Canada's 150th anniversary. Another memorable activity was a winter sleepover and snowshoeing with a unit from another city. The recipient of various academic awards, Emily is committed to improving her community through activities such as events to celebrate literacy, assembling Campus Care parcels for students who do not have enough food, helping at Christmas festivals, a children's Hallowe'en event and an MS walk. Emily enjoys reading, writing novel reviews for a local bookstore, sewing – including clothing production, knitting, crocheting, embroidery, quilt making and sketching, painting and working with pastels.



Allysan

Allysan has been a member of Girl Guides of Canada for 12 years and travelled to Our Chalet with her Ranger unit. She finds joy in supporting her community by volunteering at local animal adoption shelters, visiting senior retirement homes and joining UNICEF to support international communities.

Allysan was also a Family & Students Together volunteer where she was responsible for developing and leading activities that foster parent empowerment and improved family relations with those families involved. An honour student throughout high school, Allysan is enrolled in a Kinesiology combined with Arts and Dance program at the University of Calgary, where she is a member of First Year Scholars. An active Member of GGC, Allysan was a Girl Assistant with Guides in her district. Dance has played an important role in her life since she was four and she has participated in numerous performances, competitions and exams ever since and is continuing her passion for dance in University with a dual major program.



Kassandra

Having graduated high school with various awards, Kassandra attends the University of Alberta in a combined Music and Education degree program. A Member for 12 years, she was selected to travel internationally to an event with 10,000 members and the following year traveled to Our Chalet with her unit after visiting Pax Lodge. Kassandra attended a high school where, in order to make the community a more positive place, she was required to complete 225 hours of community work to graduate. Besides her involvement in GGC, Kassandra helped seniors with window washing and chores around the house that they could no longer perform themselves, in addition to cleaning up summer camps. Kassandra was an Executive member of the Alberta Girls Parliament and a member of the Youth Forum. She enjoys music (and is currently teaching herself to play the flute), sewing and reading.



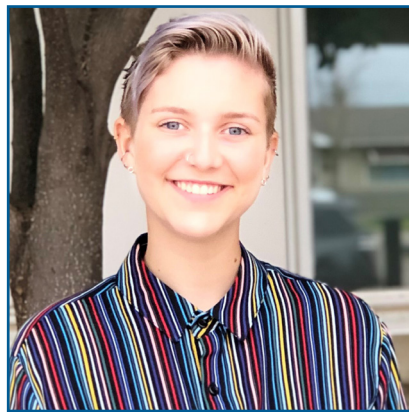
Sarah

Enrolled in a Master's of Music at the University of Western Ontario, Sarah graduated high school with various academic awards. She was involved in numerous community projects including the Food Bank, Inn from the Cold, Operation Christmas Child, taking part in multiple community cleanups, playing music at senior homes and volunteering to direct master classes and clinics for junior high school band programs. An 18-year Member, Sarah is currently a Spark leader and recently attended The Grass Roots Huddle where she took part in activities to build leadership skills. Sarah is proud of her extensive commitment to numerous activities outside of her commitment to Girl Guides. An accomplished musician she constantly hones her skills and enjoys yoga, spin class, rock climbing, traveling and experiencing new cultures and foods



Megan

Megan is currently attending the University of Alberta in the Bachelor of Science and Psychology Major and Biology Minor programs. She received numerous academic awards and scholarships for her community involvement and outstanding grades. A Trex Member, Megan is also a Girl Assistant for Sparks and writes "I have fun with the girls while helping them grow into strong, compassionate, intelligent young women." Along with other musicians from her band, she teaches seventh graders the basics of instruments and basic songs at a community school. An experienced backpacker (skills learned through Trex) and confident long-distance hiker, Megan enjoys reading, writing science fiction and fantasy stories and baking with her little sister.



A New Award for ANY Council

Henny Smit-Nielsen, ANY Awards Liaison

IVY AWARD

We are very excited to introduce a new Alberta Council Award for the New Year. Ivy is the floral symbol of dependence, endurance and faithfulness, which is why it is a perfect name for the award. The Ivy Award is for long time members who are still active in some capacity; these are the members who are always there to man a table, mentor another member, or help at unit or District events as needed. I think we all know ladies like this; they are reliable, loyal and love the sisterhood of Guiding.

The Member's service may be to girls or adults. There is no other award that is a prerequisite. To be considered for this award, a Guider's service must involve a consistent continuing effort throughout the Guider's years of service.



This service should mainly support

Guiding at some level. She must have at least 25 years as an Adult Member of which 15 are in Alberta, Northwest Territories or the Yukon. There must be at least 3 years since the presentation of another award excluding Letter of Commendation, Gold Thanks, Team Award or Unit Guider Award. This award is presented by Alberta Council.

If you know any Adult Member that qualifies please nominate them for the Ivy Award. Fill in an R.3, get 3 letters of support and send it to your Area Awards team. They will then send a completed package to the Alberta Council Awards team for final approval. We are looking forward to reading about these amazing women over the next few months.

Getting Ready for Year-End

December 31 marks a significant date in the Guiding calendar – the financial year-end! Here are some quick tips and tricks to help you get ready:

- Deposit any money on hand.
- Get your receipts into your treasurer so that your expenses can be recorded in the right year, ensure that the reimbursement cheque is written and whenever possible deposited before December 31.
- Double check your cookies and put together a plan for the new year for any cookies that might still be on hand in January – this will need to be recorded on your AB-Council-27 form.

As a treasurer, mark down the date your records are due for review and working backwards, schedule time in early to mid-January to finalize your records. The Financial Review Checklist and Procedures aren't just for reviewers, they are also a great guide on what is required to meet our Girl Guide Financial Standards. Taking a look at these now will give you time to ask any questions and help you prepare your ledger, receipts, bank reconciliation and annual report for review. Ensure that you have a completed AB-Council-27 form available for review.

For more information, please refer to the Alberta Council Website – Forms – Financial Forms & Tools.

Eat Out

You can find more recipes like these in the [Camping Cuisine Cookbook on the Alberta Council Webpage](#).

BREAKFAST NESTS Twilight District, Prairie Rose

Cooking Method: Open Fire

Ingredients

- Sausage patties (frozen)
- Frozen hash browns
- Eggs
- Cheese, shredded
- Salt & Pepper

Lay out the foil and place a sausage patty on it. Make a nest of hash browns on top of the sausage with the middle open. Crack one egg into the nest. Season with salt and pepper.

Fold up the foil like a pouch and cook on fire for about 30 minutes. When done, add cheese to top of nest.

BEEF STROGANOFF Let's Go Camping, Calgary Area Camp Advisers

Cooking Method: Stove Top

Cooking Time: 15 – 20 minutes

Servings: 4 – 6

Ingredients

- 500 mL (2 cups) egg noodles
- 5 mL (1 tsp) salt
- A few drops of oil
- ½ can evaporated milk
- 500 g (1 lb) hamburger
- 1 onion
- 1 can cream of mushroom soup

Cook noodles, salt and oil until noodles are done.

Brown beef and onion. Add soup and milk. Simmer for 15 minutes.

Serve over cooked noodles.



Eat Out continued...

FRUIT CRISP Karen MacDonald, Edmonton

Cooking Method: Box Oven, 350° F

Cooking Time: 30 minutes

Ingredients

- 1 can of pie filling
- 1 cup margarine
- 1 cup oatmeal
- 1 cup flour
- ½ cup brown sugar
- 1 tsp cinnamon

Put pie filling in the bottom of pie plate (cake pan, individual tuna tins, or cupcake pans).

Mix remaining ingredients until crumbly and sprinkle on top of pie filling.

Bake about 30 minutes.

A Link to the Future 2020

Shannon Callaway, ANY Link Liaison

All Rangers, Link, and members aged 18-30 are invited to attend the second annual "Link to the Future" event happening at Tangletrees campsite from May 8-10, 2020. Last year, Rangers and Link joined together for a weekend to learn new things, make connections, and have a lot of fun. Activities last year included archery, outdoor cooking, backpacking skills, scholarship information sessions, crafts, a service project, and many more!

This is an event for Rangers and Link and we are looking to add one or two Ranger and Link members to the planning team! We are also looking for staff for the event to lead sessions and run the kitchen. If you have any expertise in the areas listed below and would like to lead a 90-minute session, we would love to have you!

The planning team is basing this year's program on the survey results from previous participants. Possible sessions for the 2020 event include self-defense, first aid, terrarium building, hiking, outdoor cooking, and backpacking.

Registration for participants will open in January 2020, keep an eye out in ANY-GuideNews and on the ANY Council website for more information.

If you are interested in joining our team or have any questions about the event, please contact Dana Wagner (any-program@girlguides.ca) or Shannon Callaway (any-link@girlguides.ca). We are so excited to have another fantastic weekend with Rangers and Link from across Alberta, Northwest Territories, the Yukon, and from other councils across the country!

Service Project Ideas

Henny Smit-Nielsen, ANY Awards Liaison

2019 marks the 10 year anniversary of the National Service Project (NSP). They have launched a website (<https://nsp.girlguides.ca/>) where girls can log their better world, by girls. Also be sure to check out the NSP Instant Meetings on the Girls First Platform.

I thought I would give some ideas that are perfect for Sparks and Brownies – and any other branch, of course:

- Bake some goodies, box them up and consider going for a walk around your community to hand them out to random people to brighten their day. Or perhaps the girls can take the goodies and deliver them to people in the community who do not get a “thank you” for what they do – doctors, paramedics, firefighters, RCMP, etc.
- Make kindness rocks and leave them around your community
- Collect socks/warm things to donate to the less fortunate in your community
- Make cards to brighten someone’s day and hand them out to random people
- Visit a senior centre – sing, do a craft with them, play games, read
- Make crafts for Meals on Wheels
- Collect toiletries for a homeless shelter or women’s shelter
- Make toys for an animal shelter, then visit the shelter to deliver them and play with the animals
- Collect food for your local food bank
- Build a little library and do a book drive to stock it
- Make birthday boxes and donate to your local food bank, shelter, soup kitchen, etc.
- Shovel snow
- Participate in Yellowfish Road
- Make craft kits for a children’s hospital
- Clean a park – for an added bonus you can register for Shoreline Cleanup and receive a free crest!

Ask the girls what good turns they would like to do for their community; whatever the girls decide to do, have fun and make sure you log it on the NSP website.



Supporting Members in Delivering Guiding in More Inclusive Ways

Sahar Vermezyari Manager, Diversity & Inclusion National Office

As an organization, and as individuals, we are all on a journey to understand what it means to practice inclusion in our daily lives. One of the ways GGC aims to support members on this journey is by providing opportunities to deepen our learning and engage in honest and meaningful conversations about diversity and inclusion at Girl Guides.

The Alberta Council volunteer Diversity and Inclusion Facilitators are excited to work with you to provide Guiders and volunteers with learning opportunities to hone your inclusion lens and gain the skills and knowledge to deliver Guiding in more inclusive ways.

Through these sessions, you will:

- Gain the tools and confidence to consider diversity and inclusivity throughout your Guiding activities
- Build, and create, awareness of the barriers and inequities within Guiding
- Explore the application of diversity and inclusion to the Guiding Law
- Examine your biases and assumptions in a safe space
- Learn ways you can leverage your knowledge in order to be an ally to marginalized communities.

Natasha Sarkar and Breanne Stephen, the ANY D&I Facilitators, have already hosted a number of sessions, and are excited to be hosting most at these upcoming workshops:

January 18, 2020 – AC/DC/DDC Workshop, Calgary Guide Centre (for Commissioners)

April 1-3, 2020 – Training Workshop, Edmonton (for Trainers)

May 3-5, 2020 – Multi-Faceted, Red Deer (Open to all Members)

For more information about upcoming D&I sessions, or to book a session in your district for an upcoming event, contact the ANY D&I facilitators at any-difacilitator@girlguides.ca.

Have questions about diversity and inclusion at GGC? The D&I Department at the National Office is always happy to support your work in the field!

You can reach them at inclusivity@girlguides.ca.

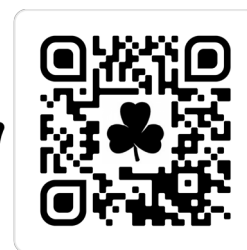


For Guiding in Alberta, Northwest Territories and Yukon



How to Make Your Winter Celebrations Even More Inclusive

We know you work hard to bring fun celebrations to the girls in your unit. Our new guide is full of tips for planning inclusive events. Plans already underway? Use this resource to consider how you might adjust what you are doing or for planning future activities.



Scan me

Membership Growth Begins with YOU!

Submitted by Bev Burton, ANY Membership Adviser

The Guiding year is well and truly underway. Units are doing amazing programming, getting out into their communities, doing service projects, and getting ready to travel; there are more fantastic meetings and events planned for the next several months. New girls are joining units at every level, where they learn about all the benefits of Guiding, but we want to keep growing Guiding and allowing more girls and women to grow Guiding.

So, how can you help? The Challenge going out to all of Alberta Council is for each unit to grow by one member! If we can all do this, then we should be able to increase our membership numbers for another year in Alberta Council. This is for all units including Trefoil Guilds and Link Units.

There are resources to help with growing Guiding. The [Bring A Friend Challenge](#) is available and information is on the Alberta Council website (girlguides.ca/ab) about how to do a Bring a Friend event and over time new ideas will be added. The Bring A Friend Challenge is to help increase girl members. The Plus One Challenge is also available on the ANY Council website and is to help increase adult members. There are crests available for both the Bring A Friend and Plus One Challenges. If you want more support with membership growth, please contact your Area Membership Adviser.

If we all work together, we can see the membership numbers increase again; get out there and get to Great Guiding!

MYTHBUSTERS

Girl Guide Edition

MYTH

I do not need to supply original receipts when applying for GST rebates through my Area.

BUSTED

Guiding in Alberta, Northwest Territories and Yukon is required to submit original receipts to the Alberta Council office, through the Area, when applying for GST rebates or refunds. The reason for this is that GGC, ANY Council still processes our financials as paper based, therefore this requires original receipts to be submitted. Please be sure to keep a copy of the receipt for your Unit/District/Area's records.



MYTH

A District can refuse to order cookies for units who have not completed required tasks such as budget preparation/submission.

BUSTED

There is no guidance from Girl Guides of Canada regarding refusal to order cookies. If a unit is not completing tasks, it is a performance issue. This should not affect the girls in those units.



MYTH

Safe Guide Assessors are not event police.

CONFIRMED

The role of the Safe Guide Assessor is to review planned red, yellow and international activities and events. Assessors work with Guiders to facilitate safe Guiding activities.



MYTH Honourary Life Membership is not just awarded for long service in Guiding.

CONFIRMED

The HLM recognizes sustained, exceptional service to Guiding, potentially at the peak of someone's Guiding career or upon retirement from active Guiding. Refer to the Alberta Council Awards Booklet at www.girlguides.ca/ab.



MYTH A Unit/District can require parents to pay in full for cookies that they sign out.

BUSTED

You cannot require parents to pay for the cookies up front. Nor can you ask for a postdated cheque. Cookie sales are encouraged but there is no minimum that each parent must sell. If parents choose to pre-pay for their cookies, that is permissible.

MYTH

First Aid certificates should be sent to your iMIS Home for entry into iMIS.

CONFIRMED

Your iMIS Home is responsible for entering First Aid into iMIS. Copy others on the email to your iMIS home if there are local rules for others (commissioners etc.) to be aware of the submission.

I “Heart” GGC Hat Pattern

“I HEART Girl Guide” HAT

Designed and written by
Amanda Farkash



Materials

- US 7/4.5mm needles
- 2 skeins of Loops and Threads Charisma Yarn in different colours
- Stitch marker
- Tape measure
- Tapestry needle for weaving ends
- (optional) pompom

Terminology

This pattern uses standard US Knitting Terms

- CO = Cast On
- K = Knit
- P = Purl
- St/Sts = Stitch/Stitches
- MC = Main Colour
- AC = Accent Colour
- K2tog = Knit two together
- PM = Place Marker
- SM = Slip Marker

Notes

*This Pattern uses Loops and Threads Yarn Charisma, due to weight and softness is not always created equal. I do Suggest Checking gauge before starting the project
*Pattern is written in 2 sizes as the stretch and fit can fit a wide range - Instructions for adult size will be in brackets beside the instruction.
*Pattern includes two brim options. One for a 2inch brim, and another for a 4inch fold over brim. Just pay attention to “the hat continued”
*Hat is worked flat, and then stitched up at the end.

Stranding - when working from a chart, carry the yarn not in use loosely behind back of work, but never more than 5 stitches. (TIP) when catching your float, make sure to stagger where you catch the yarn or else you will see it through the front of the hat.

Floats - Be sure to Carry your floats very loosely, otherwise your hat will end up too small. You can always go back and tug on floats on the inside of hat to “Tighten” the appearance of the stitches, but you can’t loosen stitches when the floats are too tight.



Ready? Here we go!

Start: With MC, Long-tail CO 60 (68)

Brim

Option A: K1, P1 Or K2, P2 Repeat row for 2”
(Approximately 11 rows)
Option B: K1, P1 OR K2, P2 Repeat row for 4”
(Approximately 23 rows)
Each row should start with a K and End in a P

Hat

You can Follow the Grid, Or I have written instructions.

Ending Brim on a RS,

Row 1 WS - MC K across.

Row 2 RS- 10 with MC, PM, this will mark the start of the grid.** MC K6, AC K2, MC K 16, AC K1, MC K5, PM, this will mark the end of graphic, MC K25(33)

Row 3 WS - MC P20(28), SM, MC P4, AC P3, MC P14, AC P2, MC K7, SM, K10.

Row 4 RS - MC K10, SM, MC K3, AC K3, MC K2, AC K2, MC K2, AC K3, MC K7, AC K2, MC K1, AC K2, MC K2, SM, MCK 20(28).

Row 5 WS - MC P20(28), SM, MC P2, AC P3, MC P1, AC P3, MC P5, AC P5, MC P1, AC P1, MC P2, AC P5, MC P2, SM, MC P10

Row 6 RS - MC K10, SM, MC K2, AC K6, MC K1, AC K8, MC K3, AC K3, MC K3, AC K3, MC K1, SM, MC K20(28).

ROW 7 WS - MC P20(28), SM, AC P3, MC P5, AC P3, MC P2, AC P15, MC P2, SM, MC P10.

ROW 8 RS - MC K10, SM, MC K3, AC K13, MC K3, AC K2, MC K3, AC K1, MC K3, AC K2, SM, MC K20(28).

ROW 9 WS - MC P20(28), SM, AC P3, MC P1, AC P1, MC P1, AC P1, MC P1, AC P3, MC P2, AC P15, MC P2, SM, MC K10.

ROW 10 RS - MC K10, SM, MC K2, AC K16, MC K2, AC K3, MC K3, AC K3, MC K1, SM, MC K20(28).

ROW 11 WS - MC P20(28), SM, MC K12, AC P10, MC P1, AC P6, MC P1, SM, MC P10.

ROW 12 RS - MC K10, SM, MC K1, AC K5, MC K1, AC K5, MC K1, AC K4, MC K4, AC K7, MC K2, SM, MC K20(28).

ROW 13 WS - MC P20(28), SM, MC P2, AC P7, MC P5, AC P2, MC P1, AC P7, MC P1, AC P3, MC P2, SM, MC P10.

ROW 14 RS - MC K10, SM, MC K5, AC K9, MC K9, AC K3, MC K4, SM, MC K20(28).

ROW 15 WS - MC P20(28), SM, MC P4, AC P3, MC P9, AC P9, MC P5, SM, MC P10.

ROW 16 RS - MC K10, SM, MC K5, AC K9, MC K9, AC K3, MC K4, SM, MC K20(28).

ROW 17 WS - MC P20(28), SM, MC P4, AC P3, MC P9, AC P9, MC P5, SM, MC P10.

ROW 18 RS - MC K10, SM, MC K5, AC K4, MC K1, AC K4, MC K7, AC K7, MC K2, SM, MC K20(28)

ROW 19 WS - MC P20(28), SM, MC P2, AC P7, MC P8, AC P2, MC P3, AC P2, MC P6, SM, MC P10.

ROW 20 RS - MC K across. You may remove your markers on this row as the graphic is complete

Row 21 WS - MC P across.

Repeat row 20 & 21 until hat measures 5.5" (7.5").

Decreasing

Row 1 RS - *K1, K2tog* repeat

Row 2 WS - P across

Row 3 RS - *K1, K2tog* repeat.

Row 4 WS - P across

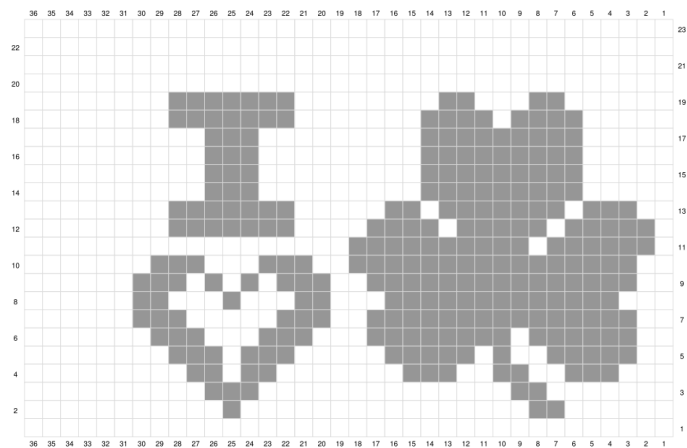
Row 5 RS - *K1, K2tog* repeat.

Cast off and stitch up and add your favourite pompom or leave as is.

Enjoy!



Your hat should lay flat like in above photo.



Preserving a Tradition A New Project in Archives

Janet Allcock, ANY Archives Lead

Campfires are a Guiding tradition with a long history – they are also one of the most enjoyable activities – and almost synonymous with campfires are camp blankets or ponchos. The Alberta Council Museum has three very different examples in the collection. We would like to know more about the multitude of fascinating camp blankets that are out there, but we cannot accept more into the collection due to severe space limitations, even if members want to part with their precious memories.

So, we're going to try to create a virtual collection by asking members to send us photographs and stories about their camp blankets. Here is what we would like you to do:

- Have someone take photos (good resolution copies) of you wearing your blanket/poncho – from several angles.
- Take close-ups of any specific crests or interesting part of the blanket.
- Write a few brief notes about your blanket and what it means to you.

Send the photos and information to us
any-archives@girlguides.ca.



Katrina, our student archives assistant, models the most recent addition to our small collection of blankets. The blanket was made by Linda Campbell (nee Shearer). Linda told us that she could also use it as part of a sleeping bag. Linda was one of three Alberta representatives at the GSUSA Senior Round-up in Vermont in 1962.

International Day of the Girl CBC Broadcast



Thanks to Kim Papp for sharing a link to her Radio Podcast with CBC News discussing GGC's national research comparing girls' in-person and online friendships.



Word Search

D K Q S O F Q
 W N K B G M F O A
 D I K O R I U A H Z L
 L A O N O N Q I B M B
 K M W Y W C S G D Y X
 W C L T N L T T R E X
 C N E D I U H V Q N S
 B T S I E S T T L B P
 C K J S I A R B B P
 T C S J O W O D C U Z E K S
 A E E S P A T H F I N D E R S C J Y D H O
 R X G F R S N V Y T J V P N Z T H O N E S T
 L E P Z J P T R E S P E C T T G I W L Q A I G
 E M L R S C R E Z J U S I S T E R H O O D F X
 A P O K Q O E F H X E H W K R A N G E R S G H
 D O R C S U N V O L U N T E E R K L D E T M R
 E W E P D R G D S T R E S O U R C E F U L H O
 R E T W V A T Q H N S L O I Y I R K C R Y
 P R C D M G H R X F P G Q G V B C A K P I
 L U J F E M G I A V R X W T J X R
 E J Q J F S R E K Z Z D Y
 L K B
 N S Z

empower
 honest
 trustworthy
 resourceful
 respect
 courage
 strength

sisterhood
 volunteer
 explore
 inclusion
 sparks
 brownies
 guides

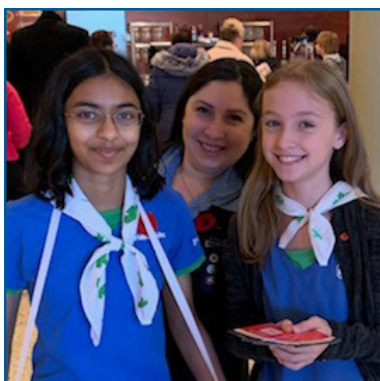
pathfinders
 rangers
 link
 leader
 trex
 trefoil

Words are hidden up, down, sideways, and diagonally - none are backwards.

Remembrance Day and Girl Guides

Veronica Hoffman, ANY Deputy PR and Communications Adviser

Members of GGC, Alberta Council took part in various Remembrance Day Services across Alberta, Northwest Territories, and Yukon to honour those who fought in wars past and those who are currently serving for peace and freedom. Girl Guides of Canada has a long history of helping Canada's war efforts; during the First World War, Girl Guide Members worked in munitions factories, made surgical dressings and bandages, and knitted socks for soldiers. This year many Members of Alberta Council helped by providing service through selling poppies for the Poppy Fund, collecting food for the Veterans Food bank, making letters and cards for Veterans, and volunteering in various Remembrance Day Services in the Colour Parties, laying wreaths, ushering people to seats, and helping setup and take down ceremonies. Thanks to all who shared their Remembrance Day pictures with us.



Jubilee Nov 11 2019 - Calgary Area



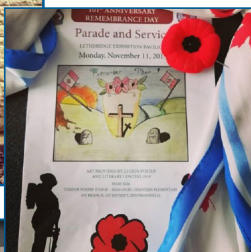
Lethbridge Units Remembrance Day



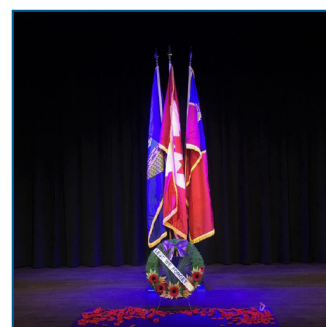
Northern Lights District at the Remembrance Day Ceremony at the Fort McMurray Legion



Poppies - Calgary Area



Whitehorse Ceremony





Edmonton Area Remembrance Day



Thanks for helping ladies!
Calgary Area Blackfoot

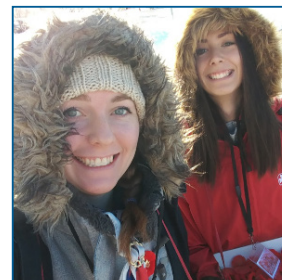
Lethbridge Units Remembrance Day



Members of Borealis Gateway District
(Edmonton Area) at the Griesbach
Remembrance Day ceremonies today



Jubilee Nov 11 2019 - Calgary Area



Edmonton Area Remembrance Day



We Remember.
Girl Guides



Town of Carstairs Sparks - Pathfinders

Get Outside this Winter with Safe Guide

Marg Easson and Kathy Kibblewhite, ANY Safe Guide Co-Advisers

With winter fast approaching there is no reason not to plan some outside activities with your girls. It could be something as simple as ice skating at the local rink, a lesson in cross country skiing, snowshoeing, a walk in the neighborhood to view the lights, or making snowmen.

To ensure that all the girls and Guiders enjoy the activity, take some time to discuss how to dress for the weather. Have a meeting where the emphasis is on how to properly dress. Show the girls how to layer and explain why a demonstration of good layering habits can

create a lasting impression. Appendix K in Safe Guide has “Clothing for Outdoor Activities” on page 184. It gives some excellent examples of how to prepare for some fun in the great outdoors.

So, do not plan all of your meetings this winter as indoor activities, get out of the meeting halls and explore and enjoy some of what winter has to offer.

Stay safe, stay warm and have fun!

Alberta Council Youth Forum Promise Box Service Project

Lucy, ABCYF Member

Alberta Council Youth Forum has organized a large impact service project that units across Alberta, Northwest Territories, and Yukon are encouraged to participate in. The project is designed so that all units will be able to participate, regardless of branch or location.

We are asking to fill a box or cookie case of new and used items, if accepted, to donate to a local shelter or charity that helps girls and women. We encouraged that the items are designed to help girls the same age of the unit if possible, for example, a Sparks unit can fill a box with donations for a girl aged 5-6 years old, Rangers will fill their box with donations meant for 15-17 year old girls.

Some examples of items could be clothing, toys, games, school supplies, toiletries, and gift cards.

Units will also be encouraged to share pictures of their boxes using the hashtag [#ANYpromiseserviceboxes](#) with their shoebox so that the Alberta Council Youth Forum can share it on their Instagram page, [@albertacouncilyouthforum](#) as well as one the Alberta Council Instagram page [@ggcalbertacouncil](#).

Letter from the Editors

Sam Boys and Finley Rogers, Blue-Print Co-Editors

Dear Blue-Print Readers,

We have some exciting news; there is a new PR Challenge rolling out with Blue-Print! From this issue on, successful first-time submissions will now receive a limited edition Blue-Print crest for thoughtful and interesting pieces. As a reminder, a typical submission will be 1-2 paragraphs (or half a page) with a picture if you have one. That being said, longer submissions are welcome from time to time, as well. We want to say thank you for helping us keep this newsletter thriving and sharing your stories and ideas with the ANY Guiding Community, and this crest is our way of doing so. Hopefully you are just as excited as we are for this opportunity!

Submissions can be sent to any-blue-print@girlguides.ca.

Thank you,

Sam and Finley



Tag us in your photos using:

#GGCAAlbertaCouncil

Follow us on social media!



Girl Guides of Canada, Alberta Council



@GGC_ANYCouncil



@GGCAAlbertaCouncil



GGC, Alberta Council



Girl Guides Alberta Council

For Guiding in Alberta, Northwest Territories and Yukon

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girlguides.ca/ab/

The deadline for the submission of articles for the next edition of Blue-Print is January 15, 2020. Send your submissions to any-blue-print@girlguides.ca

Publication Mail
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