



TG News

A Newsletter for Trefoil Guild Members

ISSUE: FALL 2013

We're looking for a new National Trefoil Guild Specialist!

On behalf of Trefoil Guild members, we would like to say a big "Thank-You" to Joyce Perrie for her work as the National Trefoil Guild Specialist! For the past three years, Joyce has dedicated her time and energy supporting Trefoil Guild members and working towards making Trefoil Guild membership meaningful and engaging.

Now that Joyce's term is finished, we are looking to for a new National Trefoil Guild Specialist. The role entails collaborating with and supporting Trefoil Guild members, and acting as a liaison between members across Canada and the Membership Administration department at the national office.

We are seeking an individual with strong experience with Girl Guides of Canada and as a Trefoil Guild member. The National Trefoil Guild Specialist is able to stay abreast of current Trefoil Guild issues and trends in order to make informed recommendations to keep members engaged. If you are interested in applying for this exciting volunteer position, please visit our [website](#) and fill out an application form. **Application deadline: October 31.**



See what Newfoundland and Labrador are up to on pg. 5!



Learn what's cooking in Manitoba on page 3!

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PROVINCIAL REPORTS

ALBERTA

By Gail Armstrong

Hello from Alberta Trefoil Guilds!

The 2012-13 season ended with many of our Guilds wrapping up projects they had been working on, which included making birthday boxes for food banks and finishing up the ever beautiful quilts being made for charities in honour of our 100th year of Guiding in Alberta.

Centennial T-shirts and decorative garden rocks were made and Centennial Medals were given to many deserving members at all levels. Many of these projects were worked on over the summer, and now we are busy helping with information/registration desks everywhere.

I was extremely pleased with the number of us who attended the National



Trefoil Gathering in Regina. Shown is a picture of our contingent. We had great fun seeing the province of Saskatchewan, trying our hand at crafts, singing many songs both new and old, and of course sharing Trefoil stories from our own Guilds. And now, many of us are looking forward to making plans for 2016 in Newfoundland and Labrador.

Once again we're busy planning meetings full of activities that will challenge us and keep us up to date on what's happening in guiding everywhere. I look forward to hearing all about everyone's adventures.

BRITISH COLUMBIA

By JoAnn Fox

Our Provincial Rendezvous was held in Parksville on Vancouver Island this year. The hotel was situated on the waterfront which gave us magnificent views of the Strait of Georgia.

One of our Guilds, while not able to hike with their canes (to use their words), are still active having lunches, making ditty bags, etc. The majority of the ladies are octogenarians and older!

Birthday parties have become the signature of one Guild – they provide a birthday party in a bag for a needy family which includes a cake mix, icing, goody bags, paper plates, tablecloth and napkins, party hats, birthday



candles and favours. They gathered to see what theme each of them had used for their birthday bags; butterflies and Cupcakes, Frogs, Princesses, Under the Sea etc.

Thinking Day was celebrated by one Guild in a seniors' centre where they discovered a woman who had been a Brownie and Guide in a concentration camp in China. She had her badges and tie she had made in camp with her!



Almost all of our Guilds participated in some form of service, whether it's

visiting a Brownie Pack on Thinking Day and sharing Guiding's history, making catheter bag covers for residents of a care facility, or helping at various Guiding events within their districts/areas.

Fascinators have become the "in" thing to wear and one Guild made either a Spring or Christmas themed fascinator which they then wore to their Christmas lunch.

Another Guild decided to try out the new dance craze – Zumba! – and had great fun and workout!



MANITOBA

By Effie Peiluck

One of our Trefoil Guilds held their spring wind up at The Portsmouth Retirement residence. After the dinner and presentations, as a service project, they got busy assembling some "Crazy Cat Toys." Members stuffed old clean socks with fiber filling and catnip and tied them firmly. They were presented to an animal shelter.

The Thinking Day Luncheon was held on Louis Riel Day. All enjoyed lunch and guest speaker, Pat van Ryssel, who had everyone in tears as we recalled our favourite Guider or Guiding moment.



Morden's Chocolates was the scene of chocolate dipping. Once there everyone dipped pretzels, marshmallows, ju-



jubes, and graham crackers into either milk or white chocolate. This resulted in lots of tasting and merriment!

Several Guilds took part in a yearly service project of preparing toiletry kits for the children's hospital.



As always, members of our Guilds attended the Provincial Annual and their area annual dinners and some donated food and time to Caddy Lake Camp.

St. Vital Park was the setting for one Guild's annual wiener roast and all agreed this is a favourite event. They sat around a campfire and roasted wieners, ate delicious salads and dainties, and best of all, just talked and socialized.

In the spring one of our Guilds went to the Lutheran Church on Arlington to serve a meal for the Urban Ministry group. Some of the members contributed by making the meal, serving the meal, or contributing to the cost of the meal. They served more than 50 people. The group had a very positive experience and felt the people really needed and appreciated the meal.

"Landscaping Containers in the Shade" was a course taken by one of our Guilds. Everyone came home with a nice planter ready to go and extra plants to do more at home.

One Guild is trying a new way of planning their gatherings. They have formed small groups and each is responsible for planning activities for two consecutive months a year.

One Guild visited the Glenlea Farm and Food Research Station. During their guided tour, they learned a lot about the crops, grasses and care of land. They prepared four different kinds of breads and were treated to a great snack when finished. They were there at the right time to see the hog farrowing pens and many enjoyed seeing baby pigs again, which reminded them of childhood on the farm.



Two Guild members, Diane McClellan and Pat Walker represented Manitoba at the National Gathering.

New Brunswick

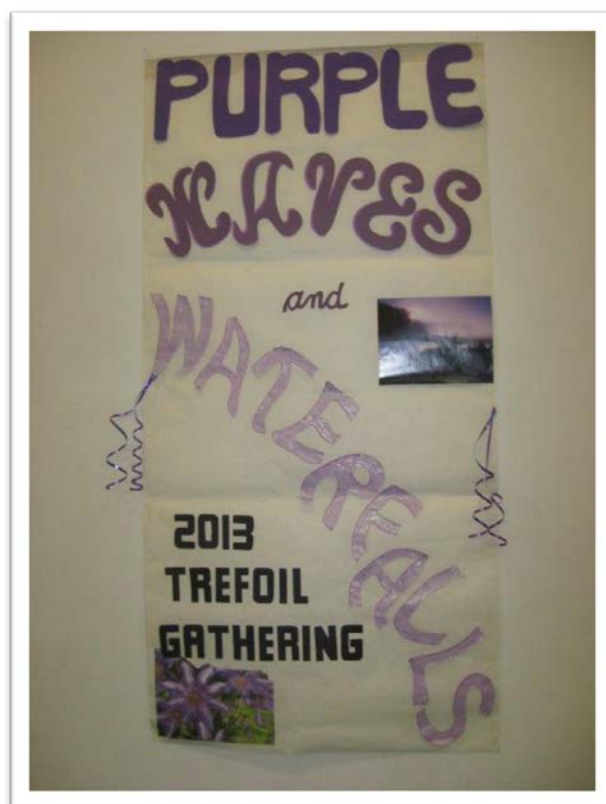
By Janet Boswall

On September 7, Trefoil Members met in Fredericton, New Brunswick for the annual NB Council Trefoil Gathering. The theme was "Purple Waves and Waterfalls" and it was hosted by the 1st York-Sunbury and the 2nd Fredericton Trefoil Guilds.

It was a fun filled informative day with activities suitable for all members. The morning started with a presentation by two speakers from the local Red Cross. After that members had their choice of a tour to the Picaroons Traditional Ales or in-house activities which included a Science East Presentation on Water, and either Watercolours or Scarf Tying. A lovely lunch was enjoyed by all. It was followed by a Business Meeting.

After the Business Meeting, members split into two groups to enjoy some active living activities. One group went for a Nature Walk on a nearby trail and others enjoyed a Pilates information session and some gentle exercise. The last activity of the day gave each Guild an opportunity to do a short skit or lead

the group in a song. The day was closed with Taps. Looking forward to another great gathering in September 2014!



Newfoundland & Labrador

By Margaret Breen

Follow the Purple Road was the theme for this year's Provincial Trefoil Gathering held at the Lion Max Simms Memorial Camp in May. Trefoil Members from 10 Guilds across the province were treated to a weekend of fun, laughter and fellowship. We laughed and reminisced while we learned how to make "Fascinators" fit for a Queen, "Truffles" to Die for, "Fancy" Napkin folding and tips to Travel Wisely. We enjoyed fabulous entertainment, skits and campfires, and continued the singing well into the evenings.

We welcomed a new Guild (Marconi Connexions), Ocean's Edge Area.

Members from all Guilds are "Keeping the Spirit Alive" and in all cases having lots of fun:

- Attending the National and Provincial Gatherings
- Holding an indoor beach party and a traditional Newfoundland boil up dinner
- Travelling to Bell Island and touring the lighthouse area
- Glow Golfing, Hiking, Geocaching and Canoeing
- Learning how to clean brass and silver with household items, how to make fire turn different colours, how to make elephant toothpaste and how to make eatable ice cream using liquid nitrogen then eating it with caramel and chocolate sauce.
- Participating in 'Battle of the Brains' – an annual event hosted by Happy Valley Goose Bay's Community's Crime Prevention Unit
- Helping out with Units and District Events
- Attending Area Appreciation Nights, AGM's, Year End Banquets and Advancement Ceremonies
- Catering to a Blood Donor Clinic for Canadian Blood Services
- Assisting Girl Guides in a beach clean-up
- Donating to local community Food Banks
- Making homemade quilts and infant and young children's caps for Ronald McDonald House
- Donating magazines to Senior's Homes or Retirement Centers
- Visiting and entertaining seniors at Meadow Creek Retirement Home
- Cleaning up along Manual's River
- Celebrating Thinking Day, making crafts, and of course eating international food



Ontario & Nunavut

By Judy Pavlis

I am thrilled to be the new Trefoil Adviser for Ontario/Nunavut. It was very exciting to meet so many Guild members at the last two National Gatherings. It was especially nice to meet all of the Ontario participants as we all live so far from each other. I look forward to meeting more Guild members during my term and at the Provincial Gathering in London, Ontario in 2015.

Ontario boasts more than 1,400 Guild Members in some 110 Guilds.

Trefoil Guilds in Communities 17-20 (Toronto area) have hosted:

- International Nights
- Card Party and luncheon to raise money for Girl Guide Scholarship Fund
- Chocolate Making
- Thinking Day campfire for 200 girls at a mall
- Pool party and pot luck supper
- Canoe/camping weeks
- Bus trip to Crawford Lake
- TTC Scavenger Hunt
- 'Save the Don' – helping to clean the Don River
- Movie nights
- Christmas craft show in December
- Guilds will also be helping girls financially to attend our Provincial Rally Day at Canada's Wonderland



Want to know what to do with all those pins and badge? Helen Gilbert of 1st Maple Leaf Trefoil Guild created this beautiful quilt.



Saskatchewan

By Mary Lynne Golphy

A Special Report on the National Trefoil Gathering



On June 12-16, 255 Trefoil Guild members from across British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Nova Scotia, New Brunswick, Newfoundland & Labrador, New Zealand and the United Kingdom gathered at the University of Regina for fun, friendship and adventure!

The Saskatchewan Trefoil Guild Committee, chaired by Bev Drummond, started planning three years ago. Opening ceremonies were held on Wednesday evening – each of the provinces had a provincial presentation.

Sessions on Thursday included knitting circular scarves, geo caching, bra making, belly dancing, Fraud Cents, genealogy, living with arthritis, painting, and Saskatchewan history, to name a few.



Friday everyone was off to explore. Buses headed to: Indian Head to tour the round barn and Echo Valley area; Moose Jaw with tours of the Western Development Museum, tunnels, a spa and a bus tour of the city; and Regina to spend the day at the RCMP Academy Depot Division.

Thursday and Friday evening saw round one and two of the ITGBBBT - International Trefoil Guild Bean Bag Baseball Tournament. The evenings concluded with a sing-a-long in the "Owl".

Saturday morning everyone was given the opportunity to quiz the Chief Commissioner of Girl Guides of Canada,

Sharron Callaghan of Newfoundland and Labrador, and the National Trefoil Guild Specialist, Joyce Perrie of B.C.

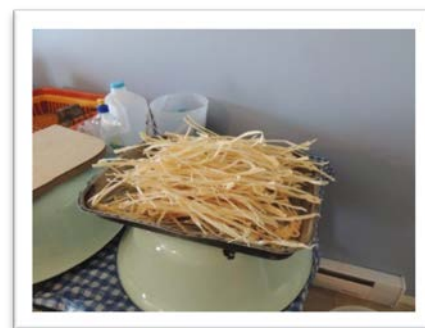
Participants were free in the afternoon to tour the Queen city before heading over to the Turvey Center. "A Taste of Saskatchewan" banquet featuring bison meatballs with blueberry sauce, pickerel, asparagus, wild rice and Saskatoon Berry crisp was enjoyed by all. Joyce Kellington made some cookies from the original Girl Guide recipe and presented a bag of them to Val Tutte from B.C. Val sold cookies as a child when she lived in Regina.

The final of the ITGBBBT was held and Alice's Aces were victorious. A visit by "Queen Elizabeth", Donna Saunders, was a surprise guest and after awarding Alice's Aces with their trophies, she gave the inside scoop into the royals' coming and goings.



Sunday morning saw the closing ceremonies which brought an end to the wonderful opportunity for renewing friendships, making new friends and continuing to share in the sister hood of Guiding.

Throughout the gathering, funds were donated for our Sisters to Sisters Campaign. At the conclusion of the closing ceremonies, the planning committee aprons were auctioned off. \$2,761.75 was raised for this great cause.



The next National Trefoil Guild Gathering will be in Newfoundland & Labrador, 2016!

Nova Scotia

By Darlene Duggan



Our Trefoil Guilds continue to keep busy, some even continue to get together during the summer months (beach meetings, road trips, and BBQs are wonderful!). We have been welcoming new members, too.

Fourteen of us attended the National Gathering in Regina in June and had a wonderful time! Our impromptu singsong on the first night gathered a small group and that group grew into a crowd on the following nights. It was wonderful to see everyone singing along and nodding their heads when we remembered our old Guiding songs. We already have a long list of participants for the 2016 Gathering in Newfoundland and Labrador!

Our June Semi-Annual meeting was hosted by the Amicae TG in Yarmouth. Amicae means "Girlfriends" - how appropriate. The meeting was held at the Yarmouth Museum, a wonderful place full of...everything. The Forget-Me-Knots TG is hosting our Annual meeting on October 19 and, since it is our 30th anniversary, they are inviting past members to come for the day.

Camp Burning Spirit, our annual provincial camp, held on September 6-8 was a huge success...32 campers (some in their tents)! It did my heart good to see these ladies laughing and having a great time swimming on Saturday

afternoon, lounging on the shore, and generally just feeling good.

Sadly, we lost too many members this year and we bid them "Go Well and Safely" on their journey to their new "home". We have been privileged to have shared good times with them...they will be remembered.

We are growing, we are having fun, we continue to support the girls and Unit Guiders whenever and wherever they need us (all they have to do is ask), and we continue **"Keeping the Spirit Alive"**.

Creating the 1st Canadian Internet Trefoil Guild

By: Mary d'Isendoorn à Blois, President

Long before our Guild was founded there was the YIGGG's List and a quasi-council called the Cyber Rose Society. At one of our Internet meetings in late 2002 the question arose if we could form a Trefoil Guild as there were members who had no or little contact left in Guiding.

We decided to think outside the box!

Since we needed to be a National Guild, without a District, Division, Area or Provincial Council, a correspondence began between the Council members of Cyber Rose and National. Through discussion, we created the 1st Canadian Internet Trefoil Guild so that we could help adult members with no Trefoil Guild in their area become involved in Guiding again.

Of course a computer was a must have! We were given our own iMIS number and the Founding Date of May 1, 2003. E-mails went out through cyberspace to YIGGGs members and others encouraging them to join us. The reply was overwhelming!

By July 2003, our first iMIS Membership list showed us that we already had 34 members. We then formed a council, using only the computer and cyberspace to stay in touch with everyone. We decided to have the original 34 members be our Founding Members.

Our very first elected President, Elaine Hodgson, lost her battle with cancer but her dream to create a fund to help Lone members became a reality when our Guild was successful in setting up a 'Lone Campership Fund'. This fund assists Lone members across Canada to attend camps or Guiding events. The Guild is also involved in other worthy services, such as donating funds to WAGGGS which help international Guiders with their annual membership fees.

The 1st Canadian Internet Trefoil Guild has been going strong for 10 years, and we're excited for the years to follow! For more information on how to join us, please e-mail 1cityg@e-guiding.com

Upcoming Trips for Trefoil Guild Members

2015 World Centre Tour!

From Canada:

17 Feb – depart Toronto for Mexico City
25 March – return to Toronto from London, UK

Tour Outline:

17-26 Feb: Our Cabana/Mexico City
26 Feb: Depart for Singapore
28 Feb-2 Mar: Singapore (Canadians joined by Australians)
3-10 Mar: Sangam, Pune, India
10-12 Mar: Agra/Delhi, India
13-20 Mar: Our Chalet, Switzerland
20-25 Mar: Pax Lodge, London, England
25 Mar: Return to Canada

For more information and to express interest/reserve a place, please contact: Nancy Walsh

nancy@goingplacetogether.com

International friendship - Cultural exchange - Community Leadership
Outdoor adventure *and more!*

**Note trip details are being shared as a courtesy. These trips are not sponsored by Girl Guides of Canada.*



The 21st National Trefoil Guild Gathering in Toowoomba, Queensland, Australia

26-29 September, 2014



Two Trefoil Guild members are invited to attend

Price:

\$500 for full registration, \$300 for part time registration + travel expenses

Full registration includes:

- Attendance at all sessions, meals & accommodation
- Event materials
- Day trips
- Contingent photo
- Transfers to and from event, if required

Please register by November 15th, 2013. For more information and to obtain an application form, please contact your Provincial Advisor.

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