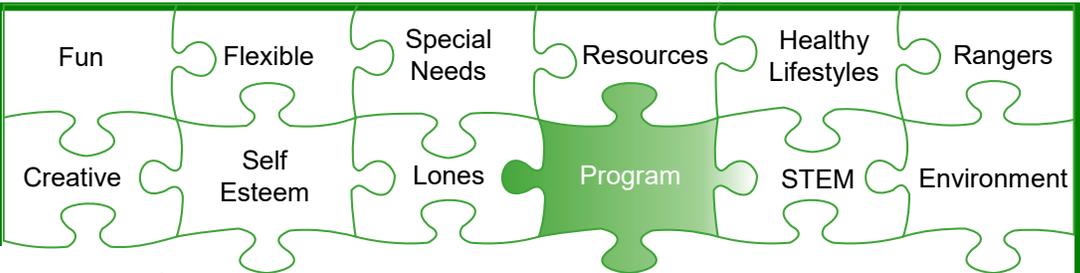




Girl Guides of Canada
Guides du Canada

BC PROGRAM COMMITTEE



FunFinder

December 2016

Program in the Winter Wonderland

In the last issue of the FunFinder we tried to focus on taking program outdoors. This issue we focus on activities that can be done both inside and outside during the winter months.

Even though the weather is getting cold, that doesn't mean all your meetings need to be inside. There are plenty of things to be done in the snow. If you don't get very much snow, we've got some winter

related activities that can be done wherever you are.

We had so many ideas for this issue that we added a whole extra section with quick ideas that you can elaborate on however you wish. Check out page 7 to look at this list.

As usual, there are Program Connections on the last page. Remember—there are always more program connections to be made,

so be creative. Have fun in the magical season of Winter!



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Stuffed (Service) Snowman!

(S, B, G, P, R)

Supplies

- ♦ A roll of toilet paper
- ♦ A pair of white tube socks
- ♦ Fun foam sticky dots
- ♦ Strips of fleece or ribbon
- ♦ Second pair of socks or gloves or small toiletry items (sock stuffers)

Directions

1. Take whatever you are using as a sock stuffer and put in the toe of the first sock. Twist the sock around and fold it back onto itself to make a ball.
2. Place this ball into the toe of the second sock. This is the head of the snowman!
3. Stretch the rest of the sock over your roll of toilet paper. Any extra sock can be tucked up into the centre of the roll.
4. Optional: if you are going to donate these, feel free to tuck extra toiletries or a note for the recipient into the inside of the toilet paper roll.
5. Tie the fleece or ribbon around the neck to

6. Use the fun foam stickers dots to create a face and your snowman is complete! It is also optional to use permanent felts for this part.



Photo by Elizabeth Hardy

Christmas Fabric Rag Wreath

(S, B, G, P, R)

Supplies

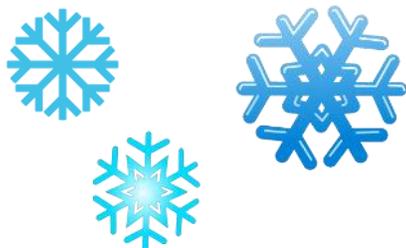
- ♦ Wire Hanger
- ♦ Burlap ribbon
- ♦ 1m of fabric of one colour
- ♦ 1m of fabric of another colour
- ♦ Scissors

Directions

1. Bend the metal wire hanger into a circle.
2. Use a pair of scissors to cut the two coordinating fabrics into strips that measure 1.5 inches x 6 inches. Repeat until all fabrics are cut into strips.
3. Tie each strip of fabric around the metal wire hanger using a double knot.
4. Tug the fabric strip tight so it does not come apart.
5. Alternate the two different colour strips around the entire metal wire. Note that in the example shown here, only one colour of fabric was used. Either way works!
6. Cut a piece of a decorate burlap ribbon and make it into a bow.
7. Chose specific fabric colours and make a wreath for any season!



Photo by Van Chau



Dress Your Leader in Winter Clothes Relay

(S, B, G, P, R)

Supplies

- ♦ Mitts
- ♦ Gloves
- ♦ Scarves
- ♦ Sweaters
- ♦ Winter jackets
- ♦ Snow pants
- ♦ Toques
- ♦ Winter boots



Directions

1. Divide the girls into groups of 3-4.
2. Have a leader stand on the other end of the gym, in front of each team.
3. Place all the winter clothing and accessories in front of each leader. Try and have each team have an

- equal number of warm items.
4. When they leaders say "go" have one girl from each team run up to the leader and put one article of clothing onto the leader. That girl runs back and tags the next girl.
5. The next girl runs up and puts another article of clothing on the leader.
6. The relay continues until the leader is fully dressed in all the clothing. The first team to dress the leader, wins.



Snow Painting

(S, B, G, P, R)

Snow painting is a fun, non-permanent way to express creativity and requires very little preparation.

Supplies

- ♦ Food colouring
- ♦ Spray bottle for each colour required
- ♦ Optional: bowls and brushes or sponges

Directions

1. Fill spray bottles with cold water (must be cold or it will melt the snow!). Add a few drops of colour until it reaches the intensity desired. Remember that when you spray it, the colour will spread out and become less intense.
2. You can also make up bowls with coloured water so they can use brushes or sponges to paint.
3. If you have younger girls, explain the concept of mixing primary colours together to get secondary colours. They can experiment with creative new colours by spraying one colour over another.
4. Send the girls out to explore their creativity in the snow
5. Don't forget to take pictures!

No-Sew Scarf

(G, P, R)

Supplies

- ♦ Fleece (standard length of 60 inches). Width: 10-12 inches for adult scarf, 6-8 inches for kids
- ♦ Good pair of scissors
- ♦ Rotary cutter
- ♦ Fabric cutting mat
- ♦ Plastic ruler

Directions

1. To cut away the selvedge borders on both ends place the fleece on the mat and use the rotary cutter and a ruler. Cut the edge straight.
2. To make the fringe, place one end of the scarf on the mat and use the grid to cut into the edge of the fabric by 3-4 inches, space these cuts 1 inch apart to create the fringe pieces.
3. Tie each piece of fringe individually with an overhand knot or tie two pieces together using a square knot.



Treasure Hunt in the Snow

(S, B, G)

Supplies

- ♦ 20 random waterproof items (ex. Balls, Frisbees)
- ♦ Bags for girls to gather items in.

Directions

1. Find a large open area covered with fresh snow (yard or field).
2. Toss the 20 items into the snow,

3. spread around the large area.
3. Divide the girls into two groups.
4. When the leader says “go”, have the girls quickly run and find as many items as possible in a given period of time (ex. 1-2 minutes).
5. Have the girls place the items that they find in their bag.
6. At the end of the 1-2 minutes, have two teams show all the items that they found. The team with the most items win.



Footprint Freeze Tag in the Snow

(S, B, G)

Directions

1. Choose the boundaries for the play area. Pick an open area covered with fresh snow. The girls who are “not-it” must stay within these boundaries.
2. The leaders will run around to set footprints in the fresh snow for the first round.
3. The girls can only step in footprints



4. that are already set in the snow.
4. Designate a girl to be “it”. Her goal is to touch as many girls as possible.
5. When the girls get tagged by “it” girl, these girls cannot move.
6. The only way these “frozen girls” can become unfrozen is if the “unfrozen girls” tag the frozen girls. They can continue to run around in the snow.
7. The game continues until all unfrozen girls are tagged.

No-Sew Hat

(G, P, R)

Supplies

- ♦ Fleece
- ♦ Good pair of scissors
- ♦ Ruler

Directions

1. Cut a rectangle for the hat. The height should be 13-14 inches. The width should be the circumference of the head plus 2 inches.
2. Fold the rectangle in the half vertically.
3. Cut 3/4 to 1 inch fringe that is 2 inches long from top to bottom on the open side of the double fabric, cutting through both layers at the same time to make the fringe an exact duplicate top and bottom. See figure 1. Either mark the 2 inch line ahead of tie or place a ruler down so all the fringe is exactly two inches deep.
4. When finished, re-fold the fabric so

the fringed ends meeting in the middle. Using square knots, tie the bottom two pieces of fringe together, and continue working your way up until you reach the desired hat height. See figure 2 and 3.

5. Fold the bottom of the hat up twice to form the brim making sure you have the right height for the hat.
6. There should be some remaining height that hasn't been tied. Cut off the fringes that remain. Using your ruler as a guide, cut down from the top to make 1/2 inch fringing that comes down to just about (1/2 inch) the last knot you tied.
7. Scrunch your hands around the fringed ends and tie the long piece of fleece around it with a knot.
8. To finish, you can trim the fringe at the top and down the hat to a length that you like.

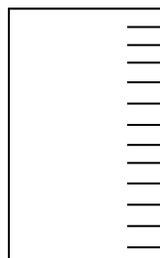


Fig. 1

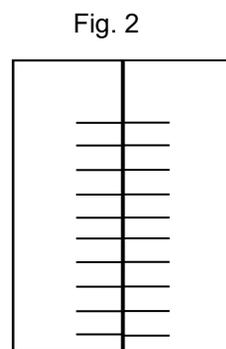


Fig. 2

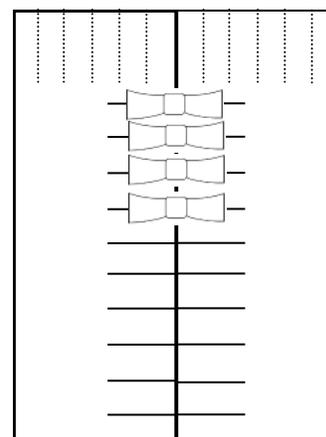


Fig. 3

Snowshoe Charades

(B, G, P, R)

Supplies

- ♦ snowshoes for everyone

Directions

1. Divide the girls into 2 teams.
2. Have one girl in each team go up in front of her teammates with her snowshoes on.
3. Have each of the two girls with the snowshoes on draw a simple shape (eg. Heart, box, star, sun, etc.) in the snow with her snowshoes.
4. The first team to guess what the shape is, wins a point for her team.
5. Have a new girl go up for the next round.
6. Continue this game until the team that gets to 10 points first wins, or until everyone has had a turn.

Snow Shoe Hat Craft

(G, P, R)

This idea was featured in our last issue, but we've thrown it in again because it goes well with some of the other ideas on this page.

Supplies

- ♦ piece of tan fun foam (1cm x 8cm)
- ♦ beige string
- ♦ scissors
- ♦ safety pin

Directions

1. Hold the two ends of the fun foam strip together so that it looks like a tear drop.
2. Wrap the beige string around the fun foam so that it fastens the two ends together.
3. Continue to wrap the string around the fun foam tightly to create the frame of the snowshoe.

4. To make the base of the snowshoe, wrap the string around the frame and across to the other side so it creates a "net" pattern as seen to below.



Photos on this page by Van Chau

Snowshoe Hare Chase

(B, G, P, R)

Supplies

- ♦ snowshoes for everyone

Directions

1. Divide the group into 2 teams.
2. Send one group of girls out snowshoeing first with a leader. This group gets a head start.
3. The second group later tries to follow the trail by using the tracks in the snow left by the first group

Skating Boot Hat Craft

(S, B, G)

Supplies

- ♦ felt
- ♦ needle and embroidery thread
- ♦ large paper clip
- ♦ scissors
- ♦ safety pin

Directions

1. Fold a piece of felt in half. Use a pair of scissors to cut out a boot shape that is slightly shorter than the length of a large paper clip.
2. Slip one side of the boot through the large paper clip, lengthwise.
3. Use a needle and some thread to sew around the perimeter of the felt boot.
4. Sew along the bottom of the felt skate (top of the paper clip) so that the skate is held in place to the paper clip.
5. Using another coloured thread, sew the top of the boot together making loops and criss-cross patterns so that they look like laces of a skating boot. Make a nice bow at the top of the skating boot and add a safety pin

Winter "Frosty Says"

(S, B)

This is the winter version of "Simon Says".

Directions

1. A girl is chosen to be "Frosty" and all the other girls are players
2. Frosty stands in front of the entire group of girls.
3. Frosty can give the commands in two different ways:
 - a. starting the command with "Frosty Says"
 - b. simply stating the command without saying "Frosty Says"
4. Depending on how the command is phrased, the players can either decide to obey by doing the action, or not.
5. Frosty tells the players what they must do. For example, "Frosty Says to Go Skiing", "Frosty Says to Throw Snowballs"....
6. The players must only obey commands that begin with "Frosty Says". If Frosty simply states the command without saying "Frosty Says", the players should stay still.
7. Players who do the actions incorrectly get eliminated.



Ice Candles

(G, P, R)

Supplies

- ♦ wax
- ♦ candle dye or coloured crayons
- ♦ candle wick
- ♦ thermometer
- ♦ pillar candle molds or straight tin cans (e.g. small soup cans)
- ♦ ice cubes of various sizes (ideally between 1/2 and 3/4 inch)
- ♦ newspaper
- ♦ paper towels for messes
- ♦ Mold putty or paperclip
- ♦ old cookie sheet or pan
- ♦ metal spoon or stir stick
- ♦ utility knife
- ♦ scissors
- ♦ double boiler and sauce pan

Directions

1. Cover your work area with newspaper to avoid messes.
2. Put water into double boiler and bring to a boil
3. Cut wax into pieces and put the pieces into the double boiler. Heat wax to approximately 175-185 degrees or until melted. **Do not let wax get too hot and be sure to never leave it unattended.**
4. Prepare your metal tin or candle mold on top of the old cookie sheet—this is to catch any wax that may leak out. Secure your wick to the bottom of the mold using either mold putty or a paper clip.
5. Fill the mold with icecubes, right to the top of the container. Make sure to hold the wick during this step so the ice doesn't squish it over to the side of the mold but rather stays in the middle.
6. Add either candle dye or coloured crayons in small pieces to the melted wax. Stir it in and let the wax cool slightly.
7. Slowly pour the wax into the mold without splashing and pour evenly around the entire mold area.
8. Let the candle cool—when this is done you'll be able to pour off the water/melted ice.
9. When you remove the candle from the mold, the ice will have left a beautiful pattern of holes on the outside of your candle.
10. If you want a solid candle, you can choose to pour a second colour into the mold after you have drained off the melted ice water. This second colour will fill some of the holes left by the ice cubes.

Spa Products

Make spa products using the below recipes and labels. Donate them to a local transition home or women's shelter for Christmas or Valentine's gifts.

Citrus Foot Soak Recipe

Ingredients

- ½ cup baking soda 1/3 cup Epsom salt
2 orange tea bags 8 oz mason jar
5 drops of orange essential oil

Instructions

Put baking soda, Epsom salt, orange tea bags and essential oil into a bowl and stir.
Put all ingredients into an 8 oz mason jar.
Add label and a scoop to the jar by tying it on with bakers twine or fine ribbon.

DIRECTIONS FOR USE

Add 2 tablespoons of the foot soak to a basin of warm water and soak your feet while you relax!

Orange Creamsicle Sugar Scrub

Ingredients

- ¼ cup Coconut oil ¾ cup Sugar
1 tsp vanilla extract 10 drops orange essential oil

Instructions

Soften coconut oil in the microwave.
Add the vanilla extract and orange essential oil.
Stir in sugar (1/4 cup at a time).
Put into mason jar. Add a label and instructions.

DIRECTIONS FOR USE

Rub gently on your feet to remove dead skin.
Rinse with warm water.
Result will leave your feet amazingly smooth!

Coconut Body Butter Recipe

Ingredients

- 7.5 oz. jar of Vaseline Cocoa Butter petroleum jelly
24 oz. of lotion (baby lotion or body lotion)
8 oz. of Vitamin E cream

Instructions

Put all ingredients into a bowl and whip
Fill six 8 oz mason jars with body butter.
Attach a label to the front of the jar

DIRECTIONS FOR USE

Use cream liberally on your feet allowing it to soak in for a few minutes before patting off the excess with a clean dry cloth.



Winter Pictionary

(B, G, P, R)

Supplies

- ♦ poster chart paper
- ♦ markers
- ♦ cue cards with winter words on them
- ♦ large bowl

Directions

1. Divide the girls into teams of approximately 5.
2. Have the girls in each team number off from 1 to 5 (or whatever number of girls in each group).
3. Have each of the "number 1" girls draw a cue card with a winter word on it from a bowl. have the "number 1" girls read the cue card silently and hand the card back of the leader.
4. The drawers must draw their word on their piece of paper and their teammates must guess the word correctly when the leader says "go".
5. the first team to guess the word wins.
6. Repeat with "number 2" girls and keep going until a certain score has been reached or each girl has had a chance to draw.
7. To make this more exciting and challenging, have the girls draw while wearing thick winter mittens or snow goggles.



Santa Ornament Craft

(S, B, G)

Supplies

- ♦ red ornament ball
- ♦ black felt
- ♦ hot glue gun
- ♦ white felt
- ♦ ribbon

Directions

1. Cut a 1 cm strip of black felt long enough so it goes around the circumference of the ornament ball. Use a glue gun to attach the

- black felt around the centre of the ornament ball.
2. Cut a rectangular piece of white felt to represent the buckle for Santa's belt and attach with the glue gun.



Photo by Susan Stephens

Sock Frosty Snowman Craft

(S, B, G, P, R)

Similar to the snowman on page 1, with some different stuffings!

Supplies

- ♦ scissors
- ♦ glue
- ♦ needle
- ♦ thread
- ♦ 2 buttons
- ♦ white tube sock
- ♦ scrap fabric
- ♦ rice
- ♦ 3 sewing pins

Directions

1. Use scissors to cut off the foot part of the sock, a few inches before the heel of the sock. This part will be the body of the snowman.
2. The foot part of the cut sock will be used for the snowman's hat.
3. Turn the body part of the sock inside out and use a piece of thread to tie the cut end of the sock tightly closed, using a double knot to tie the thread.
4. Turn the sock right side out again.
5. Pour rice into the tube sock. Note: the more rice you add to the sock, the rounder the snowman will be.
6. Adjust the rice into two sections so that there is a lower part of the body and an upper part.
7. Use a piece of thread to close the top of the body of the snowman off, making sure the knot is tied tight to prevent any rice from falling out. Cut any remaining dangling thread off.

8. Use a piece of thread to tie a knot around the "neck" of the snowman. Make sure to do this several times to separate the head of the snowman from the body.
9. Take a scrap piece of fabric and tie it around the snowman's neck to create a scarf.
10. Take the foot part of the sock and roll it two to three times to make a nice looking toque for the snowman.
11. Glue two buttons on the front belly of the snowman.
12. Use two black pins and stick them into the face of the snowman to make eyes. Use a different coloured sewing pin and stick it into the face to make the snowman's nose.



Photo by Van Chau

Additional Winter Fun Ideas!

There were a lot of great ideas for this issue, but we wanted to leave them up to your creativity instead of providing step-by-step instructions. Take a look at some



of these additional activities and ideas!

- ♦ Try a new winter sport like tubing, snowshoeing, skating, skiing
- ♦ Make a new food like fondue or maple sugar
- ♦ Hold a “Summer in the Winter” pool party. Wear summer clothing, play summer tunes, have a smoothie making contest.
- ♦ Use these chilly days to stay inside and make cards for veterans.
- ♦ Bundle up and have a campfire in the snow. Finish off with S’mores and Hot Chocolate.
- ♦ Have a hot chocolate sampling party. Try all different types of hot chocolate like milk, dark, mint, white, etc. Have a table of extras that can be added like marshmallows, whipped cream and sprinkles!
- ♦ Go on a winter hike. Collect found items and make a nature collage or practice photography by taking snowy pictures. Keep an eye out for animal and bird tracks.
- ♦ Devote a day to doing good deeds. Simple things like volunteering to shovel walks, sit with animals at shelter, clean up a park, paint a community room, etc. are all things that can take a bit of time and are appreciated and can be done in the winter.
- ♦ Have a cookie bake off between patrols. Have patrols choose a recipe, bake it, and then have a tasting.
- ♦ Make homemade bird feeders using pinecones, peanut butter, birdseed and string. Hang them up and watch the birds that visit. Take it a step further by tracking the birds you spot in a bird journal. As the snow starts to disappear, replace the feeders with nesting materials like small twigs, strings, yarn, etc.
- ♦ Winter bowling. Freeze water balloons. When frozen, break the balloons off and use them for outdoor bowling. If you don’t want to try the bowling, then freeze balloons with coloured water so they are almost frozen. Chisel the ice to create a hole for a tea light. Line an outdoor pathway with the coloured globes.
- ♦ If you have enough snow, take the time to build a snow fort during your meeting. With many girls rolling snowballs, a proper fort will be build in no time.
- ♦ Have a pajama party! (maybe while making cookies or sampling hot chocolate)
- ♦ Make paper snowflakes! Look on google for some interesting and free templates.
- ♦ No snow? Crumple up white paper to make snowballs and have a “gentle” fight or find a basket to try and get the snowballs into!
- ♦ Pinch your feet together like a penguin. Place a beanbag on top of your feet and try and get from one side of the room to the other—turn this into a relay race!
- ♦ Take one of those snowflakes you made and place it on top of your head. Race from one end of the room to the other without using your hands to keep it balanced.
- ♦ For a variation on the spoon and egg race, use a Styrofoam ball and mittens. Set up a relay where you have to switch the mittens between players.
- ♦ Play balloon hockey using a white balloon for the puck and paper plates as hockey sticks. Set up a goal using two chairs or whatever is available.
- ♦ Tie white balloons (snowballs) with a long string around one ankle. The goal is to keep your snowball safe while trying to pop the others.



Program Connections

The following program connections apply to various activities in this issue. Refer to the individual program books for details. There may be even more program connections you could apply as well!

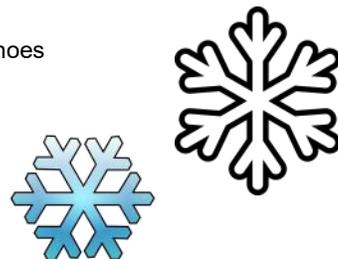
Sparks

Going Outside: Outside Active Games
Going Outside: Nature Walk
Going Outside: Other Activities!
Going Camping: Additional Activities
Let's Make Arts and Crafts: Additional Activities



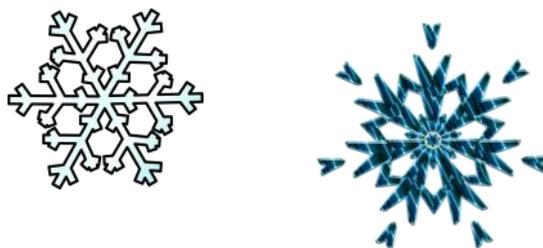
Brownies

Key to Active Living: Outdoor Action
Winter is Great! Snow figure, Snowshoeing, Taking care of equipment.
Go For it: Active team game
Aboriginal Peoples In Canada—Use snowshoes
Happy Hiking: Snow Hike
Super Craft —Another craft
Key to Camping: Camping Know-How
Outdoor Action: Try a Winter Activity



Guides

Snowshoeing Interest Badge
Discovering You: Discover Your Creativity #6: Activity of Choice
Discovering You: Stay Fit and Healthy #4: Active Games
Beyond You: Explore the Outdoors and Nature #1 and #6
Creative Craft Interest Badge #8
Hiking: Snow Hike



Pathfinders

Winter Wonderland #5—Sculpt snow or ice
Winter Wonderland #7—Ice Candles
Winter Wonderland—Additional Activity
Choosing Your Own Direction # 5—Service Project
We Are What We Eat #1—Try Something New



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