

## **Being Me – Brownies**

### **October 2015 Saskatchewan Program Committee Instant Meeting**

#### **Program Connections:**

Key to Me

1. Who Am I?
2. I Feel Proud
4. Respecting Others

#### **Meeting Plan**

*90 minute meeting. Approximate activity times shown. Be flexible!*

10 min: Gathering Activity

10 min: Brownie Opening

15 min: First part of craft

20 min: Respecting Others activity

20 min: Finish craft

10 min: Active game

5 min: Brownie closing

#### **Meeting Supplies**

- Gathering activity
  - Paper or attached activity page
  - Markers/crayons/pencil crayons
- Craft
  - Acrylic paint and paintbrushes and cups of water
  - Newspaper or table cloth to protect table
  - 8 x 10 canvas (can be found at Dollar Store)
  - Printed words and stencils from website – see attached instructions
  - Glue
  - Scissors
  - Anything else you want to help decorate

#### **Gathering Activity**

Have the girls draw a picture or write about something they did that makes them feel proud. Attached is an example of an activity page that could be used.

#### **Brownie Opening**

Do your usual Brownie opening. Have the girls share what they are proud of and why. Discuss how we are all special and unique.

#### **First part of Craft**

The girls will be making a picture of themselves using the templates found on website and in the attached instructions. Around the picture of themselves, they will glue words that describe them as well as the Guiding promise. To start they need to paint their canvas the colour they want to give it a chance to dry. The rest of the instructions are attached. This craft comes from a Guide Instant Meeting produced by National.

### **Respecting Others Activity**

Have the girls come up with some different types of manners, such as table manners, party manners, school manners. Discuss why it is important to be respectful of others and how using good manners shows respect to others.

In groups, have the girls act out a situation where they should use good manners. First have them do it with bad manners, then with good manners. Then have them discuss the differences and how bad manners made them feel.

Ideas for situations:

- First day of school for a new student
- Visiting Grandmother for a meal
- Going to a restaurant
- Going on a field trip with Brownies
- Selling Girl Guide cookies door-to-door
- Shopping with mom
- Special guest at school

### **Finish the craft**

Using the instructions attached, finish the craft.

### **Active Game**

As the girls finish their craft, have them join in a game. You can use this game, or another game of your choice.

*Hug tag* – Like frozen tag. Someone is it. If a girl is tagged, she freezes in place until another girl gives her a hug to free her.

### **Brownie Closing**

Use your regular Brownie Closing.

My name is: \_\_\_\_\_

I am proud of myself because I

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## All about Me Collage

### Materials and Preparation:

- I Am... collage (see below for examples):
  - Print out pdf from this blog, <http://bravegirlsclub.com/archives/4566>, on cardstock or other thick paper – the blog provides a variety of skin tones and eye colours. Girls can choose any one they like. Add to this by including phrases from the Promise, Law and Motto (see below for what I have added).
  - For each girl: art canvas (available at the Dollar Store), or use pieces of cardboard instead of canvas.
  - Paint, paintbrushes, cups of water, paper towel, and newspaper or a Dollar Store table cloth to cover the work area.
  - Glue guns and glue sticks, regular glue sticks, scissors, fancy scissors that cut in zigzags, waves, etc. if you have them.
  - Yarn – so girls can add some hair if they choose to
  - General craft supplies: glitter, beads, etc that girls can use to add to their collage.

### Activity: Collage

- I Am... activity: from <http://bravegirlsclub.com/archives/4566> Scroll down on the blog for pdf. Permission is given on blog website to use the pdf. See below for examples.
- Include words from the Promise, Law, and Motto and encourage girls to use these. I have provided some below.
- Part 1:
  - Give each girl a canvas to work with. She can then select a colour/colours of paint to cover it in a **very light coating so that it dries quickly.**
- Part 2:
  - Have the girls choose an image from the pdf to represent themselves and cut it out. Girls should also choose words or phrases from both the pdf and the Promise, Law, and Motto which are given below.



**I promise to do my best**

To be true to myself, my beliefs, and Canada

I will take action for a better world

*And respect the Brownie Law.*

**Lend a Hand**

As a Brownie

*I am honest and kind*

*I help take care*

**Of the world around me**