

# Child Safety & Protection Badge



Girl Guides  
of Canada  
Guides  
du Canada



Royal Canadian  
Mounted Police

Gendarmerie royale  
du Canada



# Topics

- **Home Alone Safety**
- **Street Safety**
- **7 Root Safety Strategies**
- **How to earn your badge**





# Home Alone Safety

**When you are home alone keep in mind following tips:**

- If possible, ask your parents/guardians if you can have a buddy/friend over. There is strength in numbers.
- Keep all doors and windows locked. Only open the door for people your parents/guardians have given you permission to let in. Do not open the door for anyone else.
- When answering the phone, always pretend a parent/guardian is home.
- Keep all emergency phone numbers by the telephone.



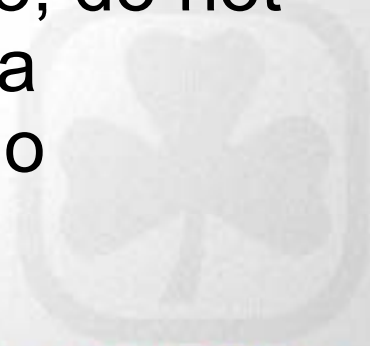
## Home Alone Safety (con't)

- If there is anything you are not sure about, call your parents/guardians.
- Keep the volume on the T.V. and stereo turned low so that you can stay alert to your surroundings.
- Keep phone conversations with your friends short so the phone line is not busy in case someone needs to contact you.
- Avoid watching or reading scary material that may trigger your imagination and make you feel scared.
- Do not discuss in public that you will be home alone.



# Assertive Behaviour

- If someone calls the house:
  - Say that mom/dad cannot come to the phone right now or say I'm sorry my mom/dad are busy right now
- If someone comes to the door:
  - Never answer the door when you are home alone
  - If you are not sure what to do, do not answer the door and phone a neighbour and ask what to do





## Street Safety

- Know your full name, your parent or guardian's full name, your address and telephone number.
- If asked to go somewhere make sure you have permission from your parent/guardian before you go.
- Ask parents/guardians for permission before going into someone's house.
- If offered something, do not accept it unless you have permission from your parent/guardian.



## Street Safety (Con't)

- When possible, use the buddy system when going to and from places.
- When walking to a friend's house, call your parent/guardian to let them know you've arrived safely. Call your parent/guardian before you leave to let them know you are on your way home.
- Use the same route to and from school daily.
- If uncomfortable at any time, trust your instincts, go home and tell a trusted adult.



## Street Safety (con't)

- Avoid short cuts when alone. Stay on main roads and well lit areas.
- Avoid playing in abandoned buildings or isolated areas
- Identify with your parent/guardian safe places in the community that you can go to for help if you're in trouble.
- Be aware of common lures used by child predators.







## 7 Root Safety Strategies

### 1. **SHOUT NO! RUN - TELL Someone**

If someone asks you to do something that makes you feel uncomfortable, scared or sad, be assertive. Shout “NO!”, then run away and tell a trusted adult what happened. Always remember that when you feel confused about something an adult does, it is not your fault.

### 2. **KEEP and SPEAK Secrets**

“Keep” secrets have endings. They don’t make you feel uncomfortable, scared or hurt. “Speak” secrets do not have an ending and may be harmful and scary. You need to tell a trusted adult any secret that involves someone asking you to touch their or your private areas, or to take your clothes off. Guilt and threats may be used to keep abusive actions a secret.



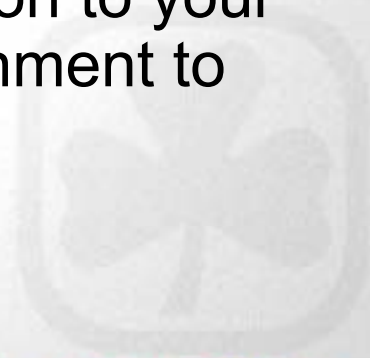
## 7 Root Safety Strategies (con't)

### 3. Buddy System

Always bringing someone along when you are going places will reduce the risk of something harmful happening to you. Remember that there is truth to the phrase, “There is safety in numbers.”

### 4. Trust Your INSTINCTS

Your instincts are the feelings inside of you that warn you of danger. Pay attention to your body and always check your environment to make sure that you are safe.





## 7 Root Safety Strategies (con't)

### 5. Dignity and Respect

All people deserve to be treated with respect and dignity. Everybody is equal regardless of where they come from, or the experiences they have endured. You need to recognize your own self-worth and expect to be treated well.

### 6. If asked to go and your parents don't know **SHOUT NO!**

Always have permission from your parents before going anywhere. If you are ever approached and asked to go with someone – remember this safety message and shout “No!”. Some adults will try to trick children into coming with them. So...no matter what reason or excuse given...your parents must know before you go!



## 7 Root Safety Strategies (con't)

### 7. If asked to share and your parents aren't aware, **SAY NO!**

Always have permission from your parents before sharing any personal information. Examples include your name, address, phone number, hobbies, as well as photographs. Your personal information can be used for harmful purposes. Some adults will try and trick children into giving out their personal information. No matter what reason or excuse given, your parents must be aware before you share!





## Activity

- Role Play. Divide into groups and put together a skit using the safety ideas discussed in this presentation. Use one of the 7 Root Safety Strategies in your skit.
- Present your skit to the other groups.
- After each skit is presented, have the observing groups identify which Root Safety Strategy was used and explain how it was used.



## How to earn your badge

- Help a child that is 5 years old or less remember their personal information.
- Recite the 7 Root Safety Strategies.





# Help a Child to Remember Their Personal Information

## ABOUT ME

### ACTIVITY SHEET

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MY NAME: \_\_\_\_\_

MY PHONE NUMBER: \_\_\_\_\_

MY MOMMY'S NAME: \_\_\_\_\_

MY DADDY'S NAME: \_\_\_\_\_

MY SCHOOL: \_\_\_\_\_

### PARENTS . . .

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#### Knowledge = Power

Teach your children to remember their personal information. The first few times you can help, but see if they can say it on their own. It is a useful tool in case your child becomes lost or wanders off. The more kids know, the more prepared they will be.



# Any Questions?



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