



## International Women's Day

Suggested amount of activities for each branch.

- Sparks: 4 activities
- Brownies: 6 activities
- Guides: 8 activities
- Pathfinders, Rangers, Link, & Trefoil: 10 activities

Crest Available for order  
Cost: \$2

### SOCIAL

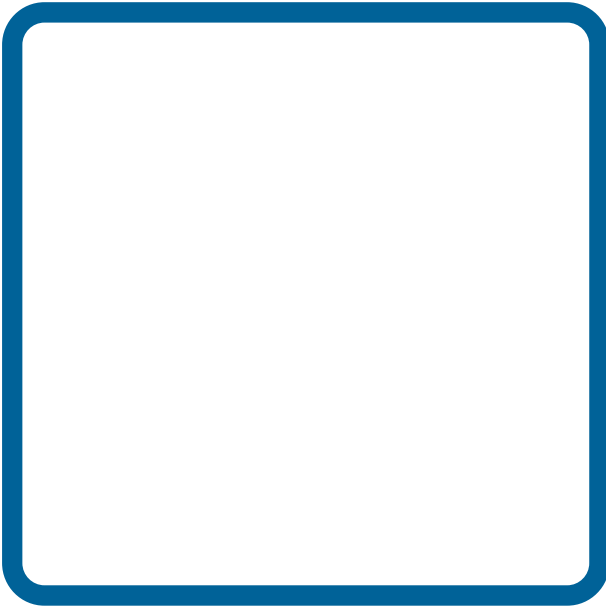
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T: @GGCNL

- Collect needed items for a women's organization in your community
- Invite a female community leader to your meeting/event (ie: police officer, firefighter, politician)
- Have a campfire with your Guiding sisters and sing only songs about women (ie: Can a Woman)
- Learn about inspirational women in history (you can use the interview template to help you)
- Interview a woman in your community who helping to make a better world by girls (ie: Guider, Commissioner) (you can use the interview template to help you)
- Watch a movie and critique it based on gender roles
- Host a pot luck and discuss how the role of women in the household has changed overtime
- Learn how Guiding has evolved overtime to suit women
- Learn about rights of women in another country and how they differ from rights of Canadian women
- Watch a female sports game (attend a game or on television), or learn about a Canadian female athlete
- Participate in The Secret 3k (or attend and cheer from the sidelines) and learn what the run is about
- Girl Guides of Canada & International Women's Day both started in 1910 and turn 110 this year. List 10 ways you think Guiding & Women's rights will be different in 110 years.
- Learn about beauty standards for women in other parts of the world vs. our beauty standards
- Invite a new Canadian to your meeting to learn about women's roles in her home country
- Read a book written by a female author
- Write a note to a Guiding sister letting her know how much you appreciate her.
- Watch a movie (feature film or documentary) that focuses on a women's rights issues and afterwards discuss the issue with your unit. Some issues include gender-based violence, reproductive rights, body autonomy, labour & workplace rights, etc.
- Attend an International Women's Day event in your community (Check with your Status of Women's Council to see if they're holding an event you can attend)
- Act out a skit or create a video about a gender stereotype. If you post your video on social media (Facebook, Instagram, TikTok) please share it with us by emailing the link to [nl-mscda@girlguides.ca](mailto:nl-mscda@girlguides.ca)
- Try out some activities from one of the WAGGGS programs such as #TeamGirl, Girl Powered Nutrition, Stop the Violence, or Action on Body Confidence

# WONDROUS WOMAN!



Draw a picture or paste a photo

Name:

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She was born in:

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She lives in:

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Her Birthday:

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She makes a difference by:

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An interesting fact about this woman is:

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I chose to learn about this woman because:

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