

NS CAMP CHALLENGE

The NS Camp Challenge Crest is a challenge put forth to get you out of doors. Not all challenges have to be done at camp. Some are camp prep activities. Some are just fun to do. Enjoy yourself. Invite a friend to come along. Each part of the crest can be purchased separately and you don't have to complete all seasons prior to placing your order.

To Order Crests;

Complete the order form below and mail it with your cheque payable to 'Girl Guides of Canada' to:
Guide House

3581 Dutch Village Road,
Halifax, NS, B3N 2S9
Att: Provincial Camping Committee

With your order please include a brief description of what you and/or your group did to complete the challenges you selected.

Request for Camp Nova Scotia Challenge Crests

Contact Guider: _____

Unit Name: _____

Mailing address: _____

Phone or e-mail: _____

Season	Quantity	Unit cost	Total per section	Total cost
Spring	_____	x \$.60	_____	
Fall	_____	x \$.60	_____	
Summer	_____	x \$.60	_____	
Winter	_____	x \$.60	_____	
Centre	_____	x \$.60	_____	
Total				\$ _____

NS Camp Challenge

Campers Name: _____

Unit: _____ IMIS #: _____

Part A

To complete each season challenge, do 2 challenges from the season list, plus the required number for your level from Part B

Example: for the summer challenge a Brownie will do 2 from the summer section and 2 from the B section to receive her summer crest. To complete the whole Camp Challenge she would do two challenges from each season plus 8 challenges from part B.

Summer date completed _____

- Sleep under the stars for a night.
- Build a sundial and check it for accuracy. Use it while at camp.
- Look for and identify animal tracks.
- Identify 5 different trees.
- Cook a meal or part of a meal on a stove or oven you made.
- Go on a polliwog hunt. Carefully collect and watch them. Before leaving the pond, gently return them to their natural habitat.

Spring date completed _____

- While on bike, look for what winter has left behind (e.g. nibbled twigs) and new signs of spring (e.g. new shoots).
- Create a backyard habitat by making your yard, balcony, school yard or park into a garden that provides essential resources for wildlife. It should include food shelter, water, perches and hiking places for all kinds of wildlife.
- Find and identify 3 different spring flowers.
- Go star gazing. Identify objects/constellations (5-B,S; 7-G; 9-P; 10-Sr B and Adult) in the sky
- Keep a log of the weather 5 days before your camp, Predict what the weather will be like at camp.
- Identify 4 birds. What is the most identifiable feature of each?

Fall date completed _____

- Find north without a compass.
- Go on a night hike with half of the campers going on one night and the other half the next night. Compare your observations.
- Get up early and watch the sun rise.
- Make shelter and sleep in it one night.
- While at camp practice environmental awareness. What can be done differently at your camp, to reach the level of 'Leave no Trace Camping'?
- Try a new to you method of cooking.

Winter date completed _____

- Make an outdoor sculpture out of snow or ice.
- Have fun in the winter while snowshoeing, skiing or skating.
- Go on a hike. What wildlife do you see? What signs of wildlife do you see?
- Make a batch of ice cream outdoors.
- Build a bird feeder.
- Prepare a 'change in plans activity' to do on a rainy day. Try it out at camp.

Part B

For each season do different challenges from the list.

Sparks -1, Brownies -2, Guides -3, Pathfinders -4, Sr Branches and Adults -5

Keep track of what you have done by ticking off each challenge as it is completed.

- Build a fire and cook on it.
- Set up a weather station and record the weather while at camp.
- When it rains, collect enough water to make some tea.
- Make a kite and fly it.
- Hide a treasure and give at least 5 compass clues to find it.
- Bring a friend to camp. Teach them a camp song.
- Learn to use a camp stove properly. Learn how to refuel your stove.
- Learn a new skill to use at camp, such as pitching a tent, orienteering, purifying water, cooking in a way new to you, etc.
- Learn where and how to build camp fires. Practice fire safety.
- Learn 2 new knots and use them.
- Make a tent care bag or two for your unit. They should include directions on how to put up your tents, along with a picture of the tent (laminated or ziplock bag), seam sealer, small piece of soap to lubricate the zipper, needle and thread to repair rips, sand paper to remove rust from pole ends, rags to wipe pegs and poles dry, whisk to sweep out the tent and extra pegs and rope.
- Help prepare a meal that needs no fire.
- Have a race to see who can make a fire and boil some water in a can.
- Make fire starters at camp.
- Learn how to properly make and waterproof a bedroll. Practice keeping your bedding rolled when not in use at camp.
- As a team make a larger camp gadget to use at camp. Wood storage rack, table, chair, etc.
- Alone make a smaller gadget e.g. wash stand, towel rack, pot hanger for the fire, shoe drying rack.
- With buddy or group be responsible for a flag ceremony.
- Do a Guide's Own or Reflections.
- Participate in a team building game or activity.
- Lead a star gazing activity by teaching how to find some constellations or planets.
- Invite a Trefoil Guild member to visit your camp or meeting to share her camping experiences. What has changed?
- With a buddy play a blindfold game. Identify things by touch or smell.
- Go for a hike (Sparks 1-2km, Brownies 2-3km, Guides 3-4km, others 5-6km or more).
- Make a craft or object from things you find at camp.
- Use your compass and learn to do something new with it. Play a game using your new compass skill.
- Learn to walk in nature. What do you see? feel? hear?, smell?
- Take part in tent or adventure camps. Sparks 1 night, Brownies 2 nights, all others 5 nights (not necessarily consecutive but within a 12 month period).
- Teach an outdoor game to your peers.
- Learn to light and refuel a lantern
- Learn how to pack and what to bring to camp. Learn how to take care of your gear at camp. Are you a considerate tent mate?