



November 21-23, 2014

ARTS AND CRAFTS

Take us to the World Centres

India Bead Head

You Need:

- Barrel Beads
- Wiggle Eyes -- 5mm
- Tacky Glue
- Scissors
- Yarn
- Red Sequins
- Permanent Markers

Instructions: Cut 3 pieces of yarn 9 inches long. Fold in half and glue to top of barrel bead. Braid yarn for hair and tie with another piece of yarn. Glue wiggle eyes on barrel bead. Glue sequin above eyes for a Binde or make a dot with red marker.



Sari Dance Bell Anklets



You Need:

- Dollar Store elastic beaded bracelets
- Jiggle Bells
- Thread or string

Instructions: Thread a piece of string through the loop of the bell. Tie to the bracelet. Add two or three bells per anklet.

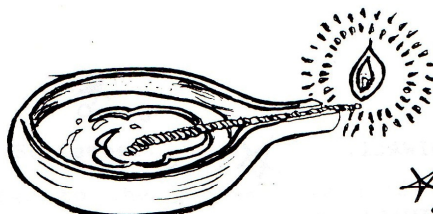
Girls can wear them on their ankles when doing the Sari Dance or dancing to any Indian music.

From Sangam Sparkle Pack

TO MAKE A SIMPLE DIWA....

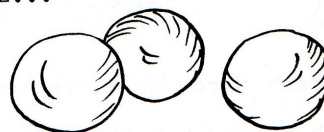
Make playdough as follows:

1. Boil $\frac{1}{2}$ cup of salt with $1\frac{1}{2}$ cups of water (give the salt a chance to dissolve as much as possible).
2. Add 1 level tablespoon of Alum and 1 tablespoon of Cooking Oil whilst still cooking the mix.
3. Stir in 2 cups of Plain Flour.
4. Remove from the heat, mix well, roll and knead until the dough is smooth. (If a coloured dough is required, add food colouring to the water at the beginning.)



USING YOUR PLAYDOUGH OR PLASTICINE...

1. Roll dough or plasticine into a 2" (5cms) ball.



2. Shape the dough into a bowl.

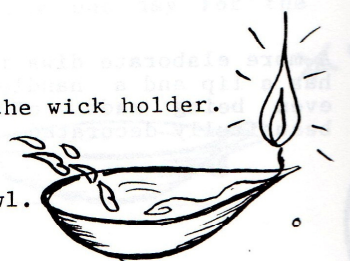


3. Add a lip to the bowl, like a pouring spout, to hold the wick.



4. Let the dough dry.
5. Put a piece of wick or string into the wick holder.

6. Pour a little salad oil into the bowl.



7. When you are ready.....light your DIWALI LAMP!





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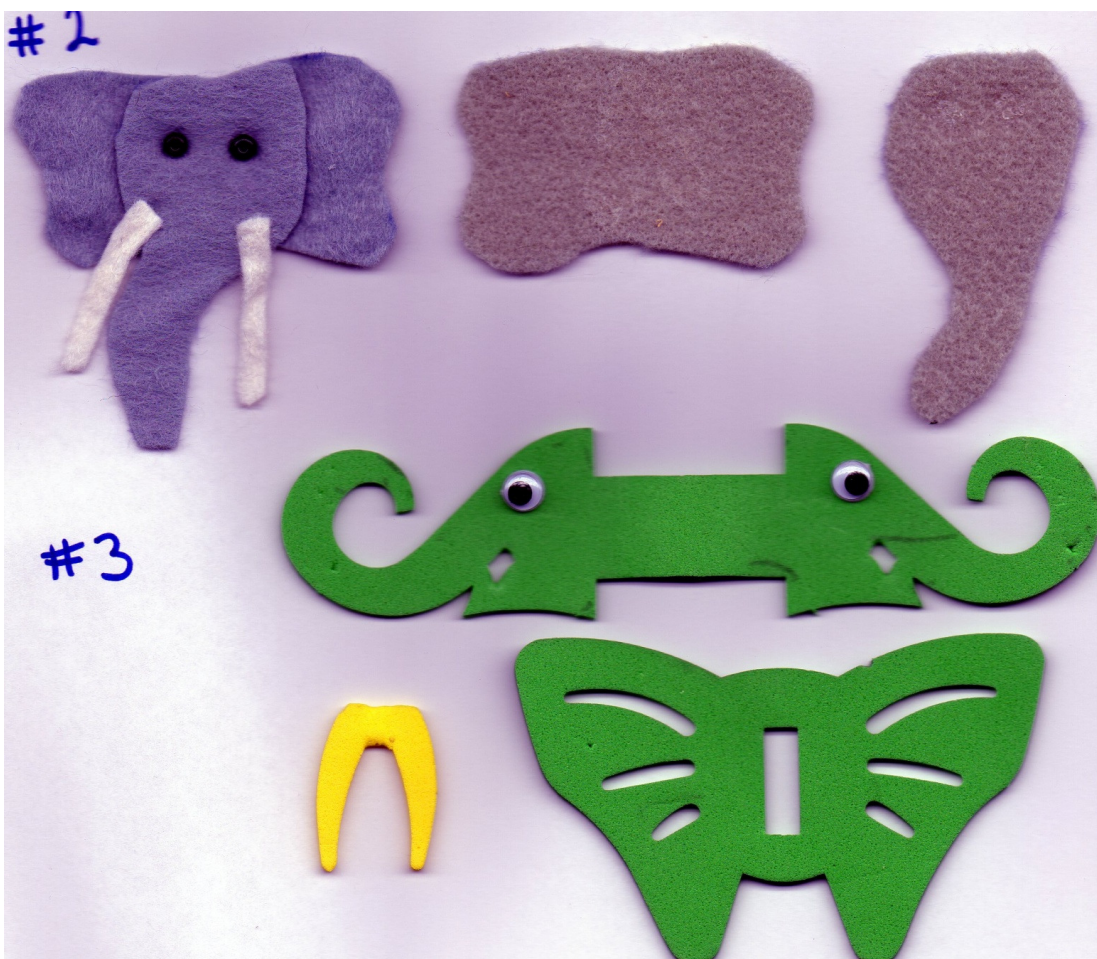
Elephants

#1- Cut an 8x5cm rectangle of grey felt. Round the corners. Take a 7cm piece of wire and thread one silver (or grey) pony bead to the middle. Fold wire in half around the bead and thread six more pony beads over both ends of wire. Push wire through the middle of a grey film canister lid and twist at back of lid. Pinch the felt in the middle and place on wire on the back of the lid. Twist wire around felt to hold it, making ears. Glue googly eyes to front of lid. Insert pin in felt and put on your camp hat.

#2 – Trace the ears and head/trunk patterns on grey felt. Cut out. Cut two strips of white felt as shown for tusks. Glue head to middle of ears. Glue tusks on each side of trunk. Glue on eyes (googly eyes, black beads). On back of elephant, glue a pin or magnet or a loop of ribbon to make it a napkin ring. Could also be made from fun foam.

#3 – Trace the pattern shapes on to fun foam (your choice of colours). Cut out. Carefully cut out details in ears and head (use exacto knife). Glue googly eyes on to head. Fold head in half and slip fold through the slot in the middle of the ears. Put tusks through small holes in head. Slide a pencil through the loop that is now behind the ears.

#1





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ARTS AND CRAFTS Take us to the World Centres

Friendship Bracelet Project

About the Project

We are inviting Girl Guides and Girl Scouts from all over the world to make friendship bracelets and send them to Sangam. We will then sell them in Yahdei, the name of the Sangam shop, for just 10 rupees each (this is approximately 20 US cents or 13 British pence!).

This will help Sangam to continue supporting its projects, like Children's Camp, and supporting our community partners. This will also allow visitors, and particularly local guides and scouts, to buy something that celebrates the world of WAGGGS and the international friendship we share.

We would also like to help promote WAGGGS' Stop the Violence campaign through our Friendship Bracelet Project. Learn about the campaign and make your bracelets in the red and green colours of the campaign. This will help us to keep building the whisper into a shout!

There is no deadline! This is an ongoing project and you can send your bracelets all year long.

If you have any questions, please email info@sangamworldcentre.org.

Send your completed friendship bracelets to:

Sangam World Centre
c/o Friendship Project
Alandi Road
Yerwada
Pune 411 006
INDIA



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ARTS AND CRAFTS

Take us to the World Centres

Friendship Bracelet Labels!

Sangam World Centre
International Friendship Project

This bracelet was made in _____

By _____

Message:

SANGAM
संगम

We'd like to be able to tell people which country their bracelet has come from. And we thought you might like to send them a message of friendship. To do this, fill in your information and then thread the bracelet through a hole in the top before sending it on to us.

Or, if you like the idea that someone who buys get in touch, fill in a message and an email or can't guarantee that you'll get a response, but

Sangam World Centre
International Friendship Project

This bracelet was made in _____

By _____

Message:

Contact:

SANGAM
संगम

your bracelet might postal address. We you never know.

If you're making a lot of bracelets either group, please don't feel you need to write a label for every bracelet – just send us one card with your batch and we'll make sure the information gets attached. You can write the message from yourself or on behalf of your unit/troop – whatever you like!

yourself or in a

Sangam World Centre
International Friendship Project

This bracelet was made in _____

By _____

Message:

Contact:

SANGAM
संगम

STOP VIOLENCE

Sangam World Centre
International Friendship Project

This bracelet was made in _____

By _____

Message:

SANGAM
संगम

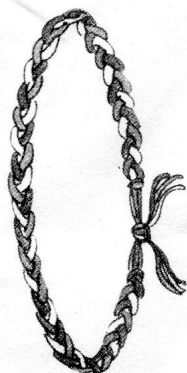
STOP VIOLENCE

Things needed

- 3 different coloured strings: each 24 inches long
- Sticky tape

Choses nécessaires

- 3 fils de couleurs différentes: chacun de 61 cm de long
- Ruban adhésif

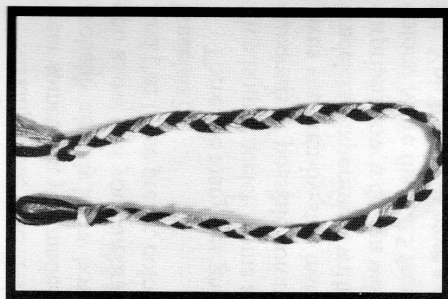


<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>	<p>Start on the left with strand (A). Bring it over the strand (B) and now it becomes the middle strand.</p> <p>Commencez pas la gauche avec le brin (A). Amenez-le par-dessus le brin (B) et maintenant il devient le brin du centre.</p>
<p>6</p>	<p>7</p>	<p>8</p>	<p>9</p>	<p>10</p>	<p>Affix the loop to your work surface with the sticky tape.</p> <p>Fixez la boucle à votre surface de travail avec le ruban adhésif.</p>
<p>Now bring strand (C) over the strand (B). Strand (C) is now in the middle.</p> <p>Maintenant amenez le brin (C) par-dessus le brin (B). Le brin (C) est maintenant au milieu.</p>	<p>Bring strand (B) over strand (C). Strand (B) is now in the middle.</p> <p>Amenez le brin (B) par-dessus le brin (C). Le brin (B) est maintenant au centre.</p>	<p>Do it all over again. (A) over (B), (C) over (A), (B) over (C). Keep going until the bracelet is long enough to go around your wrist.</p> <p>Répétez encore. (A) par-dessus (B), (C) par-dessus (A), (B) par-dessus (C). Continuez jusqu'à ce que le bracelet soit assez long pour aller autour de votre poignet.</p>	<p>Tie the loose ends together with a knot. Wrap them once around the loop.</p> <p>Attachez les extrémités libres ensemble avec un noeud. Enroulez-les une fois autour de la boucle.</p>	<p>Put them through the loop as shown. Pull tightly and make a knot.</p> <p>Passes-les dans la boucle tel qu'illustré. Tirez fermement et faites un noeud.</p>	

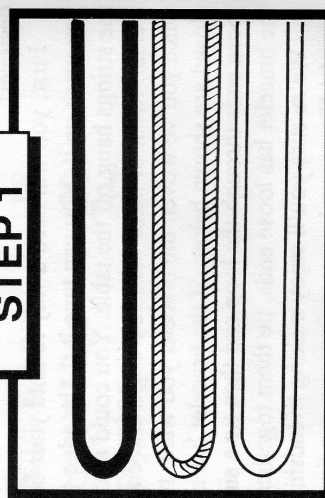
Bonnie's Braid



One of my best friends is Bonnie, and she has the most beautiful long hair. It's so long that she braids it to keep it out of her way! If there was ever a perfect friendship bracelet for Bonnie it's "Bonnie's Braid."



STEP 1



1. Cut three different colored strings, each 24 inches (61 cm) long. Fold them in half to make six strings.



STEP 2

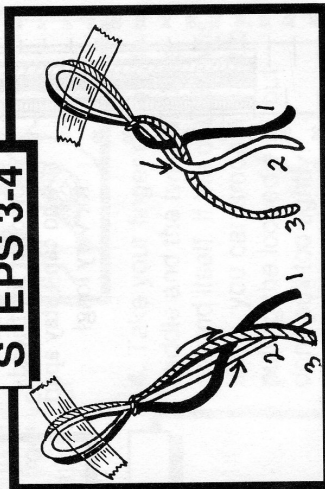


2. Tie a knot in the top by looping the string around a finger and making a square knot. Put the same colored strings together to make three thick loop to a table top.

3. Start with number 1. Put number 1 over number 2. Now number 1 is in the middle. Put 3 over 1. Now 3 is in the middle.

4. Put 2 over 3. Now 2 is in the middle!

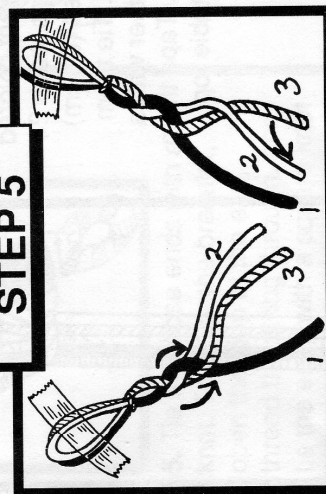
STEPS 3-4



5. Keep braiding! Put 1 over 2, then 3 over 1, then 2 over 3. Now you've got it! Pull the braid tightly as you go along. You may want to use more tape to hold the strings in place.

6. When the braid is long enough to fit around your wrist, tie the loose ends with a knot.

STEP 5



7. To tie the bracelet around your wrist, pull the knotted end through the loop and tie a square knot, (as shown on page 3).

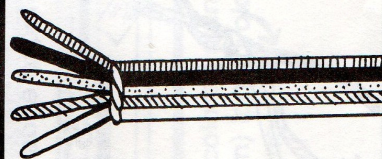
Dynamic Duo



This friendship bracelet is extra fun because it's so easy to make. It starts off as one twist and turns into two by itself! This is a great bracelet for friends who can't stay apart for very long!

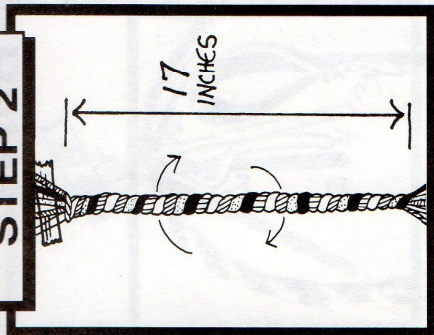


STEP 1



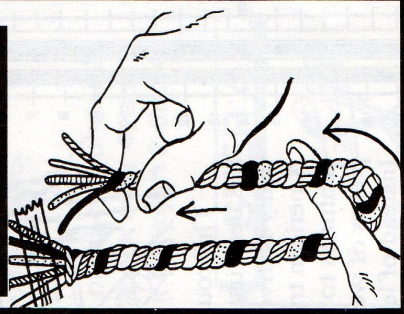
1. Cut five different colored strings, each 24 inches (61 cm) long. Tie them together with a knot. Tape them to a table top.

STEP 2

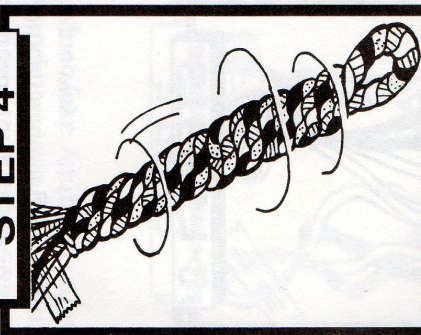


2. Hold the strings together and twist them. Twist tightly until the twist is about 17 inches (43 cm) long.

STEP 3



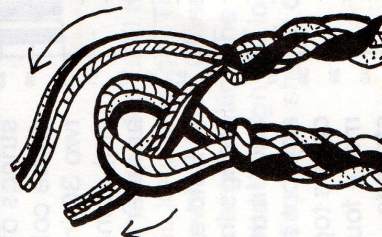
STEP 4



3. Hold the twist with one hand. Put a finger from your other hand in the middle of the twist and fold it.

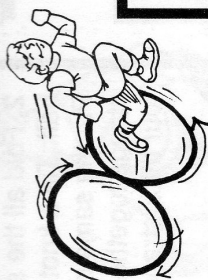
4. Take your finger out of the middle and the twist will twist around itself. If the double twist kinks, you can smooth it out by pulling the looped end, but don't pull too tightly!

STEP 5

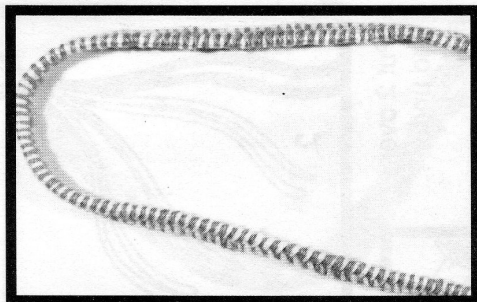


5. Tie the loose ends with a knot. To close the bracelet, open the loop at the end, thread the string through, and tie the ends with a square knot (as shown on page 3).

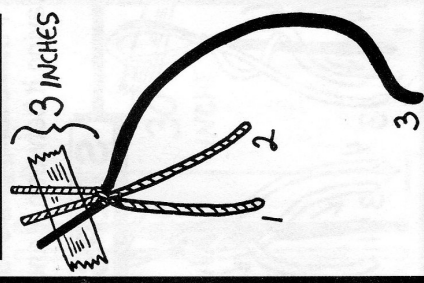
Sidewinder



This braid is usually used for braided rugs. Even though it uses three strands, one strand does all the braiding. It would make a great friendship bracelet for one of your more energetic friends!

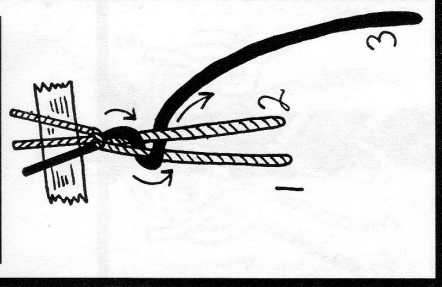


STEP 1



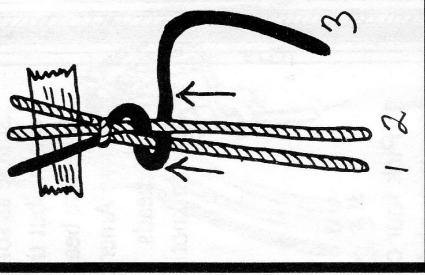
1. Pick two colors of string. You will need two 20-inch (51 cm) strings of one color, and one 30-inch (76 cm) string of another color. Knot these, leaving about 3 inches of string above the knot, and tape them to a table top. For a thicker bracelet, use two of each string.

STEP 2



2. Put number 3 over number 2, then under number 1, and back over number 1, and back under number 2, like a figure eight.

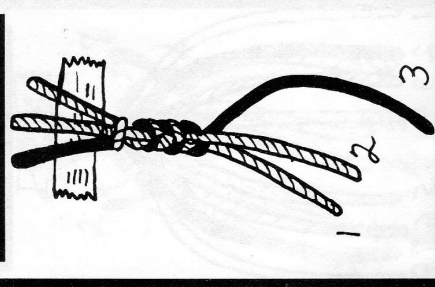
STEP 3



3. Keep pulling number 3 up so the loops slide all the way up to the knot. Pull it tight.

4. Keep going with your figure eight loops, and pull tightly after each one!

STEP 4



5. Keep going until your Sidewinder bracelet is long enough for your wrist. Tie a knot. To close the bracelet, tie a square knot (as shown on page 3).

Buffalo Tom



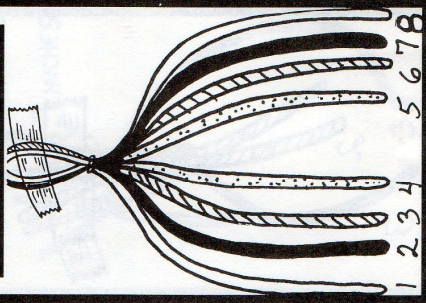
Your friends will be impressed with this cool knotted friendship bracelet! It's not as simple as some of the others, but the results look like beautiful Native American

arrowheads. Take your time with this one – you have to knot from the left *and* from the right!

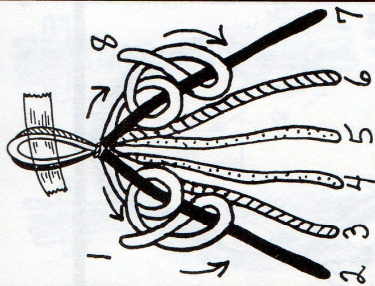


STEP 1

1. Pick four colors of string, each 5 feet (1.54 meters) long. Fold them in half to make 8 strings. Tie a loop at the top. Arrange them as shown in Step 1. Because you will be pulling knots for this bracelet, you might want to hook the loop on a chair or pin it down.



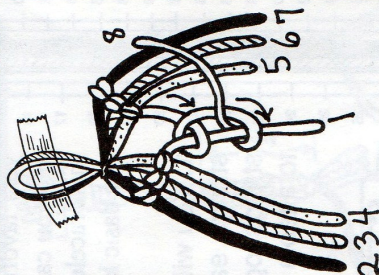
STEP 2



2. Start on the left with number 1, making double knots around 2, then 3, then 4. Leave 1 between 4 and 5. Then start double knotting from the right. Knot number 8 around 7, then, 6, then 5.

3. Number 1 and 8 are now in the middle. Double knot 1 and 8, as shown in Step 3. The first row is done!

STEP 3

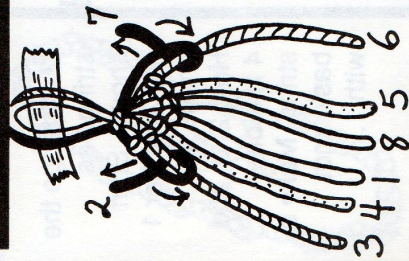


4. Now start the second row. Beginning on the left with

number 2, make double knots around 3, then 4, then number 1. Leave number 2 between 1 and 8.

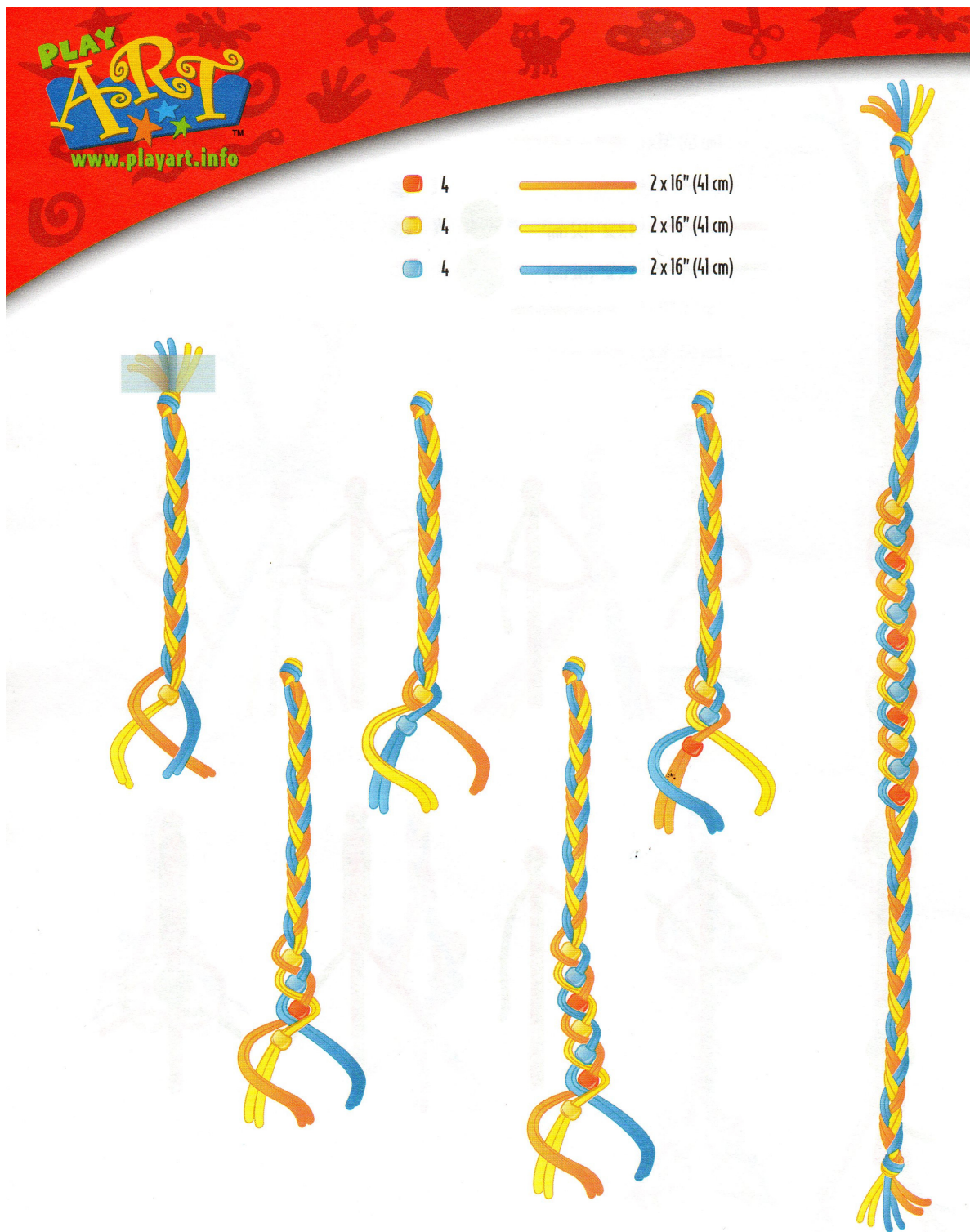
5. Go to the right and double knot number 7 around 6, then 5, then number 8. Double knot 2 and 7 in the middle.

STEPS 4-5



6. Keep double knotting row by row from the outsides to the middle, knotting the two strings in the middle every time, until your bracelet is long enough. Tie the ends with a knot, and pull tightly!

7. To close your bracelet, pull the knotted end through the loop and tie it (as shown on page 3).



Hand Mehndi

Have the girls trace their own hand on skin coloured fun foam and cut out or purchase fun foam or cardboard hands. Draw Mendi patterns on hands with permanent markers.



For older girls, purchase henna and let them paint their own hands.





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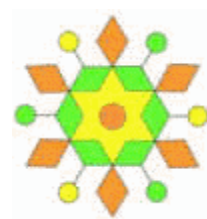
ARTS AND CRAFTS

Take us to the World Centres

DLTK's Countries and Cultures - India

Rangoli designs

Rangoli is a popular art form among Indian women. Rangoli are painted on the ground in front of houses using rice powder -- sometimes supplemented by flower petals and other colorful materials. Rangoli are typically painted during the tamil month of Maarkazhi (between December 15th and January 15th).



Hindu Legend: During the month of Maarkazhi, the Goddess Andal prayed to Lord Thirumal to marry her. Her wish came true and others also began to pray to have the husband of their dreams. During this month, unmarried women paint rangolis to welcome Lord Thirumal in hopes that they will have the same good fortune as Andal.

Instructions:

Print out template of choice

Color the design

Options for Colouring:

-coloured sand

- pastel crayons and poster paint both have nice bright colours and make terrific choices for young children coloring in the rangoli.

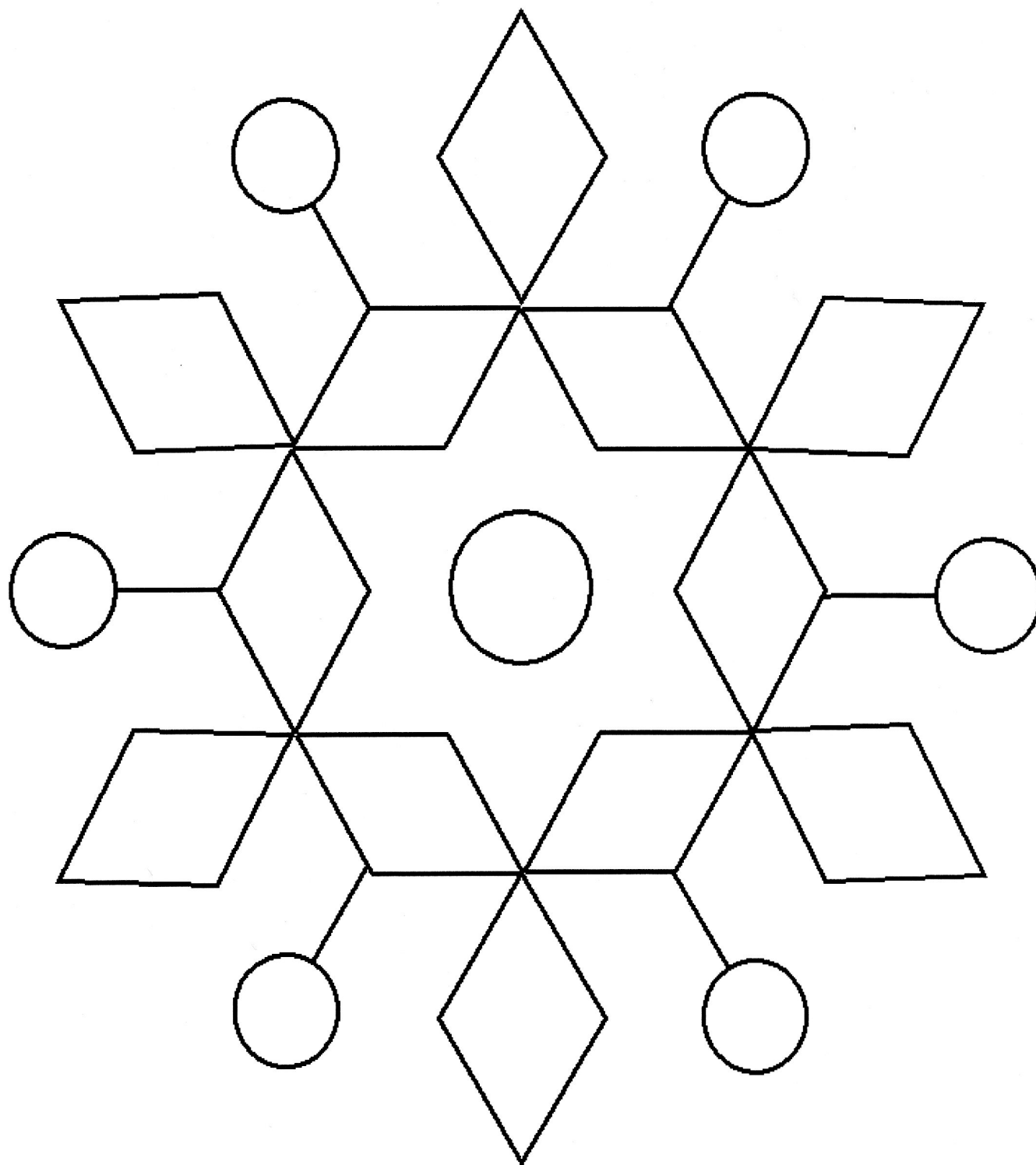
- [Salt glitter](#) is another interesting choice. It's a little messy, but some kids like a bit of a mess when they craft.

- coloured rice is another choice: real rangoli are typically made with a rice paste, which makes coloured rice a nice option

*To food colour rice, add a healthy amount of food colouring to two tsp of rubbing alcohol in a Ziploc bag. Pour in about 3/4 cup of UNCOOKED rice. Close the bag. Shake well (like shake and bake) Pour onto a piece of wax paper or tinfoil to dry (put it in a cookie sheet so it doesn't accidentally get knocked on the floor)

Making the coloured rice is messy and food colour doesn't come out of clothes well... the shaking part can be done by kids, but the rest should be done by an adult. I like using food coloring PASTE instead of drops as I find the colour is richer, but drops work too.

Let dry (about 1/2 a day -- less if you spread them out well in a warm airy place.)

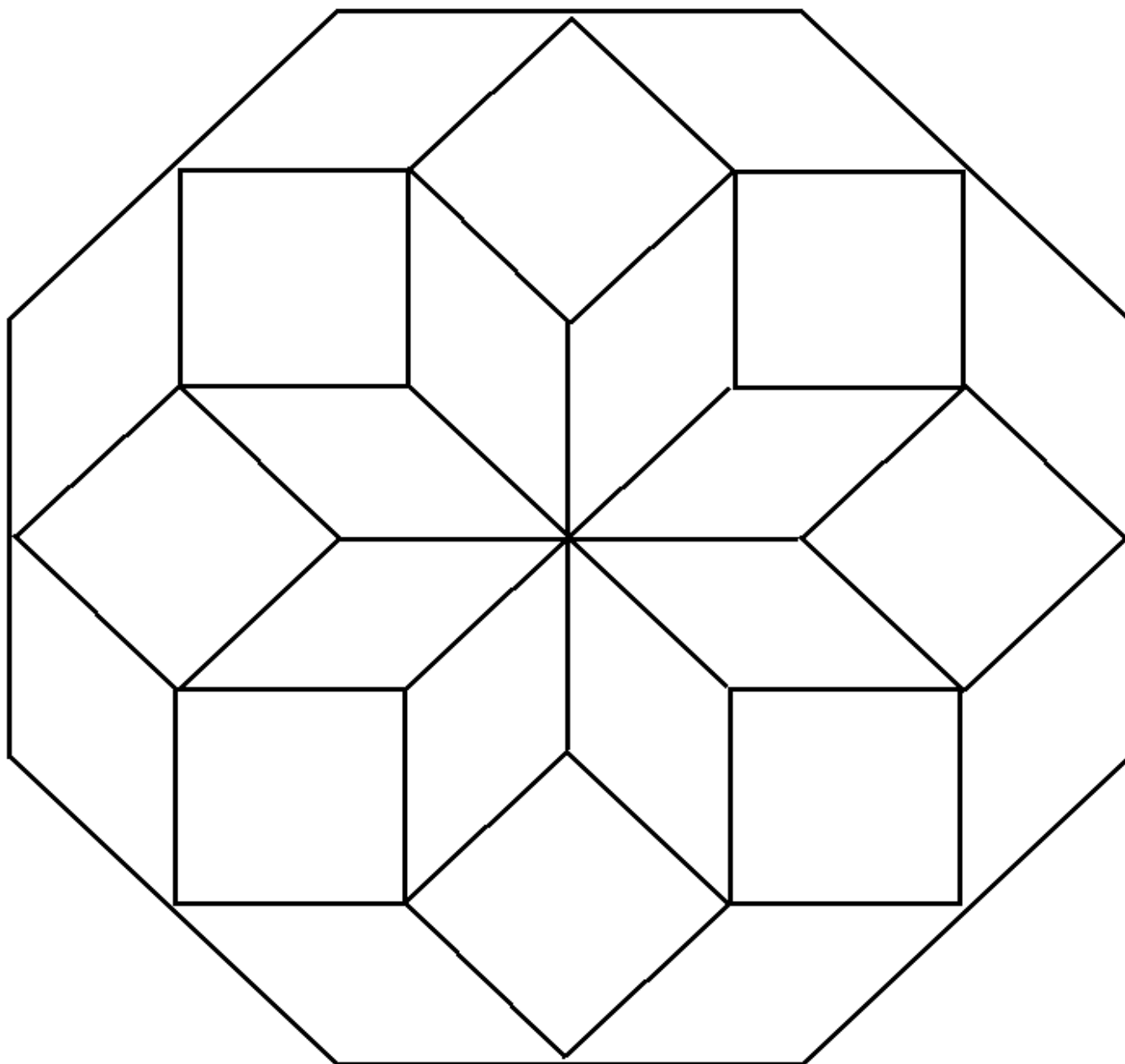




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www.ActivityVillage.co.uk – Keeping Kids Busy

