



November 21-23, 2014

HEALTHY ACTIVE LIVING Using Your Noodle... and the Rest of Your Body

Using Your Noodle – Pool Noodle Games

Three great resources for these silly, silly games:

50 Ways to Use Your Noodle, by Chris Cavert and Sam Sikes.
ISBN 0-9646541-1-3.

50 More Ways to Use Your Noodle, by Chris Cavert and Sam Sikes.
ISBN 9-9646541-5-6.

Chicken and Noodle Games, by John Byl, Herwig Baldauf, Pat Doyle and Andy Raithby.
ISBN 0-7360-6392-7.

These books (and many more AWESOME game resources!) can be purchased online from a fabulous company called Adventureworks. Check out their website at <http://www.adventureworks.org/>.

You can also visit my website at <http://dragon.sleepdeprived.ca> for tons more fun games and other activities to do with your unit. Or follow me on Facebook at <https://www.facebook.com/dragon.sleepdeprived.ca>.

