



The Piccolo

SEPTEMBER 2016

SEPTEMBRE 2016

Québec Council
Conseil du Québec

A New Guiding Year

With Membership Events Galore!

Liesse and Monklands Districts joined forces to represent Guiding at the Mont-Royal street fair.



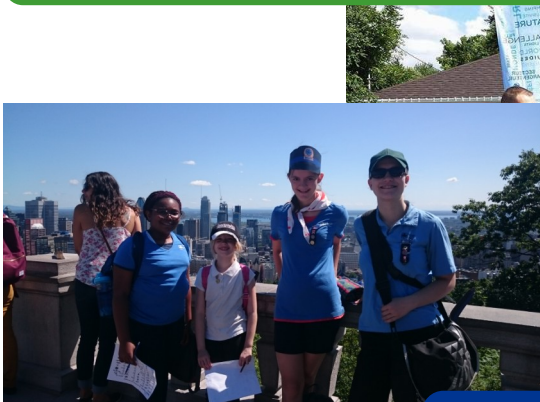
Riverdale District held two pop-up meetings in a local park.



Riverview District ran a booth at the Fête de la rentrée in Candiac.



Laval-Mille-Iles District participated in Two-Mountains Family Day.



The 82nd Montreal Guiding unit was seen in their community as they held a meeting outside on Mont-Royal. Read about it on the [blog](#).



www.guidesquebec.ca
guidesquebec.wordpress.com

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HIGHLIGHTS

- Register for [Fall Fun Day](#), [training sessions](#) and [Impact Soccer](#)!
- [Get some program ideas for the upcoming year!](#)
- [Get ready for cookies!](#)
- Catch up on [treasurer](#) and [Safe Guide](#) news!
- And more...

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2016 Quebec Provincial Fall Fun Day

Saturday, October 1

A wonderful day at Wa-Thik-Ane

- What:** A fun packed day at our provincial camp in Morin Heights with games, outdoor cooking, camp skills and camp songs all while celebrating our 90th year of camping at Wa-Thik-Ane.
- The goal of this event is to encourage new and experienced campers and Guiders to visit the camp and try camping without the concern of the overnight or the required planning and to give those who love camping another chance to enjoy it before the winter.
- When:** Saturday, October 1, 2016
- 9:30 am—arrival at Wa-Thik-Ane, Morin Heights
- 7:30 pm—departure from Wa-Thik-Ane, Morin-Heights
- Transportation:** Departure approx. 8 am, from location on the registration form; return approx. 9 pm to same location
- One Guider per full patrol (based on branch-specific ratio) travels free
- Who:** Guiders of all branches and their girls
- Each Guider may bring a full patrol (based on branch specific ratio)
- Mixed groups must meet youngest girl ratio
- A PRC-checked adult female may accompany girls in place of a Guider, but will be expected to participate as a facilitator of the day's program
- Cost:** \$45.00 per person (girls and adults)
- Includes 3 snacks, 2 meals, a crest and activities
- Includes transportation –see discount on registration form
- Forms:** Patrol Registration Form, SG.1, SG.2 and a flyer for families (in English and French) are available on the [Forms page](#) of the Québec website.



TO REGISTER: Complete the PATROL REGISTRATION FORM after reading the attached instructions and then email it to: camping@guidesquebec.ca

or fax it to the provincial office at 514-933-7591

Strict deadline for registration Monday, September 26 at 9 am.

The planning team is looking for volunteers!

If you are interested in helping our fantastic planning committee, please contact Joanne Cardinal, the Provincial Camp Adviser at: camping@guidesquebec.ca

No experience is needed to be part of the planning team-just a love for camping and the outdoors!



From the PC...

Bring a little International flavour into your Guiding program? PC Valerie Zaloum and Deputy PC Pam Godfrey were both delighted to have had the opportunity to visit Sangam World Center in India this past summer, Valerie as Patrol Guider on a Nationally sponsored trip, Pam on an independent trip.

Québec Council lived a taste of India at their first meeting this fall.

Nationally sponsored travel opportunities for 2016-2017 have been posted.

Girls and Guiders hear a lot about these amazing opportunities - maybe this is your year to apply, or to encourage the girls in your Unit to do so!

It's like the lottery - you can't possibly win unless you play!

Where Will you Be Travelling this Year?

Nationally Sponsored Trips:

Applications for girls and Guiders now available!

Camp Wa SIU II, California
IGGNITE Camp, Ireland
Our Cabaña, Mexico
Our Chalet, Switzerland

Deadline October 17, 2016 at 5pm

Fact sheets and complete information

Provincially Sponsored Trip:

Applications for girls coming soon!

SOAR Spirit of Adventure,
British Columbia



Wa-Thik-Ane Annual Clean-up Day Sunday, October 2, 9am-4pm

Once again the Wa-Thik-Ane camping season is coming to an end and it is time to put the camp to bed for the winter. This year's closing day is scheduled for **Sunday, October 2**.

As usual there will be plenty of tasks for all of our eager volunteers and needless to say, more participants make the job smaller! We must take down tents (weather permitting), close up sites, move equipment into winter storage and clean and animal proof the buildings.

Limited indoor accommodations at Stavert Lodge (18 spots) are available for **adult Guiders who wish to stay over following the Provincial Day Camp** on October 1. The Property Committee will provide breakfast for those who stay over and lunch for everyone who participates in the clean-up on Sunday.

Please send us an email at lacbouchette@guidesquebec.ca to let us know your plans and to reserve a spot at Stavert.



Not available that weekend?

If you are unable to come on October 2 – do not despair! There is a need for small teams of adults to take down the canvas tents during the weeks preceding camp closure, and again for a small team to complete the winterization of the buildings between October 3 and 7.

If you are interested in visiting mid-week, please contact lacbouchette@guidesquebec.ca.

CAMP
WA-THIK-ANE
It's been 90 years





Thank you to all the volunteers who helped with the success of our camp anniversary. Also, thank you to all those who participated.
We had a grand "old" time!!!

A Guider Outing? Dr. Samantha Nutt, founder of War Child Canada, is speaking at Dawson College on September 14th at 7 pm. She will be talking about community engagement, how to make a difference in the world at home and on a global level and collaborative community action. Prepare for the International Day of Peace and reserve your tickets [here](#).

Guest Speaker Spotlight: 1st Westward Sparks, 36th Montreal Brownies and the 110th Guides Invited a Harpist!

Here's what Christine Downey, one of the Guiders, had to say:

We have had the pleasure of having **Olga Gross** share her musical gift with us on two different occasions. Click [here](#) to listen to some of her music. Olga is a professional freelance harpist. She is also a pianist with the Montreal Symphony Orchestra and the Nation Arts Centre Orchestra.

Olga has visited the Sparks, Brownies and Guides. She shows the children how the harp works. She is able to explain the different aspects of the instrument in suitable ways for all different age groups. She played a variety of music. The girls were mesmerized! It was truly a magical meeting!!

Her contact information would be: [\(514\) 488-8690](tel:5144888690) or through her e-mail at duolyra@sympatico.ca. As long as it fits her schedule, Olga is willing to visit for free!



If you are looking for some great ways to deliver programming to your unit, it's always fun to have a guest speaker (or two!). Send an email to programme@guidesquebec.ca and let us know who you've had the pleasure of inviting!



Recent Spotlights

May: Skateboarding workshop

June: Fauna Foundation



Hey Guiders!

Welcome back to another exciting year of Program! I know you are all busy having planning meetings, so here are a couple of things you can take a look at to help you deliver great programming to your units.

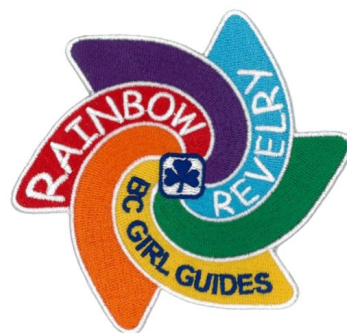
Are you looking for some fun ways to “challenge” your units? Well, look no further! Not only has Québec got some wonderful **challenge crests** the girls can earn but other provinces have some great challenges too.

The program section will highlight a different one each month to inspire you...but these challenges are all just a click away. You simply need to go on to the different provincial websites and look up their challenges. Easy!

Then do the challenge, order your crests & VOILA! You can choose to do the challenge over a couple of unit meetings, during a “Bring a Friend Night” (Québec’s Chocolate Challenge works great here!), a sleepover or a camp!

This month: For Sparks and Brownies: British Columbia’s [Rainbow Revelry Challenge](#).

Some of the Brownies actually did this challenge at a summer camp at Wa-thik-ane. We incorporated a Disney movie theme to the different colours (Ex. The Jungle Book: **GREEN**, The Lion King : **YELLOW**, Finding Nemo: **BLUE**, etc..) & used a lot of the great ideas already prepared in the tool kit to deliver an amazing program. The girls loved it & so did we!



Don't forget in your planning meetings to check on the National Website to see what [International days](#) are being highlighted with terrific instant meetings ready to go!

Don't forget that Québec’s website also has some terrific [meetings-in-a-box](#) to cover various program areas for all the different branches.



Coming up soon:

September 21 [International Day of Peace](#)

October 11 [International Day of the Girl](#)



Looking for activities and resources for Remembrance Day?

Order FREE, bilingual, age-appropriate bookmarks, posters, booklet, and postcards through Veterans Affairs Canada. Order before October 21 to get your supplies before Remembrance Day.




 **Girl Guides of Canada**
Guides du Canada

UNE OFFRE SPÉCIALE POUR VOS FAMILLES ET VOS AMIS
A SPECIAL OFFER FOR YOUR FAMILY & FRIENDS

ASSISTEZ À UN MATCH DE L'IMPACT DE MONTRÉAL!
ATTEND A MONTREAL IMPACT GAME!

DIMANCHE / SUNDAY
16 OCTOBRE, 17H
OCTOBER 16, 5PM

20\$ par personne
per person

Prix régulier / Regular price: 33 \$

Date limite pour achat de billets : 3 Octobre 2016
Deadline for tickets purchase: October 3, 2016

Order through the order form (units and districts) or
through the office:
info@guidesquebec.ca | 514-933-5839



[Unit Order Form](#)
[District Order Form](#)



Welcome Emily Lillies, new
Deputy Program Adviser!

Charyl Hyndman, Program Adviser; Emily Lillies, Deputy Program Adviser | programme@guidesquebec.ca

CRUNCHING THE COOKIE NUMBERS

This Fall

 **2,836,320** boxes of Girl Guide cookies will be sold

 **24** cookies are in a box

TOTAL 68,071,680 CHOCOLATEY MINT SOLD

That's almost **2X** the population of Canada!

That's 2 cookies for every Canadian woman, man and child



Classic or Chocolatey Mint?

Classic Chocolate and Vanilla Girl Guide Cookies	64,114,560
Chocolatey Mint Girl Guide Cookies	64,117,115
Chocolatey Mint by a nose	

Classic and Chocolatey Mint cookies sold in a year **128,231,675**

Set out lengthwise they would stretch **6,401 km**

Across Canada they would reach from the Pacific Ocean to the Atlantic Ocean, with more than 15 million cookies to spare



Stacked they would reach a height of **1,221 km**

 It takes more than **462,000 kg** of flour to bake a year's worth of Girl Guide cookies

It takes approximately **45 seconds** to devour a Girl Guide cookie

That's equivalent to the weight of over **102** elephants

At **\$5** per box, Girl Guide cookies are a sweet deal



NO MATTER HOW YOU STACK 'EM, GIRL GUIDE COOKIES ARE A TASTY TREAT!

 girlguides.ca

Mint Cookies Are Arriving this month!

Cookie Days will be held on **Saturday October 15 and Sunday October 16.**



Remember that temperature is an important factor during mint deliveries. If we happen to have a warm September mint cookies can easily melt if left in a car for any length of time or an

unventilated garage. It is especially important to remember the best practice storage rules for the chocolatey mint cookies to prevent any instances of melted product or cookies stuck together. Mint cookies should be stored at a temperature between 10°C and 22°C.

Have you thought of these ways to promote cookies?

- **Cookie Finder Map-** Remember to use the Cookie Finder Map application to promote your groups cookie selling event. It is important that the map is populated with sales across the country if we are going to use it as an effective tool to match units with an eager buying public. The map and event form are located on the national website on the left under Cookie Finder Map. The map is now the first point of reference given to all enquiries regarding where to buy cookies and is promoted extensively through our social media presence.



- **Twitter**—This campaign our Twitter account @girlguidecookie will be monitored and live over the weekends of the campaign to optimize the contact with customers, you can advise people to send the account a tweet if they're looking to buy cookies.



- **Word of Mouth**—Remind girls to let their community know they are selling cookies. Family members, friends, teachers, coaches, instructors, people at their place of worship, sports team, and other community members are all potential cookie buyers!



Helena Green, Cookie Adviser; Kelly Vandzura, Deputy Cookie Adviser | cookies.biscuits@guidesquebec.ca

September 17th Training Sessions

Last chance to register for Safe Guide, New Guider Training or Changing Branches. To register, please see the instructions in the August Piccolo. Deadline — Friday September 9th. *Please note a small error in early version of the summer Piccolo where the date was incorrectly marked as September 27.*

PED Week 2016

Please join us for one of these informative personal development opportunities. We think there is something for everyone.

Leading Active Games

Monday November 14, 6:30

Riverdale District

St. Anthony's

17750 Rue Meloche,
Pierrefonds

Incorporating Games & Crafts with a Purpose

Tuesday November 15, time TBA

Riverview District

South Shore

A Camping We Will Go

(program themes with a purpose, girl involvement, food planning, bedrolls)

Wednesday November 16, 6:30

Rosemere District

Rosemere Community Centre
202 Ch de la Grade Côte

Girl Engagement

Friday November 18, 6:30

Pointe-Claire District

365 Ave. Saint-Louis

Registration Information: All of these evenings are offered free of charge. If you are a Guider or Ranger in the District hosting the event please contact your DC and let her know you will be attending. Guiders or Rangers outside of the hosting District can register by sending an e-mail to: training.formation@guidesquebec.ca. Please include your name, IMIS number, branch you are working with and District.

Deadline for Registrations: Friday November 4, 2016

Joanne Milette, Training Adviser | training.formation@guidesquebec.ca



Please refer to the summer Piccolo for some of the changes to the Safe Guide document and forms. They have been in effect since September 1, 2016.

Every Guider should download and read the [changes](#) in the [Safe Guide 2016](#) document.

New Guiders are invited to the Safe Guide Training on September 17. See the training section of the Summer Piccolo for details. *Please note a small error in early version of the summer Piccolo where the date was incorrectly marked as September 27.*

Louise Triggs, Safe Guide Adviser | sg.gs@guidesquebec.ca

PR Tool

Guiders – Are you looking to touch base with the girls from your unit in a super fun way? We've got a neat idea for you. Use this template (EN | FR) for a **POSTCARD** to send to the girls. All you have to do is fill in their name and address (using your roster from last year), include a picture of girls having fun from your unit or district, write a short note to the girl and include a stamp. Whether you want to welcome them back, welcome them to their new unit, advise them of your unit's start date or remind them to register this postcard will come in handy.

Besides, who doesn't love receiving mail? And when it's a special note from your Guider – even better! The girls will love it.

Note- The postcards are customizable and print 4 on a page, double-sided. Please be sure the girls in the picture you choose are image released. Email communications@guidesquebec.ca for the Publisher (.pub) template.



Sara Ogilvie, Member Services Coordinator | mbr.services@guidesquebec.ca

For Unit and District Treasurers

Financial Training:

Any Guiders new to the treasurer role should take the full Financial Training, which includes a review of the forms. It takes approximately three and a half hours. It covers everything treasurers need to know to keep the books in compliance with the standards required by National, including mid-year and year-end reporting and budgeting.

If there are any unit treasurers who require a financial training, please [let me know](#). If there are others from the same or neighbouring districts who are interested arrangements can be made to have small group sessions.



Signing Officers:



Signing officers need to be changed or approved at the start of every Guiding year. This must be done through an approved motion at a District meeting – even if the signing officers do not change. Any changes should be brought to the bank's attention to update the signatures in a timely manner.

Keep in mind that:

- Valerie Zaloum and Susan Welsh are to be the Provincial designates on all district level accounts again this year.
- The District Commissioner and District Treasurer should be on all district and unit accounts. There must be at least four signing officers on each account (you may have five if it makes it easier to obtain signatures).

For units and districts, the procedure is the same as last year. Check the Unit and District Treasurer handbooks for the details and sample wording for motions. (They are posted on the GGC Quebec web site [here](#))

Cookies:

The Chocolatey Mint Cookies will be delivered soon. Remember that there is a blackout on other fundraising for one month after cookies are delivered to allow the girls to concentrate on selling at least two cases of cookies each.

If you have any questions about these or any other Guiding financial matters, feel free to contact me at finances-support@guidesquebec.ca.





Red Cross First Aid Courses from Pulse Aide Inc.

Tailored to the needs of GGC
as per Safe Guide July 2016



Complete details of First Aid Requirements for Safe Guide Activity Levels are found in the Safe Guide document, **July 2016 update**, found on the Girl Guides of Canada national website. Please note that online e-learning courses are not acceptable. Also, in Quebec, blended learning courses (online courses with an in-person hands-on learning component) are not available from the Red Cross as there is no French counterpart to this national program.

Pages of interest in Safe Guide 2016 relating to First Aid include, but are not limited to, pages 9 - 13 and 30 - 33.

<http://forms.girlguides.ca/SafeGuide/SitePages/Home.aspx>

N.B. All First Aid Qualifications must be entered into iMIS before your Safe Guide Activity!

Pulse Aide Inc. Course Credentials

Pulse Aide Inc. is a registered Training Partner of the Canadian Red Cross. All Pulse Aide Inc. courses are based on the current Canadian Red Cross First Aid National Program Standards (October 2014) and include the mandatory current Canadian Red Cross First Aid and CPR Manual (2011 edition) and a Red Cross Certification valid for 3 years from the end date of the course. Pulse Aide Inc. will provide proof of course completion to iMIS for each successful participant.

Course Schedules

As course schedules are created to meet participant needs, please contact pulseaideinc@gmail.com to indicate that you are looking for a First Aid Course this Fall. The complete Fall course schedule will be in the October Piccolo.

Tentative Location: NDG (unless a District wants to host a course in their home location)

Emergency First Aid Course (8 hours) – usually a Saturday or a Sunday, 8:30 a.m. - 5:30 p.m.

Standard First Aid Course (16 hours) usually a weekend (Saturday and Sunday) 8:30 a.m. - 5:30 p.m.

Emergency/Standard First Aid RECERTIFICATION Course (8 hours) – Saturday or Sunday, 8:30 a.m. - 5:30 p.m.

Pre-requisite: All Participants must have a current (not expired) Red Cross Certification at the time of the course and must bring their own First Aid and CPR Manual, 2011 edition, to the course.

For details or to book a course for yourself or your own District or Guiding community, please email Joan Lax at pulseaideinc@gmail.com

Upon completion, GGC–Quebec Council will reimburse 2/3 of the cost for active unit Guiders

A first aid kit: appropriate for the activity and environment must be on-hand for all activities, including regular unit meetings. (Safe Guide 2016, p.32)

The Universal Sign of First Aid: Please note that a **red cross on a white background is a trademark of the Red Cross Organization** and is protected by copyright, not unlike our Girl Guide Trefoil. Therefore a red cross should **not** be used in Guiding to denote first aid. The **Universal Sign of First Aid** is a **WHITE CROSS on a GREEN BACKGROUND** and should be used to designate a first aid station, first aid kit, or other first aid-related item.



Joan Lax | pulseaid@gmail.com

September 17	DC/Adviser Day & Training Day
September 21	International Day of Peace
September 25-30	Chocolatey Mint cookies arrive!
September 26	Deadline to register for Fall Fun Day
October 1	Fall Fun Day
October 2	Camp clean-Up Day at Wa-Thik-Ane
October 3	Deadline to purchase Impact soccer tickets
October 11	International Day of the Girl
October 15-16	Cookie Day in Canada
October 16	Impact Soccer Day
October 17	Deadline to apply for nationally sponsored international trips
October 24– November 4	Open House Weeks
November 14-18	PED Week



Campsites available for fall camping at Wa-Thik-Ane

September 16-18: All sites available

September 23-25: Stavert, Iroquois, Montagnais and Chippewa are available

October 1: All sites booked for Fall Fun Day