

Gathering Activity:

Print out the Coat of Arms in this plan and have the girls color while they wait for their friends and the meeting starts.

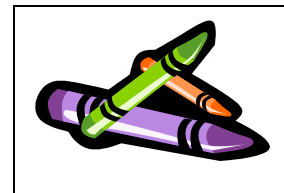


Opening

After your regular opening have a quick chat about Canadian symbols. You can print off the page here that has the symbols on it. Talk about how diverse Canada is with cultures, celebrations, food and why it is important to respect everyone's different traditions.

Game : Symbols Relay

Print off a sheet of the symbols...one per team. Have the cards cut out and ready to go. Put the girls into relay teams. About 4 girls per team (so they can each run twice). Have the girls stand at one end of the room and put the cards at the other. Have the girls "fly" like Canada geese to the end, grab a card and run back. The first team with all 8 cards and sitting on the floor wins. Use your imagination and have the girls move in other ways as well.



Craft:

You'll need: sandpaper, crayons, irons, broadcloth

Have the girls draw their own version of a Canadian flag on the sandpaper using the crayons. Then place a piece of broadcloth over top and iron it. The wax will transfer onto the broadcloth and they will be left with their own flag.

Treat:

Bring in some kind of maple treat for the kids to try, cookies, candies...whatever you can find.

Song:

Sing Oh Canada and then talk about how that song makes you feel.

Closing:

Regular closing

Canadian Symbols

