


Activity	Description	Program
Opening		
Game	<p>Catch a story Have a beanbag. Begin a story. Throw it to someone who then must continue the story. This will make it easy for shy girls to get rid of her turn quickly. A variation of this game is fortunately/ unfortunately. Each person must add a sentence, changing between fortunately and unfortunately. Example: Unfortunately guides got cancelled this week. Fortunately there was another meeting across town we could go to. Unfortunately the car was broke and in the shop. Fortunately the hot air balloon was ready to go.</p>	
Game	<p>Sound Effects Two players stand up. One person acts out an ordinary everyday activity (such as brushing his teeth) to pantomime. The second person makes sound effects to accompany the scene! Then two more players take a turn.</p>	
Production	<p>Guiding Video Work in small groups and make a short video about what Guiding is about to you. Work together to come up with a script, how it should be shot, how long it should be and what you want the message to be. Use your cell phones, ipods or whatever else is available.</p>	Media and Images #6
Game	<p>Two Truths and a Lie Each girl takes a turn telling the group two true things about them and one lie. They do not have to be in any particular order. Once the three points are said the group guesses which statement is a lie.</p>	Focus on Friendships#4
Snack	<p>Popcorn Have some popcorn and bring some seasonings to add for some extra flavor. Sit around a laptop and check out what everyone shot on their cameras.</p>	
Closing		