


Activity	Description	Program
Gathering activity	Give them a piece of paper and some crayons and ask them to draw a picture of a new land using their imaginations.	
Opening	Talk about using your imagination and acting.	
Craft	<p>Ribbon Sticks You'll need, some wide ribbon and shower curtain rings. Simply cut a long length of ribbon and fold in half. Then place the folded end in the shower curtain ring and pull the ends through the loped end. This will secure the ribbon to the curtain ring. You may choose to add several colors of ribbons.</p> <p>Once everyone has a ribbon play some music and have the girls move their ribbons and bodies to the music. Play several different types of music and talk about how we move differently to each type.</p>	
Game	<p>Magic Pencil You have everyone sit in a circle. Then you hold up a pencil and say "this is not a pencil it is a" Then you use the pencil as a fishing rod for example. Then the girls guess what it is. Once it is guessed you pass it to the next person in the circle and they say "this is not a pencil it's a...". The girls should all get a turn.</p>	
Activity	<p>Creating Sculptures</p> <p>Divide the girls into pairs. In each pair, one girl is the "sculptor" and one the "clay."</p> <p>The sculptor "sculpts" her partner's body into a statue of her choosing. The sculptor may do this by physically moving the partner's body into position, or by showing the "clay" how to stand. The sculptor pays close attention to even small details like facial expression or the position of a finger. When the "sculpture" is finished, she freezes.</p>	
Activity	<p>Painting the Box</p> <p>Everyone find your own personal space in the room. Be sure you have room to turn all the way around with arms outstretched and not touch anyone else. Once you have found your personal space, sit down comfortably.</p> <p>Imagine you are inside a small box. The box is big enough for you to be comfortable, but not quite big enough to stand up in. In your hand is a paintbrush, and at your feet is a large can of paint.</p>	

Pick up the paint and feel how heavy it is. This is magic color-changing paint. Each time you dip your brush in the paint, it comes out whatever color you want. The paint won't get on your clothes, and it dries instantly. Some paint, huh?

Paint the inside of your box with the magic paint. You may paint it any color or colors you want. Don't forget to paint the ceiling and the floor. Remember that since the paint dries instantly, you won't end up painting yourself into a corner. Be as creative as you want. It's your box.

When you're finished, put down the paint can, but keep the brush. You'll need it, because now there's another can of paint in your hand. This is magic door paint. If you paint a door on one wall of your box with the magic door paint, it will become a real door that opens. Don't forget to paint a doorknob!

Once you have painted on your door, use it to step outside your box. You may want to stretch a little--it was kind of cramped in there, wasn't it? Walk all around your box. The inside is very nice, but the outside needs something. Paint!

Reach inside and retrieve the can of color-changing paint. Use it to paint the outside of your box any way you like. Maybe you'll even paint a peaked roof or castle turrets onto your box. They all look wonderful. If you want windows or more doors you can use the door paint. It's your own little house, so make it the way you want it.

All these boxes look fantastic!

From: <http://www.childdrama.com/paintbox.html>



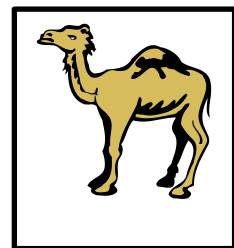
Song

Alice the Camel

Alice the camel has five humps
 Alice the camel has five humps
 Alice the camel has five humps
 So go Alice go! Boom boom boom

...repeat counting down until...

Alice the camel has no humps
 Alice the camel has no humps
 Alice the camel has no humps



	<p>Because Alice is a horse!</p> <p><i>Actions:</i> Everyone puts their arms around the shoulders of their neighbours. At each line, when you get to the number of humps, everyone bends their knees together. At "boom boom boom", everyone bumps bums with their neighbours!</p> <p>This is a great song to talk about body movement.</p>	
Closing		