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Volume 27 Issue 3



A Newsletter of Girl Guides of Canada-Guides du Canada, Saskatchewan

## Welcome to our new Provincial Commissioner-Elect

Saskatchewan has a new Provincial Commissioner (PC)-Elect, Laurie Lanovaz! Charlene McLean, who has been our PC for almost five years, will complete her term at the Annual General Meeting when Laurie will begin her new role. Saskatchewan is so fortunate to have such talented and dedicated women who are willing to devote so much time to Guiding as well as share their exceptional leadership skills. We sincerely thank them both for all they do for Guiding in Saskatchewan.

The Annual General Meeting will be held on May 14 in Saskatoon and all Guiders are invited to the meeting and High Tea. For more information see the invitation on page 2. Please RSVP to the provincial office.

To learn more about Laurie, read her write-up on page 15. We offer Laurie our support in her new role, and we hope Charlene enjoys her final months as our PC.



PC-Elect Laurie Lanovaz and PC Charlene McLean

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**Girl Greatness Starts Here!** 

## **Upcoming dates...**



March 11-13 Lady B-P Weekend (Saskatoon)
April 1-2 Provincial Council Meeting (Regina)

April 9-10 Provincial Networks Retreat

April 10 Prairie Lily deadline

May 6-8 OAL Adventure Camp Training (Pike Lake)

May 7 Community Clean-Up
May 13-14 Provincial Council Meeting
May 14 AGM (Saskatoon)

May 27-29 GM2016 Pre-Camp (TBA) July 9-17 GM 2016 (Sylvan Lake, AB)

August 4-7 Canoe Skills & Wilderness Training (Heritage)

August 12-15 Ladies Serenity Camp (Heritage Lake)

September 10 Prairie Lily Deadline Sept. 30 - October 2 Quest (Location TBA)

October 14-16 Trefoil Gathering (Dallas Valley)

October 30 Youth Recognition Ceremony (Saskatoon)

November 4-6 Oh the Places you can Go-International Info Camp

You are invited... Girl Guides of Canada-Guides du Canada Saskatchewan Council



## Annual Meeting

Saturday, May 14, 2016
3 – 5 p.m.
The Salvation Army Temple Church
38 Bateman Crescent
Saskatoon

The Annual Meeting and Awards Ceremony will be followed by High Tea.

For those wanting to attend the Annual Meeting and High Tea, please contact the provincial office.

Tickets are \$15 each.

#### **Contact information**

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Fax: 306-565-3065 Christiean Clarke

southernhorizons@sasktel.net

1530 Broadway Ave. Regina S4P 1E2 Website: <a href="https://www.reginagirlguides.ca">www.reginagirlguides.ca</a>

#### Provincial and area office hours

September - June: Monday to Friday 8:30 a.m. - 5:00 p.m.

Closed: March 25 and 28 for Easter!



Many, many thanks are extended to

#### **Gayle Hurd**

for her dedication and service over the

past fourteen years working in the provincial office. We wish you the very, very best in all your future endeavors!



Greeting Saskatchewan Guiders! ©

The January Conference was great fun! Being around so many remarkable women was inspiring. I hope those of you who attended found the weekend productive and lots of fun as well. I am finding it harder and harder to carve out time in my life to build relationships and engage or justify playful activities. Life can get all too serious if we are not careful. The January Conference reminded me that I need Guiding to ensure I do not take life too seriously! To have fun and play time while learning new skills and gaining resources is always an effective use of my time!

February is a time in the Guiding year when we celebrate the birthday of our Founders Lord and Lady Baden-Powell. We plan birthday parties all over the province. We virtually visit our World Centres, and we learn about other cultures by learning games, dances or eating food from other countries. We collect funds for the Canadian World Friendship Fund (CWFF). As the fun activities are completed I ask you to continue to consider ways your group can support the CWFF. The demand on this fund to support Girl Guides in crisis is high and there is never enough in the fund to meet the demand. We can never do too much to support the good work done by the CWFF.

World Thinking Day, February 22, is more than a community tea and bake sale (although they are lovely as well). This time of the year encourages us to think worldwide and imagine our unique relationship with the ten million sisters that exist. I am humbled as I realize my place within Guiding around the world. Girl Guides and Girl Scouts around the world continue to provide opportunities that enable girls to be confident, courageous, caring individuals who are making a real difference in the world. I feel small yet strong and proud that I

am a part of this amazing organization. I am sure our Founders would be very pleased with the legacy they have left. It is good to be reminded how much can be generated by the dream of one or two individuals. Have you ever stopped to think about the legacy you will leave? I expect not many of us will start a worldwide organization but you will leave a legacy. The work we do each week with the girls will create a deep impression filled with the memories you have generated with them. The courage and confidence you have encouraged as each girl finds her own voice, and the girls you have engaged, I am sure will speak to your legacy. May you be delighted in your commitment to Girl Guides.

Our organization is changing, stretching and growing. The March wind blows us into a time when the organizational change will be real. Not to worry - we are Prepared and have Promised to do our best! Girl Guides has recognized the need to remain relevant and a viable organization for girls. A governance review team has been busy in consultation and has recommended a number of points of change. The national Board has approved the recommendations and over the next few years the recommendations will be implemented. Expect to experience initiatives that will shift how we are organized and the way we work. As well, we will offer a brand new girl's program soon to be introduced - it is an exciting time to be part of the organization!

I encourage you to 'lean' into the challenges as they are presented. Make the change work effectively in Saskatchewan and strengthen Guiding across the country.

I always suggest we in Saskatchewan are the heart of the country so our role is to be healthy and strong so the organization will flourish. We may be small in terms of numbers compared to other provinces but we are mighty, resilient, and passionate in our love for the organization. We are not afraid to face any challenge. In my mind's eye I see you all in your 'super girl' capes supporting the other super heroes in 'the mighty, mighty Girl Guides' collectively changing the organization for the good. I mix my super heroes stories but end with, "may the force be with you!":D

Charlene
Charlene McLean
Provincial Commissioner pc@girlguides.sk.ca



## **BRIDGING RIVERS AREA NEWS STREAM...**

## 29<sup>th</sup> Saskatoon Sparks having a pirate sleepover





## 17<sup>th</sup> Guides and Pathfinders

had a visit from Cst. Foster who helped us to earn programming and badge work for both units. He taught us about safety, city laws that we should know, how to become a police officer, and he even gave us a tour of his ghost car! One of the highlights of the event was seeing the drone that they use for the city. This photo is courtesy of this drone! Thanks so much Cst. Foster, we learned so much!



38<sup>th</sup> Saskatoon Guide Unit winter sleepover







## 1<sup>st</sup> Saskatoon Trex Unit had a camp at Trefoil Trails.

They learned how to stand up paddle board, went canoeing and did many more activities.





**1**<sup>st</sup> Langham Guiding Unit spent the day learning to rope, having wagon rides and learning about caring for horses. We had 43 girls attend and only three were absent. Tons of fun!





#### **AREA COUNCIL NEWS:**

We will have an opening for one urban and one rural elected member (three year term) and one treasurer to be elected in May.

Please consider letting your name stand for one of these roles. More details to come later.



17<sup>th</sup> Saskatoon Brownie unit in Regina

# Southern Horizons Happenings



Prairie Gold District winter camp for Guides, Pathfinders and Rangers held at the Wildlife Federation by Pilot Butte



This is the Lumsden multi branch unit and the clothes they collected for their service project with the Twinning project.





North by Northwest District winter camp enjoy a magic show put on by Rangers 1.



Foam Lake had a Saskatchewan themed sleepover. They made bannock for mug up, played games and had a Rough Rider fashion show.

1<sup>st</sup> Maple Creek Guiding Unit had a very casual Christmas party. The girls played games, ate some treats and were just goofy girls. The girls also brought their own donation of toys and toiletry supplies for the Ronald McDonald House in Calgary. One of their Brownie member's brothers was at the Children's Hospital in Calgary and her mom was staying at the House. They learned of some items that were needed and as a service project they made a donation.



Indian head Sparks, Brownies and Guides posing for pictures with their special visitors, Elsa and Olaf



Southern Lights Brownies 27 lining up their marshmallow catapults, preparing to fire.



The Ogema 1st Guiding Unit held a heritage winter day camp on February 6. There were 18 girls. They played games, sang songs, had a Campfire, learned how buddy burners are used, made jam, candles, ice cream, sit-upons and learned how to finger knit.



North by Northwest Brownies #103 at the winter camp held January 29-31, 2016 at Dallas Valley... a winter camp with barely any snow!



Risa Erickson of Rangers #4 was in Santiago, Chile this January and had the joy of meeting this unit of girls at the Girl Guides and Scouting Headquarters.

#### Nominations requested

Nominations are open for three Southern Horizons Area Council members for each of the following positions: (Please note that all positions are three [3] years other than treasurer)

- Urban Designation: Must live in the city of Regina.
- Rural Designation: Any community or city other than Regina.
- Treasurer (one year)

Please send all nominations to the Southern Horizons Area Office <a href="mailto:southernhorizons@sasktel.net">southernhorizons@sasktel.net</a> before March 29. Nominees will be contacted to see if they will allow their names to stand. Election will follow by Area Electorate: Area Council and Southern Horizons DC's.

#### **Tales from Northern Pines**

Submitted by Gina Troupe, Co-District Commissioner of Northern Pines District

Each year since Margaret Ferguson and I have been Co-Commissioners for Northern Pines District we have made the trip north to visit Guiding groups in communities accessible by car. These visits are in late fall as we want units up and running when we get there. After units are going Guiders are more apt to identify problems or concerns so our support is important at this time.

Marg's SUV was loaded with small gifts of appreciation for Guiders, goody bags for the girls, our survival packs, extra sleeping bags, shovel, tow rope and an axe. A Girl Guide is prepared for anything. We have travelled in every type of weather. Every trip we add more adventures as you never know what lies around the next curve.

This year we left Prince Albert on November 23, destination La Ronge, 238 km on Highway #2. The pavement became icy and slushy about Weyakwin as the temperature was just below zero. The scenery varied from greenery of boreal forest to areas of scorched earth left from the summer's wildfires. It began to snow and blow as we reached La Ronge. The Guiding groups have been here for many years but have been with our district just two years. At present there are Sparks, Brownies and Guide units. At our "Meet the Commissioners Night" we met Nikki Beaudin, Melissa Lang, Sarah Green and Kacee Worobey from Sparks, and Priscilla Charles and Chris Halkett from Guides at PreCam Community School. We shared in their meeting of songs and games, an enrolment of three Sparks and two Guiders, and the presentation of membership pins. Our nutritious snacks of fruits and vegetables and milk were enjoyed by all and our goody bags were given to each girl and Guider on their way home. Back at our room we prepared more bags for the Brownie unit meeting next day. We were not able to visit their enrolment but we left snacks and gift bags for them.

Tuesday morning was colder with swirling snow drifting in from the ice covered lake but we were not deterred. We dropped off the Brownie goodies, gassed up and we were off to Pinehouse Lake. It was 52 km of slippery asphalt to the turn off and then 160 km of snow covered gravel to Pinehouse. We met numerous semis hauling fuel or logs and a few pickup trucks. The further north we went the narrower the road became with more snow cover. We began to see evidence of last summer's wild fires on both sides of the road. The burned trees stood like black

toothpicks, stark against the white snow and some areas showed signs of being harvested for wood and rails. As we approached the Tippo River Bridge, a semi with two fuel tankers barreled around a curve. It was evident we were going to meet on a bridge comfortably wide enough for one. He had his side of the road plus half of ours. We were across first with seconds to spare, the semi inches to our left and a big rock to our right. You might say we were almost caught between a rock and a hard place. Up the road we stopped and settled our hearts and stomachs. We can laugh now!





We continued on to the Beauval turn off where we ate a bag lunch and drove on to Pinehouse Lake arriving about 2 p.m. The Pinehouse Lake Guiding group has been active since 2010. Carol Pontague and Laura Harman have been the dedicated Guiders keeping this combined Guiding unit running. We picked up a key for the trailer owned by the Health Centre where we spent the night. Once again we filled about 60 gift bags and made a trip to the Co-op store for more oranges. Prices seemed slightly higher here than in La Ronge where prices are similar to Prince Albert.

At 5:30 pm we met Carol, Laura and Kelly Miller (a potential new Guider) at the Community Centre where the Guide meetings are held. The word was out that tonight we were in town. There were about 30 girls of various ages, some we knew from previous visits and camps. We helped with the activity which was "filling buckets of self esteem". Each girl made a bucket, then thought of nice things to say about others. These were written out and placed in other buckets. After this we taught some history of Guiding. At the end of the meeting the girls lined up for snacks and their gift bags. It was home time but girls were not allowed to leave unless a responsible adult arrived to drive them home. Wolves had been seen in the settlement. This was not a new occurrence in the community but this time there were three of them and they had followed someone a few days earlier. Marg and I were also cautioned not to go for a walk during the evening. No need to worry. Isn't there a Guide Law, "A Guide is not foolish"? Even the large dogs that roamed the settlement got a second look from us as we packed up.

After a restful night we packed for our return Wednesday to La Ronge and Stanley Mission. The trip back was uneventful but we reminisced about coming upon a little red car driven by a young girl in the snow-filled ditch three years ago. Four vehicles had stopped to help but when we pulled up Marg was the only one with a shovel and a tow rope. These were loaned and soon the car was back on the road and everyone continued on. Be Prepared is a good Motto to have in the north.

Back in La Ronge we had a late lunch and prepared for Stanley Mission. I had some free time so I went across the street to my favourite store in La Ronge, Robertson's Trading Co, a general store for the north where they have the most interesting merchandise. They buy and sell furs and native handicrafts as well as food, tools and clothing.

At 4 p.m. we left for Stanley Mission. Highway #102 was roughly paved to Sucker River and then it was gravel for the last 56 km. The Precambrian scenery was beautiful in the late afternoon sun. The road was narrow, winding, hilly and rough as we drove the last 36 km into Stanley. At 6 p.m. we met with Laura Young, Bella Merasty and new Guider, Treasure Ross. Laura and Bella are the main stays of the combined Guiding unit there. This group of K-Grade 6 girls meets at the Keethanow School but as it was report card day we did not see them this time. Instead we met to



present membership pins, renew Treasure's Promise and award a Gold Unit Guider award to Laura and a Silver Unit Guider award to Bella. We left gifts and snacks for the meeting next day. Then it was time to drive back to La Ronge for the night. The road was dark but we had been over it in the daylight so were confident we would make it. We arrived back about 8:45 p.m., with just time to grab a takeout and take a well-deserved rest in our room.

Thursday morning we checked out and headed south. The sun was shining and for once the roads were clear. Two and a half hours later we were back in Prince Albert in Marg's kitchen evaluating this year's trip. The units were doing well and the girls and leaders seemed happy and had welcomed our visit.

We are glad to see Guiding flourishing in Northern Pines District and we look forward to next year's travels and adventures in the north. Who says a Commissioner's job is humdrum?



Scenery on #2 on way home south of La Ronge

## Introducing the provincial staff

#### **Yvonne Turnbull:**

#### **Bridging Rivers Area Office Coordinator**

I was first introduced to Girl Guides 12 years ago when my oldest daughter was in Sparks. My first experience was going to Camp Can-ta-ka-ye with my two daughters. It was such a great experience that I became a parent volunteer. Seven years ago I became a Guider with a Guide unit and I started working at the Guide House. I am currently a Guider for an Extra Ops unit in Saskatoon.



#### **Christiean Clarke**

#### Southern Horizons Area Office Coordinator

I moved to Saskatchewan from Medicine Hat shortly after completing an administrative program at the college. I worked for the Regina Qu'Appelle Health Region until I went back to school to pursue Human Resource Management. I tend to use most of my skill-set on a daily basis, and thoroughly enjoy my job and the challenges that go with it.

My daughter joined Girl Guides a couple of years ago, and she has enjoyed every moment since. I am a non-member, but I help out with her unit every now and then. I believe that Girl Guides offers girls a "safe place" to grow into strong, independent and capable women.



#### Harnesh Kumar Bookkeeper

I am from India and have been living in Canada as a permanent resident for the last 10 months with my wife and two sons. During my school days I joined Bharat Scouts and Guides Association of India. I still remember my Scout's uniform which looked like a police uniform consisting of a cap, scarf, whistle and belt with a blue shirt, grey pants and black shoes. We used to raise funds by doing some small work in neighbours' houses or by doing some work for needy persons. We called that "True earning". I have a Bachelor of Commerce from India and before coming to Canada I had been working for District Central Co-op Bank Ltd.



**Tracey Quiring Member Services Coordinator** 

I joined Girl Guides of Canada in 1986 as a Brownie and went through the entire program as a child. In 2001 when I moved to Saskatoon, I joined as an adult member and led Sparks for seven years and then moved to Brownies and have been leading the 17<sup>th</sup> Saskatoon Brownies ever since. I'm a Mom to a busy seven year old Spark. When we aren't doing Guiding activities, I am very heavily involved with Kinsmen and Kinettes, watching movies, (the older the better, pre-code are my favourite), and pretending to be a scrap-booker.

I look forward to helping Saskatchewan Guiders with iMIS and screening new members into our organization.



# Brenda Gartner Executive Administrator

I started Guiding when my eldest daughter was in Brownies and 23 years later I am still involved. I have been a Guider for every level, Sparks through Rangers, including a Trex Unit. I have internationally traveled with Pathfinders to England and Trex to Mexico. Currently I am a Sparks and Brownie Guider. I worked at the Regina/Southern Horizons Area office for over 18 years and have had the opportunity to meet many remarkable women who truly have become my Guiding Sisters. I do have a life outside Guiding with my husband of 33 years and our four grown children. We enjoy spending time with our children, two grand-dogs and two grand-cats, love to travel and have fun, enjoying life's adventure.



# Margot Mack Administrative Assistant

I am a native Albertan and a Library Technician by training. I started my career in 1979, with the Medicine Hat Public Library. Five years later I joined the Prairie Rose School Division and happily "served up" hundreds of great books for the next 20 years! Many rewarding volunteer hours were spent directing 20+ theatre productions with the various amateur theatre companies in Medicine Hat.

My move to Regina, 13 years ago, gave me the amazing opportunity to work with the "friends" of the Royal Saskatchewan Museum as the Facility, Events & Public Programs Coordinator. I then spent a couple of years test-driving retirement but soon realized that I still had a desire to contribute, experience to offer and energy to burn . . . and so, since October 2012, here I am with the Girl Guides of Canada – SK Council.

## Earth Day 2016

Earth Day is observed on April 22 each year. This year's theme is "Trees for the Earth". Earth Day aims to inspire awareness of and appreciation and respect for earth's environment.

Can you perform an act of service to earth on that day? Typical ways of observing Earth Day include planting trees, picking up litter, conducting various programs for recycling and conservation, using recyclable containers for snacks and lunches.



Perhaps you might like to try the Saskatchewan Go Green Challenge. See page 15 for more information.



## Tree planting

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Girls can make a difference by planting trees! Tree planting grants are available from national! Go to the national website: Home $\rightarrow$ Programs $\rightarrow$ Specialized Programming  $\rightarrow$ Activities $\rightarrow$ Tree Planting to find more information and the application form for this hands-on learning experience that allows girls to make a positive impact on their local environment and community.

A tree planting fun crest will be available from <u>thegirlguidestore.ca</u>. Order crests to recognize the hard work of girls who plant trees through the **TD Friends of the Environment Foundation (FEF) Tree Planting Grant Program**.

## Saskatchewan Provincial Council until May, 2016

Provincial Commissioner **Deputy Provincial Commissioner** 

**Provincial Treasurer** 

Area Commissioners: **Bridging Rivers** 

Southern Horizons

**Elected Members:** 



		<b>0</b>
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BR

#### **Provincial Advisers & Sub committees**

Alexandra Wallace

Provincial Co-Camping Advisers

GM2016 Liaison

Heritage Lake Operating Chair Provincial Archives Adviser

Provincial Arts Adviser Provincial Awards Adviser

**Provincial Communications Adviser** 

Provincial Cookie Adviser

Provincial International Adviser Provincial Link Adviser

**Provincial Lones Adviser** Provincial Nominations & Search Committee

Provincial Program Adviser

Provincial Public Relations Adviser Provincial Membership Adviser Provincial Safe Guide Adviser

Provincial Special Needs Adviser **Provincial Training Adviser** Provincial Trefoil Guild Adviser Finance Committee Chair

Fund Development Chair **Human Resources Chair** 

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Barb Atkinson & Linette Plant

Heather Neufeld Susan Prakash **Audrey Forrest** 

**VACANT** 

Megan Clake

Amanda Lang Megan Clake Ashley Geddes

**VACANT** 

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**VACANT** Carol Skaar **VACANT** 

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We are looking to fill the following positions: Are you interested? Wanted to sit on Council:

- Rural and Urban Elected Member
- \* Youth Member Representative (Will help to establish a Youth Forum)
- \* Two Adviser Representatives (Girl Engagement, Membership Services)

#### Wanted, but do not sit on Council:

- \* International Adviser
- \* Membership Adviser

- Public Relations Adviser
- Special Needs Adviser
- Safe Guide Assessors

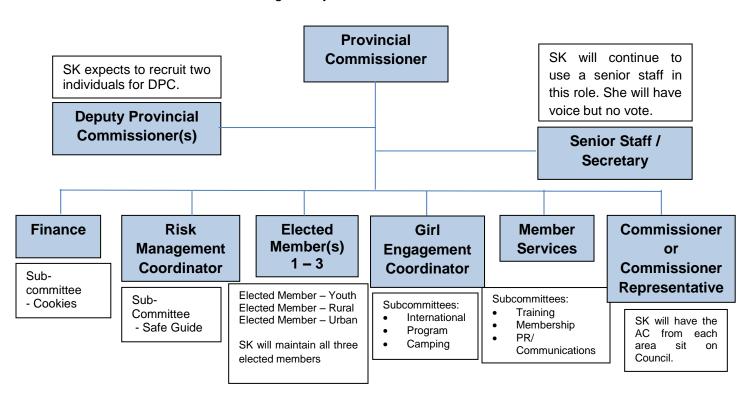
Call the provincial office and they can give you all the details! We are confident we have a place for you.

**OPPORTUNITIES** 

## Nation-wide common Provincial Council structure

Over the last couple of years a Governance Review was initiated. Consultation was conducted and recommendations were presented to the national Board. A Governance Review Implementation committee was struck. Some recommendations impact the Board level of our organization only, but some of the recommendations will impact the operations of Guiding in the provinces specifically to build a nation-wide common provincial structure. The key goal in the Governance Review was to provide a consistent experience for our members. Guiding across the country all belongs to one organization. The recommendation is for the Provincial Councils to the best of their ability to look the same. You might be surprised that not all provinces work under the same council structure. The Governance Review task team recommended that all provinces align their Provincial Council positions and titles to ensure each has approximately the same number/type of representatives (except for the variable number of Area Commissioners and Elected Members).

Over the last year the Provincial Commissioners have set aside time to discuss the recommendation to build a standardized template that would work in their province. The template required all provinces to change to comply with the new structure. The final template was a structure that all Provincial Commissioners believed would work in their province. The new structure for Saskatchewan Council (see diagram) will come into affect at the Provincial Annual General Meeting in May.



#### So what is the impact of the new structure for us?

It is finding the *right people* for the *right positions!* Please consider sharing your skills, passion and energy by volunteering to sit on Provincial Council. Applications and Job Descriptions are available by contacting the provincial office.

<u>All terms are for three years</u> (except for the treasurer position which is elected each year) but the same person may be extended for an additional two years for a maximum five year term.

All the Commissioner positions, the Treasurer, and the Secretary are currently filled, but positions as indicated on page 12 need to be filled.

#### **Communications**

Submitted by Amanda Lang, Provincial Communications Adviser communications@girlguides.sk.ca

<u>Facebook</u> – Concerned about online privacy and safety? Did you know about the <u>Family Safety Center</u>? The Family Safety Center contains information, tools and resources to help you stay safe online. It includes special sections for parents, teachers, teenagers, and members of law enforcement.



Posting to the Saskatchewan Girl Guides closed group – If sharing photos from Guiding events or other Guiding resources, please repost them to the group. Sharing them directly from your own albums might make them not visible (because of privacy settings) to all members of the group.

<u>Pinterest</u> – National has decided to focus their social media efforts on Facebook, Twitter, Instagram, YouTube, Flickr, and LinkedIn but <u>not</u> Pinterest. However, you can still get your Guiding Pinterest fix by checking out the <u>Saskatchewan GirlGuides</u> boards. If you have any pins you want to send our way, please do so. We're hoping to have boards for all the rally packages set up shortly. If you have some awesome Guiding boards yourself, we want to know about them and follow you, so send us a message.

What is Pinterest you ask? It's a visual bookmarking tool that helps you discover and save creative ideas. It is much more convenient than browser bookmarks, and you can access them from any computer, smartphone, or tablet – creativity at your fingertips.



The month of March marks the start to the **spring cookie campaign**. Be sure to share photos and details of sales to all your social media accounts to get the word out there.

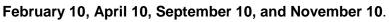


## The Prairie Lily

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Submitted by Marg Stewart, editor <a href="mailto:b.stewart@sasktel.net">b.stewart@sasktel.net</a>

The provincial newsletter, *The Prairie Lily,* is published four times a year. Deadlines for submissions are:





- For submissions of provincial articles or photos, please send to the provincial office at provincial@girlguides.sk.ca or directly to Marg at <u>b.stewart@sasktel.net</u>
- Articles and photos of **area** events, please submit to your area office for inclusion on the area pages.
- All awards that are presented throughout the year may be sent to Marg to go on an awards page.

#### A reminder of your choices! Here are options:

- If you would prefer to have the 'online copy only' we will discontinue mailing you the paper copy. If we do not hear from you we will continue to send you a paper copy. Just let the provincial office know.
- For those choosing to receive just the online copy, once the *Prairie Lily* is compiled we will send you a link to the electronic copy of the *Prairie Lily* on the provincial website. Enjoy a <u>colour copy immediately</u>.
- For those choosing to receive the paper copy in the mail, only the front and back pages are in colour. You will receive your paper copy a number of days after the electronic copy is posted on the website.

Thanks to all those who submitted articles! Guiding is great in Saskatchewan!



## Meet our PC-Elect, Laurie Lanovaz

I am very excited to be the PC-Elect for Saskatchewan Girl Guides. I look forward to learning more about the Girl Guides of Canada organization at the national level and intend to be a strong voice for Saskatchewan Guiding. I have learned a great deal about our provincial organization over the past several years as the Bridging Rivers Area Commissioner and prior as the Aurora District Commissioner. I have been witness to the outstanding leadership skills of women on both the Provincial and Area Councils, the superb programming offered by Guiders in Saskatchewan and amazed by our girl members and their accomplishments. I hope to be the positive support needed for Saskatchewan Council to adjust to upcoming council

role changes, as well as to move forward with the sale of Can-ta-ka-ye, and prepare for overall program changes with Girls First coming in the near future.

A little about myself... I have been married for 19 years to Joel and have two daughters, Elizabeth and Rebecca. Joel was in Scouting as a youth and has been a great support as I have stepped into a variety of leadership roles in GGC. He recognizes the importance of being active members in our communities and appreciates what the Scouting and Girl Guide organizations provide for the youth of our communities – especially for our own girls. Elizabeth is a third year Pathfinder and Rebecca is a first year Pathfinder. Both girls started as Sparks and now enjoy being in the same Pathfinder unit. They comment often about the great friendships they have made and the fun they continue to have in Girl Guides. My daughters are the reason I rejoined the organization over ten years ago and they are also the reason I feel passionate about helping other women and girls to reach their potential. The way I chose to accomplish this goal is through adult leadership opportunities offered in GGC.

My first love is being a Brownie Guider for the 29<sup>th</sup> Saskatoon Brownies. I have been a Guider for ten years and have loved every Wednesday evening spent with the girls. The unit keeps me "grounded" and helps to remind me about the everyday successes and struggles that Unit Guiders face.

My "other life" is as a preschool teacher. I recognize the importance of good quality early learning opportunities and I am a board member on the Saskatoon Preschool Foundation. My other loves are to travel, read and spend quality time with my family.

## Saskatchewan Go Green Challenge

The Saskatchewan **Go Green Challenge** was launched last year on Earth Day April 22, 2015. If your unit has not yet done this Challenge, perhaps the girls would like to do it. The Go Green Challenge is an opportunity for units and girls in any branch level to learn about environmental issues. The Challenge includes engaging activities in four categories:



Water

- Reduce, Reuse and Recycle
- Spruce Up Your Space
- Wetlands

The Challenge includes opportunities to participate in the Community Clean-Up, Yellow Fish Road project and Ducks Unlimited Canada Wetland Heroes. Once the Challenge activities are completed and the tracking sheet is received at the provincial office, the unit will receive a free crest for the girls and Guiders who participated. The full Go Green Challenge that outlines the activities as well as the additional resource materials and tracking sheet are available online at <a href="https://www.girlguides.ca/SK/">www.girlguides.ca/SK/</a> (or contact the provincial office for a hard copy).









## **Girl Greatness Awards**

## The time is NOW to applaud the amazing girls in Saskatchewan!

Nominations are now open for the 2016 Girl Greatness Awards. The nomination deadline is <u>March 13, 2016</u> and the award recipients will be announced in June.

The Girl Greatness Awards formally acknowledge girl members who have accomplished great things in their lives or community. Girls must nominate girls. Adult submissions will be rejected. A girl or youth member can be nominated by their unit, or can nominate themselves. Nominations from sisters and brothers are also accepted.

One girl from each branch (Sparks, Brownies, Guides, Pathfinders and Rangers) will be selected in each of the four Girl Greatness award categories. To assist you in helping the girls to understand the award categories the following definitions have been given:

- **Confidence** a feeling or belief that you can do something well or succeed at something; a feeling or belief that someone or something is good or has the ability to succeed at something.
- **Resourcefulness** able to deal well with new or difficult situations and to find solutions to problems.
- Courage being able to do something that you know is difficult.
- **Making a difference** to cause a change; to be important in some way; to do something that is important; to do something that helps people or makes the world a better place.

Each of the 20 Girl Greatness Award recipients will receive an award pin, a certificate signed by the Chief Commissioner and a postcard recognizing their achievement, as well as acknowledgement in both national and provincial publications.

Traditionally Saskatchewan does not have many girls nominated. Not sure why that is? Our girls are no less amazing then the other girls nominated! Please support your girls to nominate their friends or unit members or to have the voice to nominate themselves!

To make a nomination, go to the GGC Girl Greatness Awards national website, and click the black box with the white letters, "Nominate a great girl now", and it will take you to the online nominations. You can reach it by clicking <a href="https://example.com/here">here</a>. If you need further information look at the February Guide Post, or talk to your Area Commissioner.

#### Join the selection committee

National is looking for girl and adult members to be on the awards selection committee. Members will be asked to review nominations for roughly four hours over a two-week time period. To participate, email your name, city, province, branch (if applicable) and iMIS number.

\*

## National Service Project (NSP) - Words in Action

Submitted by Saskatchewan's Literacy Agents

Desiré White, desire.white@yahoo.ca and Brenda Lee, culee@sasktel.net



Has your unit participated in Words in Action? Let's meet the National Service Project goal!

To date, over 8,500 girls have taken part in our <u>National Service Project</u> in Canada, with 41,000 books donated. Let's see if we can reach 50,000 books donated and 10,000 participating girls by the end of the Guiding year!

Remember to log your actions on the NSP website. If you need support in delivering your service activity, Literary Agents, Desiré and Brenda, are here to help you! Email <a href="mailto:desire.white@yahoo.ca">desire.white@yahoo.ca</a> or <a href="mailto:culee@sasktel.net">culee@sasktel.net</a> to get in touch with an agent.

## **GGC National scholarships**

Scholarships are open to both girl and adult members who are pursuing post-secondary education at a recognized college, university or trades program. Whether you are studying engineering, education, history or any other career path, there is a national scholarship that is right for you! Scholarships are available for both full-time and part-time studies. Guiders are asked to encourage their girls to apply.



#### **General Requirements for all Applicants:**

- Applicants must be currently registered members.
- Scholarships are conditional on acceptance or continuation in a full-time or part-time program at a recognized post-secondary institution.
- Recognized post-secondary institutions include universities, colleges and vocational schools.
- Scholarship recipients are expected to make reasonable efforts to continue their involvement in Guiding.

#### The deadline for the GGC national scholarships applications is April 1, 2016.



The applications must be done <u>online</u>, and received on time! The information can be found on the GGC website by searching Scholarships. Note the current form must be used, and the instructions are given on the website for the process of applying.

Information about the available scholarships for those currently or in the coming year pursuing post-secondary education can be found at:

https://www.girlguides.ca/WEB/GGC/Volunteers/Membership\_Opportunities/Scholarships/GGC/Volunteers/Membership\_Opportunities/Scholarships/Scholarships.as

## **Provincial scholarships**

Last year there were no applicants and so unfortunately no provincial scholarships were awarded. Therefore, Guiders are asked to encourage and support the girls in applying. Saskatchewan has two provincial scholarships:



- The \$500 Mildred Baldwin Scholarship
- The \$250 Cynthia O'Connor Scholarship.

Details and application forms can be found on the provincial website at <a href="www.girlguides.ca/SK/">www.girlguides.ca/SK/</a> under Forms (Grants, Funds and Scholarships).

The deadline for the provincial scholarships is September 1, 2016.

Apply today – it is ok to be early!

\* \* \*

## Southern Horizons Area scholarship

The Trish Murphy Scholarship is available and the deadline for applying is <u>September 30, 2016</u>.

## **Membership Fees for 2016-2017**

Early bird Registration fees April 1 - June 30, 2016

Saskatchewan Council offers an <u>early registration incentive</u> as well as a <u>family plan</u> subsidy. Membership assistance is also available upon request. Girl Guides remains an organization of choice and accessible to all. The <u>early bird savings of \$10</u> is available to individuals who register <u>before the end of June</u>.

#### Family Plan:

- First girl pays the full membership/registration fee.
- Second girl in the immediate family receives a \$10 discount.
- Third and subsequent girls in the immediate family receive a \$20 discount.

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Ja	VI		ч	3

Early Bird Registration Fees April 1 – June 30		Registration Fees After June 30	
<b>\$125</b> (includes the Early Bird Disc	count of \$10)	\$135	
First girl member	\$125	First girl member	\$135
Second girl member	\$115	Second girl member	\$125
Third and subsequent girls	\$105	Third and subsequent girls	\$115

Girl Guides is confident that our fees continue to provide excellent value to families.

2016 – 2017 Regular Membership / Registration Fee breakdown:

Total Registration Fee collected \$135:

National portion \$60 Provincial portion \$55 Area portion \$20

\*\*\*\*\*\*\*\*\*\*\*\*

## Sisters to Sisters Fund

Throughout the year a donation to the **Sisters to Sisters Fund** can be made and any donations will help girls from underprivileged families belong to Girl Guides and be able to participate in all activities.

Send your donation to the provincial office and we will provide you with a charitable donation receipt.

## Membership

Submitted by Charlene McLean, acting Provincial Membership Adviser membership@girlguides.sk.ca

## MISSED IT BY

We were not able to meet our strategic target goal of 3,436.



- Our final girl count was **2,582** just 96 girl members down.
- Our final adult count was up by 26 adults to total 784.
- When we add the girl and adult numbers we missed our strategic target by **70** members. (Our total number of members is **3,366.)**

Please promote early registration and encourage the parents to register online.

Make sure all your parents/guardians are aware of the family discount. Everyone knows that every dollar saved is important!

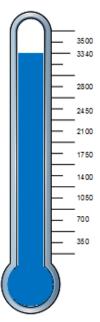
Saskatchewan has a number of membership support/ assistance opportunities. It is important that you share this information with your parents.

Thank you for your effort to get all girl and youth members to be part of the count.

Thank you to the staff who also pushed to get our membership information included in the count.

Keep your girls engaged in planning their adventure. Build a program that is challenging and fun and the girls will come and stay!

Next year we will strive to reach 3,500 again!



## Twinning update

\*

Submitted by Melissa Gartner
Provincial Twinning Co-leads Melissa Gartner, Ashley Geddes, Danielle D'Entrement
twinning@girlquides.sk.ca

The first Twinning service project was done in Saskatchewan! Thanks to all of the Guiders that brought donations to January Conference for "Kidz First". We collected nine boxes of snacks and birthday presents for the kids in this program.

Our service project themes are end hunger, clothe the homeless, and enhance education. How will your unit participate? Be sure to like our Facebook page – Triplets 2020: Manitoba, El Salvador, Saskatchewan – in order to learn what projects girls in Manitoba and El Salvador come up with! Also, watch for more information on our Global Service Day and Virtual Campfire.

Don't forget to submit your World Thinking Day meeting evaluation and #Connect10Million photo to <a href="mailto:twinning@girlguides.sk.ca">twinning@girlguides.sk.ca</a>. 500 crests have been ordered from WAGGGS for units that complete all five of the Connect challenges.



Guiders at January Conference in the Twinning session

#### **International**

Submitted by Ashley Geddes, Provincial International Adviser <a href="mailto:international@girlguides.sk.ca">international@girlguides.sk.ca</a>

#### Are you planning an independent international trip?

Do you need to know where to start?

If so, follow these Do's and Don'ts of trip planning!



DO	DON'T
Reference Safe Guide International Travel.	Wing it.
Use the IT.1 form for your guideline for submitting	Assume you can submit forms whenever.
paperwork on time.	
Select a trip that meets GGC objectives (listed on the	Select a trip that is strictly tourism or a
SG.8 form) and describe how these objectives will be	"family" vacation.
met during the trip.	
Work with your Assessor once your SG.8 has been	Ignore your Assessor's inquiries and
submitted and approval has been given for the trip to	advice.
proceed. Your Assessor is there to guide you through	
the Safe Guide international travel forms.	
Reference Safe Guide for any questions that arise. If	Ask provincial office about specific details
needing further advice, contact your Assessor directly	of the process. Your Assessor is there to
and not the provincial office.	support you when you need it.
Follow the fundraising guidelines set out by GGC of	Assume you can fundraise without
what is allowed for fundraising, the fundraising ratio	submitting an FR.1.
(Guiders: girls), and amount of cookie sales required.	
Use the FR.1 for submitting fundraising requests.	
(Send this to the provincial office).	

# Need a destination idea for your independent international trip?



Why not check out the WAGGGS website (www.wagggs.org) for the sessions available at the World Centres! The World Centres have the programming all planned out – you just need to arrange how to get to and from there! These are wonderful

opportunities to learn about Guiding in other parts of the world and to make global friends!

#### What is the CWFF?

The Canadian World Friendship Fund (CWFF) was established in 1945 for the promotion of Canadian Guiding throughout the world, as a contribution toward world peace and goodwill.

The goal is to raise a minimum of \$5 per member in Saskatchewan.

# Here are some ideas for collecting funds for CWFF:

- Admission costs for a talent show or fashion show
- Donate monthly dues
- Admission costs from a District event
- Craft sale or bake sale
- Collect spare change (Make it fun and have a competition between patrols or units.)
- Sell extra District cookies
- Host a carnival, donating admission and game costs (ex: guess how many jelly beans)

#### Did you know?

GGC offers international travel opportunities for both girls and Guiders. Check out the GGC website for opportunities!



## The "Bear" Necessities

# OAL Adventure Camp Training - Part A May 6 - May 8, 2016



Are you a camper that wants to gain the skills and knowledge to take your girls backpacking, canoe tripping, cycle camping, or more? Come to this weekend training to learn the "bear" necessities, the simple "bear necessities".

(Note - Part A and Part B can be taken in any order. We will alternate parts each year!)

**When:** Friday, May 6, 7:30 p.m. – Sunday, May 8, 2:00 p.m.

Where: Trefoil Trails, Pike Lake

**Cost:** \$80

Content at this Part A training will be from the OAL Adventure Camping program:

Module 1 Trip Design and Structure

• Module 4 Navigation

Module 5 Adventure Camping GearModule 6 Adventure Camping Food

You will then plan a backpacking trip which will occur in the summer of 2016 (date and location to be chosen by the group at this training). Want more details on this OAL Adventure program? Follow this.... go to GGC Member Zone, Program Resources, Camping and Outdoors, Adventure Camping.

You can also read last year's participant report in *The Prairie Lily*, October 2015, page 30.

# Deadline to register: April 15, 2016 If you have any questions, please contact Carla Punshon by email: <a href="mailto:carla@punshon.ca">carla@punshon.ca</a>


OAL Adventure Camp Training		ike Lake	May 6-8, 2016
Name:		iMIS #:	
Mailing Address:			
Email:	Home Phone:	Cell Phone: _	·
Diet / Allergies / Physical restrictions: _			
Optional: For grant purp	oses please self-identify	f you are: □ First Nations □ Inuit or □ an in	
Cost: \$80 Payment enclosed: Please return registration form to the p		ble to Girl Guides of Canada	, SK Council)
If registering by email, please indicate		ration form.	
Girl Guides of Canada, Saskatchewan	Council OF	Credit Card #	
200 - 1530 Broadway Ave, Regina, Sk	( S4P 1E2	(VISA, MC only) Expiry _	/
OR email <u>provincial@girlguides.sk.ca</u>			
OR register by phone 306-757-4102 / 3	Foll-free 1-877-694-0383	OR fax 306-347-0995	

**REFUNDS**: The fee is refunded less \$25 administration fee until two weeks prior to the event. Within those two weeks, a written request must be sent to the provincial office for consideration of any refund.

9/

## Winter Camping 101



Submitted by Barb Atkinson and Linette Plant, Co-Camping Advisers <a href="mailto:camping@girlguides.sk.ca">camping@girlguides.sk.ca</a>

#### Plan to be warm

When you head out on your winter camping trip you want to be safe and warm. If you plan on sleeping in a tent, a four-season tent is the only way to go. They are built so that snow can't accumulate on them and are made with a thicker material to keep the wind out. When it comes to sleeping bags, always go about 10 degrees warmer than the bag is rated for.

If you're heading out in a tent, you need to seek out a winter camping expert, whether it is a friend or family member or an experienced staff person at your local camping equipment store. There are lots of tents, sleeping systems and necessary equipment that will help keep you safe and warm. Ask the questions and get the right equipment.

We also know that we will be planning on spending all day outside in the snow, so staying warm outdoors becomes the priority. Warm clothing is the



key to any safe and fun winter camping experience and layers are your friend! Outside be all bundled in breathable fabrics under warm winter coats. At night, change into dry clothes that you haven't sweated in because staying dry is the biggest part of staying warm in the winter.





#### Menu planning

I like to fancy myself a bit of a campfire chef and love menu planning for our camping adventures. However, when you're cooking outside in freezing temperatures you want your meals to come together quickly. Campfire cooking is great in the summer, but in the winter a camp stove is the fastest most reliable option. Keep in mind you also consume more calories in the winter, because your body is working overtime at keeping you warm. The best winter camping meals are ones that you can prep at home before you leave, come together quickly, have enough calories to keep you full, and of course warm you up! Another important tip is to remember to get enough water and stay hydrated.

#### Get ready for fun!

So you have all the right equipment, you have set up camp, you are dressed for the outdoors, and now it is time to have fun! Ice skating, snowshoeing, skiing, hiking or searching for animal



tracks and tobogganing; there is no time to be bored! There is so much fun to be had during the day, don't forget about the evening which is cold and dark during Canadian winters. Bring your favourite board games and a deck of cards. Have fun!

## 2016 Provincial Camps



#### May 27 - 29 GM2016 Pre-Camp

For all participants going to GM2016 Location of Camp: To be determined Cost: To be determined







## August 4 - 7 Canoe Skills & Wilderness Training

for Guides, Pathfinders and Rangers Camp: Heritage Lake Cost: To be determined







## September 30 to October 2 Quest @uest!

See page 25 for more information on Quest.





#### November 4 – 6 **International Camp**

For girls that want to attend an International Event, the International Adviser and Camping Advisers will be available for teaching on topics such as how to complete an application and pack a proper backpack. You will be able to meet some of the alumni from previous international trips.

> Camp: Trefoil Trails Cost: To be determined



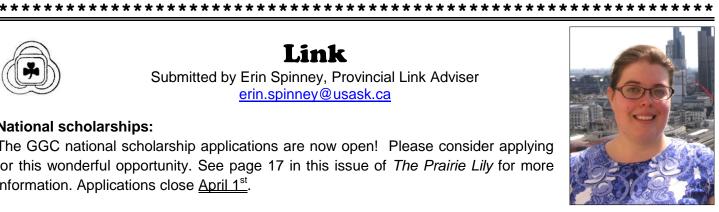


#### Link

Submitted by Erin Spinney, Provincial Link Adviser erin.spinney@usask.ca

#### **National scholarships:**

The GGC national scholarship applications are now open! Please consider applying for this wonderful opportunity. See page 17 in this issue of The Prairie Lily for more information. Applications close April 1st.



#### Link on social media:

Join the Link conversation on social media and see what Link members from around the country are doing by using the hashtag #GGCLink on Twitter, Instagram, and Facebook.

#### **New Provincial Link Adviser:**

As my 30<sup>th</sup> birthday creeps ever closer, this will be my last *Prairie Lily* post as the Provincial Link Adviser. I want to thank you all for the fun I've had in this position and hope you will join me in welcoming our new Provincial Link Adviser in the next edition of *The Prairie Lily*.

#### GM2016 news

Submitted by Heather Neufeld, Provincial GM2016 Liason gm2016@girlguides.sk.ca



Registration news flash: as of January 13, 2016 the camp population consists of 1,888 girls and 412 Guiders: 162 Canadian Pathfinder patrols and 40 Canadian Ranger patrols plus Core Crew. These numbers will change as international participants register.

We have seven full patrols registered from Saskatchewan along with a number of Core Crew members. The exciting thing about some of our patrols is that they have been matched with girls and Guiders from other parts of the country to make up a full patrol. What an awesome way to build the Sisterhood of Guiding and to make friends from around the country and world!

This is a link for the most updated **kit list**. Have a look at it. Now is the time to start gathering items on the list you don't yet have. <a href="http://www.guidingmosaic.com/WEB/Documents/GM/2016/Kit%20List\_PERSONAL2.pdf">http://www.guidingmosaic.com/WEB/Documents/GM/2016/Kit%20List\_PERSONAL2.pdf</a>

#### How large a space will we have for our patrol campsites?

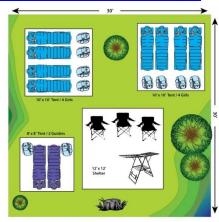
Patrols should expect to be assigned the following site size and can therefore plan their equipment accordingly. Sites will include small trees, heavy brush and uneven surfaces that you associate with forested areas.

- Patrols with up to 10 girl participants (two Patrol Guiders) will be allotted a site size of 30' x 30'.
- Patrols with up to 15 girl participants (two+ Patrol Guiders) will be allotted a site size of 40' x 40'.
- Patrols with more than 15 girl participants (three+ Patrol Leaders)
   will receive additional space proportional to their patrol size.

It is up to your patrol to decide the size of your equipment. Many of you

already own your tents and shelters so you just need to make sure that they fit in your allotted space. For those who still need to purchase equipment here is an example illustrating an average site at Mosaic 2016, assuming an average patrol size of eight girl participants and two Patrol Guiders.





#### **Transportation:**

Now that we know from where everyone is coming and how many are going to GM2016, plans can be made about transportation. More information will follow on this.

The GM2016 Facebook page has posted the following girl engagement initiative on their website. Please distribute as far and wide as you possibly can. GM2016 is looking for awesome Youth Bloggers to keep the excitement of GM2016 alive and thriving and who best to do it.

http://guidingmosaic.ca/WEB/GM2016/Pr

ogram/Girl\_Engagement/GM2016/Program/Girl\_Engagement.aspx?hkey=9993170c-aa71-46fd-97fb-eac8afe41cd9http://guidingmosaic.ca/WEB/GM2016/Program/Girl\_Engagement/GM2016/Program/Girl\_Engagement.aspx?hkey=9993170c-aa71-46fd-97fb-eac8afe41cd9





## September 30 – October 2, 2016 Location to be announced

Greek Mythology
Quest

Question your knowledge on outdoor skills & leadership

Use that knowledge positively, to create and have funder

Enhance skills learned through Guiding

Socialize to meet other Guiding members

T - Team work

**Registration deadline** is <u>September 23, 2016</u>. You can register prior to year end (this spring) and if you need to change team members in the fall, notify the provincial office. It is better to register early than late as you will need to receive further information after registration! Be ready in the fall by registering in the spring!

Quest is open to 3<sup>rd</sup> year Guides, Pathfinders and Extra Ops. Cost for this event is \$25.00 + GST (\$1.25) = \$26.25 per girl

If you would rather put together a project for the teams to challenge, contact the provincial office for a "Project Registration Form". Our goal is to have a minimum of 24 projects continually running for 12 hours. Projects start on Saturday at 10 a.m. and go until Saturday at 10 p.m.

Register early (May or June) to eliminate the early fall chaos!

EARLY REGISTRATION FEE: \$20.00 + GST (\$1) = \$21 per girl by June 1, 2016

To register or for more information contact: Heather Neufeld <a href="mailto:redcanoe@sasktel.net">redcanoe@sasktel.net</a>



#### Please note:

The Quest Team is open to suggestions on great places to hold Quest.
If you have a suggestion, please contact Heather.



Supported by a grant from Saskatchewan Parks and Recreation Association

## **Heritage Lake Camping**

Submitted by Susan Prakash, Heritage Lake Camp Chairperson

#### Heritage Lake for girls



Have you tried camping at Heritage Lake Girl Guide Camp? Well, if you haven't, this year should be the year you should!

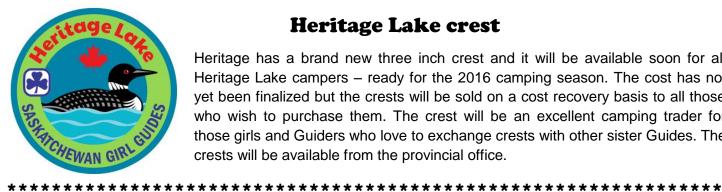
There is a lot to do and enjoy at this lakefront property, nestled in the boreal forest. You and your girls can go canoeing or walking alongside the lakeshore to discover birds and wildlife that you haven't seen before or investigate flora and fauna, as you leisurely pick blueberries on the forest floor. This year, come and create your own safari with your unit of girls, and give them the experience that they'll love and remember for a life time!

To book Heritage Lake Girl Guide Camp, call the provincial office now!

#### Heritage Lake Ladies Serenity Camp August 12 - 15, 2016

Good bye winter! The warm weather is just around the corner and so is the busy camping season! There's always lots of camp planning for "girls, girls and more girls"! How about camping for ladies? That's right, after a busy camping season with the girls, treat yourself to a camp where all your worries are left behind. Take time to rejuvenate with: yoga, massage, canoeing, swimming, hiking, photography, and so much more. Mark your calendars now for August 12 to 15 at Heritage Lake Ladies Serenity Camp this year! The Camp Registration Form is forthcoming – watch for it in the next *Prairie Lily*.





## Heritage Lake crest

Heritage has a brand new three inch crest and it will be available soon for all Heritage Lake campers - ready for the 2016 camping season. The cost has not yet been finalized but the crests will be sold on a cost recovery basis to all those who wish to purchase them. The crest will be an excellent camping trader for those girls and Guiders who love to exchange crests with other sister Guides. The crests will be available from the provincial office.

## Can-ta-ka-ye crest

The popular new Can-ta-ka-ye crest is for sale and more have been ordered. They will soon be available again at the provincial office.

The price is \$1.30 (includes GST).



#### Safe Guide news

Submitted by Carol Skaar, Provincial Safe Guide Adviser safeguide@girlguides.sk.ca

Guiders are you thinking of renting a **Chartered Bus?** Great, just remember to fill out the SG.7 (Third Party Service Provider) and get a Certificate of Insurance from the bus company.



We are so lucky to live in Saskatchewan; just think of all the fun winter activities we can do!



Sledding/tobogganing: Check out page 68-69 in the Safe Guide. So it's winter, don't let that stop you from camping. See page 55 for **Residential Camping**.

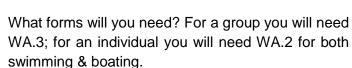




Maybe you want to take your girls **skating.** Page 66-67 in the Safe Guide will help you plan that activity.

How about taking your Pathfinders/Rangers Adventure Camping where they snowshoe, cross-country ski or dog sled to a stationary base camp? Safe Guide page 9 will get you started.

**Spring/summer camps**.....are you planning to do any water activities? Now is the time to get your girls' swim tests done at your local swimming pool.





Units travelling to Guiding Mosaic need to fill out SG.1, SG.2, SG.3 and SG.4 but for travel only.

#### Volunteer Safe Guide Assessors are needed





- ✓ Have regular access to a computer
- √ Have experience completing the Safe Guide paperwork
- Mentorship will provide you the additional training required.
- The hours are flexible and you can work out of the comfort of your own home.
- Contact the provincial office if you are interested!



Note: All our events are inclusive. If you have special needs that may require accommodation, as events are advertised please contact the provincial office so we can discuss how to accommodate your needs.





## Girl Guides Clean-Up Saskatchewan Guidelines 2016

May 7, 2016

#### **Before the Clean-Up:**

- Please refer to the Safe Guide Activity Planning Chart, page 11, and plan accordingly.
- Fill out the Emergency Response Form (SG.4) for each separate location being cleaned.
- Have a plan in place to dispose of the garbage you collect as soon as possible.
- Contact the town, city and/or school to let them know your plan (where you are going to clean and when).
- If you are cleaning a highway, contact Highways & Transportation to let them know your plan.

#### Things you need:

- First Aiders & First Aid Kit(s)
- Hand sanitizer (or hand wash jugs & towels)
- Whistle(s)
- Disposable gloves
- Extra work gloves (Suggestion: Younger girls could wear mini-gloves under the disposable gloves.)
- Industrial strength garbage bags
- Coffee cans, plastic jars or milk jugs \*WITH LIDS\* for sharps and/or pieces of glass
- Safety vests, especially if cleaning highways
- Permission slips for each participant under 18 (SG.1 and SG.2)
- Emergency contact and medical information for each participant (members & non-members)
- Emergency numbers if applicable and at least one cell phone unless a landline is available nearby
- Emergency Response Plan form (SG.4)

#### **During the Clean-Up:**

#### General:

- Maintain required <u>ratios</u> at all times. (Girls should be in <u>pairs</u>, at least, and should have an adult in sight and within talking distance at all times.)
- Wear gloves at all times.
- Wear sturdy shoes or boots. (Rubber boots would work.) No flip flops or sandals.
- Do NOT wear MP3 players, walkmans, etc... that could distract from danger signs and sounds.
- Clean only during daylight hours.
- Do not clean in <u>severe weather</u> (lightning, heavy rains etc...). In cases of severe weather, please let <u>publicrelations@girlguides.sk.ca</u> know, with your plans to reschedule your event, if possible.
- Do not pick up hazardous materials such as <a href="mailto:chemical/herbicide">chemical/herbicide</a> containers or <a href="mailto:animal/birds carcasses">animal/birds carcasses</a>. On the highway, contact Highways and let them know what and where the item is to be picked up. In your town/city, find out who to contact to remove these items. Condoms may also be an issue. One suggestion to deal with this issue is to tell younger girls not to pick up any balloons.
- If you find needles, syringes or other sharps, you can use a puncture proof container (coffee can) to collect these. Only ADULTS should ever touch these items. Place the container on a flat level surface, and while wearing gloves, pick up the item by the non-sharp end (i.e., needles by hub, syringes by plunger) and place them in the container. Do not try to put the lid back on the needles. Put the lids in the containers as well. Containers should be taped shut and placed in the garbage for disposal. \*\*\*Check with your community in regards to this practice some communities may prefer that needles and syringes are NOT picked up by the general public, and there may be a number to call in this situation.\*\*\*
- Never squeeze or push down garbage in the bags this could result in injury.
- No pets allowed.
- Have <u>whistle(s)</u> in case of emergency make sure everyone knows what the signals mean and what to do if they hear the whistle.
- Assign clear boundaries and make sure everyone stays within them.
- Every participant is encouraged to wear a Tim Hortons Clean-Up T-shirt in a bright colour for good visibility.





#### Girl Guides Clean-Up Saskatchewan Guidelines

Highways and major roads (guidelines from Highways & Transportation):

- Cleaners should be over 12.
- Anyone between 8 and 12 can clean highways with low traffic (1,500 vehicles/day).
- Wear safety vests.
- Do not pick up tires or tire remnants let Highways know and they will have them disposed of properly.
- Wear lighter coloured clothes that cover arms and legs (old clothes that can get dirty).
- Clean one side of the highway at a time, facing oncoming traffic no zigzagging across the road.
- Do not clean underpasses, bridges or overpasses.
- Stay off the highway.
- Do not direct, stop or interfere with traffic.
- Post signs, if possible, to make the public aware of the fact that you will be cleaning in the ditches.
- See Highways website for more information: http://www.highways.gov.sk.ca/docs/programs\_services/Adopt-A-Highways/safetyrules.asp



#### After the Clean-Up:

- Ensure that all garbage is picked up and delivered to the landfill as soon as possible (ASAP) or designated containers.
- Make sure that someone has contacted any groups like Highways & Transportation to let them know of hazardous materials that need to be picked up.

<u>PLEASE</u>, before the Clean-Up begins, <u>TALK</u> with all of the participants about the safety guidelines set out above. Discuss emergency plans, point out the first aiders and make sure everyone knows the boundaries.

# Thank you for participating! Have a great day!

#### **HIKE AROUND SASKATCHEWAN Crest Request Form**



Remember to take photos of your hiking event and send them to: publicrelations@girlguides.sk.ca or provincial@girlguides.sk.ca.

	_	
Unit Participating:	Number of Participants:	
District:	Area:	
Date of Hike:	Location of Hike:	
Complete mailing address for crests:		
Crests @ \$2 each = \$	Amount Enclosed:	
Optional: For grant purposes please	self-identify if you are: □ First Nations □ Metis	
Hike Aroung	□ Inuit or □ an immigrant	
Girl Guides of Canada-Guides du Canada, Saskatchewan Council		
200-1530 Broadwa	y Avenue, Regina, SK S4P 1E2	

The 2016 crests are now available.



# Cookie Chatter

Submitted by Megan Clake, Provincial Cookie Adviser cookies@girlguides.sk.ca



Spring is on its way and with the warmer weather (although we haven't had much to complain about this winter) comes the 2016 classic cookie campaign. You've ordered cookies, now how are you going to sell them all? Think about participating in **Cookie Days in Canada!** 



This year Cookie Days in Canada will be on <u>April 2 and 3</u>, and will have some big changes that will make it even easier for your unit to participate – even if you are not near a Sears or SmartCentres location. Cookie Days have been expanded to include any locally organized events (such as door-to-door blitzes and cookie drive-through) that are registered on the Cookie Finder Map. There is strength in numbers – by taking advantage of this weekend, you will benefit from the national social media advertising campaign. As well, by registering your event on the Cookie Finder Map, national will send you a promotional package <u>and</u> you will receive crests for your unit by participating

in a post-event survey. We acknowledge the support and opportunities the Co-op stores provide!

#### **How to Participate**

- 1. Plan a cookie selling event for the weekend of April 2 3.
- 2. List your locally-organized event (i.e., door-to-door blitz) on the Cookie Finder Map using the Sales Event Form or register for a space at Sears Canada or SmartCentres, using the online booking site (opens February 20). Please note: your event MUST be listed on the map to qualify for the promotional package.



3. Submit your mailing address to receive your Cookie Days promotional package. If you register your own event via the Cookie Finder Map, you'll be emailed a link for receiving your package. If you use the Cookie Days event booking site, the mailing address is part of the registration process.

#### There's a crest for that!

To thank all participating units, national is offering a new **Cookie Days in Canada crest** for all girls selling Girl Guide cookies April 2 and 3. To receive crests, Guiders must complete a short post-event survey, and then indicate the number of crests required.

Watch *Guidepost* (national email) and the Cookie Days page on Member Zone for more information on this exciting new initiative.

#### **Cookie Crumbs**

- The Cookie All Stars reward site opened in February; cookies sold by your girls can be added at any time.
- Remember that if you have a unit cookie selling event (door-to-door, cookie drive-through) and your unit
  sells ten cases at these events between the two cookie campaigns, girls can receive a specially designed
  group sales crest but only if you are recording your sales on the Cookie All Stars site!
- ALL cookie selling events can be added to the Cookie Finder Map, not just the ones during Cookie Days
  in Canada. So if you are going to be going door to door, selling at a store, or running some other type of
  event, be sure to list it!

As always, if you have any questions about Cookie Days in Canada, Cookie All-Stars, the Cookie Finder Map or anything cookie related, please don't hesitate to contact me at <a href="mailto:cookies@girlguides.sk.ca">cookies@girlguides.sk.ca</a>! Happy selling!



## **Program**

Submitted by Sara Horseman, Provincial Program Adviser program@girlguides.sk.ca

I hope you have received your January/February World Thinking Day instant meeting by now. If not, talk to your District Commissioner as they were tasked with getting them to you. I hope you have fun with it! I hope you have also enjoyed your spree/revel/rally/party packages. I had fun putting them together!

In this issue of the *Prairie Lily* I have no events to discuss so I have a few tips for you instead.

- 1. Keep in mind when you are planning your programs that the spirit of the badge is what matters. You do not have to follow the program book exactly for everything! The main thing is that the girls are getting the experiences and objectives for that badge. So if a great opportunity presents itself for something in your program, but it isn't exactly what the book says, don't worry about it! Just remember the spirit of the badge!
- 2. There are many resources out in the world, especially on the internet. There is no shame in using an instant meeting as why should you re-create the wheel! The Saskatchewan Girl Guides website has many instant meetings, as do the other provincial websites.
- 3. Try to get the girls involved in planning and taking a leadership role wherever possible. Sparks to Pathfinders can help with this. It might be as simple as letting the Sparks choose what game to play or what picture to colour this week. It might be as complicated as letting your Guides plan the next meeting for a piece of their program. Continue to ask the girls what they want to do this year. What kinds of activities interest them? What would they like to try this year or next year? By asking them and using their ideas, you engage them and keep them coming back.

Our girls are capable of so much! Let's put Girls First!

## Program idea - Last Mountain Bird Observatory

Bird monitoring and education

Where: Last Mountain Regional Park on Last Mountain Lake (15 km west of Govan)

Open: May 9 – 31 and August and September. Banding occurs every day from 9 a.m. till 1 p.m.

International Migratory Bird Day will be celebrated on Saturday May 14 as well as the Great Canadian Birdathon.

Great facilities for spending a day: nature trail, natural open areas, picnic sites and beach, campsites, pool, canteen.

This is an opportunity for all ages of girls to see many bird species up close... to observe catching, handling and banding techniques, and to learn about our natural heritage! Girls can help bring captured birds to the banding station, and release the birds once they are banded! Girls can learn about species identification, bird migration, threats to bird populations and bird conservation. Girls can earn badges related to Conservation, Bird Watching and the Outdoors.

To arrange a visit contact Nature Saskatchewan at 306-780-9481 or 1-800-667-4668 or email lweekes@naturesask.ca

#### **Saskatchewan Lones**

Submitted by Lorraine Thibeault, Provincial Lones Adviser lorraine\_thibeault@yahoo.ca

Happy New Year, Saskatchewan Guiding!

Welcome to the world of Lone Guiding!

Many of you may be unaware that we do Lone Guiding in Saskatchewan. We have one Lones unit led by Lone Guiders, Jess and Jackie, and comprised of two Lone

Rangers. Those of us old enough to remember the Lone Ranger television series always have a laugh at that name. We could have Lone Brownies, Lone Guides and Lone Pathfinders if there was a need.

Lones is an option for girls who are unable to attend regular meetings due to distance, health, studies, or physical challenge. As a Lone, girls can continue in Guiding by working long distance with a Guider. Lones earn badges, do service projects, play games and participate in fun activities. Lones can take part in camps, trips, selling cookies and special events. A Lone member receives regular packages by email and regular mail and has regular contact with her Lone Guider.



While we have only two girls throughout our great province registered as Lones, I believe that there are many more girls who would benefit from this program. I'm asking you as Guiders to think about the girls in your communities to see if you know of any girl who might choose not to join Guiding because of distance from a unit, because of health or physical reasons, because their school workload is too great, or because they don't

have transportation to a regular unit meeting. Lones is our way of including these girls in the wonderful Guiding adventure. When you make presentations to the broader community, be sure to talk about the opportunity for girls to join Guiding through the Lones program so that we get the message out to the parents of these girls.

We even have a Lones Campership called the **Elaine Hodgson Memorial Lone Guiding Campership** to help girls in Lones to experience all that their Guiding sisters enjoy. Elaine was a Guider in the New Caledonia Area (now part of Rivers North Area) in Northern BC where I did a lot of my Guiding, as well as a Trefoil Guild member. Elaine and I camped together for one camp. Camping was a great love of Elaine's. What a wonderful legacy Elaine has left us through the Lones Campership!

Please encourage girls who do not fit the typical member description to register as Lones. As we get more Lones registrations, I will be approaching you again as I search for more Lones Guiders. Leading a Lones unit would be a wonderful opportunity to try "out of the box" strategies for leadership.

Take care, Guiders. Thanks for all you do for our girls.

"I joined Guiding because I felt that I could make a positive difference in the life of at least one girl. I remain in Guiding because hundreds of girls have made a positive difference in my life." Lorraine Thibeault





## **Keeping the Spirit Alive!**

Submitted by Judi Kehler Provincial Trefoil Guild Adviser



As you read this I will be basking in some Mexican sunshine, but I will still be thinking about my many Guiding friends. Happy World Thinking Day! I hope you all enjoy whatever celebrations you plan for this special Guiding date.

Pins and zipper pulls: The pins and zipper pulls have been ordered and will be available early in 2016 – in time for those travelling to the Newfoundland Gathering to purchase as gifts and items to trade.

New purple T-shirts: Our first order of 32 of the new T-shirt was placed. They arrived December 15 and they are pretty "spiffy". Remember you can order a shirt any time. Complete the order form and send it to the provincial office with the correct payment amount.



The 2016 National Trefoil Guild Gathering in Newfoundland is just around the corner! Unfortunately we have had three delegates who have had to drop out. We



were able to fill one of the spots, bringing our total number of delegates to 16. The other spots have been given back to Newfoundland to distribute to other provinces that have a waiting list. At the date of this writing we have not received the final information about the tours. Any tours you planned to take will be paid at a later date when the organizers have made their final tour arrangements. Watch for that information Newfoundland to distribute to other provinces that have a waiting list. At the date made their final tour arrangements. Watch for that information.

October 14, 15 and 16, 2016 are the dates of the Provincial Trefoil Gathering. Mark this date on your calendars. If you have not already heard, the Gathering will be held at Dallas Valley Ranch Camp which stretches across the east rim of the beautiful Boggy Creek Valley only a short 20 minute drive from Regina on a good road. We have booked the Lodge for the Gathering. This building is for adult groups only. There are 20 rooms for accommodation with a washroom with a shower in each room. There are 14 upper level rooms and six rooms on the lower level. All rooms have a queen bed, with either a bunk bed, and/or trundle bed. Catered meals by Dallas Valley will be served out of the Ranch House dining hall. We have not figured the cost of session supplies yet, so an exact registration amount will be coming later. The application form will be available in the April issue of the Prairie Lily.



Thank you to Erin Spinney who has served as the Provincial Link Adviser for the past two years. As she has finished her doctorial studies she will be leaving Saskatchewan. Congratulations, Erin, and we wish you well in all your future endeavours in and out of Guiding!

## 60th Saskatoon Sparks

Submitted by Del Cunningham

#### At the Minions Dance Party, Western Development Museum Festival of Trees 2015

On November 25, 2015 the 60<sup>th</sup> Saskatoon Sparks went on a field trip to the Western Development Museum. It was also the **Annual Festival of Trees** which this year included a *Minions Dance Party*. We were very excited to attend and all of us got up and danced on the floor with the Minions. It was tons of fun!



After the dance, we toured the beautifully decorated Christmas trees, saw all the Christmas displays and helped pick out our favourites. The Sparks especially loved the *Minions* tree and the *Grinch Who Stole Christmas* tree. Our favourite gingerbread houses were: Disney's Mickey's Christmas, Charlie Brown Christmas and the Griswold's Christmas. Other displays were wreaths, decorations and decorated trees all made out of recycled materials.

At the end of the night we all had a huge gingerbread cookie. We would like to thank the Martensville Pathfinders who looked after us at the coat check. We would love to go again next year and recommend it to all.











Photos include the Minions dancing and viewing the displays such as a winter display and the Disney's Mickey's Christmas gingerbread house.

## **January Conference 2016**

Submitted by Carrie Morrison, Provincial Training Adviser <a href="mailto:training@girlguides.sk.ca">training@girlguides.sk.ca</a>

## Imagine! Inspire! Action!

Well, we had an inspiring weekend! We had 131 women from around the province attend this year's January Conference, held January 22-24 in Regina, and it was a true success! We all shared in the sisterhood with wonderful sessions, a selfie contest and fun activities. On Friday evening we started by taking one session (from the eight offered) and then we had a large interactive Kahoot game. Kahoot is a trivia game and we played a Guiding Hollywood version, supporting our theme. It was a fun way to start the weekend, followed by a singsong and hospitality.

Saturday morning found us having a great breakfast and running off to two morning sessions which were program based such as Science for Sparks to teens, "Super Programs" for Sparks or Guides, Promise and Law, etc.; or arts based such as Japanese Kusudama balls, drama, storytelling and many more. Then everyone gathered for a great lunch and some area time.

The afternoon saw two more sessions based on first the outdoors followed by sessions to help you run your unit. There were sessions on hashing, hiking, camp skills, effective communication, using google docs plus more sessions from which to choose.

We all had a small well deserved break, and some people even had time to take a quick dip in the pool. Then it was time for the banquet

which was delicious and a great time to visit with friends. Our Provincial Commissioner, Charlene McLean, informed us of what is new and coming and asked that we all consider taking a position with an area or provincial level... hopefully there are people still thinking about these great opportunities.

Quest time followed the banquet, which found Guiders in groups competing in some seriously fun challenges. It was then Campfire and some new Guiders who just learned how to plan a Campfire earlier in the day lead it... they did a fantastic job! After Campfire it was off to hospitality to mingle with new and old friends.





The final session was held on Sunday morning and Guiders chose one of several Modules offered to learn about their branch or other topics.

January Conference is a rare opportunity in Guiding to share and learn from so many talented women. Our province is full of great programs and it is a true pleasure to spend time with our membership. I hope to see you all back next year plus many new faces! Encourage other Guiders to share in the fun and learning at January Conference!

Thanks to all who participated in the raffles at the January Conference. **\$919** was collected for the CWFF!





A banquet table centre

# Photos from January Conference 2016

A challenge from Quest on Saturday night →







Return undeliverable Canadian addresses to: Saskatchewan Council 200-1530 Broadway Avenue Regina, SK S4P 1E2

provincial@girlguides.sk.ca www.girlguides.ca/SK/

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On the "red carpet" at the banquet

