



**September  
2016**

**Volume 28  
Issue 1**

# The Prairie Lily

**A Newsletter of Girl Guides of Canada-Guides du Canada, Saskatchewan**

## January Conference 2017

This year's theme is O.W.L. which stands for:

Outstanding  
Women  
Leading

Whether you are a new or experienced Guider, come and let some WISE women share some wisdom with you. You will leave the conference a WISER Guider and be ready to FLY your unit to the next level. While learning you will also have a HOOT!



- Where:** Saskatoon Travelodge – 106 Circle Dr, Saskatoon
- When:** January 20 - 22, 2017
- Who:** Every Guider in Saskatchewan!
- Why:** To become a better Guider, to build strong connections with Guiders across the province, and don't forget you will have a HOOT!
- Cost:** See the registration form on page 19 and be sure to register early with the provincial office to get a discount! Be sure to check with your districts and area about possible subsidies for attending.

The January Conference is an annual event for Guiders and it is a great opportunity to learn more about Guiding while having fun. There will be sessions suitable for all branches of Guiding on a variety of topics including the arts, camping and outdoors, program ideas, personal growth and many more.



A description of the session choices will be posted on the provincial website in early October.

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**Girl Greatness Starts Here!**

## Upcoming dates...



October 14-16	Trefoil Gathering (Dallas Valley)
October 14-16	Wilderness & Remote First Aid (Pike Lake)
October 17	International Application Deadline
October 21-23	Multi-Training Weekend (Strasbourg)
October 30	Youth Recognition Ceremony (Saskatoon)
November 4-6	Oh the Places you can Go - International Info Camp (Pike Lake)
November 10	<i>Prairie Lily</i> Deadline
November 18-19	Provincial Council Meeting (Saskatoon)
January 20-22, 2017	January Conference (Saskatoon)
February 10	<i>Prairie Lily</i> Deadline
February 22	World Thinking Day

## Provincial Youth Recognition Ceremony



*Sunday, October 30*

*2 p.m.*

*Holy Family Cathedral*

*123 Nelson Road, Saskatoon*

*Canada Cords, Chief Commissioner's awards, Commonwealth awards and Duke of Edinburgh awards will be presented and scholarship recipients will be recognized.*

RSVP to the Bridging Rivers Area Office at  
[bridgingrivers@sasktel.net](mailto:bridgingrivers@sasktel.net)  
or phone 306-652-3275 or 1-800-565-8111



## Participants of Saskatchewan Events!

All our events are inclusive. If you have special needs that may require accommodation, as events are advertised, please contact the provincial office so we can discuss how to accommodate your needs.

## Contact information

**Provincial Office:** 306-757-4102

**NEW** Toll-free: 1-800-565-8111

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**Southern Horizons Area Office:**

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Christieann Clarke

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1530 Broadway Ave. Regina S4P 1E2

Website: [www.reginagirlguides.ca](http://www.reginagirlguides.ca)

## Provincial and Area Office Hours



September - June: Monday to Friday  
8:30 a.m. - 5:00 p.m.

**Closed:** October 10 – Thanksgiving Day  
November 11 – Remembrance Day

**Christmas Closure:** December 23 @  
noon and re-opening January 3, 2017



# A Message from the PC



Welcome back to Guiding!

I hope that each and every Guider had an opportunity to enjoy a little relaxation, had some fun family time, had an opportunity for a "staycation" or enjoyed a trip. I do hope you are looking forward to an exciting and new Guiding year! I know I am!

I was able to take the summer to get adjusted to my new role as Provincial Commissioner (PC). I truly appreciated all the good wishes, kind words of encouragement and some great chats with many people. Some highlights of my summer were:

- Attended a breakfast for Women Leaders in Business and Volunteerism with Sophie, Countess of Wessex when she and Prince Edward were visiting Regina.
- Attended the National GGC Annual General Meeting in June in Toronto.
- Had a visit to GM2016 while on my own family vacation. My husband, two girls and myself, were very impressed with the camp, the core crew, and the program offered to over 2000+ girls over ten days. Saskatchewan was well represented at the camp with ten core crew, 13 Responsible Guiders, and 56 girls. It seemed everyone was having fun, even if it was wet fun!

One of my first tasks as PC was to help establish our new Provincial Structure. There is additional information in the *Prairie Lily* about this. The new structure does not deviate too greatly from what we had in the past. The new structure does provide a more engaging way of delegating the tasks of the council to each and every council member. I am very excited about the team that has been built. I know that the women that have been selected as representatives at the provincial council level are talented, resourceful, thoughtful, and put girls and Guiders at the forefront of all decision making. Volunteers want to make a difference and they need to make a difference in the limited time they

have to share. I truly anticipate that this new structure will help achieve that goal.

One huge component to our council is the advisers. I would like to acknowledge all the advisers that are in place that help to support and assist Guiders. They are truly the creative minds of new initiatives, resources or procedures that will help communicate best practices to the Guiders in the province. Instant meetings and program resources are being developed. January Conference and other trainings are being planned and coordinated. There are new initiatives to engage girls to learn more and to apply for nationally sponsored trips and international initiatives. There is an extensive PR plan that includes the radio and print ads! Saskatchewan Guiding is active on social media. There are OAL trainings, archery opportunities and wilderness camping. Our membership is strong and I expect that there will be great growth this year! All this does not happen without the advisers. Thank you for your dedication and efforts!

I also had the opportunity to be a part of a new way of work at our provincial offices. In January, all staff became provincial staff. Over the past several months the staff have been learning new roles, training, reassigning tasks, developing new ways to be efficient and building a strong team that offers support to all members. Staff and volunteers must work together in a collaborative and respectful manner and I truly appreciate the skills and talents our staff members offer to the Saskatchewan Guiding members.

So where from here ...

Now that I have a better understanding of my role and have the team in place, I hope that I can get a better idea of the needs and wants of Saskatchewan Guiders, Saskatchewan girl members and their families. Communication and mutual respect for the role each play are key in strengthening and building the GGC programs in our local communities. I hope that I can help lead the way for more effective communication tools, better understanding of all members of current Girl Guide policies, procedures and best practices and share the successes that are happening in the local units and communities!

*"The strength of the team is each individual member. The strength of each member is the team."* – Phil Jackson

Yours in Guiding,

*Laurie Lanovaz*

Provincial Commissioner [pc@girlguides.sk.ca](mailto:pc@girlguides.sk.ca)





## BRIDGING RIVERS AREA NEWS STREAM...

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### Bridging Rivers 2016-2017 Area Council

**Area Commissioner:** Sara Horseman  
**Treasurer:** Jennifer Lefebvre  
**Office Liaison:** Yvonne Turnbull

Jess Glasman (Rural)  
Laurie Toews (Rural)  
Shelley Witt (Urban)  
Cathie Drinkwater (Urban)  
Carrie Yurchuk (Undesignated)

We welcome the new members: Jennifer Lefebvre, Laurie Toews, Cathie Drinkwater, and Carrie Yurchuk!

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**Evergreen District** started the year by welcoming Guiders (and families) back to 'work'. We had a backyard pool party (lifeguard and Safe Guide approved) and the Guiders were able to get to know each other, receive awards, and share a family meal. This year all Guiders received a USB Girl Guide cookie filled with documents essential to being a Unit Guider. It was fun having them handed out in a real Girl Guide cookie box separated into the chocolate and vanilla rows. Evergreen Guiders are ready to rock and roll this year!



**38<sup>th</sup> Saskatoon Pathfinder Unit** enjoyed canoeing at Heritage Lake.







**1<sup>st</sup> Saskatoon Extra Ops**  
enjoyed a trip to Waterton.



**60<sup>th</sup> Saskatoon Brownie Unit**  
had a camp at Trefoil Trails.

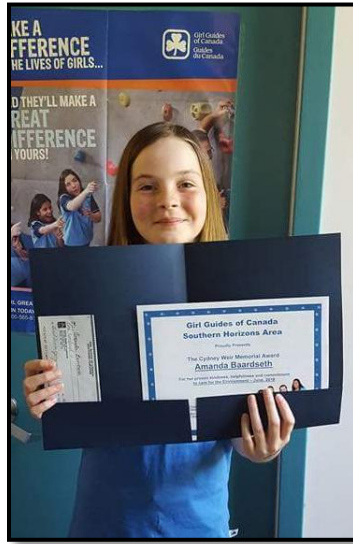


To let your District Commissioner  
and area office know of any  
roster changes!

### **Welcome back from the area office!**

If you have something you would like to see  
included in our Bridging Rivers Area section of the  
next *Prairie Lily*, please send it to the area office.

# *Southern Horizons Happenings*



We are pleased to announce this year's winner of the Cydney Weir Memorial Award: **Amanda Baardseth** from Guides 27. Amanda will be a first year Pathfinder as of fall 2016 and she was selected to receive this award based on her commitment to the environment through various initiatives at home, school, in Guiding and her ongoing displays of kindness and helpfulness to those around her. Specifically, Amanda teaches young students at her school about recycling programs, participates in the school juice box recycling program, looks after her household recycling (including cleaning, sorting and putting the blue bin on the curb), and has participated in many clean ups, including the Tim Horton's Clean-Up and clean up's around her neighborhood. Amanda's Guiders are proud of her achievements. They have noted many instances over the three years that she has been a Guide where she was kind to new or shy members, and helpful at district events with Brownies and Sparks. Amanda truly exemplifies what it means to be a Girl Guide, and is very deserving of this award. Congratulations Amanda!

The Cydney Weir Memorial Award is named after Cydney Weir, a girl member and Guide leader of Southern Lights District in Regina, whose enthusiasm and commitment to Guiding was tragically cut short in 2014 upon her passing. Cydney was passionate about the environment, the welfare of animals, swimming, being outdoors and she loved to camp. Her kindness shone through in all she did, and she was rarely without a smile.

The Cydney Weir Memorial Award is awarded annually to a youth member of Girl Guides who has attended at least one outdoor camping experience in the current year. The recipient must show kindness, helpfulness and a caring for the environment in her day to day life. Recipients are selected by Southern Horizons Area Council. Complete details can be found at <http://www.guidesregina.com/guider.html> under the Forms section.



Condolences are extended to the family and Guiding family of **Sandy Van Nes**. Sandy was a long time Guider in Regina and will be truly missed.





**Rangers 1** had an early camp to start off the Guiding year on August 26 - 28. Five girls made their way to the Dodd's farm near Lumsden and completed some of their challenges – planning and going on a hike, preparing a gourmet meal at camp, visiting and learning about an organic farm.



**8<sup>th</sup> Regina Sparks Unit** received a stick of a Green Ash tree for each Spark. They planted them about a month ago and look how big Isla's tree has grown!



**Unit 22 "My Saskatchewan Challenge"**  
Summer Camp



**Sparks Unit 27**



**Unit 21 at GM Pre-Camp**



**Weyburn District's**  
Advancement Ceremony  
with the theme  
"Colours of Guiding",  
held on May 7  
following their "Clean-Up"

## Saskatchewan Provincial Council, Advisers and Sub Committees 2016-2017

Provincial Commissioner	Laurie Lanovaz	<a href="mailto:pc@girlguides.sk.ca">pc@girlguides.sk.ca</a>
Deputy Provincial Commissioner	Bonnie Jean Low	<a href="mailto:bonniejean.dpc@girlguides.sk.ca">bonniejean.dpc@girlguides.sk.ca</a>
Deputy Provincial Commissioner	Megan Van Buskirk	<a href="mailto:megan.dpc@girlguides.sk.ca">megan.dpc@girlguides.sk.ca</a>
Finance - Treasurer	Glenda Eden	<a href="mailto:Glenda.Eden@gov.sk.ca">Glenda.Eden@gov.sk.ca</a>
Provincial Cookie Adviser	Megan Clarke	<a href="mailto:cookies@girlguides.sk.ca">cookies@girlguides.sk.ca</a>
Risk Management	Charlotte Courage	<a href="mailto:riskmanagement@girlguides.sk.ca">riskmanagement@girlguides.sk.ca</a>
Provincial Safe Guide Adviser	Carol Skaar	<a href="mailto:c/o_provincial@girlguides.sk.ca">c/o_provincial@girlguides.sk.ca</a>
Elected Member – Youth Council	Desire White	<a href="mailto:desire.white@yahoo.ca">desire.white@yahoo.ca</a>
Elected Member	Alexa Wallace	<a href="mailto:guidergirl3@gmail.com">guidergirl3@gmail.com</a>
Elected Member	Kay Peters	<a href="mailto:petersrkam@sasktel.net">petersrkam@sasktel.net</a>
Girl Engagement Coordinator	<b>Vacant</b>	
Provincial Camping Adviser	Linette Plant	<a href="mailto:camping@girlguides.sk.ca">camping@girlguides.sk.ca</a>
Can-ta-ka-ye Operating Chair	Heather Neufeld	<a href="mailto:redcanoe@sasktel.net">redcanoe@sasktel.net</a>
Heritage Lake Operating Chair	Susan Prakash	<a href="mailto:susanprakash@sasktel.net">susanprakash@sasktel.net</a>
Provincial International Adviser	Melissa Gartner	<a href="mailto:international@girlguides.sk.ca">international@girlguides.sk.ca</a>
Provincial Program Adviser	Sara Horseman	<a href="mailto:program@girlguides.sk.ca">program@girlguides.sk.ca</a>
Provincial Lones	Lorraine Thibeault	<a href="mailto:lorrainethibeault52@gmail.com">lorrainethibeault52@gmail.com</a>
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Provincial Communications Adviser	Amanda Lang	<a href="mailto:communications@girlguides.sk.ca">communications@girlguides.sk.ca</a>
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Provincial Public Relations Adviser	Alice Gaveronski	<a href="mailto:publicrelations@girlguides.sk.ca">publicrelations@girlguides.sk.ca</a>
Provincial Archives	Audrey Forrest	<a href="mailto:abforrest@sasktel.net">abforrest@sasktel.net</a>
Provincial Membership Adviser	<b>Vacant</b>	
Provincial Link	Emily Bindle	<a href="mailto:emilybindle@hotmail.com">emilybindle@hotmail.com</a>
Provincial Trefoil Guild Liaison	Judi Kehler	<a href="mailto:rjkebler@accesscomm.ca">rjkebler@accesscomm.ca</a>
Provincial Awards	Megan Clarke	<a href="mailto:meganl@sasktel.net">meganl@sasktel.net</a>
Provincial Special Needs	<b>Vacant</b>	
Provincial Training Adviser	Carrie Morrison	<a href="mailto:training@girlguides.sk.ca">training@girlguides.sk.ca</a>
Provincial Arts	Janice Graessli	<a href="mailto:arts@girlguides.sk.ca">arts@girlguides.sk.ca</a>
Bridging Rivers AC	Sara Horseman	<a href="mailto:bridgingriversac@girlguides.sk.ca">bridgingriversac@girlguides.sk.ca</a>
Southern Horizons AC	Michelle Gibney	<a href="mailto:southernhorizonsac@girlguides.sk.ca">southernhorizonsac@girlguides.sk.ca</a>

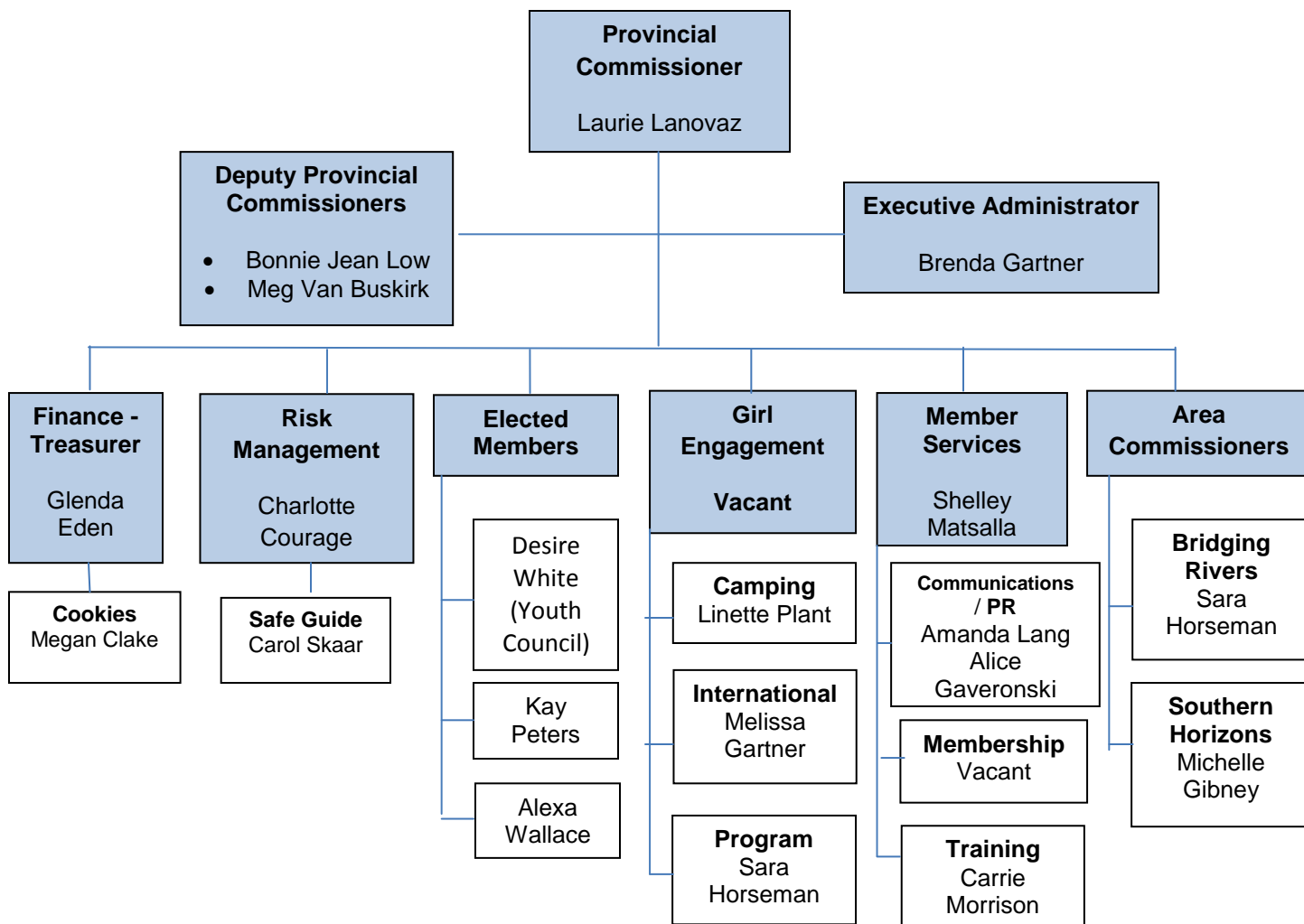
## We are looking to fill the following positions: Are you interested?

- \* Girl Engagement Coordinator
- \* Membership Adviser
- \* Special Needs Adviser
- \* Safe Guide Assessors

Call the provincial office for details about these positions if you are interested in taking on any of these roles!







## New Saskatchewan Provincial Council



From left to right: Kay Peters, Sara Horseman, Glenda Eden, Alexa Wallace, Charlotte Courage, Shelley Matsalla, Megan Van Buskirk, Bonnie Jean Low, Michelle Gibney, Laurie Lanovaz Missing: Desire White

# Safe Guide

Submitted by Carol Skaar, Provincial Safe Guide Adviser  
[safeguide@girlguides.sk.ca](mailto:safeguide@girlguides.sk.ca)

As the new Guiding year gets into full swing many Guiders are planning fall camps, sleepovers, trips and outings. These events are a great opportunity to get to know your girls and create a team atmosphere in your unit and district, plus they are a ton of fun! When planning activities please keep in mind the Safe Guide requirements and refer to the **Activity Planning Chart** (Safe Guide page 16) to determine the activity level of your event.



## REMEMBER SAFE GUIDE DEADLINES

- **Green Level Activities** – Approval is not required
- **Yellow Level Activities** – Your paperwork must be submitted at least **14 days before** your activity.
- **Red Level Activities** – Your paperwork must be submitted at least **21 days before** your activity.

Late submissions will not be assessed and you will be required to cancel or postpone your event.

Make sure you submit your paperwork ON TIME!

Send all Safe Guide paperwork for assessment to [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)

## UPDATES TO SAFE GUIDE AND FORMS



- Every summer there are updates made to the Safe Guide handbook and changes made to many Safe Guide forms. This year there were changes to the **SG.2**, **SG.3** and **SG.4**.
- Please ensure you are using current forms and following the guidelines in the current handbook
- Forms and handbook can be found at <http://forms.girlguides.ca/SafeGuide>
- **Activities cannot be assessed if submitted on old versions of forms. They will be sent back to the Responsible Guider for revision.**

## WHEN DO YOU NEED AN SG.5?

The SG.5 Waiver form is required for **ALL**:

- **Conditional Activities** (see list in Safe Guide pages 157-159)
- **Adventure Activities** (see list in Safe Guide page 9)

## SG.4 EMERGENCY RESPONSE PLAN (ERP)

Don't forget to complete an SG.4 for **every** activity you do – even Green Level Activities!

You should also have an ERP for your regular meeting location!

## NON-MEMBER VOLUNTEERS

### What is a Non-Member?

A non-member is anyone who:

- Helps in a unit during regular meetings more than twice during a Guiding year.
- Volunteers at day camps or events.
- Volunteers at overnight camps.
- Is a Treasurer (handling Girl Guides of Canada (GGC) funds).
- Is a support person who regularly accompanies a person with a disability.

ANYONE who fits in the above categories MUST:

- Provide a Police Records Check (PRC) that meets GGC standards.
- Be registered in iMIS using the Non-member Volunteer form (A.7).

PRCs and A.7 forms can be submitted to [membersupport@girlguides.sk.ca](mailto:membersupport@girlguides.sk.ca)

### ARCHERY

Guiders wanting to do archery must have a facilitator who has a NASP certificate entered in iMIS.





# International

Submitted by Melissa Gartner

Provincial International Adviser [international@girlguides.sk.ca](mailto:international@girlguides.sk.ca)



## 2017 Travel Opportunities

This year there are four exciting Nationally Sponsored Trips available for girls (ages 13+) and Guiders! Each trip offers a unique and memorable experience for all girls and Guiders selected to participate. More information about each trip will be posted to the Girl Guides of Canada website in early September and online applications close **October 17, 2016**. Interested in applying? Watch for more information regarding online sessions for girls, parents/guardians, and Guiders – or email [international@girlguides.sk.ca](mailto:international@girlguides.sk.ca) to request more information.

### CAMP WASIU II, California

**June 23 - July 5, 2017** – 16 girls aged 13-15 and four Guiders

Participants will join hundreds of Girl Scouts at **Camp WASIU II** for a week of fun, adventure and international friendships.

### IGGNITE CAMP, Ireland

**July 25 - August 8, 2017** – 16 girls aged 14-15 and four Guiders

IGGNITE Camp will give participants a chance to meet girls from around the world and join in a week of canoeing, hiking, dancing, swimming and more!

### OUR CABAÑA, Mexico

**July 8 - July 22, 2017** – 8 girls aged 15-17 and two Guiders

Our Cabaña offers participants a unique experience filled with adventure, fun and friends while exploring Mexico's culture and traditions!

### OUR CHALET, Switzerland

**August 20 - September 4, 2017** – 8 girls aged 15-17 and two Guiders

Participants will visit Our Chalet and experience incredible hiking adventures, campfires, and cultural nights and, of course, meet Girl Guides and Girl Scouts from all over the world.

## Updates to *Safe Guide* re: travel

The 2016 version of *Safe Guide* has updated the section on International Travel. The biggest change is the addition of travel objectives. In order to have an independent trip approved, it must meet the following learning objectives:

- Girls will demonstrate an increased awareness and appreciation of global issues.
- Girls will develop skills which support active engagement in issues that matter to her.
- Girls will gain a stronger awareness of their own identity and culture, by experiencing different cultures and communities.
- Girls will develop a sense of belonging to the global sisterhood embodied by WAGGGS and an understanding of the purpose, and the influence and actions that can be achieved through the collective voices within WAGGGS.



### Surf Smart Badge – staying safe online

The Challenge and badges are available on the WAGGGS website.

## **Martensville Pathfinders go to the Dominican Republic**

Submitted by Jenn Baxter



On March 23, after 18 months of fundraising, the 1st Martensville Pathfinder Unit boarded a plane for Puerto Plata in the Dominican Republic. Four adults and 10 girls in Grades 8 and 9 went for a 12-day adventure with "Me to We". The trip was a result of the unit's discussion of service and what we wanted to do. Our unit then attended We Day in Saskatoon in November 2014 and decided to get involved.

The experience with Me to We was amazing. We were met at the airport in Puerto Plata by two facilitators from Me to We who were with us for the entire trip. A translator was also with us during the day to assist us with Spanish translations while we worked in the communities. Our days started at 8 a.m. with breakfast and ended around 9:30 p.m. after an evening of programming activities at the hotel.

On the first day, we spent time in the morning learning basic phrases in Spanish. In the afternoon we started to paint the outside of three houses in a village called Villa Samaritano. The group enjoyed working with local children who came to see what we were doing and they wanted to help us paint. We put our Spanish to use right away as we interacted with the children over the two days in the community.

The group then worked for the rest of the time primarily in the community of El Batey de la Union and assisted with the foundation of the high school. All of the work is done manually, with no assistance by machinery. We worked at a variety of things such as shovelling and moving dirt and gravel via wheelbarrow, cutting re-bar, joining re-bar together, and moving the re-bar structures to where they would be installed.



We also had the opportunity to participate in a few amazing activities. We went on a walking tour of the El Batey de la Union community and then it was Canada vs the Dominican in a baseball match with our group playing with children from the community. We lost but we sure had a lot of fun!

On Easter Sunday we went into Puerto Plata and took a cable car up an enormous mountain where we were able to enjoy an incredible view of the city. On top of the mountain we took a hike on the paths to see an ancient cave dwelling of the indigenous Taino people, a rustic casita (small house) that was used many years ago, and a Laguna.

We also had an opportunity to stop at Project Esperanza, a nonprofit initiative started by an American university student to help Haitian immigrants in the Dominican. We were given a Spanish cooking lesson where we made suk suk bon bon, a treat similar to a donut. We finished off our trip with a day of fun, exploring a monkey jungle, doing a seven station 4,500 foot zip line course, and swimming in the ocean.

The experience was very rewarding and humbling for the entire group. We all gained a deeper appreciation for the little things that we take for granted every day, such as clean drinking water. We are grateful to everyone in our community who supported us during our fundraising activities – food concessions, bottle drives and selling yummy Girl Guide cookies. Each girl sold approximately 40 cases of cookies as part of their fundraising goal. We also thank the Martensville Kinsmen, Martensville Affinity Credit Union, the Bessborough Hotel and the Western Development Museum Festival of Trees for their donations.





## Melfort Rangers' trip to Europe

Submitted by Karen Fedorychka,  
Melfort Rangers

What an amazing trip this was! The Melfort Rangers left Saskatchewan on July 8 and travelled to London, England; Paris, France; Adelboden and Lucerne, Switzerland; and Florence and Rome, Italy. We joined a Girl Scout Tour through EF Tours. There were 45 Girl Guides and Girl Scouts all together from Texas, Colorado, New York, and Saskatchewan on this tour of a lifetime.

We flew into London, threw our bags in the hotel, and immediately headed out to see the sights! There was so much to see in so little time! We saw Big Ben, the Parliament buildings, London Bridge, Tower Bridge and Windsor Castle. We rode the London Eye, and cruised on the Thames River. We were pinned the pinning ceremony at Pax Lodge. We took a Harry Potter Walking Tour, and went to the amazing musical in London, "Wicked"!

Then we traveled to Paris by Eurostar train. We were able to tour Versailles. It is so beautiful; everything is gold! We saw the Eiffel Tower, and we went up the only sky scraper in Paris – Tour Maine-Montparnasse, and the view was spectacular. We visited the Louvre and saw the Mona Lisa, the Winged Victory of Samothrace, Venus de Milo, and so much more! And we went into the Notre Dame Cathedral.

Then we travelled by bus to Adelboden, Switzerland. It's was so beautiful in Switzerland. We went to Our Chalet, and had a pinning ceremony and toured the grounds. Then we hiked up the mountain to a magic tree. The next day we travelled to Lucerne, Switzerland and went up Mount Pilatus, and had a Swiss Folklore evening. The scenery in Switzerland was incredible from the high mountains, to the beautiful lakes – everything was so picturesque.



Then it was off to Italy where we saw the leaning Tower of Pisa, and travelled to Florence. There we visited the Duomo, participated in a fresco art workshop, and learned about real leather. Then it was off to Rome to see the Roman Colosseum and the Roman Forum. We toured the Vatican City and saw the Sistine Chapel and St Peter's Basilica.

It was a whirlwind 15 days. There was so much history, arts and culture to see. It is hard to imagine that some of these sites that we saw are older than the country we live in!



# A life changing trip to Ecuador!

Submitted by Sharisa Grimwood, age 15 with pictures by Guider, Carol Skaar

*"That which we witness, we are forever changed by, and once witnessed we can never go back."* -Angeles Arrien

I had the privilege of travelling to Ecuador, South America in July 3 -15, 2016. I was one of nine Red Wing Trex girls and three Guiders who flew with "Free the Children" to volunteer and learn high up in the Andes Mountains and deep in the Amazon Rainforest. We all learned so much and we also gained a new appreciation for loving families and a place to call home, education and the ability to earn a living, agriculture and good food, clean water and toilet paper! We are grateful for what we have and hope to continue to make a difference in our world!

During the hour and a half drive to the Saskatoon Airport, I was anticipating my very first flight, and recalling the Trex fundraisers that made this trip possible, some of which included online auctions, a trade show, pizza sales, a water walk, collecting stamped receipts, and selling enormous amounts of Girl Guide cookies! At the airport everyone was feeling some degree of nerves and excitement, and we took off, flying from Saskatoon to Toronto, San Salvador and finally, Quito, the capital of Ecuador. We met our amazing Me to We facilitators, Michelle and Daisy, who accompanied us everywhere on our Ecuador adventure. After a good sleep in our Quito hotel, we toured around the older part of Quito. What a beautiful city! I learned that if I had lived in Quito many years ago, as the second daughter, I would have been a nun! We also visited the Equator where we did some interesting experiments.



At Equator

The next day, a 7-8 hour bus trip took us up to Chimborazo province. Our accommodations were set on the edge of a mountain overlooking a small town. There were beautiful trees and flowers and incredible views everywhere. During our time there, we volunteered in a community called Shuid that was near the top of the mountain. We helped build a high school and our work included sifting sand, carrying rocks up a long, very steep hill, and making bricks using sand, straw, water and cement. The local people were using our dried bricks to build the school. We worked with a woman who raises Guinea pigs... a delicacy in Ecuador and we also helped a woman harvest her mountainside wheat field by hand and plant her next crop. It was amazing to see how hard the women work for their families and sad to realize that they are not yet considered equal to men. We learned some basic Spanish phrases and went to a local market, having been given a normal day's wage, to see if we could buy enough food to feed a make believe family. That was an eye opener! We really enjoyed visiting a girls' group and the women's group. They make jewelry and clothing and sell them to earn extra income for their families, and they taught us to make bracelets. We also had the opportunity to shear sheep and use the wool to weave. We were sad to say good-bye to Chimborazo.



This is our Red Wing Trex group with some of the bricks that we made for the school in Shuid.





Sharisa attempting to shear a sheep



We spent time with a girls' group in Chimborazo.

The next day our bus driver drove us down the narrow mountain roads and all the way to the Amazon. There we transferred our backpacks to a large canoe, which took us down the Napo River, deep into the Amazon Rainforest. We stayed at Minga Lodge, an absolutely breath-taking facility built right in the jungle. We were surrounded by amazing jungle plants, trees and many lovely bugs! Our guide, Henry, shared his incredible knowledge of the jungle. He taught us many things about the Amazon and even gave us the chance to see finger monkeys! During our time there, we visited a coffee bean farm, tried many fresh fruits, visited a traditional healer, went on nature walks, visited the local community close to Minga Lodge, attempted to use a blow gun and a spear, went to a cacao bean farm, made our own chocolate (which was delicious) and were challenged to eat banana grubs, which we collected from dead trees. Some of the girls were brave enough to eat them raw! Almost all of us ate them cooked. They were surprisingly good.



We travelled by canoe to Minga Lodge in the Amazon Rainforest.

Our trip to Ecuador ended much too soon. Before we knew it, we had to say adios to Michelle, Daisy and Henry and fly home. We all learned so much and came back to Canada realizing how much we have compared to the community we left behind. We are very blessed and therefore we have a responsibility to continue to improve our world. This trip was exciting, challenging and life-changing. It was amazing to be a part of a team, working together to make a difference in the world. I am sure we all miss being higher than the clouds, helping to better a community, laughing so hard our stomachs ache as we attempt to learn Spanish, jamming out to music on the bus for hours, eating the most delicious fruits, overcoming challenges and being in the most beautiful place on Earth. Thank you to Girl Guides and Free the Children for an amazing experience!



*"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever does."* – Margaret Mead.

So what about you? How can you make an impact? What will you do to change the world?

# 2016 Scholarship recipients



Congratulations to the **GGC National Scholarship Program** recipient – **Heather Neufeld!**



**Heather** is in fourth year Social Work in Regina. She states she is *“most thankful for the confidence and courage Guiding has grown inside of me. It has been the springboard to this next grand adventure I am currently on of heading back to school, when for many years I had talked myself out of it.”* Heather, an avid camper and canoeist, is currently working with Pathfinders and she appreciates the support of her co-Guider Darla for picking up the slack when her classes conflict with her Guiding commitments! Heather is taking night classes on a part time basis with a very lofty goal of full time next fall if the stars align!

Congratulations to the **provincial Mildred Baldwin Scholarship** recipient – **Claire McKenzie!**

**Claire** is a first year Arts and Science student at the University of Saskatchewan in Saskatoon majoring in Biomedical Sciences. Claire has been a member of GGC for seven years starting as a Pathfinder. She has been a Trex and Extra Ops member, as well as a Sparks Junior Leader. Claire “feels being a part of Girl Guides has encouraged her to acquire organizational skills and an open mindset – two invaluable qualities for which she is extremely grateful”.

We wish both Heather and Claire every success as they pursue their academic goals!



## One Brownie made her community a better place

Submitted by Kristin Shantz

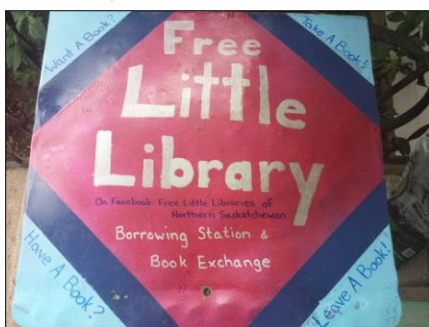


While travelling in Ontario last summer, we encountered a couple of "Little Libraries" - wondrous little book nooks made from birdhouses, old shelves, mailboxes, etc. The idea is that you borrow or exchange a book for one inside the Little Library. **Saidai**, my daughter, was quite taken by this idea and wanted to know why she had never seen one of these around home. I posed the question to her, "Why not make one of your own?"

This summer, with a little help from friends and family, we acquired a metal newspaper bin and her dad drilled and installed a latch. Saidai sanded, spray-painted, and siliconed the box until she thought it was fit for books. Then with permanent markers we added a few decorations and a catchy little rhyme: "Need a book? Take a book. Love a book? Leave a book." She had already selected a spot near the local post office and approached town council about putting it there (no easy task for my shy girl, even though her dad is on council).



The next step was to add books. Saidai has sold over 30 cases of cookies for the last two years, and had \$150 in Coles gift cards still unspent. Armed with this, and a fair amount of purging from our house, the box was soon full with books for all ages – everything from toddler board books to chapter and picture books to graphic novels and suspense thrillers. She covered all ages and nearly all genres!



Both my older children love to run down and check for new books and to see what has gone missing. Saidai is the proud recipient of the National Service Project crest for "Words in Action"!

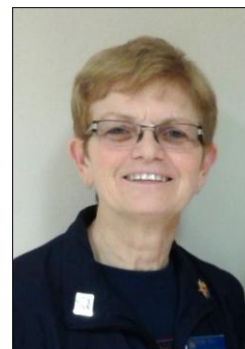
P.S. We discovered that there are Little Libraries all over Saskatchewan and even a facebook page for Little Libraries of Northern Saskatchewan.





# Applause for the Arts!

Submitted by Janice Graessli, Provincial Arts Adviser  
[arts@girlguides.sk.ca](mailto:arts@girlguides.sk.ca)  
(From harvesting out in a field in Saskatchewan)



This summer I hope you went camping with friends and family, went travelling to a place on your bucket list, or enjoyed your flowers or garden. Just being “out” does wonders for the soul.



In this new Guiding year, use the Arts to fill in awkward blanks that happen at meetings or events. Who cares if you sing off key? Just sing! If you need a book or YouTube for the words, use it. If you can, take your laptop or iPad to the meeting to help with the tune and words. So what if you feel silly. Have fun. That's what Guiding is all about.

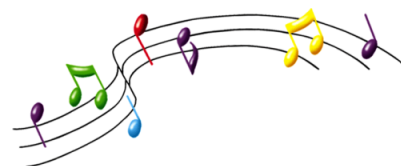
Learn a few simple action songs such as: *Herman the Worm*, *The Bear Hunt*, *My Aunt Came Back*, *A Ram Sam Sam* from [www.learningstationmusic.com](http://www.learningstationmusic.com)

How about a singing partners clapping game?

- *Who Stole My Chickens?* From Pax Lodge Song Book or Songs to Sing and Sing Again
- *Four White Horses* from Celebrate with Song

At enrolment, include all of your guests in one of these:

- *Hey There Neighbour* from Celebrate With Song
- *T.I.R.O.* from Songs For Canadian Girl Guides



With enrolment coming for the new older girls, practice this with all girls and perform for your audience. It's a great review for all girls and a lot of fun, too. Try a rhythmic activity using ice cream pails or empty paint or garbage cans for drums or make mouth sounds to:

## **The Guide Law Rap**

Be honest and trustworthy every single day.  
Use resources wisely, I can find a way.  
Respect myself and others in everything I do.  
My talents and abilities, I'm proud to share with you.  
Protect our environment in every way we can.  
With courage and strength, I can take a stand.  
The Sisterhood of Guiding, I share with one and all.  
And that's the seven challenges of the Guiding Law  
Here's a fun repeat song great for the non-singers:

## **I Ga Fly Ga Flee Ga Fly Ga**

(chant or say, girls repeat after you)

*Early in the mornin'... (Early...)*

*When I'm fast asleep... (When...)*

*I hear a little birdie... (I hear...)*

*Going cheep a cheep... (Going...)*

*And the little birdie... (And the...)*

*Has a funny name... (Has a...)*

*It's... (It's...) (chorus)*

**Chorus:**

*I ga fly ga, flee ga fly ga*

*Ish ka nish ka, nogan nogan*

*I ga fly ga, flee ga fly ga*

*(everyone) Birrrrrrrrdie!*



## **Girl Guides of Canada's new song resource: *Sing it Loud! A Girl Guides Song Collection***

***Sing It Loud: A Girl Guides Song Collection*** is a new compilation of favourite Girl Guide songs. You can find this new resource on [girlguides.ca](http://girlguides.ca) at Programs > Specialized Programs > Activities. The words of 85 Guiding songs are given in two formats: a book version or a single page version printed as a PDF you can copy.



# Training

Submitted by Carrie Morrison, Provincial Training Adviser  
[training@girlguides.sk.ca](mailto:training@girlguides.sk.ca)



## How do I get Trainings in My District? ... Just ASK!

If you would like trainings in your district you just have to ask. Decide as a district what training you would like: Safe Guide, Basic Training for branches, arts, camping, science, program... anything you want. Then email [training@girlguides.sk.ca](mailto:training@girlguides.sk.ca) and let me know what you want. I will then send out the word to all the trainers and find someone who lives close and can make it happen.



### Next steps:

- With the trainer assigned to your district, you work out a date.
- The district handles location, food and getting the word out to all their Guiders.
- You register the training with the provincial office and have people register through the office. This way if there are other communities nearby we can offer it to as many people as we can.
- The training committee pays the trainer's travel expenses and the trainer provides you with what you require.
- All trainings are considered provincial events and must go through the provincial office so we can know who is attending and who should get credit for attending.

We often hear that training is not accessible, but it really is and can be set up for an evening if we have a trainer close to you, or perhaps a Sunday afternoon. Get creative within your districts and add training where you can. It benefits everyone!

## 1<sup>st</sup> Annual Multi TRAINING Weekend

October 21 – October 23, 2016

**Where:** Strasbourg Bible Camp  
**When:** Friday, October 21 starting at 7 p.m. – Sunday, October 23 at 11 a.m.  
**Cost:** \$75 plus additional \$15 with archery training  
**Why:** For a great time and more reasons below!

**Registration  
deadline:**  
**October 12  
@ 5 p.m.**

**How to register?** Here is the link to the Registration Form on the provincial website: [www.girlguides.ca/SK/](http://www.girlguides.ca/SK/) which takes you to the Home page, and look under Upcoming Events. When you register you will state which training you plan to take. All three trainings will be in the same location and meals will be together, but we will split up to train! So, it should be a great time!

**Become a Trainer!** Do you have a passion for Guiding and want to share it with others? Do you work with adults? This Training is for the BASIC TRAINER. Join the Saskatchewan training team today!

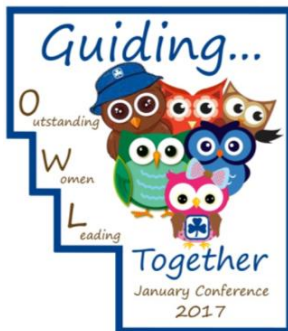


**Arts Training!** Do you want a taste of the ARTS and how you can incorporate the ARTS into your program? Then this is the training for you. The Dramatic Arts Module and more will be offered! Get creative with the Arts! Learn through song, hands and hearts! Meet a local artist, learn crafts, do Campfire planning, learn action songs, use musical instruments, and dance!

**Archery Training!** Who is Katniss? Do you want to learn the art of archery? Come and feel the wind in your hair while an arrow flies through the air. You will leave this Training with full certification from the National Archery in the Schools Program (NASP) to coach your girl.







# January Conference Registration Form

January 20 – January 22, 2017

Name: \_\_\_\_\_ iMIS #: \_\_\_\_\_

Phone (home): \_\_\_\_\_ (work): \_\_\_\_\_  
(cell): \_\_\_\_\_

I prefer to receive information by:

☐ E-mail: \_\_\_\_\_

☐ Mail (address): \_\_\_\_\_

City/Town: \_\_\_\_\_

☐ Fax: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Food/ Allergies/Diet and/or physical restrictions: \_\_\_\_\_

I would like to share a room with (if applicable): \_\_\_\_\_

☐ Smoker ☐ Non-smoker Note: All rooms are non-smoking rooms!

*In consideration of others, please make this a Scent free event!*

Optional: For grant purposes please self-identify if you are: ☐ First Nations ☐ Metis ☐ Inuit or ☐ an immigrant.

## Register early and save \$25!

Prices are per person (includes GST)	Early Bird before November 30	Regular Price after November 30
Conference & hotel – 1/room	\$370	\$395
Conference & hotel – 2/room	\$220	\$245
Conference & hotel – 3 or 4/room (sharing beds)	\$200	\$225
Conference only – no hotel	\$130	\$155

**After December 15, registrants will pay the “Conference only” fee** and be responsible for arranging their own accommodation. The hotel will not guarantee the room rates or availability after that date! Please check with the provincial office first as we may have a few spots to fill within the rooms we have booked.

- No registrations can be accepted after January 12, 2016.
- Price includes: Saturday and Sunday breakfasts, Saturday lunch, Saturday banquet, coffee break drinks and evening hospitality.

### **Conference Logistics:**

- Registration Friday evening 6 – 7:15 p.m.
- Saturday Breakfast 7:30 – 8:30 a.m.
- Saturday Lunch 12:00 – 1:30 p.m.
- Saturday Reception 6 p.m.
- Sunday Breakfast 7:30 – 8:30 a.m.

Sessions start Friday evening 7:15 p.m.  
Morning Sessions 8:30-10:15 & 10:45 – Noon  
Afternoon Sessions 1:45–3:00 & 3:45 – 5 p.m.  
Banquet and evening activity start – 6:30 p.m.  
Morning Session – 9:00-11:45 a.m.

**Please return a complete Registration Form to the provincial office:**

**Payment enclosed:** \_\_\_\_\_ (Cheque payable to Girl Guides of Canada, SK Council)

**OR** Credit Card # \_\_\_\_\_ (VISA, MC only) Expiry Date: \_\_\_\_\_

Girl Guides of Canada, SK Council

200-1530 Broadway Ave., Regina, SK S4P 1E2

**OR** email [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)

**OR** by phone 306-757-4102 Toll free 1-800-565-8111

**OR** fax 306-347-0995



**Saskatchewan  
Parks and Recreation  
Association**  
*Recreation  
An investment for life*

**REFUNDS:** This fee is refunded less \$25 administration fee until two weeks prior to the event. Within those two weeks, a written request must be sent to the Provincial Office for consideration of any refund.

# Camping

Submitted by Linette Plant, Provincial Camping Adviser  
[camping@girlguides.sk.ca](mailto:camping@girlguides.sk.ca)

## Core Staff Hoodies

Each Guider that was chosen to be part of a provincially run camp as part of the core staff received a one of a kind camping hoodie as a thank you! We gave out ten hoodies so far this year and they are only available to Guiders who are part of our camps. There is only one more provincial camp (see page 21) this year so if you want yours, volunteer! Each year there will be a new edition... so try and collect them all! Check out Carrie Hazelwood sporting her hoodie she received at our last camp at Heritage!



## Wilderness Camp

This August, we held a Canoe and Wilderness camp at Heritage Lake. We had a total of 15 girls aged 9-17 join us for this awesome adventure! The girls set up camp, cooked over fires all weekend, hiked to a wilderness site and canoed on the lake! The girls went home having learned new camping skills and meeting a few new friends! Join us next year for both a beginner camp and an experienced camp. It will turn your summer from great... to epic!



## SOAR 2017 – Spirit of Adventure Rendezvous

**WHAT** – This is an outdoor camping experience. Patrols will provide their own camping equipment.

**WHEN** – July 22 - 29, 2017

**WHO** – Over 2,000 participants from BC, across Canada, the USA and international guests. Saskatchewan would like to send one patrol of eight Guides/Pathfinders ages 11-15 accompanied by two Guiders. The two Saskatchewan Guiders have been chosen and they are **Amanda Lang** and **Diandra Thompson**.

**Guides &  
Pathfinders,  
APPLY NOW!**

**WHERE** – Held in Smithers, Northern BC

**Cost** – Saskatchewan Council has agreed to pay to send one patrol covering the registration fees. Girls will be responsible for providing their transportation costs, meals enroute as well as traders and miscellaneous items. The Camping Committee will select a provincial patrol. The girls selected will have time to fundraise as a group. Application forms are available on the provincial website with the link: [www.girlguides.ca/SK/](http://www.girlguides.ca/SK/) which takes you to the Home page and look under Upcoming Events.





## International Camp

**November 4 – 6, 2016**

Trefoil Trails at Pike Lake

**Ages 12 +**

**Cost: \$65 + GST = \$68.25**

Apply through  
the provincial  
office!

For girls who want to travel...this camp is for you! The Provincial International Adviser and Provincial Camping Adviser will be available for teaching topics such as how to complete an application and how to pack a proper backpack. You will be able to meet some of our alumni from previous international trips. Camp will run from 6 p.m. Friday to 11 a.m. Sunday. All meals will be provided during the camp including a substantial snack before bed on November 4 and a bagged lunch on November 6.

**Registration deadline: October 7**

## Save the date:

Theme: **THE HUNGER GAMES**

Who: **All Pathfinders and Rangers**

Where: Echo Lake Bible Camp

Dates: **February 24 – 26, 2017**

Contact information: Wendy Lawrence @ [wlawrence0@me.com](mailto:wlawrence0@me.com)

Watch for camp details and Registration Form LINK in the December edition of the *Prairie Lily*.



## We're getting ready for a Celebration!

Submitted by Megan Loessl

2017 will mark 100 years that Girl Guides have been camping at Pike Lake! To celebrate this amazing milestone a committee is organizing a number of celebrations.

A few things to watch for:

- 2017 Rally Packages – Check out [page 26](#) for more information!
- History & Archives – We are working on compiling stories, pictures and memorabilia! If you have anything you would like to share with the committee please email [guidermegan@hotmail.com](mailto:guidermegan@hotmail.com)
- **SAVE THE DATE!** August 26-27, 2017 – 100 Year Celebration Family Camp @ Trefoil Trails

If you are interested in helping with these celebrations or want more information please contact [guidermegan@hotmail.com](mailto:guidermegan@hotmail.com)



# Serenity Camp celebrates 15<sup>th</sup> year

Submitted by Ruth Griffiths

Serenity Camp celebrated its 15<sup>th</sup> anniversary on **August 14, 2016** at Heritage Lake. Former campers and staff joined the 26 current campers for an afternoon of food and fellowship. It was an affirmation of the annual camping weekend created for and by women who love to be outdoors.

This year Serenity Camp enjoyed canoeing, paddleboards, photography, crafts, painting, yoga, nature walks, swimming, singing and campfires. Participants washed dishes, chopped wood, hauled water and cleaned the biffies. In the process, they found new friends and strengthened family ties.

Geoff Payton and Beverly Skotheim of Northern Image Photography Club provided a hands-on Saturday afternoon session on photography. Laurie Fabrick helped participants create glass-inlaid stepping stones. Karen Hindle, the camp nurse, also offered drop-in craft sessions. Elaine McMillan taught flower arranging, incorporating flowers and grasses picked from the ditches. Susan Prakash, the Guider in Charge, offered watercolour classes for beginners and more experienced painters. Lindy Thorpe was grounds keeper and assisted Lillis Lawrence with water activities. Margaret Mehler cooked cowboy waffles at the campfire.



Paddle boarding

And my job, as it has been for the past 14 years, was leading nature walks and yoga on the beach. During our informal plant and bird surveys, participants help me find new species each year. We had a Great blue heron on the beach this year and a predatory kestrel scared away the songbirds. The blueberry patch had been stripped clean by a noisy flock of Canada geese.

Quartermaster Joanne Jansen, assisted by her sister Eileen Gabel, produced nutritious and delicious meals and tasty snacks throughout the four day camp. Her planning and cooking skills are key to the continuing success of Serenity Camp. Elaine McMillan created a spa basket that raised awareness and \$58 for the Canadian World Friendship Fund.

Each day ended with singing and laughing around the campfire, followed by mug up and board games in the Mess Hall.

As they hugged and bid tearful farewells, campers were already talking about meeting next year at Serenity Camp. Mark your calendar now to attend Heritage Lake Serenity Ladies Camp 2017, August 11-14, 2017!



Margaret's waffles





# Leap Into Adventure

## OAL Adventure Camp Training – Part B May 12-14, 2017

Are you a camper that wants to gain the skills and knowledge to take your girls backpacking, canoe tripping, cycle camping, or more? Come to this weekend training and make your “leap into adventure”.

(Note – Part A and Part B can be taken in any order. We will alternate parts each year!)

**When:** Friday, May 12, 7:30 p.m. – Sunday, May 14, 2:00 p.m.  
**Where:** Trefoil Trails, Pike Lake  
**Cost:** \$80  
**Deadline to register:** April 21, 2017

Content at this Part B training will be from the OAL Adventure Camping program:

- Module 2 Risk Assessment
- Module 3 Leadership Styles, Group Dynamics, and Management
- Module 7 Campsite Management  
and
- You will earn Paddle Canada Lake Canoe Skills Introduction Tandem certification (Providing the weather and wind cooperates!)

You will then plan for a canoe trip which will occur in the summer of 2017 (Date and location to be chosen by the group at this training).

Want more details on this OAL Adventure program? Follow this... go to Member Zone, Guider Resources, Camping and Outdoors, Adventure Camping.



### **Deadline to register: April 21, 2017**

If you have any questions, please contact Carla Punshon @ email: [carla@punshon.ca](mailto:carla@punshon.ca)

✂-----

**OAL Adventure Camp Training** **Trefoil Trails, Pike Lake** **May 12-14, 2017**

Name: \_\_\_\_\_ iMIS #: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Special Dietary Needs: \_\_\_\_\_

Cost: \$80 Payment enclosed: \_\_\_\_\_ (Cheque payable to Girl Guides of Canada, SK Council)

OR Credit Card # \_\_\_\_\_ (VISA, MC only) Expiry \_\_\_\_/\_\_\_\_

Optional: For grant purposes please self-identify if you are: ☐ First Nations ☐ Metis  
☐ Inuit or ☐ an immigrant.

Please return a complete registration form to the provincial office.

Girl Guides of Canada, Saskatchewan Council  
200 – 1530 Broadway Ave, Regina, SK S4P 1E2

If registering by email, please indicate all particulars in the registration form.

OR email [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)

OR register by phone 306-757-4102 / Toll-free 1-800-565-8111 / OR fax 306-347-0995

**REFUNDS:** The fee is refunded less \$25 administration fee until two weeks prior to the event. Within those two weeks, a written request must be sent to the provincial office for consideration of any refund.

# Backpacking to Grey Owl's Cabin

~An OAL Training Experience~

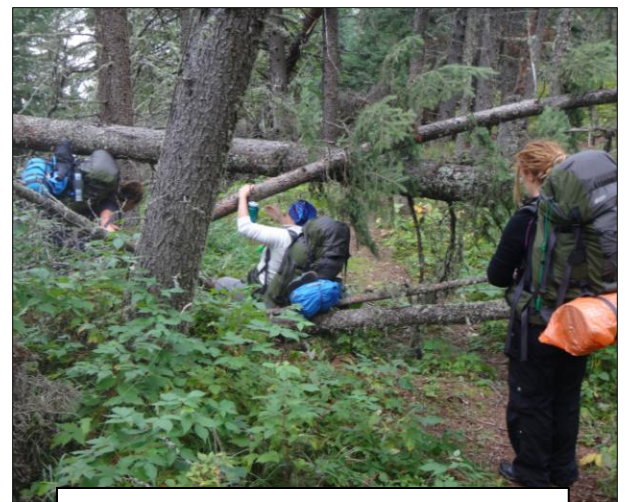
Submitted by Tanya Bill

On August 25 five excited women and their two leaders, Carla and Heather, headed out to practice what we learned at the Bear Necessities OAL training course we attended in May. For many of us, it was our first time backpacking. With packs full of gear and food, we made our way to our first camp. We got there just before it started to rain, so we quickly set up camp. After enjoying a delicious supper and spending some time reviewing the day and discussing the next day's hike, we headed to bed fairly early.



Five trainees at the start of the trip

The next day was a bit more challenging as we worked our way along the trail because there were so many trees that had fallen across it. It took a bit of work to climb over and under the mess, but it was great for our cores! The weather was perfect for hiking – not too hot and not too cold. Along the way to Northend Camp-ground, we were surprised by a pack of wolves! It was an adrenalin filled experience that brought about some good laughs after. Once we arrived at our destination and set up camp, we went for a swim in Kingsmere Lake and enjoyed some time on the beach in the sun. After that, we ate supper. We learned very quickly that every meal ends up being big because carrying out rehydrated food is heavier than carrying in the dehydrated food. We definitely didn't go hungry! Our evening consisted of some training as we worked to make a fire using batteries and steel wool. The result was an opportunity to sit by the fire to debrief. It was an excellent way to end the day!



Climbing over and under fallen trees

In the morning, after a scrumptious breakfast, we hiked out to Grey Owl's cabin without our heavy packs. It was an easier hike as a result. When we arrived at the cabin, our efforts in planning, training, and doing were rewarded by the beauty and tranquility of being in the middle of the bush. The warmth of the sun was an added bonus as we relaxed on the grass beside the cabin. Some of the ladies did some yoga while others rested and got lost in their own thoughts. We got back to Northend Campground, ate lunch, took down our camp, and headed to our next stop. It seemed less difficult passing over the same terrain a second time. It's quite likely that our relatively relaxing time at Northend Campground is the reason for that. At Sandy Beach (it is more rocky than sandy), we did some more practice with starting a fire using a striker. We weren't having much luck until we used cotton balls with petroleum jelly on them. It lit immediately! We spent another fabulous evening chatting around the fire before bed.



Relaxing at Grey Owl's cabin



Our final day of hiking went quite well. We thought it was going to take a long time to get through the mess of fallen trees, so we left early and we prepared ourselves mentally for the challenge ahead. As we hiked along, we were thinking that it was easier than it had been a couple of days before. Once we realized the park's people had been through cutting out the trees, we understood why. As a result, we made good time. We got to our pick up point about half an hour earlier than expected. That was with a fairly long lunch and a detour to see how construction was looking on the road and parking area at the original trailhead. Our pontoon ride was waiting for us near where we had been dropped off, so we climbed on and headed out. After unpacking group gear and changing our clothes so we wouldn't smell as bad as we did in our hiking clothes, we went for ice cream in Waskesiu. It was a wonderful way to end our four days and three nights together!

If you are thinking about taking your unit backpacking or on a canoe trip, or if you have some other personal reason for wanting to learn more about adventure camping, it is absolutely worth registering the next time you see an opportunity for an OAL training. Carla and Heather have many years of combined experience and knowledge to pass along; it is wonderful spending time with like-minded women, gaining knowledge and experience; it is an excellent way to build your confidence so you can share it with others; and being in nature is so refreshing. Good times!

~~~~~



## Communications

Submitted by Amanda Lang, Provincial Communications Adviser  
[communications@girlguides.sk.ca](mailto:communications@girlguides.sk.ca)

Welcome back to a new Guiding year...not that many of us ever really left! Between Guiding Mosaic 2016 at Sylvan Lake, international adventures, and adventure camping, Girl Guides from Saskatchewan have had a busy summer. Hopefully everyone follows us on [Facebook](#), [Instagram](#), and [twitter](#) for updates on all the fun!

If you ever have any instagram photos or tweets you want us to see – and potentially retweet/regram – please tag us with @saskgirlguides. And please encourage girls and parents to follow along as well.

### Social media and youth members

Did you know that saskgirlguides has a snapchat account? We're thinking the best way to put it to good use is to lend it out to different units and events to create snap stories while working on relevant badge work or at special events/camps. This will be beta tested with a few units before putting it out to a wider offering to see how it goes. Tell your girls to add us to find out the details as they become available.



What **IS** [snapchat](#)? Basically it is a fast and fun mobile conversation! Snap a photo or a video, add a caption, and send it to a friend. They will view it, laugh, and then the Snap disappears from the screen. Snap "Stories", another function, are viewed in chronological order, and each segment is accessible for 24 hours.

Are you or your girls a "Social Media Butterfly"? Something exciting is in the works and more details will be found in the next *Prairie Lily*.

Lastly, with guidance from national, the provinces have been working on implementing the Integrated Social Media Plan. This is basically a resource to coordinate some of the social media efforts across the country at a provincial level. If you have any questions about this plan, or about implementing social media tools or other communication methods into your Guider toolkit, please don't hesitate to ask. If I don't know, now we have a national support system in place to help everyone out.



# Program

Submitted by Sara Horseman, Provincial Program Adviser

[program@girlguides.sk.ca](mailto:program@girlguides.sk.ca)

Welcome to another year of Guiding! Our team is always looking for new ideas, so if you have ideas you would like to share, or if you would like to join the Program team, please contact me!

## 2016 Provincial Rally Packages

The Program team is again offering rally packages for your units! These packages will be \$1 per person and will include a crest and craft for each person registered as well as one package of information for you to run the rally. The package includes games, songs and activities for you to use to put on an event.

You can choose to do this as a unit, district or a few units together! You can also add your own activities. Some of the activities will cover program, so you may choose to do the rally over a few unit meetings, or expand it at a sleepover, afternoon or camp!

This year instead of separate themes and packages for each branch, we are doing one big package that can be used for any and all branches. Our theme is **Heritage Camping** and there will be activities comparing camping 100 years ago to camping today. The packages will be great for district camps or bridging events.

**December 9, 2016 is the deadline** to register your girls. Please keep in mind that deadlines are firm. Packages will be handed out at the January Conference. You may want to order a few extras in case you have new girls join, as there will not be extras ordered after the deadline.

✂-----

### ***Provincial Rally Packages – Heritage Camping – Registration deadline: December 9***

Contact Name: \_\_\_\_\_ Unit/District name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Fax: \_\_\_\_\_

Mail (address): \_\_\_\_\_ City/Town: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Number of girls registered: \_\_\_\_\_ Number of adults registered: \_\_\_\_\_

For district orders, please give the branch breakdown of girls and adults: \_\_\_\_\_

Did you participate in the 2016 provincial rallies? \_\_\_\_\_

If yes, did you find the package easy to use? \_\_\_\_\_

Total number crests @ \$1 per person: \_\_\_\_\_ Payment enclosed: \_\_\_\_\_

Optional: For grant purposes please self-identify if you are: ☐ First Nations ☐ Metis  
☐ Inuit or ☐ an immigrant

(Cheque payable to Girl Guides of Canada, Sask. Council)

OR Credit Card # \_\_\_\_\_ (VISA, MC only) Expiry Date: \_\_\_\_\_

**Please return a complete Registration Form to the provincial office:**

If registering by email, please indicate all particulars listed on the Registration Form.

Girl Guides of Canada, Saskatchewan Council

200-1530 Broadway Ave, Regina SK S4P 1E2

OR email [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)

OR by phone 306-757-4102 Toll free 1-800-565-8111

OR fax 306-347-0995



Supported by a grant from  
Saskatchewan Parks and Recreation Association



## 2017 Pathfinder/Ranger/Extra Ops/Trex Conference

March 17-19, 2017 – Prince Albert



Mark your calendars for the 2017 Pathfinder/Ranger/Extra Ops/Trex Conference that will be held in Prince Albert. The team in Prince Albert is working on amazing sessions for a variety of interests. You will find more details and the registration form in the November *Prairie Lily*, and in your email. There will be limited number of girls allowed in each session so plan to register early to get your choices!

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## 2017 Lady Baden Powell Weekend

March 10-12, 2017 – Yorkton

Guide Guiders, mark your calendars for the 2017 Lady Baden-Powell weekend to be held in Yorkton. The Lady B-P weekend is a great opportunity for third year Guides to work on their Lady Baden-Powell Challenge with other third year Guides in the province. More details and registration information will be available in the November *Prairie Lily* and in your email.



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## Guiding Mosaic 2016 – 4<sup>th</sup> Saskatchewan Patrol

Submitted by Anica Horseman, 38<sup>th</sup> Saskatoon Pathfinders



Mosaic was more fun than possible to describe, but my favourite part was meeting new people and trading with them while trudging through the mud. My patrol and I made lots of new friends, met lots of international girls and got amazing badges from them. We often complimented people on their “bunny hugs” and they always looked confused. At the Campfire I learned a lot of different versions of familiar songs and made a friend from the Northwest Territories. We were given

presents by a group of Rangers, and we were so happy when they gave us normal water. By the end of the week we had decided garden salad is swearing, and we had finished composing our Mosaic song with our rubber chicken (Georgina McNuggets) singing along.





We loaded our eight girls on the bus at “Mac the Moose” while Regan and I loaded up in the cargo van full of gear, and set out for Sylvan Lake, AB.

Our patrol was in the Totem Tower village with dark pink being our village colour. Our village triad consisted of



Katie from Ontario, Lindsey from BC, and Sonya from Australia. We loved our village triad and they loved us, too!



The girls enjoyed trying new crafts, meeting new people, trading with others, challenging themselves on the obstacle course, boating in a torrential downpour, being evacuated from their waterfront activities, trying new outdoor cooking skills, making a giant catapult, and many more things. They made a blanket for Project Linus for their Service project. We had a quick trip to the West Edmonton Mall for our out trip to civilization.



We all learned the value of good rubber boots and rain gear as we listened to the pitter-patter (or thump, thump, thump) of the rain falling on our tents every night (except the last one, but then it rained on them as we were packing them up). Rubber boots were a mandatory piece of equipment to eating and using the bathroom as there was a fair bit of mud after day five of rain.

The bus ride and the drive home in the cargo van were a little more smelly and things were a tad more muddy.







# Keeping the Spirit Alive!

Submitted by Judi Kehler  
Provincial Trefoil Liaison



Welcome back to another Guiding year!

## Provincial Trefoil Guild Gathering

October 14, 15, 16, 2016

**Dallas Valley Ranch Camp** (Located between Regina and Lumsden)

Thank you to all the Guilds who are participating in the planning and implementing of the program for the 2016 Provincial Trefoil Guild Gathering. Without the participation of all the Saskatchewan Guilds a Gathering would not be possible. Let's keep this tradition alive!

### Important items from the National Trefoil Guilds Gathering held in St. John's, Newfoundland June 16 – 19, 2016

1. All positions are a three year term, except Treasurer, which may be extended for up to five years, but must be elected EVERY year.
2. Secretary is not a 'position' but is an Activity, so there is no time restriction. Secretary can be appointed by the Chair.
3. Anyone holding a position must have a current PRC – this includes the activity as a secretary.
4. **Effective July 1, 2016 the title for this role will be Trefoil Liaison.**  
All "Trefoil Guild Advisers" across Canada will now be known as **Trefoil Liaisons**. National is trying to standardize GGC so we are "one organization: one voice".

Even though it was cold, windy, and wet (Newfoundland typical weather), all participants had a wonderful time, meeting, greeting, learning, and renewing friendships. The **2019 Gathering** will be held in **Sudbury, ON**.

**Thank you Long Lake District Trefoil Guild – our newest Guild for the following submission!**

**Dysart & District Museum High Tea** – On July 14, Long Lake District Trefoil Guild members; **Brenda Laliberte, Barb Boughner** and **Gladys Ollinger** spent a lovely afternoon at the Dysart & District Museum High Tea held in the beautifully decorated museum, setting the mood for a relaxing event. Tea, sandwiches and dainties were plenty, all served on china and silverware. Entertainment was provided. Thanks to the event planners who knew we were coming and set up a display with two Girl Guide uniforms from 1938.





# Cookie Chatter



Submitted by Megan Clarke, Provincial Cookie Adviser  
[cookies@girlguides.sk.ca](mailto:cookies@girlguides.sk.ca)

With the leaves starting to fall and the wind beginning to blow cooler, it means one thing is on my mind – cookies! Mint cookies are being delivered in Saskatchewan between September 19 and September 24. For new Guiders, thinking about selling cookies may be daunting, but the Unit Guider is essential to the Girl Guide cookie fundraising program. As a Unit Guider, your responsibilities include:

- Keeping track of cookie finances – there can be a lot of money exchanging hands at cookie time and it is important to keep good records.
- Introducing the cookie program to the girls in your unit (and to their parents) and explaining the importance of Guiding's official fundraiser. They will sell more cookies if they understand how important cookies are to their unit!
- Reviewing all deadlines and cookie-related materials to make sure you know what is happening with the cookie campaign.
- Reviewing safety rules with girls before cookie selling begins.



If you have any questions or require more information on any of these aspects of cookie selling, you can check out the "Cookie" section on MemberZone, or email me at [cookies@girlguides.sk.ca](mailto:cookies@girlguides.sk.ca). I am always happy to help!

## Cookie Delivery and Storage

Although your cookies will have arrived by the time you are reading this, I would like to share some reminders about how to store your cookies:

- Ensure your storage space is clean, dry, and protected. The storage location should be free of chemicals, paint, or any solvent producing an odour that could be absorbed by the cookies. Keep cookies away from potential infestations (insects, rodents, etc.).
- Keep cases dry and away from moisture of any kind. Beware of bare cement floors that may transfer moisture to the carrying cartons and cause weakness.
- Keep cookies away from heat. Do not store in vehicles or outdoors. Mint cookies should be stored at a temperature between 10°C and 22°C.

## Cross-campaign Cookie Selling

In the past, I have been asked about selling sandwich cookies in the fall, or mint cookies in the spring. Now that all cookies have an eight month shelf life, official guidelines have been created regarding selling cookies outside of the current campaign.

*"Girl Guides of Canada wants to promote the uniqueness of each cookie campaign so we do not openly promote the selling of cookies from the previous campaign. However, it is acknowledged that there may be some cookies left over from the previous campaign that are still within the acceptable eight month selling window. As long as these have been correctly stored in a cool dry location, they are permitted to be sold. The open promotion of these cookies or stockpiling for the purpose of selling in the next campaign is not encouraged or recommended. Marketing and PR should be concentrated on the current campaign cookies only."*

So basically, it is fine to sell the cookies from the previous campaign, but the focus should be on the cookies from the current campaign. As always, if you have any questions about cookies, don't hesitate to contact me!

**Happy Cookie Selling!**



# Saskatchewan Lones

Submitted by Lorraine Thibeault, Provincial Lones Adviser  
[lorrainethibeault52@gmail.com](mailto:lorrainethibeault52@gmail.com)



Welcome to another year of Guiding. In particular, I welcome back our Lone Guiders and Lone Rangers. In this short article, I will remind you of what Lone Guiding is all about, will thank those who have supported Lone Guiding, and will give you an update of Lone Guiding news.

Lones is an option for girls who are unable to attend regular meetings due to distance from a regular unit, health challenges, studies or physical challenges. As Lones, girls continue in Guiding by working long distance with a Guider. Lones earn badges, do service projects, play games and participate in fun activities. Lones take part in camps, trips, selling cookies and in special events. They receive regular packages by email and/or regular mail and have regular contact with their Guider(s).

If you know of girls and young ladies who are interested in Guiding but who cannot join a regular unit, please encourage them to register as Lones. Have the parent complete the regular registration form for girls: A.5P (application form), H.1 (health form), and IR.1 (image release form if the girl is new to Guiding and hasn't completed one before). Be sure to indicate LONES in big letters on the top of each form. The cost is \$135, the same as any girl registration. Forms will be accepted at any of the area or provincial offices. We will assign one or more Lone Guiders to work with the Lone girl.



Thank you to **Jess** and **Jackie** who are our present Lone Ranger Guiders. Thanks for a job well done. Thank you to **Bonnie**, Pathfinder/Ranger Guider in Strasbourg, for her invitation to the Lone Rangers to join her unit in camping activities this summer. Thank you to **Jennifer**, a Ranger Guider from Saskatoon, who has invited the Lone Rangers to all their camping activities throughout the year. We hope to take advantage of your hospitality this year.

We have a request for the registration of a Lone Brownie this fall and we are working to get things set up. Thanks to **Jess Glassman** who has agreed to take on the Lone Guider role for this Brownie.



To all Guiders and girls in Saskatchewan, have a wonderful Guiding year. Remember to befriend a Lone member so that our theme – “You’re never alone in Lones” – holds true.

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## Link

**NEW**



Submitted by Emily Bindle, Provincial Link Adviser  
[emilybindle@hotmail.com](mailto:emilybindle@hotmail.com)

In June I had a wonderful opportunity to attend the National Link Conference in Toronto. I began my Friday afternoon by sitting in on a Link focus group session with seven other Link Advisers. We had a chance to talk with the Level 5 strategy group about what Guiding means to us. I enjoyed getting to know the other ladies in the focus group and hearing that we have many similarities and some differences in our Guiding experiences. Saturday after the Annual General Meeting (AGM) the Link Advisers led a Link engagement session with the AGM participants. This session allowed us to work in small groups brainstorming ways to promote respect within Guiding. We spent the rest of the conference coming up with the beginning stages of a Link Program. I really enjoyed the opportunity to connect with other Link Advisers and to be a part of the conference.



# Public Relations

Submitted by Alice Gaveronski, Provincial PR Adviser  
[publicrelations@girlguides.sk.ca](mailto:publicrelations@girlguides.sk.ca)

**HAPPY GUIDING EVERYONE!** Yes, I'm back for another year!

If you're **NEW** to Guiding – WELCOME, Have FUN, and ASK for assistance.

**"WELCOME back"** to all of you who are back again. THANKS – It's great to have you on board! Here's hoping that you took time to break away from your screen(s) to enjoy the sun, a new park, any kind of nature (just to be outdoors), reading, relaxing...as the sun has set on summer and we have fallen into FALL!

## Do you enjoy writing?

Send a Guiding "Testimonial", your best "Guiding is Great" moment, "Blast from the Past", or "Why I joined Guiding?", and you will see it in print.



## PICTURES are worth a thousand words

Photos are needed for the provincial Annual Report, PR displays, provincial's four *Prairie Lily* newsletters, Social Media and for the provincial website. Please send to the provincial office or to Public Relations. Remember to check that the Image Release is completed, and send a brief phrase about "who, what, where and when" the photos were taken. Photos can be of:



- Unit events or activities
- District events
- Area events
- Provincial events
- Girls and members volunteering
- Community Service
- Special events and holidays
- All ages including Trex, Trefoil and Link
- Camping
- International travel
- Preferably girls and members in GGC uniform
- Cookie selling

All your unit events are Guiding PR opportunities!



## Creating a NEW crest or T-Shirt?

Please remember to send one to the provincial office to the attention of ARCHIVES with all the details. All Saskatchewan Girl Guide products will become part of our history and will be cherished.

## PR material

The PR material is available through your area office as well as the provincial office. Pick some up and hand them out at your Registration Night or your first meeting, so each family can pass them on to their friends and family. **U are PR** Have PR material available at all times!

## YOU as a GIRL GUIDE Ambassador What can you say to people to get them excited about Girl Guides?

- You could tell them about our service projects, Girl Guides Clean-Up Saskatchewan, the fun you have or the adventures your unit goes on.
- You could tell them about the history behind our famous cookies (they started right here in Saskatchewan) or how each cookie sale empowers girls and gives them new skills.
- Tell them something they can relate to. If you are speaking to a parent, it is the perfect time to share how Girl Guides has brought you out of your shell and/or helped you make friends.



## YOU as a GIRL GUIDE Ambassador (continued)

- If your speaking to someone who enjoys being active, tell them how Guiding has taught you to “rough it” at a camp.
- Having a personal story to share is another fantastic way to talk about the benefits of Guiding. You already have so many stories, so tap into them. Think of times that stand out and select one of those. Picking something that really made an impression on you will translate into an enthusiastic story that can excite others.
- The choice is yours. Just remember you have a small window to pique their interest.



It is your opportunity to tell them what we are all about and use an example of a ‘Guiding elevator pitch’ taken from the national website which will get your creative juices flowing: **“Guiding offers girls an opportunity to make new friends, challenge themselves, explore the world and have fun while doing it! We’re so much more than cookies. We encourage girls to contribute to their communities and help them become confident, resourceful and courageous young women.”**

You never know who you are going to meet. Be ready to describe your organization in one minute and be the best Girl Guide Ambassador ever! U are PR!

**Take a hike** (I mean go outdoors)! Discover a new trail with your unit by checking out [www.saskhiker.com](http://www.saskhiker.com). This website is dedicated to providing information on Saskatchewan hiking trails as well as other places to explore. Joe, the SaskHiker has the province broken up into four zones: Northern, Central, Southwest and Southeast Saskatchewan, and there are many exciting trails for you and your unit to choose from. Beautiful colours on the trees and no tics in the FALL!



### **HIKE AROUND SASKATCHEWAN Crest Request Form**

Remember to take photos of your hiking event and send them to:

[publicrelations@girlguides.sk.ca](mailto:publicrelations@girlguides.sk.ca) or [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)

Unit participating \_\_\_\_\_ Number of participants \_\_\_\_\_

District \_\_\_\_\_ Area \_\_\_\_\_

Date of Hike \_\_\_\_\_ Location of Hike \_\_\_\_\_

Mailing address for crests: \_\_\_\_\_

\_\_\_\_\_ Crests @ \$2 each = \$ \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Optional: For grant purposes please self-identify if you are: ☐ First Nations ☐ Metis  
☐ Inuit or ☐ an immigrant

Girl Guides of Canada-Guides du Canada, Saskatchewan Council  
200-1530 Broadway Avenue, Regina, SK S4P 1E2



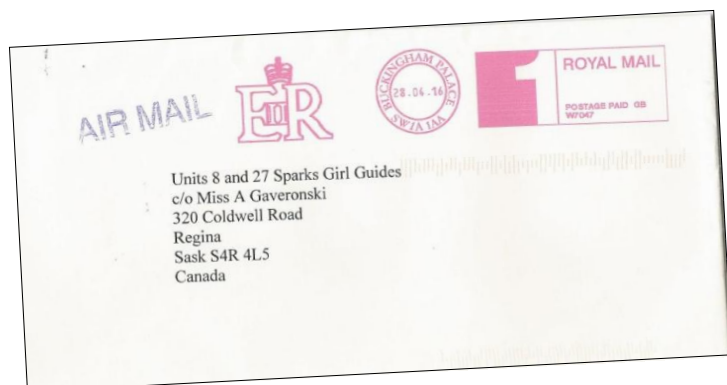
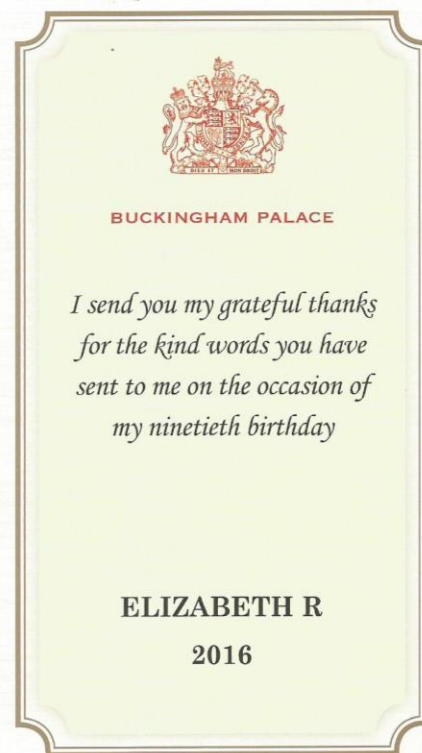
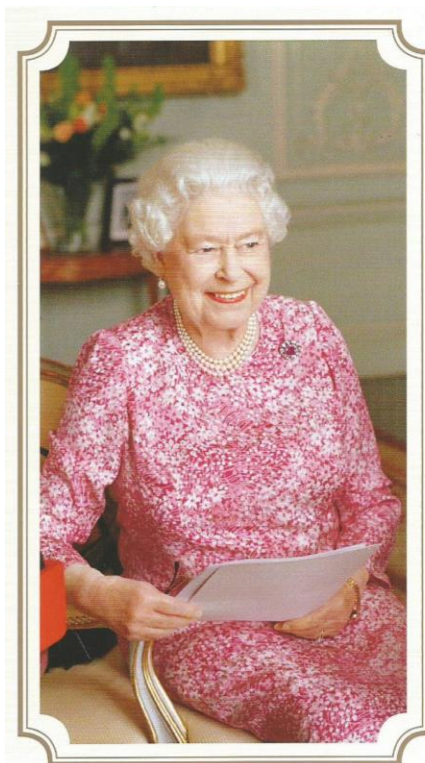
# 90<sup>th</sup> birthday wishes sent to Queen Elizabeth II

Submitted by Alice Gaveronski

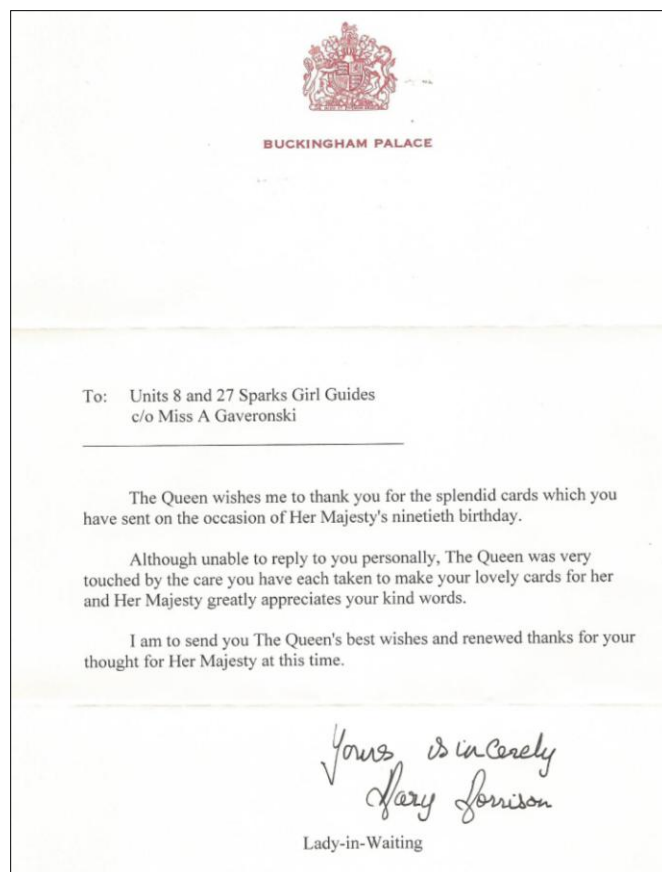
Two Spark Units in Regina (Alice Gaveronski's Spark Unit 8 and Annette Lang's Spark Unit 27) had a mother/daughter sleepover pertaining to the Spark Pax Lodge programmed event.

One of their craft activities was making birthday cards for Her Majesty's 90th birthday. Alice told the girls she would mail all the cards and at the end of March she did mail them.

In early May Alice received the items shown on this page. Alice was very excited to show the items to her Sparks and to share them with Annette's Sparks.



The envelope shown is postmarked from Buckingham Palace. Both the envelope and letter were cropped to fit on this page.



The photo on the left shows the whole group singing, "Pussy Cat, Pussy Cat, Where have you been? I've been to London to visit the Queen..."



# Awards at AGM

## The Beaver Award

Charlene McLean – Provincial Commissioner

## Honorary Life Membership

Phyllis White – Provincial Deputy Commissioner

## In Appreciation Saskatchewan Council pin

Charlene McLean – Provincial Commissioner

Phyllis White – Provincial Deputy Commissioner

Laurie Toews – Elected Council Member

Janice Graessli – Elected Council Member

Ashley Geddes – International Adviser

Judi Kehler – Human Resources Chair

## Saskatchewan Guider Appreciation pin

Carol Skaar – Safe Guide Assessment Adviser

Melissa Gartner – Twinning 2020 – Team Lead

## Certificate of Appreciation

Marg Stewart – Editor *Prairie Lily*

Danielle D'Entremont – Twinning 2020 – Girl Lead

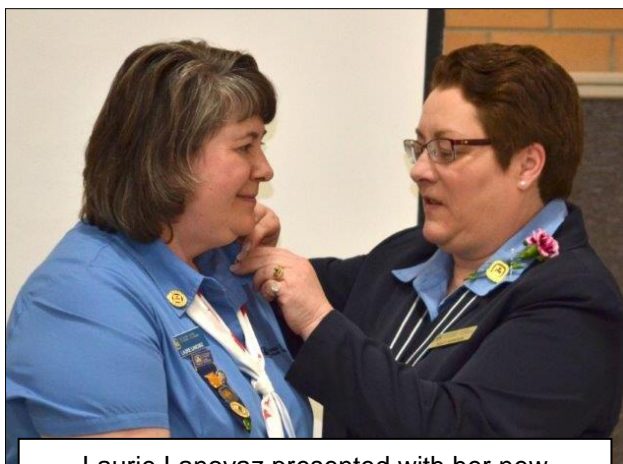
Kathy Palmer – Coordinating International Fundraising

Gina Troupe – Northern Pines Co-District Commissioner

Margaret Ferguson – Northern Pines Co-District Commissioner



Charlene McLean, Holly Thompson (Deputy Chief Commissioner – Provincial), Phyllis White



Laurie Lanovaz presented with her new Provincial Commissioner pin by Deputy Chief Commissioner, Holly Thompson



Charlene McLean handing over the gavel to new Provincial Commissioner, Laurie Lanovaz

Thank You



*I send to you a **THANK YOU** for the gifts, kind words and notes of best wishes from you as I completed my term as Provincial Commissioner. Your support has always been amazing, but your thoughtfulness at the end of my term was very special and greatly appreciated!*

*Also, I want to thank all who contributed to Sisters to Sisters – a total of \$500 was raised. Wonderful! © The girls needing financial support thank you as well.*

*Charlene McLean*

## How the cookies crumble!



## Toast to the Guiders

Given by Cathy Drinkwater  
on May 14, 2016 at the AGM

*Women become Guiders for varying reasons - for many it is a daughter, niece or sister whose unit needs leaders, others were girl members themselves and want to give back, while still others are drawn by the chance to work with girls and make a difference. All give voluntarily of their time to help girls realize the Guiding mission. From planning activities for Sparks to share and be a friend, to taking on a more advisory role with Rangers planning a hike in the Yukon, Guiders enrich the lives of the girls, assisting them to become more independent and confident as they progress through the Guiding programs.*

*Please join me in a toast to the Guiders!*



Return undeliverable Canadian addresses to:  
**Saskatchewan Council**

**200-1530 Broadway Avenue**

**Regina, SK S4P 1E2**

[provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)

[www.girlguides.ca/SK/](http://www.girlguides.ca/SK/)

Phone: 306-757-4102

New Toll-free: 1-800-565-8111

Fax: 306-347-0995

