Keeping the Spirit Alive!

Submitted by Judi Kehler

Provincial Trefoil Guild Adviser

**Provincial Trefoil Guild Gathering Application**

**October 14, 15, 16, 2016**

**Dallas Valley Ranch Camp**

(Located between Regina and Lumsden)

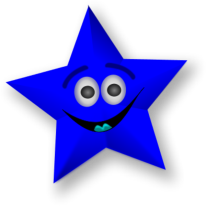
Registration, Friday, October 14 7 – 8 p.m.

Sessions, Saturday, October 15

Annual Trefoil Guild Meeting, Sunday, October 16 9 a.m.

Memorial service and closing



**Saskatchewan Trefoil Annual Rendezvous** – STAR

Creativity – painting, paper craft

Lifelong Learning – Tech training, Facebook, texting

Environmental/Global issues – Outdoor Scavenger Hunt

There are 20 rooms for accommodation with a washroom with shower in each room. There are 14 upper level Rooms and six rooms on the lower level. All rooms have a queen bed, with either a bunk bed, and/or trundle bed.

Two nights, double occupancy plus Saturday meals $100

Two nights, single occupancy plus Saturday meals $160

Saturday only – lunch, supper, mug-up $ 40

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***REGISTRATION FORM PROVINCIAL TREFOIL GUILD GATHERING October 14 – 16, 2016***

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ iMIS Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City/Town: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Postal Code: \_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Guild: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fee enclosed: \_\_\_\_\_\_ ($100, $160 or $40) (Cheques payable to Girl Guides of Canada, SK Council)

Or \_\_\_\_\_\_Visa \_\_\_\_\_ Mastercard Credit Card #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Expiry Date: \_\_\_\_\_\_\_\_\_\_

I wish to share with: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Dietary restrictions and allergies: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Optional: For grant purposes please self-identify if you are: €€ First Nations € € Metis €€Inuit or €€ € an immigrant.

Return Registration Form and fee to:

Girl Guides provincial office, 200 –1530 Broadway Ave., Regina, SK, S4P 1E2

or email [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)

**DEADLINE FOR REGISTRATION: SEPTEMBER 15, 2016**

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**Program choices**

**Saturday, October 15**

**9 a.m. – Creative: (Choose one)**

**\_\_\_\_\_\_\_ Art/watercolour/sketching** (Learn techniques, colour combinations, art forms) **(upstairs)**

**\_\_\_\_\_\_\_ Paper Folding** (Not origami, but some fun ideas to re-cycle paper into beautiful or useful objects) **(downstairs)**

**10:30 a.m. – Lifelong Learning: (Choose one)**

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**\_\_\_\_\_\_\_ Keeping up with the Grandchildren** (Learn how to use online media, such as Facebook, Twitter, and Instagram, as a modern-day communication tool) **(upstairs)**

**\_\_\_\_\_\_\_ Drumfit** (A lively, rhythmic clicking and drumming on huge exercise balls, done from a standing position – Drumfit is exercise for legs, as well as arms, and it's a lot of FUN!) **(downstairs)**

**3 p.m. Our Environment: (Choose one)**

**\_\_\_\_\_\_\_Scavenger Hunt** (A fun way to take a walk with friends and learn about your environment at the same time) **(outside)**

**\_\_\_\_\_\_\_** **Composting for Seniors** (Learn how to compost in a way suitable for a couple or single person e.g., worms, pails, etc. Practical experience in building a compost bin) **(upstairs)**

**INCLUDE THIS PAGE WITH YOUR APPLICATION**

**NOTE: BRING A COMPLETED HEALTH FORM TO THE GATHERING**