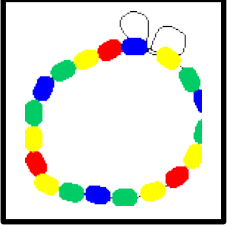


Activity	Description	Program
Gathering activity	Have some beads and string available and have the girls string a bracelet. You may have to help them tie it off. Ask them to keep the bracelet as they will need it later in the meeting.	
Opening	Have your regular opening and talk about how you are having a meeting about friendship. Go over the Spark Promise..." I promise to share and be a friend." Explain you are now going to share and be a friend...everyone will pull out their bracelet and start passing the bracelets till the leader says stop. Now everyone will keep their new bracelet that a spark friend has made for them.	
Activity	<p><b>Friendship Salad Recipe</b></p> <p>You'll need:</p> <p>Large bowl, mixing spoon, small bowls and spoons to eat it after, 1 jar mandarin oranges, 1 can pineapple, 1 can mixed fruit, mini marshmallows, yogurt, 1 old banana</p> <p>All fruit needs to be drained.</p> <p>What to do:</p> <p>Have the girls gather around a table or do it in a circle so everyone can see. Start by pointing to the large bowl. Explain to the girls that the large bowl is like your spark meeting place and there are many important ingredients that go into making sparks a fun place to learn.</p> <ol style="list-style-type: none"> <li>1. Add the oranges into the large bowl.</li> </ol> <p>As you add the oranges into the bowl, explain to the children that the oranges represent the sparks who are kind. Kind sparks are always helpful and follow directions.</p> <ol style="list-style-type: none"> <li>2. Next, add the pineapple pieces to the large bowl.</li> </ol> <p>Tell the children that the pineapple pieces represent the fun we have when we participate.</p>	

3. Then, add in the mixed fruit.

Explain to the children that the mixed fruit represents the sparks who share. The sparks who share always work well with others and share their toys and themselves with others.

4. After that, add the marshmallows to the large bowl.

The marshmallows represent the kind words that are spoken at sparks. These are the words that make us feel good (Please, Thank you, I'm Sorry) and make sparks a happy place.

5. When ready, add the yogurt to the large bowl.

Tell the girls that the yogurt is sweet and represents the happy days we will have in sparks together.

6. Lastly, turn to the rotten banana and pretend you are going to add it to the large bowl.

Tell the girls that the rotten banana represents trouble at sparks. Trouble like calling someone a name, refusing to share, not being nice to other sparks, etc..

Ask the children if they want the rotten banana in the Friendship Salad. They will say No!

Finish off by saying good because we don't want any trouble at sparks. Now you can share the friendship salad and have a snack.

Adapted from: <http://kiboomukidssongs.com/friendship-the-more-we-get-together/>



<p>Game</p>	<p><b>Get to know each other</b></p> <p>Have all the girls stand in a circle and the leader will say something like "if you have blue eyes put your hands on your shoulder", or "if you like spaghetti touch your knees" etc. Play as many rounds as you like.</p> <p>A great little game to get the girls comfortable, be a bit silly, move around and get to know each other.</p>	
<p>Craft</p>	<p><b>Friendship Tree</b></p> <p>You'll need: The tree in this meeting printed on cardstock, some paint, some paper plates</p> <p>What to do:</p> <p>Have one tree per girl and give each girl a color of paint on a paper plate. Have all the trees lined up on a table. Have the girls go down the table and place a fingerprint on the tree as a leaf. When they are done they will have picture to remind them of all their spark friends. A friendship tree. This will also give you a chance to talk about how each fingerprint was different just like each friend.</p>	
<p>Activity</p>	<p><b>Pepper Chase</b></p> <p>You'll need:</p> <p>Water, dish soap, pepper, pie plate</p> <p>What to do:</p> <p>Place some water in the pie plate. Now have one of the girls shake pepper onto the water. You may have a few girls do this. Talk about how the pepper represents friends. Then ask how do you keep friends close...kind words.etc. You need to treat people nice for them to stay friends. Ask them what happens if you start saying hurtful words to your friends. Then place some dish soap on the end of one of their fingers. Have that spark say something mean and then place her finger in the middle of the pie plate. The pepper will run away to the edge. This is what can happen when we don't use nice words with our friends.</p>	

Closing	<p>You can end the meeting with a few songs.</p> <p><b>The more we get together</b> The more we get together, Together, together, The more we get together, The happier we'll be.</p> <p>B'Cause your friends are my friends, And my friends are your friends. The more we get together, The happier we'll be.</p> <p><b>Make New Friends</b></p> <p>Make new friends, but keep the old. One is silver and the others gold.</p>	
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