

Activity	Description	Program
Opening		
Science Activity	<p>Frozen Treasurer</p> <p>You'll need: Baking soda, Water, Jello Powder, ice cube trays, beads or gems, spray bottle or droppers, plastic or tin foil tubs to contain mess, vinegar</p> <p>What to do ahead of time: Mix in a bowl 1 cup of baking soda, 1/3 cup of water and add any jello powder for colour and smell. Mix p and them place some in the bottom if each ice cube compartment. Then place a gem and then cover the gem up with some more of the mixture till the compartment is filled. This ensures the solution freezes solid and comes out of the ice cube trays in the desired shape.</p> <p>What to do on the day of activity:</p> <p>Give each girl an treasure ice cube and have her place it in the tub. She will also need some vinegar in a spray bottle or use droppers to add vinegar to the cube. As the vinegar hits the cube it will start to fizz and melt away. Leaving the girls their treasure.</p>	
craft	<p>Pirate Hat</p> <p>What you'll need: cardstock, markers, crayons or pencil crayons, stapler</p> <p>What to do:</p> <p>Print off the template at the end of this meeting and copy onto cardstock. Have the girls colour and cut out the hat. Then take strips of cardstock and staple them to the side of the hat and then measure the girls had to figure out the size and where to staple the strip to the other side of the hat.</p>	
Game	<p>Captain's Coming</p> <p>The girls gather in the center of the room. The leader then yells out commands which the girls then do the actions.</p> <p>Captain's Coming - all line up, stand at attention and salute. Bow - run to the 'front' of the room. Stern - run to the 'back' of the room.</p>	

	<p>Port - facing the 'front' of the room, port is the left wall. Run to port.</p> <p>Starboard - facing the 'front' of the gym, starboard is the right wall. Run to starboard.</p> <p>Man overboard - lie on back and swim</p> <p>Submarines - lie on back and stick on leg straight up. (for the periscope)</p> <p>Man the Lifeboats - find a partner, sit together, and row!</p> <p>Torpedoes - lie on tummy, with hands together over head to give a stream lined look. One person (usually a leader) does the calling and the girls rush around performing the actions, which are mixed up and used more than once. Once everyone knows the rules it is not a problem to join in as you go.</p>	
Songs	<p>Pirate Ship <i>(actions in brackets)</i></p> <p>When I was one <i>(hold up one finger)</i> I sucked my thumb <i>(suck your thumb)</i></p> <p>The day I went to sea, <i>(make waves with a hand)</i></p> <p>I climbed aboard a pirate ship <i>(climb an invisible ladder)</i></p> <p>And the Captain <i>(salute)</i> said to me,</p> <p>"We're this way, <i>(jump to the left)</i></p> <p>That way, <i>(jump to the right)</i></p> <p>forward, <i>(jump forward)</i></p> <p>backward, <i>(jump backward)</i></p> <p>And up the Irish sea, <i>(move arms in front like waves)</i></p> <p>A nice ripe plum to fill my tum <i>(rub your belly)</i></p> <p>And that's the life for me!"</p> <p>Other Verses:</p> <p>Two: I tied my shoe <i>(tie your shoe)</i></p> <p>Three: scraped my knee <i>(brush your knee)</i></p> <p>Four: shut the door <i>(shut an imaginary door)</i></p> <p>Five: did the jive <i>(do a little dance)</i></p> <p>Six: picked up sticks <i>(pick up sticks)</i></p> <p>Seven: went to heaven <i>(point upward, act 'angelic')</i></p> <p>Eight: closed the gate <i>(close an imaginary gate)</i></p> <p>Nine: stood in line <i>(look impatient)</i></p> <p>Ten: did it again <i>(look exasperated)</i></p>	
Closing		



