

| Activity | Description | Program |
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| Opening | | |
| Activity | <p>Valentines for Vets You'll need: cardstock, paper, markers, stickers, ...etc.</p> <p>Veterans Affairs Canada (VAC) has a great program called Valentine's for Vets which is a great service project for Brownies. All the girls need to do is make a Valentines card for a veteran. Keep the message happy and appreciative for the vet who will receive the card. They will not take cards with glitter on them.</p> <p>After the girls make the cards you mail them into the address below. They need to have received the cards by January so they have time to get them to the veterans. Use the link below to go to their website for their tips and message ideas before you begin so you know what they are looking for.</p> <p>http://www.veterans.gc.ca/eng/remembrance/get-involved/valentines-for-veterans/tips</p> <p>Mail to: Valentines for Vets Veterans Affairs Canada Canada Remembers P.O. Box 7700 Charlottetown, PE C1A 8M9</p> | Key to my Community |
| Game | <p>Pass the Face</p> <p>This is a game of emotional telephone. One girl starts by making a face to the girl on her right. That girl passed the face to the girl on her left and so on. When the face gets back to the start you will see if it is the same. Then ask the girls what emotion they thought they were passing on.</p> <p>This game will start to create empathy. If we all had empathy the world would be a much more peaceful place.</p> | |
| Activity | <p>Make the world a Better place You'll need: A poster board and marker</p> <p>Sit have a quick talk about peace and how we can create peace in our own lives. Try to empower the girls to know they can make a difference. Then go around the circle and have each girl say what they can do to create peace. Have a guider write each answer on the poster board. Ask the girls to make a difference in the next week and then the following week you can bring out the poster and ask the</p> | |

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| | girls if they did their action for peace. | |
| Game | <p>Tug of Peace</p> <p>You'll need: skipping ropes</p> <p>This game will have the girls working together. Put them in small groups and together use the skipping ropes to form a picture. They can make a triangle, a circle, numbers, a face, bunny ears or whatever you can think of. The idea is for them to work together.</p> | |
| Songs | <p>Make New Friends</p> <p>Make new friends but keep the old, One is silver and the other gold.</p> <p>A circle's round, it has no end, That's how long I want to be your friend.</p> <p>Brownie Smile <i>(source: "Sing A Song For Sixes", Girl Guides of Canada, 1975)</i></p> <p>There's something in my pocket That belongs across my face. I keep it very close to me, In a most convenient place. I bet you'll never guess it If you guess a long long while, So I'll take it out and put it on. It's a great big Brownie smile!</p> | |
| Closing | | |