



	Description	Program
Gathering activity	<p>Have girls arrive dressed for a luau. Present each girl with a lei.</p> <p>Sea shell bracelets</p> <p>You'll use chenille stems and several craft shells with holes in them. String shells onto stems to make a bracelet and then wear it for the evening.</p>	
Opening	<p>Do your regular opening. Then talk about how a luau is a celebration. What other celebrations do we have and know about? Birthdays...etc.</p> <p>Why do we have celebrations?</p>	
Craft	<p>Beach Suncatchers</p> <p>Cut the centers out of 6" paper plates, cover one side of the plate with clear contact paper and sprinkle sticky side with sparkly confetti, then cover the confetti with another piece of clear contact paper. Add a ribbon to hang</p>	
Games	<p>Coconut bowling</p> <p>For bowling you need 2 litre pop bottles covered to look like pineapples and 1 or 2 coconuts. Then play like regular bowling.</p> <p>Limbo</p> <p>Use a broom and play limbo. Play some fun Hawaiian music and see how low everyone can go. You could also have the girls limbo in funny ways.</p> <p>Coconut Push</p> <p>Use your coconuts and a few brooms and split the girls up into relay teams. Then have them push their coconuts to the end of the room and back. First team to finish wins!</p>	
Snack	<p>Cut up some fruit and serve with rice crackers. The girls could possibly make fruit kabobs with the fruit you have cut up.</p>	

Song	<p>Swimming Hole</p> <p><i>(Source: also in "Campfire Activities", Girl Guides of Canada, 1993.)</i></p> <p>Swimming, swimming in the swimming hole When days are hot when days are cold, in the swimming Hole. Side-stroke, breast stroke, fancy diving too. I'll bet you wish you never had anything else to do, but....</p> <p>Actions:</p> <p>Swimming, swimming: swimming action In my swimming pool: trace outline of pool Days are hot: wipe hand across forehead Days are cold: shiver Breast-stroke: do the breaststroke Side-stroke: do the sidestroke Fancy diving: dive action</p> <p>Repeat the song a number of times, leaving out each of the above lines one at a time but still doing the actions. The last verse should be all actions and no singing!</p>	
Closing		

You may use this activity for a Mother Daughter birthday night. The week before this meeting you could make cards and gifts for Mom and give them to the Mothers along with Birthday cupcakes for everyone with lunch. If you use it as a Mother/ Daughter Birthday night you may wish to have a small gift for each girl as well, perhaps to match the luau theme.