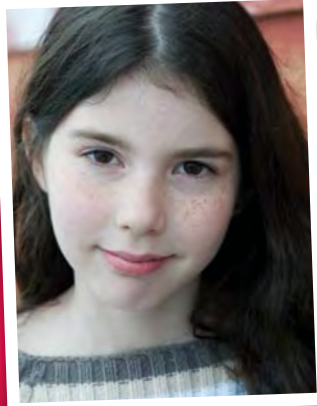


## Meet our Members

Photo: Michael Tompkins



### Cassidy Megan - Guide

Cassidy is a girl of action. This past year, she established Purple Day – March 26 – to increase awareness of epilepsy. This is one 10-year-old who is already making her mark in the world.

“It sometimes felt like I was the only kid in the world with epilepsy,” says Cassidy, who is a Guide. “I wanted people to know that if you see someone having a seizure that you never run away and you don’t need to be afraid. Purple Day also helps other people with epilepsy feel like they are not alone.”

Cassidy began the project by getting her school involved – but she didn’t stop there. She called local politicians, members of Parliament, Senators and the Prime Minister. She even convinced Paul Shaffer from The Late Show with David Letterman to wear a purple tie on the March 26 show. To spread the word, Cassidy also established [www.purpleday.org](http://www.purpleday.org) and a Facebook group.

At Guides, Cassidy developed the leadership skills that helped her start Purple Day. “Guiding is welcoming to all kinds of girls,” she says. Of course, Guides is also about having a blast hanging out with other girls. “Guides is so much fun – we do cool things like arts and crafts, camping and make new friends.”

Helping girls like Cassidy feel confident to speak out and take action – that’s what Girl Guides is all about.

*My favourite part about Guides is having fun with my friends. No*