



Girl Guides of Canada Guides du Canada

girls worldwide say 
“empowering girls will change our world”

World Thinking Day 2011 - Pathfinders

The World Association of Girl Guides and Girls Scouts (WAGGGS) has developed a World Thinking Day (WTD) activity pack and fundraising ideas kit for Girl Guides all around the world.

Access the WAGGGS resources here:

<http://www.worldthinkingday.org>

The activity pack offers activities divided into four sections:

- *Developing self-esteem and self-confidence*
- *Learning together to change our world*
- *Living and working for a fairer world*
- *Girls and young women as decision-makers*

The last section of the activity pack includes descriptions of the focus countries.

WAGGGS has chosen a focus country from each region, highlighting the difference Girl Guiding and Girl Scouting makes and the ways it empowers girls and young women. The World Thinking Day focus countries will each receive a small grant from the World Thinking Day Fund, which we support through the Canadian World Friendship Fund. The focus countries are Bolivia, Cyprus, Democratic Republic of Congo (DRC), Yemen and Nepal.

This year GGC is carrying on with the successful Fivers for Friendship program that challenges all members to contribute five dollars on World Thinking Day to the Canada World Friendship Fund. You can find ideas for fundraising activities on the WAGGGS World Thinking Day site.

Sample Instant Meeting

- **Introduce Bolivia** as a focus country for 2011, and explain this means that WAGGGS will support their gender equality efforts with a donation from the World Thinking Day fund. Explain that a portion of our Canadian World Friendship Fund donations will go to WAGGGS to help. Find Bolivia on a map.
- **Opening Reflection** (or opening of your choice) – Recite the Bolivian Guide Scout Promise (found in the WAGGGS Activity Pack) following the Canadian Girl Guide Promise
- **Focus country activity**– Rights and Freedoms (pg. 23 in WAGGGS Activity Pack)
- **Learning together game** – Lemons and Limes (see below)
- **Focus country treat** – Cocadas (see below)
- **Taps**



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Sample Bridging Meeting

- Invite Sparks, Brownies or Guidies to your meeting and ask them to each bring a doll with them; the doll should be small enough to use a paper lunch bag as a dress – or use a Guide doll as a model and display the rest of the paper bag dresses on a clothesline
- **Horseshoe** – say both promises
- **A fairer world** - Guider reads *The Paper Bag Princess* by Robert Munsch (listen to it here: <http://robertmunsch.com/the-paper-bag-princess/>) and discusses how Elizabeth was smart and resourceful and rescued Prince Ronald – and how girls don't have to wait for a boy to do things for them!

Pair a Spark with each Brownie and Guide and let the Guide cut neck and armholes in a paper lunch bag to make a dress for the younger girl's doll. With markers or crayons, older girls can write messages and both older and younger girls can draw pictures on the bag to show things they can do for themselves and ways they can help others.

- **Have a parade or fashion show** or let girls come up and hang their paper bag dresses on a 'clothesline'. Have each girl tell one thing they put on their dress.
- Mention that Guiding teaches girls how to do things for themselves in many countries around the world, and that our Canadian World Friendship Fund donations (e.g. Thinking Day Fivers for Friendship) can help.
- **Learning together game** – Cat's Tale Relay (See Below)
- **Self-esteem and self-confidence game** – Stand Out From the Crowd (pg. 13 WAGGGS Activity Pack)
- **Closings**

Lemons and Limes

This activity shows that there are differences even in things you assume are the same. It can provoke a discussion about what makes us different and what similarities we have to each other.

Materials: lemon/lime for each player. 1 Permanent marker.
Approximately 10 minutes

1. Give every player a lemon or lime. Ask the players to write their name on the fruit. The players have two minutes to get to know their fruit, noticing the shape, texture and any marks on it.
2. Ask the players to sit together shoulder-to-shoulder in a close circle, with their hands behind their backs. The players should be facing the centre of the circle so they can't see anyone's hands.
3. Give each player a fruit, distributed at random. Ask them to feel the fruit and if it is not their fruit, pass it to the left. If they think they have their fruit, they hold it and continue to pass the rest of the fruits to the left.
4. Let this go on for 5 minutes, or until they have all found their own fruits.



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5. Ask the players to look at the fruit in their hands to see if they guessed correctly. What makes us special and unique like the lemons/limes? How might this give us strength or lead to problems?

Once the game is over the girls could make lemonade and limeade from their fruit.

Lemonade Recipe

Use 1 part lemon juice, 1 part sugar and 5 parts water. Mix well to dissolve the sugar. Enjoy

Focus Country Treat

Cocadas - (Coconut Candies)

Ingredients

2 2/3 cups shredded coconut
3/4 cup condensed milk
1 egg
1/4 teaspoon almond essence*

* Review with girls whether any have a nut allergy before including this ingredient.

Preparation

1. In a bowl, mix shredded coconut, egg, condensed milk, and almond essence until everything is well mixed.
2. Let rest for two or three minutes.
3. Grease a baking sheet.
4. Using two teaspoons, put small amounts of the mixture in the baking sheet.
5. Bake at medium temperature (European oven: 163 Celsius degrees; American oven: 325 Fahrenheit degrees) for twenty-five minutes or until they are golden, dry and smooth at the same time.

Yields 24 regular-size coconut candies.

Cat's Tail Relay:

Approximately 20 minutes
Materials: 30 pieces of string

1. Prepare 30 pieces of string, all the same length. Hide all but three or four pieces.



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2. Teach girls a knot that can be tied with two strings, e.g. reef knot, sheet bend, fisherman's knot. When playing the game, each girl must tie her own knot but may receive instructions from others on her team.
3. Divide the girls into three or four teams of equal size. Each team chooses a 'cat' who is given one of the extra pieces of string.
4. At a given signal, all players except the 'cats' scatter to hunt for the hidden strings. As a girl finds one, she takes it back to her 'cat' and uses the learned knot to tie it to the string tail the 'cat' is holding.
5. After 5 minutes the team with the longest tail wins.

Variations:

- Pile all strings in the centre of the room; one girl at a time from each team runs up, gets a string, runs back to her 'cat', and ties her knot, then the next girl from her team runs up to get a string, and so on.
- Divide strings evenly among teams and the first team finished wins.
- Teach only one girl from each team the knot and allow each girl to teach the next girl how to tie the knot.