Make a die out of a milk carton!

Start with an empty, clean, paper/wax 1 litre milk carton

Measure the width of one side of the milk carton (on mine it is 7cm – this will be my reference, but please measure your carton to be sure of the size, and use your measurements).

Measure up the milk carton the 7cm, on all four sides. Draw a line on the carton at this height.

Measure up from this line another 7 cm on all four sides. Draw a line on the carton at this height.

Cut the top of the carton at this top line that you have just drawn.

From the new top that you have just cut, measure down 1.5 cm, on three sides of the milk carton, and draw a line on these three sides.

Cut the milk carton on these three sides (DO NOT cut the fourth side).

Now cut out the sides of the milk carton on the three sides that you have just cut above. This will result in a four sided cube at the base of the milk carton and a 1.5 cm band at the top of the milk carton connected by a solid side on ONE side of the milk carton.

Fold the solid side over the opening of the cube and slip the band over the three sides to hold in place (may require some stretching, and if it breaks, glue back together – possibly using a corner cut from discarded milk carton pieces).

You should now have a closed cube. Decorate the outside of it with dots for a die (opposites sides equal 7). You can use foam dots, paints, stickers, etc.

Have fun and play great games with the girls in your unit, or the adults at your training!





