

SNOWFLAKE

BALL



TOOLKIT

**BC PROGRAM COMMITTEE
NOVEMBER 2010**

SNOWFLAKE BALL TOOLKIT

INDEX

| | |
|---|----|
| Welcome Letter | 1 |
| The Who, What, Where, When, Why and How's of a Snowflake Ball | 2 |
| Schedule of the Day | 3 |
| Game/Activity Ideas | 4 |
| Craft Ideas | 7 |
| Song Ideas..... | 9 |
| Story Ideas..... | 10 |
| Food Ideas..... | 11 |
| Crest Ideas | 11 |

Hello,

What is more magical than having a ballroom full of Sparks and Brownies all dressed up to the nines arriving for a wonderful Snowflake Ball? With the toolkit you can plan the ball and see all the sparkle and twinkle take place. Inside you will find activities, games, crafts, songs, food and crest ideas to plan a Snowflake Ball for you Area. In some Areas there might be too much distance to travel to have this as an Area event or there might be too many girls for one location. If this is the case you could get together with a few Districts to hold this event.

The suggestions in the toolkit can always be modified or changed to meet the needs of the girls or the location. We are sure as you begin to plan you will have many more fantastic ideas to add to the toolkit so make sure to add them so other people can use them in the future.

If you have any questions or comments send them along to the Program Committee at program@bc-girlguides.org

Have a magnificent time at the Ball and hope you enjoy the Snowflake Ball Toolkit!

BC Program Committee



The Who, What, Where, When, Why and How of a Snowflake Ball

Who: A ball for Sparks and Brownies in your Area planned by the Area Program Committee.

What: Crafts, games, dancing ... and of course some fancy food! When the girls arrive get them to find their Guider. Gather everyone together and start with an opening, do a song with them, Princess Pat is always a good one, go over all the rules and then tell them the schedule for the day. Then move onto the round robin, do $\frac{1}{2}$ hour stations with different activities, snowball fight with socks, relay race, princess story, snow castles with sugar cubes, decorate snowflake shaped cookies. After the round robin have a magician or clown come in and do a show for the girls.

When: This event is best held on a weekend usually in a four-hour time frame. If you have more time you can make it a longer event. It is best to hold it between meal times so you are supplying the girls with a snack. The best time of year to hold the ball is in January or February when you might actually get snow for the Snowflake Ball.

Where: You need a large hall that you can decorate and accommodate all Sparks and Brownies in your Area. Hang large snowflakes from the ceiling and hang them closer to the ground so the girls feel like this was especially set up for them. Put up white Christmas lights and dim the lights to make the room feel like a ballroom setting. Look at all halls, gyms and churches in your area and see what location will best meet your needs.

Why: For Sparks and Brownies to get dressed up as princesses and to come together and have a fun day filled with sparkle and magic.

How: Send out an SG.1 and SG.2 to all Spark and Brownie Units in the Area. Give them at least a month to get their forms returned. Guiders attend with their unit to meet ratio. The committee runs the stations, prepares the food and oversees all activities.

Snowflake Ball Schedule

Here is an example schedule you can use to help plan your ball.

12:00 - Girls start to arrive. Have a gathering activity (make fancy name tags) for the girls while waiting for everyone to arrive. Another option for name tags is use a cute clipart picture of a snowflake or princess and put it on labels that you can print off to use for name tags. Get one Guider from each Unit to check in and get a package that has the schedule of the day and what stations the Unit will be going to during the round robin. When breaking each Unit into groups you can give each group a princess name, fairy name or anything else that is theme related.

12:20 - Opening (bathrooms, fire exits, first aiders, what to do if there is an emergency)

12:30 - 2:30 - Round Robin, four stations that are a half-hour each. One of your stations should be the food station. Come up with creative names for the stations not just station 1. One idea is to use different castle names for the stations (i.e. Versailles Castle, Buckingham Palace and Edinburgh Castle). Have groups that are split evenly between the stations. In the toolkit you will find many different ideas to plan your other 3 stations. At each station you can usually do two different activities (i.e. Masquerade Creation and Princess Story). If more time allows you could do more than 4 stations. When it is time to switch stations play some music, ring a bell or find someone that can play the flute.

2:30 - Dancing! Make a CD with different songs so the girls can dance for a bit.

3:00 - Gather girls all together, hand out cake/cupcakes

3:30 - Magician/Clown (look for someone who is local that can come in and do a show for the girls)

4:15 - Closing

4:30 - Girls go home and time to clean up

Game/Activity Ideas

1. **Princess, Princess, Frog** - Just like duck, duck, goose accept change the name.

2. **Snowy Relay Game:**

a. Equipment needed:

- straws (1 per girl)
- paper dollie "snowflake" (1 per team)

b. Divide girls into teams (choose the size of teams depending on the space you have to work in). Have the girls run a relay which may include:

- blowing snowflake with straw for a certain distance
- sucking snowflake to straw while they walk a certain distance
- making "snow angels" (i.e. they have to "flap" 5 times on the floor)

3. **Snowball Relay Race**

a. Equipment needed:

- Styrofoam ball for each team
- pencil for each team

b. Divide girls into teams. First girl on each team will be given a styrofoam ball (snowball) and a pencil. On your mark they are to bend over, place the ball on the floor, and push the ball with the pencil across the room, around an obstacle, and back to next child on team. First team to finish wins.

4. **Guess Who/What Game** - each girl will be given a winter picture that will go around their neck and on their back so they can't see. They will have to 'mingle' with the other girls asking only 'yes' or 'no' questions until they can guess who/what they are. Then they can look at their card.

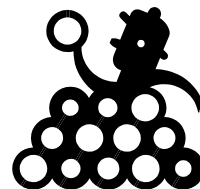
5. **Snowball fight**

a. Equipment needed:

- socks
- cotton batting

b. Instructions

- divide the girls into 2 teams and have them face each other some distance apart
- count to 3 and everyone throws snowballs at each other.



6. Building an Ice Palace

a. Equipment needed:

- a piece of cardboard (to build on)
- 1-2 boxes of sugar cubes per group
- a portion of royal icing

b. Instructions

- Split the girls into groups
- The girls work together to create a beautiful ice palace, fit for a princess
- Once they are done, leaders should move the ice palaces to another location to dry.

7. Romeo & Juliet Game Instructions:

- girls choose partners
- divide the group into two lines, girls stand across from their partners
- Explain the different positions:
 - ❖ Romeo & Juliet - 1 person gets down on 1 knee and the other person sits on the knee
 - ❖ Palm Trees - Partners stand back to back and wave hands in the air
 - ❖ Conjoined Twins - Partners stand back to back and interlock their arms
 - ❖ Water Under the Bridge - 1 Partner is on the floor in an arched position, the other person goes under to be the water.
 - ❖ Tango - Tango position (Dance position)
- The object of the game is to be the last set of partners standing
- To start the game they stand across from their partners and you call out a position. They race to the centre, get into the position and hold it, not allowed to move once they are in position.
- The caller will now eliminate one partner set, eliminating the team which got into the position the slowest and/or depending on how long you want the station to be, you can also eliminate any teams that do not hold the position (laughs/falls/talks).

8. Ribbon Dancing

a. Equipment needed:

- Colourful Straws
- Flagging tape
- Colourful Duct tape
- Music (Magic Disney Princess theme songs)

b. Instructions

- Groups of 4-5 Girls
- Give each girl a ribbon dancing stick (flagging tape, duct taped to the top of a straw)
- 5 minutes to create a dance
- 10 minutes to perform their dances (2 minutes max per group)

c. Dance Criteria

- Princess themed
- Must include everyone in the group
- Not more than 2 minutes long
- Can also include singing/acting



9. **Snowball Toss** - Have a bucket and lots and lots of cotton balls. Have the groups in relay style and one bucket per team and a pile of cotton balls. Have the teams line up (relay style) behind a designated line and the buckets out at a certain distance. The goal of the game is for each person to try to get a cotton ball into the bucket, taking turns each person gets one try and goes to the back of the line until the first team to get 25 balls in the bucket wins!

10. **Match the Snowflake** - To play this game, you want to create two identical copies of each snowflake so there's one snowflake pair per player. Hide one copy of each snowflake pair around the play area and give the other copy to each player. Cut out lots of other snowflakes (without a matching half) to also put up (this makes finding the matching snowflake a little bit harder). The players then try to locate their identical snowflakes. The first player to correctly find his matching snowflake wins the game.

Craft Ideas

1. Wand Creation

- each girl will receive the material to create a wand;
- they will need a long stick, stars made of fun foam, ribbon, glitter pens, felts and sequins;
- an adult will have to glue gun the star and ribbons to the stick;
- the girls can decorate their stars with glitter, felts, stickers etc.



2. Crown Creation

- each girl gets a crown to decorate, write their name on the inside in sharpie;
- the crowns can be decorated with materials provided (Fun foam stickers, other stickers, glitter glue and crayons);
- once decorated, the crown will have be stapled to fit their heads.

3. Masquerade Creation

- each girls gets a blank mask to decorate;
- you can use glitter, fun foam stickers, ribbon, sequins and feathers.

4. Cookie Decorating

- get enough snowflake shaped cookies so there is one for every girl;
- use icing, edible glitter, silver balls and sprinkles to decorate cookies.

5. Sugar Crystal Snowflakes - One of the best things about winter is catching snowflakes on your tongue. Now imagine if you could make your own snowflakes, anytime of the year! With this simple experiment, you can!

a. Equipment needed:

- wide mouthed jar,
- half a cup of water,
- lots and lots of sugar,
- pencil,
- pipe cleaner (string can be used also)

b. How to:

- Twist a pipe cleaner into the shape of a snowflake, add a small straight piece onto one corner
- Boil the water

- Add sugar to the water
- Stir until it is all dissolved
- Keep adding sugar until it is super saturated. This means the sugar won't dissolve anymore and sits on the bottom.
- Let cool and pour into a wide mouthed jar
- Loop the straight piece of pipe cleaner to a pencil
- Put the pencil on the rim of the glass, put the rest of the snowflake in the glass
- Put the glass in a safe spot
- Check daily

c. What will I see?

- The sugar crystals will grow each day. After four days, they should be ready to eat or decorate with.

d. How will this happen?

- The water will evaporate into the air and the sugar crystals will be absorbed into the pipe cleaner.

6. Wagon wheel Shaped Pasta Snowflake

a. Equipment needed:

- Wax paper
- Glue
- Wagon wheel shaped pasta

b. Instructions

- Cut a large round circle of wax paper
- Pour a puddle of glue on wax paper.
- Lay the pasta in the glue to forms a snowflake. Make sure their snowflake has 6 points.
- Sprinkle with silver or white glitter on it when it is done and let dry
- Hang from ceilings with fishing line, string or wire

7. Wax Paper Snowflakes

a. Equipment needed:

- Wax paper
- Glue
- Pencil
- Glitter

- Scissors

b. Instructions

- Take a piece of wax paper and draw a snowflake pattern on it with tacky glue.
- Sprinkle with glitter and allow to dry, then shake off the excess glitter.
- Cover with another sheet over the top and iron closed.
- Cut out the shape of the snow flake leaving a 1 inch edge and hang

Song Ideas

Princess Pat

Penguin Song

Suzy Snowflake

Forty Years on an Ice Berg

I'm a Little Snowflake (Tune: I'm a Little Teapot)

I'm a little snowflake, fat and round

Falling softly to the ground.

When enough of me falls hear me shout,

"Here's a snowball, better watch out!" (pretend to throw a snowball)



I'm a Little Snowflake (Tune: I'm a Little Teapot)

I'm a little snowflake, Look at me.

No other snowflake is just like me.

I am so unique, as you can see.

And just as special as I can be!

(sung to the tune of I'm a Little Teapot)

I'm a little snowflake,

You can see,

No other snowflake looks like me!

Please pick me up

When I fall,

And roll me all up

To make a snowball!



(Tune: Are you Sleeping)

Dance like snowflakes

Dance like snowflakes

In the air

In the air

Whirling, Twirling snowflakes

Whirling, Twirling snowflakes

Here and there

Here and there

(sung to the tune "If You're Happy & You Know It")

Oh, you shiver and you quiver when it snows.

Oh, you shiver and you quiver when it snows.

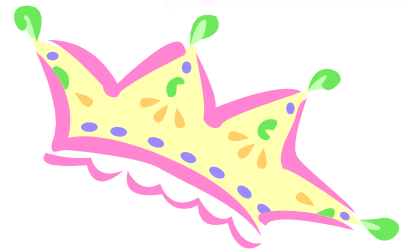
Your hands feel just like ice,
so you rub them once or twice.

YES, you shiver and you quiver when it snows.

BRRRRRRRRRRRRRR!!!

Story Ideas

- **The 12 Dancing Princesses** by the Brothers Grimm
- **Princess and The Pea** by Hans Christian Anderson
- **The Paper Bag Princess** by Robert Munsch
- **The Princess Knight** by Cornelia Funk
- **Do Princesses Wear Hiking Boots?** by Carmela Coyle
- **Princesses are not Quitters** by Kate Lum
- **Lottie's princess Dress** by Doris Dorrie
- **Don't Kiss the Frog: Princess Stories with Attitude** by Fiona Waters and Ella Burfoot
- **Princess Smartypants** by Babette Cole
- **The Gypsy Princess** by Phoebe Gilman
- **The Balloon Tree** by Phoebe Gilman
- **Princesses Are People Too** by Susie Morgenstern
- **Princess Peepers** by Pam Calvert
- **Stella Princess Of The Sky** by Marie-Louise Gay
- **Ballerina Bear** by Shana Corey
- **Crystal The Snow Fairy** by Daisy Meadows



Food Ideas

- Fancy mini sandwiches
- Mini quiches
- Spanakopita
- Veggies and Dip
- Scones
- Crackers and cheese and sausage
- Punch in plastic wine glasses

Crest Ideas

As an Area/Committee you can design a crest for your Snowflake Ball. Here are a couple of examples that have been used in the past.

