

# Meeting-in-a-Box: Camping Skills

This meeting is aimed at **Brownies** and provides a nice introduction to camping and Wa-Thik-Ane. There are enough elements for about **1.5 hours'** worth of activities.

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## Note to Guiders

Camping is one of the most amazing areas where a girl or young woman can grow as a person. This meeting in a box is designed to introduce girl members to our fantastic summer camp program. Try it on for size by having a “Camp Night” meeting with the

following suggestions. On the provincial website you will also find a camp promo video that you can show the girls.

## Learning Objectives

- Introduce Brownies to the summer camp program at Wa-thik-Ane
- Foster enthusiasm for camping

## Learning Outcomes

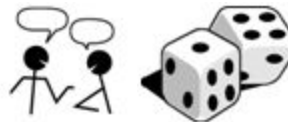
- Girls will become more comfortable with camp-related skills
- Girls will become aware of the fact that they have the opportunity to camp at Wa-Thik-Ane with their unit or during the summer

## Supplies

- Paper
- Pencils
- Printed copy of Appendix 2
- Backpack
- Recycling bin
- Napkins
- Cheerios
- Shredded coconut
- Pretzels
- Cheesies
- Swedish berries/red or orange jellybeans
- Dixie Cup
- Peel and stick felt or plain felt.
- Yellow or blue fun foam
- Back or green garbage bags
- Mini hair elastics
- Fake campfire (optional)
- Tent (optional)

## Activity 1: Packing for camp

(25 minutes)



As the girls arrive, give them paper and pencils and ask them to work with their friends to create a kit list for camp. What do they think they should bring to camp. After you feel they have had sufficient time, call them together in a circle and build a kit list with ideas from each group's list. Once you have a base list, you can add what might be missing. You can use the 3-night kit list from summer camp in Appendix 1 as a final example.

Now they need to move so play a scavenger hunt/relay to pack a bag for camp. Hide the clip art pictures from Appendix 2 around your meeting hall and tell the girls they need to run one at a time to find a picture and if it is something they would take to camp, they need to run back to the team and put it in the backpack (a small daypack will do for this game). If it is not something they need for camp, put it in the recycling box. Then tag the next player until your bag is packed for camp.

## Activity 2: Edible Campfire



(15 minutes)

A fun way to teach young members how to make a campfire is with this edible campfire craft. Each girl should unfold her napkin and lay it nice and smooth to represent the clearing that has to be done in an area to make it safe to build a fire. Here you may go into as much detail as you feel your girls are ready for. Discuss safe places to build fires then make a fire ring of cheerios. Again you may pause and talk about safety. Next you make three piles of firewood: coconut for the tinder, pretzels for the kindling and cheesies for logs. Before you lay the fire you need a cup of water to represent the firefighting equipment that should be on hand.

Now you are ready to lay your fire: Lay an A or V of logs after you decide what direction the wind is blowing in. Lay your tinder against the crossbar of the A or in the cross of V. As each girl is ready, she gets a toothpick for a match to hold in under the largest pile of tinder as you drop a few swedish berries or jelly beans on top to show that the fire is burning brightly, using just one match! Then she places on more kindling and logs as the fire burns brighter. After her fire has been approved by the leader she eats it all!!

## Activity 3: Bedroll Hat Craft



(15 minutes)

This is a fun craft to teach girls how to roll a bedroll. I cut the pieces for this ahead of time, for a quick craft. From the felt, cut rectangles about 1 x 2½ inches. Cut slightly larger pieces of the craft foam, and slightly larger pieces from the garbage bag. I usually give the garbage pieces a little extra length.

To do the craft, stick the felt to the foam, fold the end of the garbage bag over the “blanket” and “foamie” (to keep the garbage bag from slipping) and roll. The two matching mini elastics are the ties. Small pieces of black or brown waxed string also make good ties, but the elastics are still needed to hold the roll together while they are being tied.

## Activity 4: Menu Planning



(10 minutes)

To teach Brownie show to make a menu, a good starting point is to cut out pictures of food items from grocery fliers. Have them choose some foods they think would be a good idea to bring to camp. You can do this sitting in a circle or if your girls need to move, make it into a relay race by have them run down, pick an item and bring it back to put in the shopping bag. Take some time to go through what they chose and build the start of a menu from it. You can even tie in the importance of eating healthy and the food groups.

## Activity 5: Camp Songs



(15 minutes)

To end the evening form back into your circle and sing a camp song or two. You can even ask the girls to make a pretend campfire with some kindling, a few logs and some red and yellow tissue paper.

## Optional Activity: Stuffed Animal Camping



(15 minutes)

Another great idea (if you have the room and a small tent available) is to put the tent up for the start of the meeting and let them bring a stuffed animal friend to camp with them. While girls arrive they can have a turn lying in the tent with a friend and their stuffed animals for a photo shoot.

## Program work completed

\* Please note that the program doesn't necessarily match up exactly with the numbers indicated, but that the activities accomplish similar goals

	<b>Brownies</b>
<b>Packing for Camp</b>	Key to Camping: Going Camping
<b>Edible Campfires</b>	Key to I can: 1D Key to Camping: 1A Key to Camping: Be Aware
<b>Bedroll Hat Craft</b>	Key to Camping: Going Camping
<b>Menu Planning</b>	Key to Active Living 3A
<b>Camp Songs</b>	Key to Camping: 5
<b>Stuffed Animal Camping</b>	Key to Camping: 1B

*Meeting created by Joanne Cardinal in February 2017.*



# Appendix 1: Kit List

## **BEDROLL** which includes:

1 warm sleeping bag	1 groundsheet or plastic sheet
1 insulating pad	1 stuff pack for stuffing sleeping bag
Extra lightweight blanket	1 pillow (optional)

**Bedroll MUST be in a stuff bag or rolled in plastic & tied with rope. NO GARBAGE BAGS**

**CLOTHING: Please check the weather report - July can be chilly at night**

4 t-shirts	2 pair of shorts
1 long sleeve shirt or sweatshirt	1 long pants (Not jeans)
4 sets of underwear	1 sweaters or fleece
4 pairs of socks	1 wind breaker (nylon jacket)
1 pair of warm socks	2 pairs of pajamas (1 warm/1 lightweight)
Camp hat for sun	winter hat and lightweight gloves
2 swimsuits	2 beach towels
2 pair of sturdy running shoes	1 pair of rain boots <b>A MUST</b>
1 good raincoat (with hood) and rain pants OR Reusable Rain poncho	

Crocs/sport sandals *may come to camp for use ON-SITE as "slipper type footwear. However **EVERYONE MUST** have close-toed **RUNNING SHOES** or **BOOTS** for activities. NO FLIP FLOPS*

## **TOILET ARTICLES:**

Toothbrush and paste	Comb, brush, elastics: <b>Hair must be tied up</b>
Soap	Face cloth and towel
Non-aerosol insect repellent	Non-aerosol deodorant
Sanitary supplies	Sun screen & lip balm (unscented)
package of facial tissue	Portable personal First Aid kit

**DISHES:** *(Strong non breakable dishes in a mesh bag (so air can flow through to dry them))*

Plate, bowl, plastic mug for hot drinks, juice cup, knife, fork, soup spoon, tea spoon	
Dish towel (for drying)	Oven mitt for cookouts

## **MISCELLANEOUS:**

Leak-proof water bottle	Sit upon (foam/ newspaper in plastic bag)
Flashlight and extra batteries	Camera (optional)
Pencils and note book	Whistle
Plastic bag/stuff sack for dirty clothes	1 orange garbage bag (for camper)
6 clothes pegs	Small Stuffed bed friend (optional)
Program Book	Reading book/cards, etc. for quiet time
Daypack/knapsack (school bag size)	Camp/Badge blanket
Pocket knife**/Compass (optional)	Butcher Cord (strong string for lashing)

## **Medicare card and Mediation**

## Appendix 2: Packing Printout





