#### Meeting-in-a-Box: Planning YOUR Camp

This meeting is aimed at **Pathfinders** and provides a nice introduction to camping and Wa-Thik-Ane. You can pick and choose from some of the activities from other age groups but at this age, Pathfinders are ready to learn how to plan a camp. This will likely take more than one meeting.



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#### **Note to Guiders**

Camping is one of the most amazing areas where a girl or young woman can grow as a person. This meeting in a box is designed to introduce girl members to our fantastic summer camp program. Try it on for size by having a "Camp Night" meeting with the following suggestions. On the provincial website you will also find a camp promo video that you can show the girls. This <u>site</u> has some helpful tips and information.

### **Learning Objectives**

- Introduce Pathfinders to the summer camp program at Wa-thik-Ane
- Foster enthusiasm for camping
- Increase girls' confidence level in preparation for camp
- Give girls the tools to plan a full weekend at camp

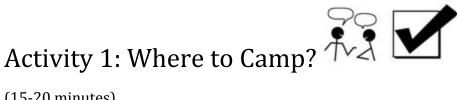
## **Learning Outcomes**

- Girls will gain the knowledge and skills to plan a weekend camp
- Girls will become aware of the fact that they have the opportunity to camp at Wa-Thik-Ane with their unit or during the summer

#### **Supplies**

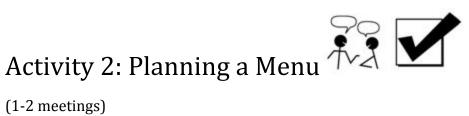
- Paper
- Pencils

Computers (optional)



(15-20 minutes)

Have the girls research different camps and their cost. They can use the internet to find out about different sites in Québec and/or you can print out documents like the ones about Wa-Thik-Ane on the website. Girls will need to think about how many members will attend, whether they want to camp in a building or in tents, what types of facilities they will need, etc. Give the girls a budget for the weekend to help decide on where to stay and to be used for the next few activities.



(1-2 meetings)

The next major step is planning a healthy menu and budgeting for the cost of food.

Have an outing to a local grocery store and give each group a meal to shop for. They do not need to actually shop. They can cost-out and write down the prices and at the end you can all come together and put the meals with the cost info together to see how much the weekend menu will cost you.

If going to a grocery store is not practical, you can bring flyers and have the girls take a look at those.

As well as budgeting a meal plan, they girls can look into and learn the different types of outdoor cooking. This will help them decide on their menu (Coleman stove versus box oven, for example -- what you can cook and the time it takes to complete the meal with these two methods is very different).

# Activity 3: What to Do?



(20-30 minutes)

Once the camp and meal plan is budgeted the girls will now know how much money they have left for activities and a crest. It's time to decide on a theme and what they want to do!

## **Program work completed**

\* Please note that the program doesn't necessarily match up exactly with the numbers indicated, but that the activities accomplish similar goals

	Pathfinders
Where to Camp?	Outdoor Know-How #1 (part) Camping, Here We Come! #1
Planning a Menu	Outdoor Know-How #2, 3 Camping, Here We Come! #4
What to Do?	Outdoor Know-How #1 (part) Out on the Trails #6

Meeting created by Joanne Cardinal in February 2017.