

Meeting-in-a-Box: Discover Camping

This meeting is aimed at **Sparks** and provides a nice introduction to camping and Wa-Thik-Ane. There are enough elements for about **1 hours'** worth of activities.



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Note to Guiders

Camping is one of the most amazing areas where a girl or young woman can grow as a person. This meeting in a box is designed to introduce girl members to our fantastic summer camp program. Try it on for size by having a “Camp Night” meeting with the following suggestions. On the provincial website you will also find a camp promo video that you can show the girls.

Learning Objectives

- Introduce Sparks to the summer camp program at Wa-thik-Ane
- Foster enthusiasm for camping

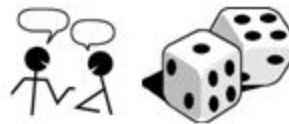
Learning Outcomes

- Girls will become more comfortable with basic camp-related skills
- Girls will become aware of the fact that they have the opportunity to camp at Wa-Thik-Ane with their unit or during the summer

Supplies

- Printed copy of Appendix 2
- Backpack
- Recycling bin
- Napkins
- Cheerios/Smarties
- Shredded coconut
- Pretzels
- Cheesies
- Swedish berries/red or orange jellybeans
- Dixie Cup
- Fake campfire (optional)
- Tent (optional)

Activity 1: Packing for camp

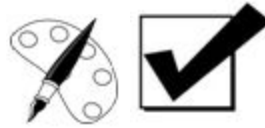


(15 minutes)

Introduce camping by asking the girls to sit in a circle and give you suggestions of what they would bring to camp if they were going camping. As you make the list add articles in from time to time that you think they would need. You can use the 3 night kit list from summer camp found in Appendix 1 to give you some ideas.

Now they need to move so play a scavenger hunt/relay to pack a bag for camp. Hide the clip art pictures from Appendix 2 around your meeting hall and tell the girls they need to run one at a time to find a picture and if it is something they would take to camp, they need to run back to the team and put it in the backpack (a small daypack will do for this game). If it is not something they need for camp, put it in the recycling box. Then tag the next player until your bag is packed for camp.

Activity 2: Edible Campfire



(15 minutes)

A fun way to teach young members how to make a campfire is with this edible campfire craft. There are many versions of this and you can substitute your own food items depending on allergies in your unit.

Use a napkin opened flat to represent the clearing. Make a ring of cheerios or smarties as your rocks. Then lay your tinder (shredded coconut), pretzel sticks as kindling and cheesies as logs. Place some Swedish berries for flame or red and orange jelly beans. You now have a fire! Make sure you have your bucket of water (water in a dixie cup) next to your fire to put it out!

Activity 3: Camp Songs



(15 minutes)

To end the evening form back into your circle and sing a camp song or two. You can even ask the girls to make a pretend campfire with some kindling, a few logs and some red and yellow tissue paper.

Optional Activity: Stuffed Animal Camping



(15 minutes)

Another great idea (if you have the room and a small tent available) is to put the tent up for the start of the meeting and let them bring a stuffed animal friend to camp with them. While girls arrive they can have a turn lying in the tent with a friend and their stuffed animals for a photo shoot.

Program work completed

* Please note that the program doesn't necessarily match up exactly with the numbers indicated, but that the activities accomplish similar goals

	Sparks
Packing for Camp	Going Camping Keeper: Preparing Sparks for Camping, Camp Kit List
Edible Campfires	Going Camping Keeper
Camp Songs	Going Camping Keeper: Campfire
Stuffed Animal Camping	Going Camping Keeper

Meeting created by Joanne Cardinal in February 2017.

Appendix 1: Kit List

BEDROLL which includes:

1 warm sleeping bag	1 groundsheet or plastic sheet
1 insulating pad	1 stuff pack for stuffing sleeping bag
Extra lightweight blanket	1 pillow (optional)

Bedroll MUST be in a stuff bag or rolled in plastic & tied with rope. NO GARBAGE BAGS

CLOTHING: Please check the weather report - July can be chilly at night

4 t-shirts	2 pair of shorts
1 long sleeve shirt or sweatshirt	1 long pants (Not jeans)
4 sets of underwear	1 sweaters or fleece
4 pairs of socks	1 wind breaker (nylon jacket)
1 pair of warm socks	2 pairs of pajamas (1 warm/1 lightweight)
Camp hat for sun	winter hat and lightweight gloves
2 swimsuits	2 beach towels
2 pair of sturdy running shoes	1 pair of rain boots A MUST
1 good raincoat (with hood) and rain pants OR Reusable Rain poncho	

Crocs/sport sandals *may come to camp for use ON-SITE as "slipper type footwear. However **EVERYONE MUST** have close-toed **RUNNING SHOES** or **BOOTS** for activities. NO FLIP FLOPS*

TOILET ARTICLES:

Toothbrush and paste	Comb, brush, elastics: Hair must be tied up
Soap	Face cloth and towel
Non-aerosol insect repellent	Non-aerosol deodorant
Sanitary supplies	Sun screen & lip balm (unscented)
package of facial tissue	Portable personal First Aid kit

DISHES: *(Strong non breakable dishes in a mesh bag (so air can flow through to dry them))*

Plate, bowl, plastic mug for hot drinks, juice cup, knife, fork, soup spoon, tea spoon	
Dish towel (for drying)	Oven mitt for cookouts

MISCELLANEOUS:

Leak-proof water bottle	Sit upon (foam/ newspaper in plastic bag)
Flashlight and extra batteries	Camera (optional)
Pencils and note book	Whistle
Plastic bag/stuff sack for dirty clothes	1 orange garbage bag (for camper)
6 clothes pegs	Small Stuffed bed friend (optional)
Program Book	Reading book/cards, etc. for quiet time
Daypack/knapsack (school bag size)	Camp/Badge blanket
Pocket knife**/Compass (optional)	Butcher Cord (strong string for lashing)

Medicare card and Mediation

Appendix 2: Packing Printout



