

Meeting-in-a-Box: Guide Olympics

*This meeting is aimed at **Guides** and covers various parts of the program. There are enough elements for about **3 hours'** worth of activities. It is recommended that the activities be run over 2 meetings.*

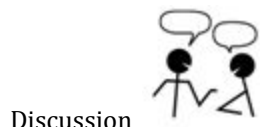


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Learning Objective

- Learn about the sports played in the winter olympics

Learning Outcomes

- Learn about how sports in the winter olympics are played
- Celebrate pride in being part of a group
- Demonstrate the ability to collaborate and creatively contribute to a group's ideas

Supplies

- Winter clothes belonging to the girls
- Paper
- Pens/markers/pencil crayons
- Mini Canadian flags or straws
- Hot glue

Week 1

Activity 1: Intro

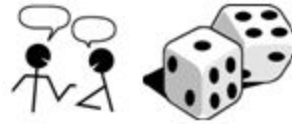


(10 minutes)

Start by asking questions. Ask the girls what they know about the winter olympics.

Explain to them how the next two meetings are going to work. At this meeting, the patrols will be competing against each other for points. The winner will get to pick a camp song to sing at the "opening ceremony". The winning patrol at the "Olympics" the next week will get to pick the camp song to sing at the "closing ceremony".

Activity 2: Name the sports



(5 minutes)

Have each patrol write down as many of the sports in the winter Olympics as they can in one minute.

There are 15: alpine skiing, biathlon, bobsleigh, cross country skiing, curling, figure skating, freestyle skiing, ice hockey, luge, nordic combined, short track speed skating, skeleton, ski jumping, snowboarding, speed skating.

Scoring: patrols get 1 point per correct answer

Activity 3: Winter Dress-up



(15 minutes)

- All girls get their hats/mitts/coats/... except for boots and make a pile at the far end of the room
- Patrols line up in front of the stage and run a relay race obstacle course towards the pile to pick out the items belonging to the members of the patrol one at a time and run back to their team
- The owner of the piece of winter clothing must put it on immediately before the next girl can run to get the next item
- The game is over when one patrol's members are all fully dressed

Scoring:

The first patrol gets 3 points plus one point for each fully dressed girl, the others just get 1 point for each fully dressed girl

The remaining pile is then checked by a leader. If one of the "fully dressed girls" has an item still in the pile, the patrol loses 2 points

The patrol with the girl who brought the most outdoor clothing (whether or not she has managed to put it all on) gets 2 extra point

Activity 4: Patrol pride

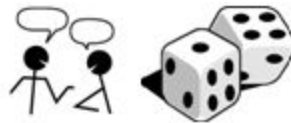


(30 minutes)

Each patrol must design a patrol flag and a patrol snowsuit. For the flags, hot glue a cut blank piece of paper to the flagpole of one of the little paper flags from Canada day. Make one for each patrol. You could also use straws. Girls draw the snowsuit on a normal piece of paper. Make sure these designs are kept secret from the other girls

Scoring: All the snowsuits will be at one end of the room and all the flags will be at the other. One at a time, each patrol will go see the art and pick a winner from the designs they did not create. 10 points will be awarded, 5 to the patrol with the winning snowsuit and 5 to the patrol with the winning flag

Activity 5: New Sport



(15 minutes)

The patrol with the fewest points goes first. They select 3 cards from the hat, each card has the name of an Olympic sport. They must combine them into a new sport. You may need to explain how some of the [sports are played](#).

The rules are:

- The new sport must be a team sport, played between all patrols at the same time
- There must be a clearly defined protocol to award points, determine a winner and break a tie
- The new sport must not require the use of any equipment, other than snow and standard outdoor winter clothing that the girls will be wearing

SCORING: No points for this

Week 2

Activity 6: Opening Ceremony

(10 minutes)

Open with your horseshoe while the patrol leaders carry in their little patrol flags and the patrol seconds hold up the patrol's uniform snowsuit. Have the the patrol leaders "fall out" and stab their flags into a snowbank. Don't forget to sing the song the winning patrol chose last meeting.



Activity 7: Olympics

(45-60 minutes)

Play the games that the patrols came up with last week.

Activity 8: Closing Ceremony

(10 minutes)

Close your meeting by having this week's winning group choose a song to sing, followed by taps. Enjoy some hot chocolate if it's particularly cold out.

Program work completed

* Please note that the program doesn't necessarily match up exactly with the numbers indicated, but that the activities accomplish similar goals

	Guide Program Work
Intro	
Name the Sports	
Winter Dress-Up	Stay fit and healthy #6
Patrol Pride	Discover your Creativity #6 Art production #6 Recycling #5
New Sport	Stay fit and healthy #4 Try new things #1, 3 Skiing or snowboarding #8 Sport #9
Opening Ceremony	Singing
Olympics	Stay fit and healthy #4 Learn about leadership in a group #1 Explore the outdoors and nature #6 Fitness fun #9 Outdoor adventures #4 Outdoors in the city #8
Closing Ceremony	Singing

Meeting submitted by *Elizabeth Barnes* in *February 2018*. Edited by *Lizzie Knowles*.

Appendix 1: Sports



FIGURE SKATING



SKELETON



CURLING



SHORT TRACK SPEED SKATING



CROSS COUNTRY SKIING



NORDIC COMBINED



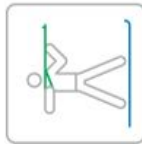
BOBSLEIGH



LUGE



SPEED SKATING



BIATHLON



ICE HOCKEY



SNOWBOARD



ALPINE SKIING



FREESTYLE SKIING



SKI JUMPING