



August 2018

Be Seen

The Piccolo

In this issue...

Message from the PC Team	2	Voilà Québec!	10
The 2018-2019 Guiding Year	3	Training News	11
Camping News	4	Awards News	12
Property Stewardship Committee	5	From the Office	12
Youth News	6	Girls First News	13
Young Women's News	7	Safe Guide News	14
PR News	7	Dear Olave	15
Program News	8	Local Stories	16
International/Travel News	9		



**Girl
Guides**

Québec Council

The 2018-2019 Guiding Year

September

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- September 7-9 **Let's Refresh Wa-Thik-Ane**
- September 14-16 **Summit**
- September 24-28 **Mint cookies arrive**
- September 29 **Girls First Launch: Fall Fun Day Twist**
- October 13-14 **Cookie Days in Canada**
- October 19-20 **Game Changers event for youth**
- November 18 **Girl Recognition Event**
- November 19-24 **PED Week**
- November 27 **Giving Tuesday**
- December 1 **Guider-Daughter Tea**
- January 19 **Guider Symposium**
- February 8-10 **Snow Trails**
- February 22-23 **Thinking Day Sleepover**
- March 17 **Saint Patrick's Day Parade**
- April 27 (?) **Earth Day Events**
- April **Geordie Play**
- May 4 **Provincial AGM**
- May 10-12 **Camp Opening**
- June 1 **National AGM (trip to Ottawa)**
- July 8-August 3 **WWWTA**
- August 3-10 **Voilà Québec!**
- August 18 (?) **Pride Parade**

Legend

Training dates are highlighted in yellow. Read more about them on [page 11](#).

Available **Girls First sessions** are highlighted in blue. Read more about them on [page 13](#).

You asked and we delivered!

Here are the dates for events currently scheduled for the 2018-2019 Guiding year!

Teams have been formed for many of the events. If you'd like to get involved, please reach out to dpc.cpa@guidesquebec.ca.

The Piccolo is published by Québec Council on the 2nd Thursday of every month (except the month of July) and contains valuable information for all members. Deadline for submissions for the September issue: September 6.

Editor: Lizzie Knowles | communications@guidesquebec.ca

Message from the PC Team

RoseAnna Cirino, Provincial Commissioner | pc.cp@guidesquebec.ca
Carol Kelly, Deputy Provincial Commissioner | dpc.cpa@guidesquebec.ca



Welcome back! As summer winds down and everyone is gearing up for work, school and the fall routine, we're all looking forward to getting back into Guiding! It's been a very busy summer with our members volunteering at the Wonderful Weeks at Wa-Thik-Ane, travelling abroad, planning upcoming provincial events and getting ready for the year ahead.

We are so excited to share what is planned for the 2018-19 season. On the previous page you'll find a calendar of activities and your own calendar is sure to be filled with unit and district ones as well so that all girls and women can experience everything Guiding has to offer. Think Tank teams have come together for each of the provincial events. The excitement is building! Please remember that it's never too late to join in and get involved at any level of Guiding. Whether you're a new or a seasoned Guider, or even a 2nd or 3rd year Pathfinder or Ranger, your ideas and input are always welcome.

The future of Guiding is Girl-Driven! Our brand new Next Generation Forum girls are already actively involved in planning many of the upcoming events. It's fantastic to see how eager they are! The key to our success in Guiding in Québec lies in our willingness to focus on and work towards girl-driven events, giving the girls a voice and a safe place to advocate for and experience everything they want to be.

The new program is here! Girls First is finally coming to you in the next couple of weeks, when you'll have access to the incredible platform. Our amazing team of six Girls First Champions is looking forward to hearing from you, to set up a meeting and help you through the transition. The sooner you book a session, the sooner you can feel prepared and ready to enjoy the year!

We wish you all a few more weeks of relaxation and then we look forward to hearing all about the awesome activities your girls and you will be planning throughout this new Guiding year.

The PC Challenge: September



Every month, the PC team will have a new challenge for you to help grow Guiding, cover parts of the program, or simply have fun!

We're starting off the Guiding year with a new PC Challenge: Take a picture of yourself putting up a Guiding poster in your community and send it to communications@guidesquebec.ca to participate! Need posters? Email communications and you can come pick some up or we'll put them in the mail for you! We've got different ones for girl and adult recruitment.

Camping News

Joanne Cardinal, Camping Adviser | camping@guidesquebec.ca



To all the team at WWTA 2018, thank you for being a part of this season's memories and friendships!



Girls First Launch Party: A Fall Fun Day Twist

When: Saturday, September 29, 2018

Where: Our beautiful Girl Guide Camp Wa-Thik-Ane

Who: Sparks, Brownies, Guides, Pathfinders, Rangers and their Guiders from across Québec.

Why: To launch the first year of the new Girls First program!

If you want to volunteer with the logistics of this exciting day, please email Joanne Cardinal, our camping adviser at camping@guidesquebec.ca.

If you are a young adult who like to volunteer with the program/Girls First aspects of the day, please email gfsupport@guidesquebec.ca.



The Girls First launch comes with a special price for Fall Fun Day - only \$25 for all girls and Guiders!

Girls and Guiders can attend as patrols. Everything you need to register is here.

[Flyer](#) and SG.1 ([EN](#) | [FR](#))— to hand out to parents

SG.2 ([EN](#) | [FR](#))— to collect from parents

[Online Registration](#) — to register your patrol before September 21

This event typically fills up before the deadline so don't delay!

Property Stewardship Committee

Joanne Cardinal, Property Stewardship Committee Chair
lacbouchette@guidesquebec.ca



September 7-9: Let's Refresh Wa-Thik-Ane!



We need your help, leaders, spouses, Moms, Dads and girl members (Pathfinders and up). We are having a work weekend with projects from small to big: cleaning up cupboards, doing inventory, painting tables and marquee floors and trail clearing. Have a friend? Bring them along! Accommodation and food will be provided free of charge. If you can help, email lacbouchette@guidesquebec.ca with the subject line "Let's Refresh Wa-Thik-Ane." The Deadline to register is Tuesday, September 4.



The door is open. Please come and join us! The Property Stewardship Committee is always looking for help, even if you can only help from time to time. We're happy to accept whatever time fits your schedule. No experience necessary as we would love to share our knowledge or hear what you have to say.

August is here and we need to start taking down our canvas tents for winter storage. If you have a day, then this is a sample of what you can help with.

For more information contact the property committee at lacbouchette@guidesquebec.ca for more info and details.



Alexandra Meredith, Youth Voice | youth.jeunesse@guidesquebec.ca
Helena Green, Young Women's Representative | yw.rep.jf@guidesquebec.ca

Presenting...The Next Generation Council

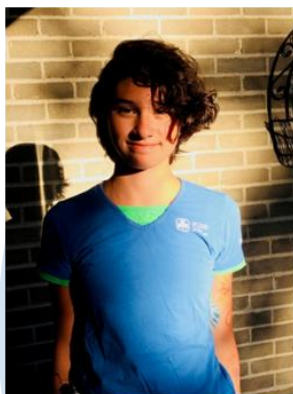


Hello, my name is Brianna. I'm from Northern Lights and I will be starting my 4th year in Guiding. I have participated in many camps and activities. I am helping to plan the AGM and NAGM and I'm hoping to do many more. This guiding sisterhood brought me a whole new family that I'm proud to be part of. One of my biggest accomplishments in Guiding is receiving my Lady Baden Powell award and I hope I can do more.

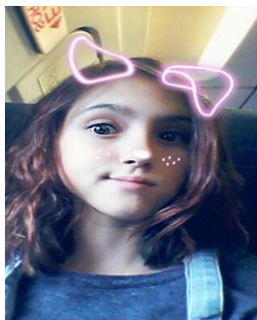


My name is Alexandra. I am from the 1st Monklands Ranger Unit. I've been in Guiding for 10 years. My favourite parts of Girl Guides are camping and going on trips. I also love Guiding because I can challenge myself to try new things that I otherwise wouldn't do.

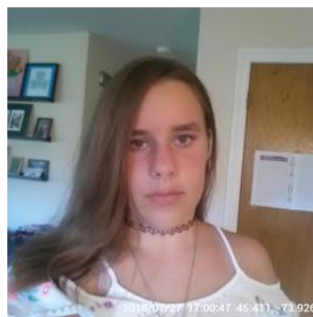
I'm Dylan and I am 15 years old. I've been doing guiding for about 8 years now with the Valois-Dorval unit. The wonderful girls in my unit and I have organized so many things, with the help of our great leaders of course, but I still think nothing can beat our trip to Alberta for the 2016 Guiding Mosaic. We went to the Icefields, Banff, Calgary, and so many other memories that will last a lifetime. A little about me, I love paddle-boarding, reading, playing rugby, and watching indie movies. I'm super excited to start with the council and hope I can get to better understand the guiding program.



My name is Elysia and I like to be called Elly. I'm from the 2nd Lakeshore Pathfinders and I have been in guiding for 8 years (since 1st year Brownies). I get to have opportunities to explore activities, go on trips, learn new skills, and meet new people!



I'm Zoe I'm from the Pointe-Claire district where I do pathfinders. I've been in guiding for 10 years. I like Guiding because I get to make new friends. I like camping and my favourite camping trip was when I went to SOAR. I had a lot of fun we got to do a lot of activities and we meet a lot of people from around the world it was really cool.



I'm Abigail and I like to be called Abbey. I'm with the 2nd Lakeshore Pathfinders and I started Guiding in September 2009 as a Spark. I like Guiding because I can learn new things, I can camp with my friends and I can make new friends while in a meeting or at camp



My name is Zoe Hagiepetros. I'm from Greenfield Park Pathfinders and I've only been in Guiding for 3 years. The thing I love most about guiding has to be the bond that we all share, together no matter what's our story. I love camping experience that I've had chance to be part of. I also love the fact that we all have our own idea so when we put them together it's a whole new level of passion, fun, interest etc.

Young Women's News

Alexandra Meredith, Youth Voice | youth.jeunesse@guidesquebec.ca

Helena Green, Young Women's Representative | yw.rep.jf@guidesquebec.ca



GAMECHANGERS2018

➡ Don't just play the game, change it!

Tired of working or watching over your siblings all day? Want to escape and have some time to relax? Then come join us at the GameChangers getaway! Here, you'll meet Rangers and Pathfinders from across Québec, Choose activities that align with your interests and listen to stories from young Guider guest speakers. Come and enjoy a game changing weekend at Wa-Thik-Ane on October 19, 2018!

Registration will be individual (not as a unit) on a first come first served basis. More information coming soon so keep an eye on your inbox for an eblast!

➡ Come and reach NEW heights in Morin Heights!



When:

October 19

Where:

Camp Wa-thik-Ane

Who:

Pathfinders and
Rangers

PR News

Andrea Munster, PR Adviser | pr.rp@guidesquebec.ca



Pride Parade

It's never too late to sign up for the pride parade! Send an email to pr.rp@guidesquebec.ca so we know you're coming and we can let you know where to meet us!



Program News

Sharon King, Program Adviser; Emily Lillies, Deputy Program Adviser
programme@guidesquebec.ca



Icebreakers: to make sure every girl is seen

Fall brings new faces to our units. How do you welcome new girls? What games do you play? How do you make sure every girl is seen in a new group?

Got an icebreaker to share? Everyone needs to change up their repertoire and this year with the advent of the new Girls First program, it's a great time to shake things up! Share your best icebreaker/welcome games with programme@guidesquebec.ca and we'll add them to this [Google Doc](#).

Sparks/Brownies

Young girls sometimes like to let their actions speak before they are ready to share their thoughts with a group. Try these active games to start building bridges in your units.

SIT DOWN IF...

Have the girls stand in a circle. Ask a range of silly questions and girls sit down if they answered yes to the question. The questions can be as strange or random as you like, for example: "Did you eat cheese today?" The last girl standing is the leader of the next round.

ME, TOO!

The object of this icebreaker is to create a web with a spool of string (or yarn). Have one girl start by holding the string and say something about herself. Sharing one of her favourite things is a great way to start. If that idea applies to another person, she will say "Me too!" The first girl will pass the string to that girl. If more than one girl says "Me too!" the string is passed in the order it is said. Then the girl now holding the string will share an idea about herself and continue the process until there is a web of connections. Play until everyone is connected to the group.



Guides/Pathfinders/Rangers

Challenge-based icebreakers work well to get girls working cooperatively in a fun way.

FIREFIGHTER RELAY

This is a great for a fun first meeting on a warm early fall night in a local park or field.

Divide your groups into teams of 5. Each team has to transfer as much water as possible from a bucket into another bucket, 5 metres away. The teams have access to tools like scoops, cups, ropes and plastic tubes. They must devise a plan and put it into action. The team who transfers the most water in 10 minutes wins.

ICEBREAKER BALL

You'll need an inflatable beach ball for this game. Use a permanent marker to write random questions all over the ball.

Have the girls lightly throw the beach ball to each other. When they catch the ball, they should answer the question that is closest to their right thumb. After answering the question they will pass it to a new girl.



Travel/International News

Valerie Zaloum, International Adviser | international@guidesquebec.ca



Nationally Sponsored Trips

Many of our Guiding program activities focus on a global view, and GGC's membership in the World Association of Girl Guides and Girl Scouts (WAGGGS) makes us all part of a very big sisterhood!

One of our privileges of membership is belonging within this unique network, and as girls reach Pathfinder age, this belonging can take on a whole new dimension: travel in our WAGGGS world!

Each year GGC organizes [a number of travel opportunities](#), and girls can apply to take part. Such trips are sponsored through National and Provincial support to about 2/3 of their cost, and financial help through fundraising is also available.

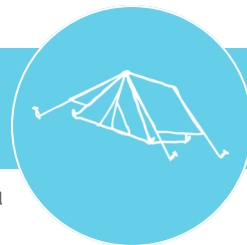
The application process is looking for girls who are well-rounded, involved and passionate about travel or about Guiding, and can describe themselves and their motivation through their application. Thinking of someone?? Please tell her you thought of her, and perhaps she might think of herself too.

NOTE: the deadline for applications for Guiders and girls is September 12, 2018, so some summer outreach might be in order! And of course there are adult opportunities for each adventure, so maybe this year it's time to think of yourself as well!

NEW Québec has a process for Francophone girls to apply for NSTs in French! They can apply in the language that expresses them best. Contact international@gidesquebec.ca for more information.



INTERNATIONAL		
Journey through London	Girls 14-15 + 2 Guiders	July 17 – 28, 2019
Rome and Paris: A European Escapade	Girls 14-15 + 2 Guiders	June 30 – July 11, 2019
Marsna Jamborette (Netherlands)	Patrol 1: Girls 14-15 Patrol 2: Girls 16-18 + 2 Guiders per patrol	July 26 – August 11, 2019
Venture to the Andes & the Amazon (Ecuador)	Girls 16-18 + 2 Guiders	July 9 – 22, 2019
Swiss Experience	Girls 16-18 + 2 Guiders	August 21 – September 2, 2019
DOMESTIC		
Old Quebec City and Old Montreal	Girls 12-13 + 2 Guiders	August 12 – 19, 2019
Discovering Newfoundland and Labrador	Girls 14-15 + 2 Guiders	August 4 – 15, 2019



**Voilà Québec! is pleased to announce that two Guiders
have been selected to lead our Québec Patrol!**

Loretta Julien and Sarah Di Milo

Congratulations ladies! We know you'll do a fabulous job leading our girls and showcasing our province.

Girls, have you applied to be part of the Québec patrol for Voilà Québec! yet?

In August 2019, Wa-Thik-Ane will be hosting Girl Guides from across the country!

Join girls from B.C., Alberta, Saskatchewan, New Brunswick, and more for a 7 night camp held at Québec's provincial camp, Wa-Thik-Ane, the camp of peaceful waters.

[Find out all about it at girlguides.ca/voilaquebec!](http://girlguides.ca/voilaquebec!)

Girls will experience Québec culture, language, and heritage in an intimate community camp with under 120 Guiding sisters. Girls will complete program work and earn a special camp challenge.

Adventure awaits with two outings: St. Sauveur water park (largest in Québec) and a day trip to Mont Tremblant village with a tree adventure course.

How can you take part in this exciting event?

Apply to be part of [the Québec provincial patrol](#) as girl participant or to [volunteer as part of the core volunteer staff!](#)

Application deadlines:

Girls (entering 1st year Pathfinders in fall 2019 and up): October 15, 2018

Volunteers: March 4, 2019



GUIDER TRAINING

Note: Girl's First Champions will be hosting sessions focusing on UNIT PROGRAM implementation and management – training in Fall 2018 will focus on learning about the girls' and administration needs



CHANGING BRANCHES? – BECOMING A DC? – RECRUITING A NEW GUIDER?
Mark your calendars NOW!!

NEW GUIDER TRAINING	What you need to know about running a unit and the ability and needs of girls in your care; Training will reflect the needs and responsibilities of Guiders working in girl-driven, Girls First units.	Mon., Sept 17 & 24 - 6:30-9:30 pm Sat., Oct 13 - 9am-noon & 1-4 pm Thu., Oct 18 & 25 - 6:30-9:30 pm
UNIT GUIDERS MANAGING CHANGE	For experienced Guiders, a sharing session on overcoming challenges and adapting your unit management to embrace Girl's First programming . Note that this session is NOT about program implementation but sharing to manage change.	Wed., Oct 10 - 6:30-9:00 pm Sat., Oct 13 - 9:00 - 11:30 am
MANAGING YOUR DISTRICT	Five Modules designed to help the District Commissioner effectively manage her team, promote Guiding and engage her community. Plan to come to one or all in person or on-line.	Mon., 6:30-9:30 pm Oct 1, 15, 29 and Nov 12, 26
ADULT LEARNING & TRAINING	Want to share your skills and knowledge as a trainer in Guiding - Interested in knowing more about how to help adults learn and grow? A webinar will be held for those interested in finding out more.	Thurs., Sept 20 - 8:30-9:30 pm Online - Webinar
PED WEEK	Please brainstorm what sessions you would like to HOST or ATTEND for PED WEEK 2018.	November 19- 24
SYMPOSIUM '19	MARK YOUR CALENDAR! Get the juices flowing - Brainstorming Training Pot Luck-BBQ Come help make the event what YOU want it to be! This will be a GUIDER-DRIVEN event!	BBQ – Mon. Aug. 20 6:30-8:30pm SYMPOSIUM (tent)- Jan 19, 2019

MORE TO COME!! Watch *The Piccolo* and *In the Loop!*
Including Mental Health First Aid – Enrichment Sessions



Awards

Annette Levasseur, Awards Specialist | awards.reconnaissance@guidesquebec.ca



A TIP of the HAT!

It's back!!! If you would like to give a Tip of the Hat to a Guider, please send her name, district and a detailed description (in 75 words or fewer) of why she is special to the Awards Team:

awards.reconnaissance@guidesquebec.ca

The Guider will receive a crest at home and the write-up will be published in *The Piccolo*.

From the Office

communications@guidesquebec.ca



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284695	1281071
1061233	994687
1453511	1500183
1463503	115147
55483	920872
55117	55013
1581528	196604
1215180	55472
75960	1352024
77925	1516078
215928	75796
1242152	227856
115132	1507735
1647148	1425062
1088988	1568534
1215730	1358185
223924	222254
276362	198669
1502270	226709

Is your iMIS number in that list? Email communications@guidesquebec.ca to receive an "I read the The Piccolo" crest! Adult members and Rangers can keep an eye on *The Piccolo* for new chances to win every month!



Collect them all!

Write for the blog: Send a blog post to communications@guidesquebec.ca. This can be about a special event/meeting, a tip you have for Guiders, something special about Guiding to you, etc. Not sure if the topic qualifies? Send in a pitch first! All girls and Guiders can earn this crest.

Write for *The Piccolo*: Send in a picture and short blurb about something great you did with your unit/district to communications@guidesquebec.ca. All girls and Guiders can earn this crest too!



Don't forget to download your 2017-2018 rosters before they disappear on August 31! You'll need it to be able to contact girls who don't re-register to encourage them to come back!

Girls First

Girls First Champions | gfsupport@guidesquebec.ca



Excited about the new program but bummed that the platform isn't quite ready yet? Have you taken a look at all the [resources that are available](#)?

- A Guide to the Girl Program
- Program Equivalencies
- Award Equivalencies
- Award Requirements
- Badges
- Program Areas and Themes
- Transition Information
- FAQs



The Girls First Champions are here to help you through the transition period. They're available for small group sessions, emails, phone calls and even one-on-one chats.

A number of dates have been marked off on the calendar on [page 2](#) as Girls First Champion dates. On each of these days, one or more champions is available to sit down with you. [Send them an email](#) to let them know whether you'd like to come to

the provincial office around 6 pm or whether you'd like someone to come to you!

Those days don't work? Send them an email and request a different one!

Don't live in the Greater Montreal Area? They'll come to you too!

See [page 4](#) of *The Piccolo* for information on the Girls First Launch Party! It's time to get the girls excited too!





Updates to Safe Guide

As usual, Safe Guide was updated in July. You should have received your GuidePost on August 2, which included links to the updated version as well as a document called “Explanation of Changes.” Please take a look at this document. The links are [here](#).

Some of the main changes affecting most Guiders are:

- For Green level activities, GGC will no longer be involved in approving arrangements to drive girls as these are considered private arrangements. Vehicle rentals, hay and sleigh rides and floats are still on the chart as Yellow
- Who can pick up a girl has been revised to allow Guiders to use their judgement
- Home trampolines are **Not** permitted activities
- Trampoline parks are now Conditional Activities, and procedures must be followed, using the TPSP form and obtaining insurance information
- Non-members may be first aiders and must be female for Yellow activities

The following forms have been changed, so please ensure you are using the correct version

H.1 Personal Health form - Girl Members

SG.2 Parent/Guardian Permission

SG.3 Activity Notification or Authorization

SG.4 Emergency Response Plan

SG.8 Travel Preauthorization

WA.2 & WA.3 Swim and Boating Test Verification

Submitting forms for Assessment

Please Note: The email for submitting forms (sg.gs@guidesquebec.ca) generates an automatic response. If you do not receive this response, there was a problem with the email you sent. If you do not hear from an assessor within 3 days, please ask sg.gs@guidesquebec.ca and we will follow up. If you send an email to your assessor and do not get a response in a timely manner, please follow up. It is possible they did not receive it, or may need a “nudge”. They are busy volunteers, too!



DEAR OLAVE,

DEAR OLAVE: I'm a Pathfinder Guider and I have a girl who keeps begging me to plan an international trip for our unit. I'd love to take the girls to a World Centre but I just don't have the time to plan something of that magnitude. I could organize a weekend adventure somewhere closer, but I don't think that's what she's got in mind. How can I help her?

Stuck in Canada

DEAR STUCK: Dear Stuck in Canada

Sounds like that girl has big dreams and big goals ahead! Realizing them doesn't need to happen with your unit though. She sounds just like the kind of keen girl who can present herself really well in applying for a Nationally Sponsored Travel opportunity (NST). Her passion for travel will shine through, and her obvious persistence will give her the drive to apply.

Tell her more about the great travel options being promoted for 2019 - here's the [link](#). That kind of passion can earn its own reward, and her dreams could take flight. You don't have to fly to give her wings!

-

DEAR OLAVE: I'm excited about the new Girls First Program coming this fall but I haven't seen enough about it to know how to start planning my year. I know girls will be more active participants in the planning but I don't want to turn up to my first meeting with nothing! How can I start planning?

Wanting to feel prepared

DEAR WANTING: I'm very glad to hear that you're excited about the new program and embracing our new girl-driven philosophy; we can appreciate you wanting to feel prepared too! There are a few things to keep in mind. This year is a transition year, you

can ease into the new program at your own speed, you will have a variety of resources available that will help you through this transition year; the Girls First Champions, unit card deck, and a variety of online resources and tools. If you want to start straight away, have a look at the Girls First website and [contact](#) the Girls First Champions, they will help you navigate through the changes and support you during the transition. If you want to ease in, don't worry about your first few meetings, have fun, meet the girls and ask them how soon they would like to transition; all badges from the current program will be available during this transition period.

The program is changing, but the basics are still the same. You'll still want to do some get-to-know-you activities, find out what your girls are interested in and prepare for enrolment. Once you get in the swing of things I bet it won't feel so foreign.

-

DEAR OLAVE: We received information about an opportunity to have a table at a community fair this fall but our district budget is limited and we don't have the funds to pay for supplies for an activity. How can we still attract girls?

Eager Guider

DEAR EAGER: It's great that you want to participate in a community fair and that you'd like to plan an activity to attract girls and their families to your table. Lucky for you, we've got a PR subsidy fund just for plans like this. Fill out the Event Subsidy Request form on the [provincial website](#) and you could be awarded up to \$75. Read the Kiosk-to-Go document to get some additional ideas about how to make your event as great as possible!

Have a question for Olave? Send it to communications@guidesquebec.ca

Local Stories



- Many districts, including Riverdale, St. Lazare and Northern Lights, participated in Spring camps in late June.
- Secteur Argenteuil and Hayes-Apple-Valley members marched in parades.
- Ormstown girls travelled to Northern Ontario and Manitoba
- Monklands District Guides and Pathfinders attended summer Guiding events around the city.

Let us know what your unit/district is up to this fall and earn a NEW crest!

Have an event you'd like to invite others to? Email communications@guidesquebec.ca and we'll help you get the information out!

