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November 2017 Novembre 2017



Message from the PC Team



RoseAnna Cirino, Provincial Commissioner | pc.cp@guidesquebec.ca



ALIVE AND ENTHUSIASTIC



Seeking VISIONARIES to be part of our Think Tank 2018

We are looking for passionate, organised and helpful members who would like to be part of projects at the provincial level.

No previous experience needed. Just come, share and dream with us!

Be part of an amazing team who will deliver and set the standards high for our provincially planned events for 2018.

November 27, 2017

Provincial office, 6:30-9 pm

Light refreshments will be served

The evening will start off with a short briefing on the upcoming events, followed by a round-robin of brainstorming where you will share your ideas and decide how you'd like to get involved.

REWARD: We guarantee a productive evening of laughter and fun between sisters in Guiding.

Anyone with **INFORMATION** about such visionaries should contact dpc.cpa@guidesquebec.ca. The same email can be used to RSVP.

Training News

Heather Martin, Training Adviser | training.formation@guidesquebec.ca



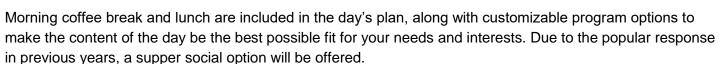
Go with the flow!

Symposium

What is Symposium? Our annual gathering of adult members and Ranger-aged girls from across the province. It is a time of sharing, celebrating, and living Girl Greatness and Leadership in our Québec Guiding experience.

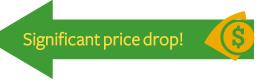
Date: Saturday, January 20, 2018, 9:00 am - 5:00 pm

NEW Location: John Abbott College, Ste-Anne de Bellevue



An e-blast of the full details and registration and program selection procedures will be coming later this month, so keep your eyes peeled.

Mental Health First Aid



Course Description: Mental Health First Aid is the help provided to a person developing a mental health problem or experiencing a mental health crisis. Just as CPR training helps a layperson with no clinical training assist an individual following a heart attack, Mental Health First Aid training helps a layperson assist someone experiencing a mental health crisis, such as suicidal behaviour.

- FRIDAY December 1 (6:30-9:30 pm) AND SATURDAY December 2 (8:30-5:00) Must attend both
- Non-Guiding friends (scouters, youth leaders, etc.) are welcome too as long as they are 18+
- St. Matthias Anglican Church (10 Church Hill ave., Westmount, H₃Y 2J₁). Parking is limited (an option is to park at Westmount library and walk from there).
- Cost: max \$87.50 (due with registration) The course is not subsidized by provincial council, but you'll earn an official certification. Mail a cheque or call the office with your credit card number.

Register <u>here</u> by November 20!

If this date doesn't work for you but you're interested, let us know and we'll look at planning another!

Training Requests

Is there a training session you'd like to see offered? Have a topic in mind? Please fill in the Training Request form (PDF or online) so that we can meet your needs.

November 13-18 is PED WEEK!

Just like at school on a Ped Day, Quebec Guiders are encouraged to cancel regular meetings and attend a Guider Development Session.

Register here by Friday, November 10

MONDAY

Nov. 13 - 7:00-9:30pm Public Relations

Strategies in your Community Be seen, be valued and be effective

GGC-QC Office

100 Alexis Nihon Suite 270, St Laurent H4M 2N7

WEDNESDAY

Nov. 15 - 7:00-9:30pm Let's Talk!

Building effective communication helps a team succeed: have fun together, build

teamwork and share resources in a busy world!

ROSEMERE COMMUNITY CENTER

202 ch de la Grande-Côte, Rosemere, J7A 1H4

TUESDAY

Nov. 14 - 7:00-9:30pm

Build Girl Leadership through Games

Tips & Tricks on using regular unit games and activities to help build confidence and leadership in girls, especially the shy ones!

PBCA - 1510 Herron Rd, Dorval H9S 1B7 Pine Beach Bus & Train Station

WEDNESDAY

Nov. 15 - 7:00-9:30pm

Girl Engagement

Building girls involvement in your unit program and letting them decide.

St Georges Church

84 Rue Queen, Sherbrooke, QCJ1M 1J4

THURSDAY

Nov. 16 - 7:00-9:30pm

SAFE GUIDE Refresher

A refresher on how to use the Activity Planning Guides for Safe Guide Success! FOR THOSE WHO HAVE COMPLETED SAFE GUIDE 375 boul. Cardinal Léger, Pincourt, J7V 9H6

THURSDAY

Nov. 16 - 7:00-9:30pm

STEM Activities

Scouting Community Centre

3780 Grande Allée, Saint-Hubert, J4T 2V7

Outdoor Activity Leadership (Take only one or Take both!)

FRIDAY - Nov 17 - 7-9:30 - Getting Outside

An introduction to getting your unit outside more often, including day camps and fieldtrips

SATURDAY - Nov 18 - 9 am - 4 pm - Residential Camping (\$15)

Overview and basics required to Lead, Plan, and implement a basic camping experience in a residential setting.

LUNCH included - SLEEP OVER Option available for Friday Night (in location/billet)

WEST ISLAND LOCATION – to be confirmed

Program News



Sharon King, Program Adviser; Emily Lilies, Deputy program Adviser programme@guidesquebec.ca

Meeting Themes

CLIMATE KIDS



The Government of Canada has recently launched a <u>new interactive website</u> for children and teens (8 to 15 years-old).

Climate Kids focuses on empowering the next generation of Canadians – children and youth – to take action on climate change. The site helps children talk about this important issue with their friends and family and provides tips on how they can take action in their daily lives at home, school and in their communities.

It's an excellent resource for STEM activities, Earth Day and for this great <u>Climate</u> <u>Change Challenge</u>.

NOVEMBER IS FINANCIAL LITERACY MONTH!

For <u>Financial Literacy month</u>, check out the <u>National Girls Count Challenge</u> and engage girls in money matters at an early age. This unique programming is geared towards girls in all branch levels. By participating in this challenge, girls will gain better currency awareness while exploring their purchasing power, and building money management skills in the areas of saving and budgeting.



Challenge of the Month: Arts to Go Food Challenge



Don't have time to complete the full Arts to Go challenge? Try the bite size version with the <u>Arts To Go Food Challenge</u>. The challenge has been broken down into four part: appetizer, main course, dessert, side dish.

Take on the arts with drama, crafts, music, and dance. With suggestions in each category and even the option to choose from the original Arts To Go program guide, there's lots for you and your girls to choose from!

What's Coming Up?

2017 - Canada's 150th Birthday

November - Financial Literacy Month

November 25 - December 10 - 16 Days of Activism against Gender Violence

Geordie Productions

A Theatrical Day with



Deadline extended and families are now welcome to join in on the fun!

What: A special performance for Guiding members, including a Q&A with the performers and a short tour of the theatre.

Where: D.B. Clark Theatre (basement of Hall Building) - 1455 De Maisonneuve Blvd, Montreal

When: Saturday, April 21, 2018, performance starting at 2 pm (arrival 1:30)

Who: Girls of all branches with Guiders covering green ratio (a minimum of two Guiders is not necessary as there will be other patrols there). Families are now invited as well!

Cost: Free for at least two Guiders as per green ratio, \$14 per girl, family member and additional Guider (includes an event crest).

Flyer for families available here (prints 3 per page).

Register your patrols <u>here</u> by <u>November 15.</u> Names are not needed for the registration this year (only total numbers).

DC Voice Message



Sara Di Milo and Lisa Labelle, DC Reps | dc.voice@guidesquebec.ca



The DC Voice would like to thank all the District Commissioners who were able to attend the DC mini-meetings in early September. It was wonderful to see such a strong turnout! What a great way to get together and meet in a more casual setting. And... Thanks to Sarah's training skills, we were able to cover several training modules. It sure helps to have a teacher on the team;)

Another thank you to all the DCs who attended DC Day in October. Our afternoon session was a chance to share, and wow... there was a lot of sharing going on, including some fun activities that

districts enjoyed past years, membership retention ideas, and even some great sleepover/camping locations! It was also excellent to hear that DCs are interested in reaching out to other districts to organize and attend events/camps/ sleepovers together. Please keep us posted on all your future shared events!

We are very impressed by everything you've done so far in your districts. We look forward to visiting with you and attending some district meetings in the coming months. Please remember to send us your district meeting dates: dc.voice@guidesquebec.ca

The guiding year has come off to a great start in Quebec. Keep up the great work everyone!

LINK News

Nikki Di Milo, Link Adviser | link@guidesquebec.ca

Santa Claus Parade

Join LINK and other Guiding members for a day of magic and fun at the Montreal Santa Claus Parade! Saturday, November 18th 2017, 8am-3:30pm.

Participants will dress up as holiday characters and walk down Ste. Catherine street. For confirmation of attendance or for more information, please contact Loretta Julien: loretta@lesjuliens.net.

New Program



The new <u>LINK program</u> was developed by and for young women to meet the specific needs of young women who are navigating change. It explores the themes of personal and professional development, outdoors and adventure, health and wellbeing, and active citizenship. There are even theme crests to earn!

Girl Recognition

Sara Ogilvie, Member Services Coordinator | mbr.services@guidesquebec.ca





Design-a-Crest Contest

Angie Kruller, Girl Engagement Coordinator | girl.engagement.filles@guidesquebec.ca

The search for a new provincial crest is on!

We are accepting designs by all **girl** members The selected design will become the new provincial crest (not a membership crest)! There are just a few rules:

- 1. It must include a trefoil
- 2. It has to say Québec
- 3. It should have an official Québec symbol (bird, flower, etc.)

A <u>handout</u> is available in both French and English to help if you do this as an activity during unit time.

Girl or Guiders can send girls' designs to girl.engagement.filles@guidesquebec.ca by January 31.



Property Committee News

Property Stewardship Committee | lacbouchette@guidesquebec.ca

Camp Reservations

Are you planning ahead for your Spring Camp in 2018? This information might help...

The first available reservation dates will be:

May 11-13, 2018 (possibly without running water) May 18-20, 2018 (with running water)

Registration will open on January 11 at 9 am.



Jobs

Have you always dreamed of spending your summer at Wa-Thik-Ane? Summer job descriptions are up on the website! Interested candidates should forward CVs to cv@guidesquebec.ca. Qualified candidates will be called for an interview.

Ranger Guiders, please share this opportunity with your girls!

Committee Positions

Congratulations to **Joanne Millette**, the new chair of the Property Stewardship Committee! Some positions still remain open. View the position descriptions and the application form here. It's time to get things moving for the 2018 camp season so we need YOU!



Membership



At your weekly meetings, please take the time to look around the room and see what girls are attending. If they're there, they should be on your Roster! If they're not, that means they haven't paid their membership fee and that's not fair to the other girls! You can find your roster on Member Zone.



The district with the biggest percent increase in number of girls from the 2016-2017 Guiding year to December 15, 2017 will win a pizza party! There's no time like the present to get busy with your bring-a-friend nights and make sure everyone is registered!

Pathfinder Trip to Carnaval



Angie Kruller | aokantje@gmail.com

Experience Carnaval in Québec City with Pathfinders!

What: Experience Carnival in Québec City with other Pathfinder Units. Individual groups will experience Carnival as they wish during the day Saturday and Saturday evening. Visit the Carnival website for information on what is offered.





Who: Open to all Pathfinders in Québec. Guiders must accompany their girls.

The maximum number of participants is 40 and will be on a first-come-first-served basis. There is a possibility of including Rangers, but priority will be given to Pathfinders.

Cost: \$110.00 which includes transportation (coach bus), sleeping accommodation, meals and snacks, Carnival "Effigy" (admission to Carnival activities), Cabane à Sucre supper on the way home and all taxes.

Unit payment either by credit card or unit cheque made out to: GGC Québec Council.

Transportation: Bus stops TBD after groups have registered. Probably West Island, West Montreal, South Shore.

Accommodation: Holy Trinity Cathedral, downtown Québec City.

Registration:

Unit registration form

(To complete online in two parts. You will first be asked to register your unit and then add each participant individually)

SG.1 Activity Plan ($FR \mid EN$) SG.2 Permission Form ($FR \mid EN$) H.1 Girl Health Form ($FR \mid EN$) H.2 Adult Health Form ($FR \mid EN$) Please email all paper forms to girl.engagement@guidesquebec.ca.

Deadline December 18. 2017

Guide Winter Camp

uehec ca

Joanne Cardinal, Camping Adviser | camping@guidesquebec.ca

It is hard to believe that winter will come with this beautiful summer weather we are having but we are already getting ready to plan for an amazing Provincial Girl Guide Winter Camp. Are you a Guide leader?

Do your guides like games, athletic activities, challenges and learning about other countries and their culture? Then our provincial winter camp is for your Guides.

Mark it on your calendar to avoid disappointment as we will fill up fast!

Date: February 23-35, 2018

Where: Centre de Plein Air L'Estacade, Ile aux Noix, QC

Cost: \$85

Keep your eyes open for a save the date e-blast in December.

Registration will open mid-January.

Hope to see you there!



Youth News

Helena Green and Alexandra Meredith, Elected Members - Youth youth.jeunesse@guidesquebec.ca

Youth Council Crest

YOUTH MEMBERS AGE 15-25: Be Part of the History and design our first Youth Council crest. We know we have many talented young ladies out there, so get your pens and paper out and start showing us your incredible designs.

The guidelines are:

- There must be a trefoil in your design.
- The text must be bilingual.

Email your crest design to: youth.jeunesse@guidesquebec.ca before December 1

Let the spirit of Guiding inspire you! The winning entry will be featured in The Piccolo and as the provincial Youth Council crest. *The winning design may be adjusted to comply with GGC Brand Standards.

NEW this Guiding year:

Active Guiders in their first year who just came up from Rangers get their 1st year of membership paid for by provincial council even if they choose not to be active in a unit (they could be involved in youth council, as LINK members, as district Guiders, etc.)!

Symposium

Save the date! The 2018 Symposium is January 20 at John Abbott College and Rangers are invited to join register for this major annual event! Come to have fun and learn more about Guiding. There will be sessions specifically for you!



PR News





Are you thinking about hosting a PR/Bring-a-Friend event? Are your PR supplies getting low? Contact <u>the office</u> to get some more. We've got:

- Bookmarks
- Flyers

- Stickers
- Magnets

Posters

- Tattoos
- Balloons
- Sunglasses

- Free meeting passes
- Buttons
- Postcards

Take a look at the GGC Brand centre to see what each item looks like!

Cookie News

Bethan Wardrop and Marissa Schembre, Cookie Co-advisers cookies.biscuits@guidesquebec.ca



welcome Bethan and Marissa, our two new Cookie Co-Advisers!

Congratulations on the amazing Fall Cookie Campaign!

Cookie Ribbons are a great way to reward girls for their hard work and dedication. They can be <u>ordered</u> at any time from the Provincial office, free of charge.

Don't forget to keep track of girls' cookie selling progress. You will need to know how many cases each girl sold to enter them for the Cookie All Stars in the spring. Girls earning the highest award this year (for 80 cases) will be able to choose between a \$250 Amazon gift card and an amazing camp kit.

Treasurers' Trove

Claire Morier, District Treasurer Support Specialist | finances-support@guidesquebec.ca



Signing Officers

Signing officers need to be changed or approved at the start of every Guiding year. If this hasn't been done, this must be done as soon as possible through an approved motion at a District meeting – this year, all district signing officers should be updated to include RoseAnna Cirino.

Budgeting

All districts should begin preparing a budget for the 2018 <u>calendar</u> year.

Once prepared and finalized, the budget should be approved through a motion at a district meeting. A copy should be sent attached to the district minutes to <u>finances-support@guidesquebec.ca</u> sometime in November or December. See the September Piccolo for some more information.

Year-End

The financial year end for Unit and District books is December 31. Consider reviewing your current records and cleaning them up now. This will mean one less thing to do during the holiday season. All district books will need to be reviewed.

Safe Guide News



Pam Godfrey, Safe Guide Adviser | safeguide@guidesguebec.ca

Emergency Response Plans

This month we are going to talk about one of the most important documents Guiders are required to complete: the SG.4 or *Emergency Response Plan (ERP)*.

This is discussed on Page 34 of Safe Guide and in Appendix H on page 170

Some key points:

- The ERP is meant to help Guiders prepare for all eventualities, thus reducing the risk in an activity.
- You must have one for your meeting space and for all activities you organize for and with your girls. You must print it and have it with you for all activities.
- If you are camping at Wa-Thik-Ane, you will be provided with a basic ERP for you to tailor to your group and your site.
- If you are camping or using another facility, ask them for their Emergency Response Plan to incorporate into your plans.
- You could incorporate the ERP into your planning with the girls using statements like "what would we
 do if...?"
- It is extremely important that all adults have a copy of the ERP so they know what to do. If you are doing a new activity which might have some different situations, it is even more important to discuss amongst yourselves how you will handle things, should a problem arise.
- Safe Guide Appendix H covers general guidelines for missing person, evacuation, intruder, medical emergency and parent not arriving to pick up a girl. Your activity might include other situations which would need to be addressed. For example, you could be using public transportation, so you would need to have a plan should a girl get separated from the group and not get on or off the vehicle.
- When completing the form, you must identify which adult will be performing each part of the plan. For example: "In a medical emergency RoseAnna (activity first aider) will look after the patient, Kelly and Lizzie will manage the rest of the group, ensuring they are safe, Carol (activity Responsible Guider) will call 911, if necessary, and will contact the Provincial emergency contact and home contact person, if necessary."
- On page 2-3, all contact numbers must be entered. Your activity assessor can help you with the
 Provincial emergency contacts. For your regular Unit activities, you could put the office phone
 number 514-933-5839. Your District Commissioner would know who to contact, should the Provincial
 Commissioner need to be informed
- Page 3 is meant for you to record what has happened
- Page 4 helps you decide who to inform and how.

Should you have an incident, please remember to complete an Incident Report INS.01 ASAP.

Local Stories

Lizzie Knowles, Communications and PR Coordinator. | communications@guidesquebec.ca





















It's been a great month for Halloween parties and Remembrance Day projects.

Can you spot all the super heroes?





Upcoming Dates and Events

November 12 Deadline to RSVP for the Girl Recognition event

November 12 Deadline to register for PED Week

November 13-17 PED Week

November 15 Extended deadline to register for Geordie play

November 18 Santa Claus Parade

November 20 Deadline to register for Mental Health First Aid

November 25 <u>Girl Recognition Event</u>

November 25 - December 10 16 Days of Activism Against Gender Violence

November 27 Think Tank 2018

Deadline to design new Youth Council crest

December 1-2 Mental Health First Aid Training

December 18 Deadline to sign-up for the Pathfinder trip to Carnaval

December 21 - January 1 Provincial Office Closed

January 20 Guider (and Ranger) Symposium

January 31 Deadline to design a new provincial crest

February 2-4 Pathfinder trip to Carnaval

February 22 World Thinking Day

February 23-25 Guide Winter Camp

April 21 Geordie Productions' Around the World in 80 Days

May 5 Girls First info session and Provincial AGM lunch

May 5-6 Camp clean-up weekend

May 11-13 First Available Weekend for Camping at Wa-Thik-Ane

May 30-June 4 National AGM

The Piccolo is published by Québec Council on the 2nd Thursday of every month (except the month of July) and contains valuable information for all members. Deadline for submissions to the December issue: December 7. Editor: Lizzie Knowles | communications@guidesquebec.ca