Wonderul week at Wa-Thik-Ane (Spark/Brownie 3 nights)  Personal Kit List  BEDROLL which includes:  ☐ 1 Warm sleeping bag ☐ 1 groundsheet or plastic sheet ☐ 1 Insulating pad ☐ 1 stuff pack for stuffing sleeping bag ☐ Extra lightweight blanket ☐ 1 pillow (optional)
Bedroll MUST be in a stuff bag or rolled in plastic & tied with rope. NO GARBAGE BAGS  CLOTHING: Please check the weather report - July can be chilly at night  4 t-shirts  2 pair of shorts  1 long sleeve shirt or sweatshirt  1 long pants (Not jeans)  4 sets of underwear  1 sweater or fleece  4 pairs of socks  1 wind breaker (nylon jacket)  1 pair of warm socks  2 pairs of pajamas (1 warm/1 lightweight)  Camp hat for sun  winter hat and lightweight gloves  2 swimsuits  2 beach towels  1 pair of sturdy running shoes  1 pair of rain boots A MUST  1 good raincoat (with hood) and rain pants OR Reusable Rain poncho
(raingear should be water PROOF not just resistant)  Crocs/sport sandals may come to camp for use ON-SITE as "slipper type footwear. However  EVERYONE MUST have close- toed RUNNING SHOES or BOOTS for activities. NO FLIP FLOPS  TOILET ARTICLES:
□ Toothbrush and paste □ Comb, brush, elastics: Hair must be tied up □ Soap □ Face cloth and towel □ Non-aerosol insect repellent □ Non-aerosol deodorant □ Sanitary supplies □ Sun screen & lip balm (unscented) □ Kleenex □ Portable Personal First Aid Kit  DISHES: (Strong non breakable dishes in a mesh bag (so air can flow through to dry them)) □ Plate, bowl, plastic Mug for hot drinks, juice cup, knife, fork, soup spoon, tea spoon □ Dish towel (for drying) □ Oven mitt  MISCELLANEOUS: □ Leak-proof water bottle □ Sit upon (foam/ newspaper in plastic bag) □ Flashlight and extra batteries □ Camera (optional)
<ul> <li>□ Pencils and note book □ Whistle</li> <li>□ Plastic bag/stuff sack for dirty clothes □ 1 orange garbage bag (for camper)</li> <li>□ 6 clothes pegs □ Small stuffed bed friend</li> <li>□ Program Book □ Reading book/cards, etc. for quiet time</li> <li>□ Daypack/knapsack (school bag size) □ Camp/Badge blanket</li> <li>□ Pocket knife**/Compass (optional) □ Butcher cord (strong string for lashing)</li> </ul>

MEDICARE CARD – please present a colour photocopy on arrival at camp

**MEDICATIONS** – MUST COME to camp in a closed NAMED bag (cosmetic bag, pencil case or ziplock) – all Medication must be in original packaging or with prescription if in daily distribution box. Please complete the H.3 and give it to our FIRST AIDER upon arrival. All medications will be stored for safe keeping.

ELECTRONICS including MP3/iPods, CELL PHONES and games; MAKE-UP; JEWELRY; and SNACKS (gum, candy, etc.) are NOT PERMITTED or NEEDED. Please use a camera for pictures. Money is needed for camp crests, and trinkets only. (suggested \$10 – Max. \$20)

<sup>\*\*</sup>will be collected and stored in a secure location – available to be borrowed if required