



| Time        | Activity   | Program   |
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| Opening     | Horseshoe  |   |
| Drama games | <p>Nonsense Language</p> <p>Have each girl find a partner. Then tell them they are going to have a conversation in nonsense language. To do this they will have to remember tone, body language...etc. After they have done it for 1 minute. Ask them if they could tell if it was a happy conversation, were they mad...etc. Then switch and find a new partner and try again.</p> <p>Change the Action</p> <p>The girls must copy the leaders' PREVIOUS action every time you yell CHANGE. So the leader claps her hands, the girls sit still. The leader shouts CHANGE and begins to pat her head, the girls begin to clap their hands. The leader shouts CHANGE and begins to tap her shoulders and the girls now pat their head. This is a great game to work on concentration.</p> | <p>Discovering you-<br/>Discover your creativity #4</p>      |
| Prop skit   | <p>Have the girls work in their patrols. Give each patrol a bag with three random props in it. Give them 10 minutes to come up with a short skit that uses all three props. This is a good time to remind the girls that a story has a beginning, middle and end.....even if it is a short story.</p>  | <p>Discovering you-<br/>Discover your creativity #4</p>   |
| Game        | <p>Emotions!</p> <p>For this game you can print off the situation cards below. One set for each group you will have. In small groups the girls will read the situation card and show what emotion they would have...not using word. This is a great exercise in nonverbal communication and how important it is.</p>   | <p>You and others-<br/>Build skills in communication.</p>  |
| Game        | <p>Separate everyone into teams of about five or six. It also works best if there is an adult to be the list keeper for each group. Make a list of 10 things that can be acted out. It can be a popcorn machine, a cheerleader, cotton candy, bath tub ...anything you would like.</p> <p>Then have the teams go to separate corners of the room and have the adults all with the same list in the middle. Then one girl from each team will go to their leader and get the first word, go back to</p>   | <p>Performing Arts #4</p>   |

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|       | <p>their team and act it out. Once their team gets it they will send another person up. The first team to get their list done wins.</p>  |                    |
| Craft | <p>Get assorted items like yarn, newspaper, old fabric...etc.<br/>Give the girls these items and ask them to make some props and costume pieces for a short skit they will put together working in small groups. Then have everyone perform their skits in front of the group.</p>   | Performing arts #5 |
| Song  | <p><b>Three Sharp Tooth Buzzards</b><br/><i>(actions in brackets)</i><br/><i>(I have also seen this song called "Three Short-Necked Buzzards" and "Three Chartreuse Buzzards"; one such example can be found in "Campfire Activities", Girl Guides of Canada, 1993.)</i></p> <p>3 <i>(hold up 3 fingers)</i> sharp tooth <i>(fingers curled up by mouth as teeth)</i> buzzards <i>(hunch shoulders, look mean)</i><br/>3 sharp tooth buzzards <i>(same actions)</i><br/>3 sharp tooth buzzards <i>(same actions)</i><br/>Sitting on a dead tree <i>(arms out as branches, head lolled to one side)</i></p> <p>Oh LOOK <i>(shade eyes with hand)</i>, One has flown A-way <i>(point to the distance)</i><br/>What A Shame <i>(one hand at forehead in a dramatic gesture)</i></p> <p>2 sharp tooth buzzards <i>(same actions as above, but hold up 2 fingers)</i>...<br/>1 sharp tooth buzzard <i>(same actions as above but hold up 1 finger)</i>...<br/>No sharp tooth buzzards <i>(same actions, but shake finger "no" at "No")</i>...</p> <p>Oh, Look <i>(shade eyes with hand)</i>, One has RE-turned <i>(beckoning motion)</i><br/>Let us RE-Joice <i>(arms up in joy)</i>!</p> <p>1 sharp tooth buzzard ...<br/>2 sharp tooth buzzards ...<br/>3 sharp tooth buzzards ...</p> <p>From:<br/><a href="http://dragon.sleepdeprived.ca/songbook/songbook_index.htm">http://dragon.sleepdeprived.ca/songbook/songbook_index.htm</a></p> |                    |

## Emotions Cards

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| <p>You just won a set of concert tickets for your favorite band!</p>                   | <p>You found out that you got 53% on a test you studied hard for.</p>                |
| <p>Someone just jumped behind you and scared you.</p>                                  | <p>You just watched a sad movie.</p>   |
| <p>You are home and sitting in your room bored.</p>                                    | <p>Someone just took your last piece of candy from you right out of your hand.</p>   |
| <p>You don't understand a problem.</p>   | <p>You overheard someone saying something mean about you.</p>                        |
| <p>Someone told a joke that made you confused.</p>                                     | <p>You eat something very sour.</p>  |
| <p>You stayed up very late the night before so you are very tired today.</p>           | <p>You walk into a room and realize it is a surprise party for you.</p>              |
| <p>A friend of yours just got a pair of shoes you really wanted...you are jealous.</p> | <p>You see your parents for the first time after they have been gone for a week.</p> |