

**Gathering Activity:** Print out the word search below and have the girls work on them while they wait for everyone

### Opening

#### Game : In Order

Write out the words to the promise on cards. Then give each girl a card and have the group try to line up in order of the cards they have. Then as a group try to do it one more time but this time without talking. This is a great exercise in teamwork as well as learning the promise.

#### Skits:

Split the girls up into groups and then assign each group a word in the Guide Law. (Eg. Courage, protect) Then have them put together a short skit involving a situation that uses that attribute. Have all the girls come back together to watch the skits and then discuss.

#### Craft: A Promise Box

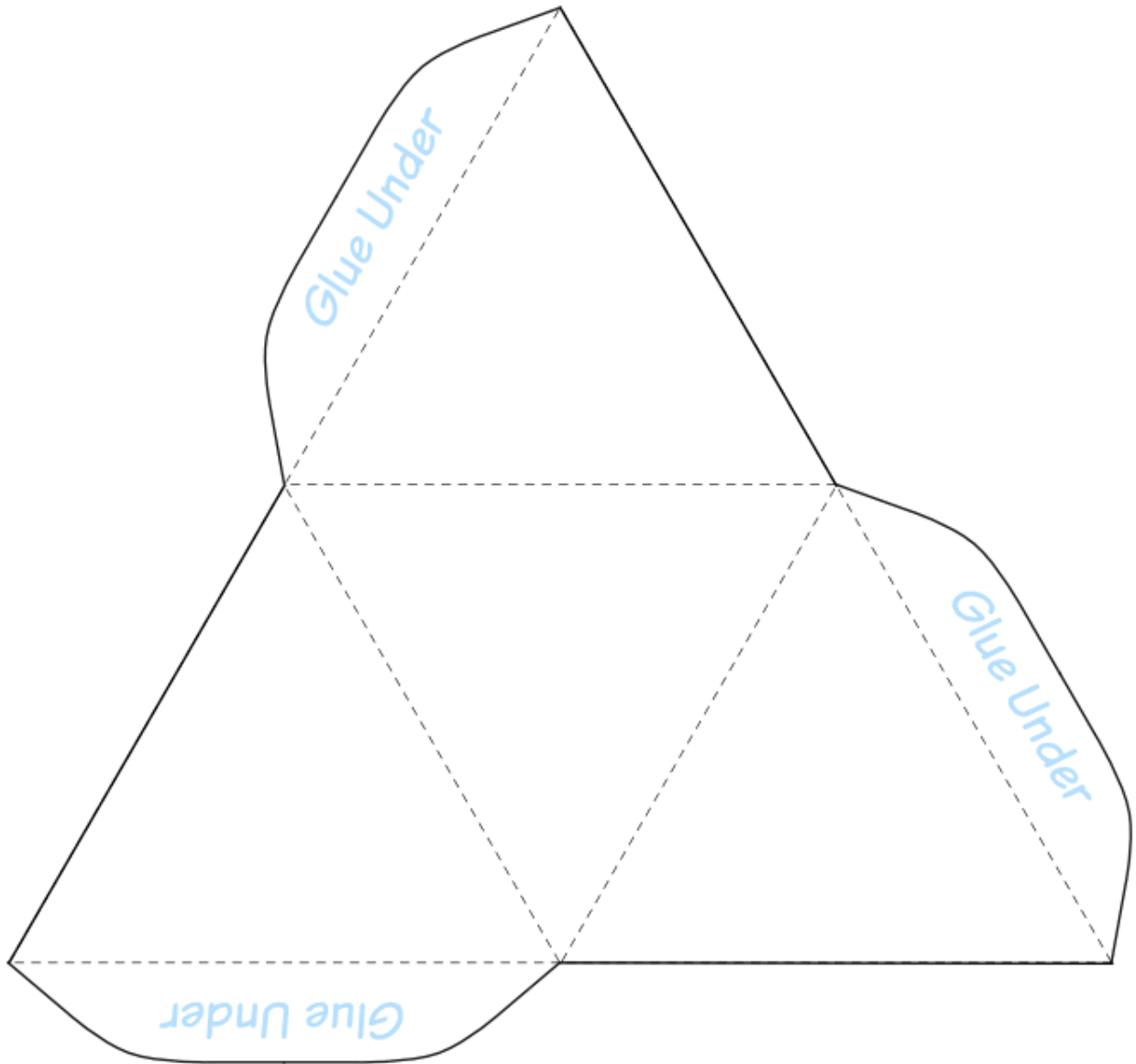
Give each girl a copy of the tetrahedron below on cardstock if possible.

Have them write "I promise to do my best" in the center triangle. In the other 3 triangle they will write the other 3 parts of the promise or draw a picture pertaining to each part. Then cut it out and glue it together. As you are putting it together you may choose to put a string on it so it will hang.

#### Song: Guide Law Rap

Be honest and trustworthy every single day.  
Use resources wisely, I can find a way.  
Respect myself and others in everything I do.  
My talents and abilities, I'm proud to share with you.  
Protect our environment in every way I can.  
With courage and strength, I can take a stand.  
The sisterhood of Guiding, I share with one and all,  
And that's the seven challenges of the Guiding Law

#### Closing:



# Girl Guide Promise and Law

L K  
 L P A J  
 M L R S W K  
 I B O O E T B E  
 W R E K T C S R Z L  
 K O E L T E H X O E S I  
 R Q R S I Y C S E S U N K U  
 H B W L P E N T B I R A R G I P  
 L Y P V D E F I C W K N S A C T L D  
 W M U V P B C S I X V L G J W M E H L S  
 C X P T M R T C H A L L E N G E W S B S  
 F M R G Y E T N U Y R J O Y T S T K  
 C O O D S P S I S T E R H O O D  
 O T M B E A P M V G I F T S  
 U T I E L R C A N A D A  
 R O S S F E U B P X  
 A T E T T D X V  
 G C A R U J  
 E R Y O  
 L C

PROMISE  
 LAW  
 MOTTO  
 BEST  
 BELIEFS  
 CANADA  
 WISE

RESPECT  
 OTHERS  
 PROTECT  
 COURAGE  
 SISTERHOOD  
 CHALLENGE  
 RESOURCES

GIFTS  
 SKILLS  
 WORLD  
 STRENGTH  
 JOY  
 MYSELF