

ADAPT-A-CRAFT *Contributed by Joan Bryce*

Our *Canadian Guider* magazine has printed knitting patterns with Trefoils several times in past years. But many people like to knit and so we are repeating it. June Whynot of Milton, Queens Co., N.S., reminds everyone of these patterns and suggests they can be adapted for sweaters, socks or whatever you like.

WHY NOT TRY THIS PATTERN?

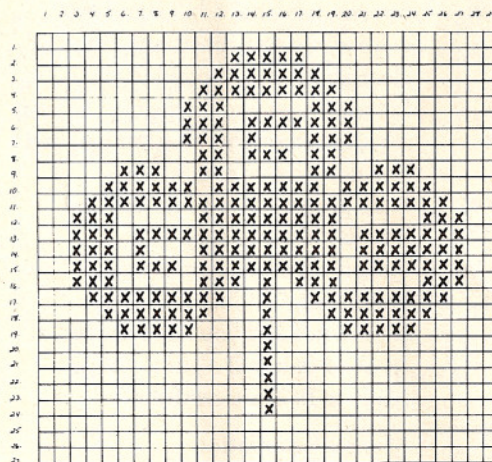
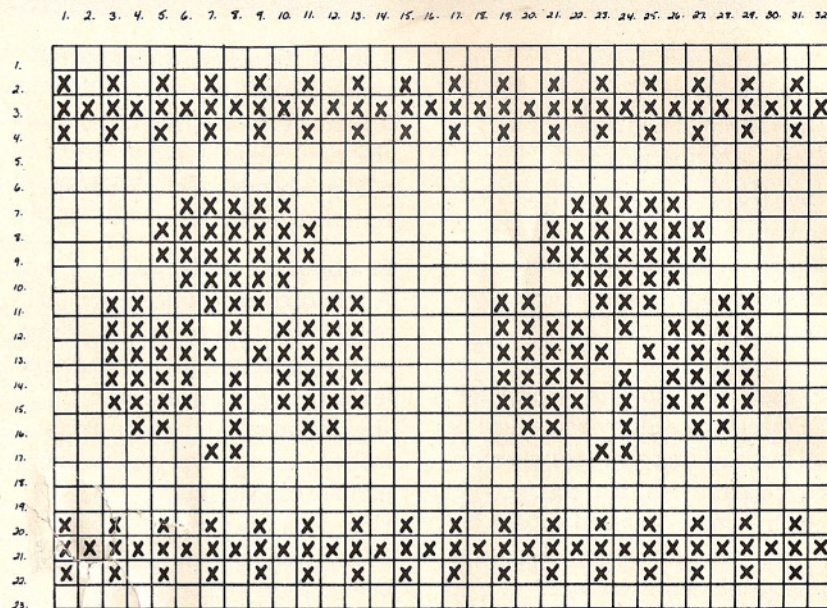
Knit yourself a Guide sweater or jacket by following along with our Trefoil design.

This pattern can be adapted for almost any garment. We like it used as a bottom edge, a few rows above the ribbing, on a plain, bulky jacket. Find a knitting pattern that you like and substitute this Trefoil design. Each Trefoil, spaced out, takes 16 stitches, and with the top and bottom edgings, is 21 rows deep.

We suggest blue background and yellow Trefoil for Guides, blue and green for Pathfinders, but Rangers might like white with red, and Cadets yellow and white.

PATTERN FOR TREFOIL CREST

- x Colour of Trefoil crest: yellow for Guides, green for Pathfinders, white for Cadets, red for Rangers, etc., or your choice.
- Background colour and colour of letters, royal or navy blue, or your choice.



Greet winter in these Toques!

Patterns created by Rosemary Cullingworth

GUIDE TOQUE

(Pathfinder, Ranger, or Cadet)

Materials:

Needles: Set of 4 Number 11, Set of 4 Number 9

Wool: One 50-gram ball of Sayelle (Knitting worsted) in royal Blue — B

Part ball of Sayelle (Knitting worsted) in Gold — G

Small amount of Sayelle (Knitting worsted) in Red — R

Small amount of Sayelle (Knitting worsted) in White — W

N.B. These colours may be changed for suitable colours for Pathfinders, Rangers, or Cadets.

Tension: 5 stitches and 7 rows = 1 inch.

With Number 11 needles and B cast on 90 stitches.

Knit 1 Purl 1 for 2 rounds; change to Number 9 needles.

Round 1: Knit 1R 1B around; Round 2: Knit R; Round 3: Knit W; Round 4: Knit 1W, 1G around; Round 5: Knit G; Round 6: Knit 1G, 1B around; Round 7: Knit 1B, 1R around.

Knit 2 rounds B; Knit 8 rounds of graph; Knit 2 rounds of B.

8.		X	X	X				X	X	X							
7.				X	X	X	X	X									
6.		X	X			X				X	X						
5.		X	X	X		X				X	X	X					
4.		X	X		X	X	X			X	X						
3.		X		X	X	X	X	X		X							
2.				X	X	X	X	X									
1.				X	X	X											

Follow chart reading each row from right to left, repeating 6 times altogether.



Round 20: Knit 1G, 1B around; Round 21: Knit 1W, 1G around — break off gold; Round 22: Knit 1R, 1W around — break off white; Round 23: Knit 1B, 1R around — break off red; Round 24: Knit B.

Change to Number 11 needles.

Purl 1 round for turn back; Knit 1 Purl 1 for 2 inches.

Turn work inside out — thus reversing direction. This will leave a small hole that may be darned later if desired.

Change to Number 9 needles.

Knit 5½ inches.

To shape top:

Round 1: Knit 8 Knit 2 together around; Round 2: Knit; Round 3: Knit 7 Knit 2 together around; Round 4: Knit; Round 5: Knit 6 Knit 2 together around; Round 6: Knit.

Continue in this manner to Round 17 — Knit 2 together around; Break wool and draw through remaining 9 stitches. Sew in ends. With B and a few strands of R, G, & W, make a 3 inch Pom Pon and sew in place.

BROWNIE TOQUE

Materials

Needles: Set of 4 Number 11, set of 4 Number 9

Wool: One 50-gram ball of Sayelle (knitting worsted) in Brown (B)

One part ball of Sayelle (knitting worsted) in bright Yellow (Y)

Tension: 5 stitches and 7 rows = 1 inch.



With Number 11 needles and B cast on 84 stitches.

Knit 1 Purl 1 for 2 rounds; change to Number 9 needles.

Continued next page

16.			X	X	X	X	X										X
15.			X	X	X	X											X
14.			X	X	X	X				X	X						X
13.				X	X					X							X
12.				X	X					X					X	X	
11.				X	X					X	X			X	X		
10.				X	X					X	X	X	X				
9.		X	X	X	X	X	X	X						X	X		
8.	X	X	X	X	X	X	X	X	X					X	X		
7.		X	X	X	X	X	X	X					X	X	X	X	
6.			X	X	X	X	X	X					X	X	X	X	X
5.				X	X	X	X						X		X	X	X
4.										X				X	X	X	X
3.													X	X	X	X	
2.														X	X		
1.															X	X	

Follow chart reading each row from right to left, repeating 4 times altogether.

CANADIAN GUIDER

BROWNIE TOQUE *continued*

Round 1: Knit B; Round 2: Knit Y; Round 3: Knit B.
Knit 16 rounds of graph.

Round 20: Knit B; Round 21: Knit Y (break off Y);
Round 22: Knit B.

Change to Number 11 needles.

Purl 1 round for turn back; Knit 1 Purl 1 for 2 inches.

Turn work inside out, thus reversing direction: This will leave a small hole that may be darned later if desired.

Change to Number 9 needles.

Knit 26 Knit 2 together 3 times (81 stitches); Knit $4\frac{3}{4}$ inches.

To shape top:

Round 1: Knit 7 Knit 2 together around; Round 2: Knit; Round 3: Knit 6, Knit 2 together around; Round 4: Knit; Round 5: Knit 5 Knit 2 together around; Round 6: Knit.

Continue in this manner to Round 15 — Knit 2 together around. Break Wool and draw through remaining 9 stitches. Sew in ends. With Yellow make a 3-inch Pom Pon and sew in place.

For coloured pattern knitting carry colour not in use loosely behind work. Do not carry for more than 3 stitches without twisting the 2 colours together.

A Beaded Trefoil

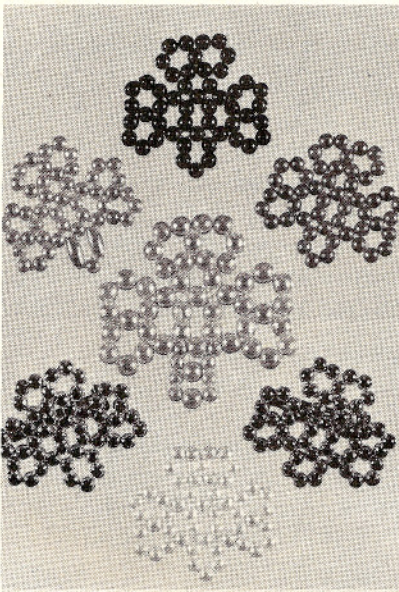
It is nice to get mail and ideas from people like Catherine McCrae of Blenheim, Ontario, who has a great suggestion that might be used for a Christmas or Thinking Day craft. It looks complicated but if you take it step by step, you will soon have a lovely Trefoil.

Materials

- ☐ 50 3mm beads/pearls
- ☐ Approximately 40.64 cm (16 inches) of nylon beading thread
- ☐ Sewing needle that will pass easily through beads (beading needles are too flimsy)
- ☐ Pin back, if the Trefoil is to be used as a brooch.

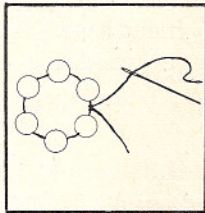
Uses

- ☐ Swaps (with or without pin back)
- ☐ Place card decorations/Thinking Day favours
- ☐ Camp hat keepsake
- ☐ Mini prizes from Camp or Unit competitions

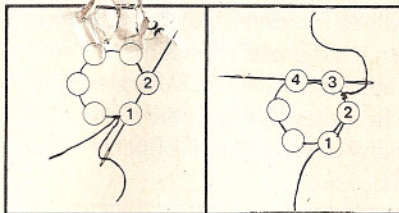


Method

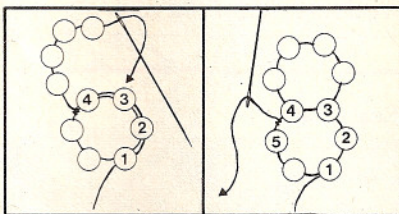
1. Thread needles and string on six (6) beads and tie a *double knot* near the end, leaving about 2.54 cm (1") as a tail. Do not clip.



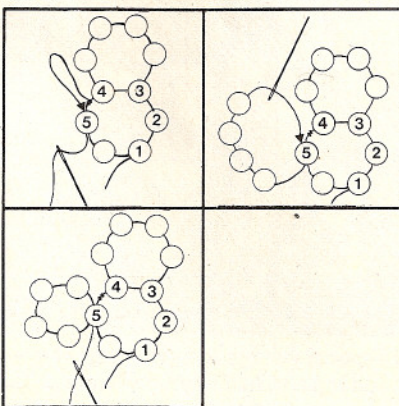
2. Go through beads #1 and #2 and pull thread until knot pops through. (You'll probably hear it!) Repeat through beads #3 and #4. Do not clip 'tail' yet.



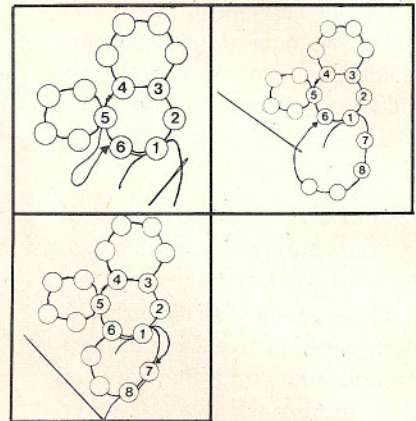
3. Add four (4) pearls. 'Sew' through last two (2) beads before knot. (Use 'tail' to pull back any slack, if necessary.)



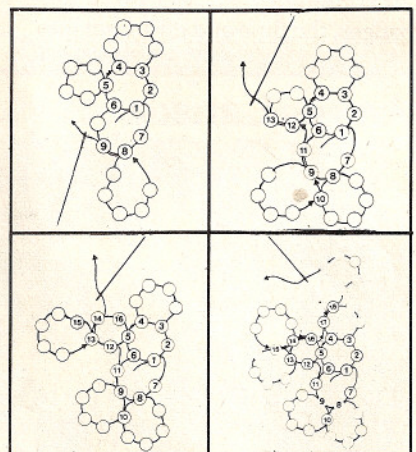
4. Go through bead #5. Add four (4) more beads and go through #5 again, following the same path. Pull snug.



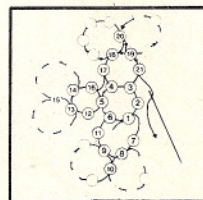
5. Continuing around centre, go through #6 and #1. Add four (4) beads. Follow the same path and go through beads #6 and #1 again. Follow in the same direction and go through beads #7 and #8 on the ring just done.



6. Now add five (5) beads. Go through beads #8 and #9. Add four (4) beads and go through beads #10, #9, #11, #12 and #13. Pull snug. Add five (5) beads and go through #13 and #14. Add four (4) beads and go through #15, #14, #16, #17 and #18. Add five (5) beads.



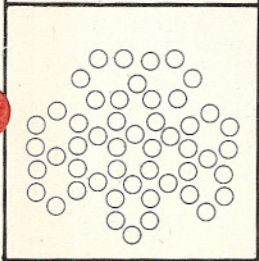
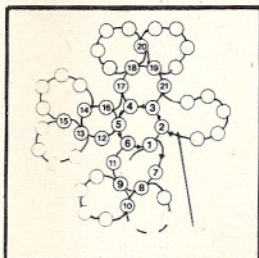
7. Go through #18 again and then #19. Add four (4) beads and go through #20, #19 again and #21.



continued on page 23

Adapt-A-Craft *continued from page 20*

8. Add five (5) beads to make stem. Go through #2 and continue around through the last five (5) beads again. This time, do not go through #2 but through #7.



9. To knot, drop needle through space in circle of #7, #8, #9, #11, #6, #1, keeping a loop in the fingers. Pull needle through loop and pull to slip knot between beads #7 and #8.

10. If no pin back is to be added, weave through #8, #10, and around one of the circles. Pull to snap knot into bead #8. Snip 'tail' and thread.

11. To add pin back, do not follow instruction No. 10. Position pin back so that clasp part will be on left when stem end is down. Stitch through pin back holes and corresponding bead. Pull snug. Take needle through beads and knot, pulling knot through several beads. Snip thread.

Wear and enjoy!