

GIRLS GO NORTH! CHALLENGE

AURORA ADVENTURES AREA



The Girls Go North! Challenge has been designed to provide opportunities to experience different aspects of life in the north. The challenge is open to all levels of Guiding, and can be completed in a variety of ways depending on the age and abilities of the participants.

This program was developed by Eileen Hendry (with consideration for indigenous peoples, culture and traditions), for use among girls living in the Northwest Territories. Keep in mind that some traditions are sacred

and reserved for particular communities. Respect to those traditions should be given throughout this program.

HOW IT WORKS:

- The challenge consists of three parts:
 - Moving! (Outdoors & Games)
 - Sharing! (Community History & Service)
 - Creating! (Art, Drama, & Music)
- To earn a crest, complete the first section (#1) in each part of the challenge, along with one other section (#'s 2-6) from that part.
- Crests are FREE for Aurora Adventures Area Guiding members. Challenge participants outside the NT can purchase crests at a price of \$5 per set of 4 (this includes GST and shipping).
- NO orders will be processed until payment is received.
- To order your crests email your request form to the following email AuroraAdventuresProgram.GGC@gmail.com
- Mailing address to send cheques:
 - 102-302 Steele Street Whitehorse, YT Y1A 2C5

CHALLENGE REQUIREMENTS

PART A – CREATING!

1. Use your artistic talents to create something that communicates the spirit of Guiding in the North. Some ideas to consider:
 - a. A banner or mural to hang at your meeting place
 - b. A song, poem, or rap
 - c. A short skit or dance
 - d. A story, a sculpture, or an article of clothing...whatever your imagination comes up with!
2. Learn a song relating to the North. This could be a Guiding song such as the NWT Girl Guide Song or Fire's Burning in Inuktitut (both in Celebrate with Song), or any other song you like. Sing it for an audience, if possible.
3. Create and perform a skit based on a traditional story.
4. Make up your own legend to teach an important lesson. Share it with other girls if possible.
5. Experiment with printmaking or stencilling. Use this technique to decorate an item you can use, such as a coaster, place mat, book cover, tote bag, or article of clothing.
6. Learn about carving, scrimshaw, or other similar craft. Have someone demonstrate it if possible. Try it with a bar of soap, block of plaster, or other suitable material.

PART B – SHARING!

1. Do something to help your community. Try:
 - a. Collecting food donations for your local food bank
 - b. Collecting blankets, toys, or clothes for a women's shelter
 - c. Picking up trash around your meeting place
 - d. Visiting seniors
 - e. Any other project that helps someone in your community

2. Talk to an elder or someone who has lived in your community for at least 10 years. Find out how things have changed during that time.
3. Make a snack using a traditional food such as bannock, berries, fish, caribou, seal or other item.
4. Visit or learn about a place of historic significance in your community. Make a picture, poster, or brochure to remind yourself and others about it.
5. Go for a walk around your community. While you are walking, discuss the things you see – what do you like about your community, and what could be done to make it better.
6. Visit your town or hamlet office. Attend a council meeting if possible.

PART C – MOVING!

1. Play a traditional northern game such as:
 - a. Ajagaak (bone toss and spear/catch)
 - b. Bag of bones (snare bone pieces with string)
 - c. Ball pass
 - d. Blanket toss
 - e. Akserk (chanting game)
 - f. Stick game
 - g. String figures
 - h. Any other game popular in your area
2. Create an active game to teach others something about the north. Play it with your unit.
3. Plan and participate in an outdoor excursion
 - a. Pack a lunch or snack to bring with you
 - b. Follow safety rules for your area
 - c. Dress appropriately
 - d. Have fun!

4. Learn about traditional food sources in your area. With assistance, gather and prepare a locally available food such as berries, fish, tea, or greens.
5. Prepare a snack, meal, or hot drink using outdoor cooking equipment
6. Practice using a compass with or without a map. Use a map of your area if possible.

REQUEST FORM FOR **GIRLS GO NORTH!** CHALLENGE CRESTS

Complete the [ANY Council request form](#) to order crests for this challenge.