

Theme: Make New Friends

Purpose: To celebrate our uniqueness; encourage new members to join; and welcome back past members!

How to earn this challenge:

- **Sparks and Embers:** Complete 3 of the sections.
- **Guides, Pathfinders and Rangers:** Complete 4 of the sections **OR** host an Arts Event for your District or younger branch in your District with a minimum of 3 stations. You can change or modify any of the activities for your group.

Section 1: Music

- **Sparks and Embers:** Learn 3 songs.
- **Guides, Pathfinder and Rangers:** Learn 5 songs.

Song Choices

Make New Friends	The Ember Smile	It's a Small World	Buddies and Pals
Girl Guides Are We	Let's Be Friends	Sisters in Guiding	There's Guiding Everywhere
The World Song	Who Are These	Walk Around	Reach out in Love
Proud to be in Guiding	Linger	Images of Guiding	Lend a Hand
Everywhere Around the World	Trefoil Friendship	Say Why	I Am One Voice

All songs can be found on MemberZone on the [Let's Sing](#) page. Here you will find links to lyrics, audio, sheet music, and videos for action songs.

-OR- Lip Sync to your favourite songs about friendship and make it a duet with a friend!

-OR- any **Friend themed** songs you want to sing.

Section 2: Crafts – Try one of the following crafts:

- Create friendship bracelets - best to have a partner to help make these.
- Make a craft that they can make an extra one of to give to someone else like card making or bracelets.
- Make a chain out of paper where each member makes a link for it - you can add positive messages or decorate the link how you would like.
- Friendship trees - everyone puts a hand print/finger print on each other's trees.
- Paper doll chain – everyone makes a paper doll to add to the chain.
- Make warm fuzzies.
- Make camp hat crafts and make one to give to someone else.
- Learn how to tie the friendship knot - make two and share one with someone else.
- My Life-Sized Friend – Draw an outline of someone else on a large piece of paper and add positive things about that person inside the lines.

-OR- any **Friend themed** craft you want to try.

Section 3 – Dance/Movement - Try one of the following:

- Follow the leader – you pick a movement, and the others copy your movement. Then pick another movement and repeat the movements done before it. Continue to make this into a series of movements.
- Balloon Dance – dance while keeping a balloon in the air by sharing it back and forth between partners.
- Pantomime dancing with a partner - see if you can keep up (practice it first).
- Play some hand clapping games like Patty Cake, The Cup Game, or Stella Ella Ola.
- Play the “Speed Dating” game - you can get to know each other or have specific questions on hand to answer as you quickly meet and get to know everyone else in the room.

-OR- any **Friend themed** dance you want to try.

Section 4 – Creative – Try one of the following:

- Pen Pals.
- Host a “Bring a Friend” event.
- Play “This or That” to explore similarities and differences within the group.
- Positivity Flowers - write a positive comment on the petals of everyone else’s flowers in the group.
- Find a connecting puzzle piece and make a necklace out of this to wear (can put a picture across it) – can make one to take to a friend outside of Guiding.
- Random acts of sisterhood.
- Making a poem about friendship.
- Bring a book about friendship and explain why you like that book. Older members can form a book club for this and pick a book about friendship to read.

-OR- any **Friend themed** creative activity you want to try.

Section 5 – Drama – Try one of the following:

- Act out times when a friendship made you feel good.
- Act out what to do when you have a problem with a friend (make a skit).
- Mirror each other’s movements (sit facing each other).
- Play “Fortunately, unfortunately” talking game to problem solve within a friendship.
- Making a friendship fruit salad.
- Do the [“When You, I...”](#) activity on the Girls First Platform.
- Play “I am going on a camping trip”.
- Do a participation story that is friendship themed.

-OR- any **Friend themed** drama activity you want to try.

Section 6 – Digital Age (OPTIONAL) – Try one of the following:

- Virtual Pen Pals (contact the International Adviser to get contacts for this).
- Do a virtual picture booth.
- Make a virtual collage showing the things you value most in a friend.
- Older girls – do some activities from the [Sisterhood Challenge](#) on MemberZone.

-OR- any **Friend themed** digital age activity you want to try.