Gleanings



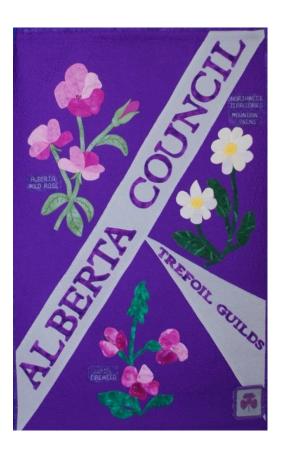


For Guiding in Alberta, Northwest Territories and Yukon

Alberta, NWT & Yukon Council

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April 2019 Newsletter

Alberta Council -Trefoil Guild Liaison:

Sue Schroder, Alberta any-trefoil@girlquides.ca

Alberta Council Trefoil Guilds

Aurora Adventures Area – 1st Yellowknife, 1st Yukon Calgary – Claytons, Crazy Calgary Campers, Emonis Ake, Frayed Knots, Guiding Lights, Happy Campers, Missing Links, North Star Nomads, Sunrise Girls, WestRockers, Y-Knots Cdn: - 1st Canadian Internet Guild Chinook - Chinookettes **Cypress Hills** – Mad Hatters **Edmonton** – 1st Edmonton, 2nd Edmonton, 3rd Purple Martins, 4th Edmonton, 5th Edmonton, 7th Edmonton, 50th Edmonton, 1st Sherwood Park, Dragon Tails, Wild Tumbleweeds. Michener – Ramblin' Roses Parkland – 1st Wild Rosies. 2nd Sounds Fun, 3rd Silver Willow, 4th Parkland, Heartlanders Peace River – Northern Flickers Prairie Rose - Twilight Roses Tamarac - All Heart, BOGGS, STARS Woodsmoke - Woodsmokers

Keeping the Spirit Alive!

A MESSAGE FROM THE TREFOIL GUILD LIAISON

Welcome to this new issue of *Gleanings*! As a Trefoil Guild member in Alberta, Northwest Territories and Yukon, this is your newsletter for your Guild to share your Guiding activities with all our 37 Guilds and the ANY members in the 1st Canadian Internet Guild. Our Guilds are of all sizes from three to 30 members each. You'll read a bit of serious information but mainly, exciting Guild activities, some ideas of which you might carry forward to your Guild. As I read all your submissions, I also heard about the rocky roads some of us have travelled in the past few years. As a purple sisterhood, we are there helping and supporting those members on their journey forward. Our National Liaison has asked for the names of members who have 'gone home' during the years of 2016 to 2019. Please send those names and dates on to me.

A few questions have arisen in the past year, including those about Guild structure and positions, fees, Police Records Checks (PRC) or where to get Guild information.

A Trefoil Guild is structured by the wishes of its members. It can be formal with a president, vice-president, secretary and treasurer. These positions only are recorded in iMIS. A Guild may be a more casual group but for communication purposes the name of a contact must be recorded in iMIS. Guilds may decide not to have a bank account. All Guilds with bank accounts are required to have a treasurer who is recorded in iMIS. Only treasurers are tracked for a definite term of five years. Currently, all other position terms are undefined. If a Guild sells Girl Guide cookies, all proceeds must go to the girls, not to Guild activities. Why not buy cookies from a unit directly!

PRC and the 75 exemption. Each adult member is required to renew their PRC and Code of Conduct every three years. Your reminder email or letter mail will be sent from the National Office three months prior to your PRC expiry date. If you are considering applying for a permanent exemption from a PRC, the applicant must meet five criteria – birth date of 75 or over must be recorded in iMIS; must not work regularly with girls in unit meetings; must not attend or participate in overnight camps or weekends where girls are attending; must not handle GGC funds; and must not hold any "position" within Guiding, including Trefoil Guild positions. Application forms are available from your area council or on the National website.

Annual fees for adult members have not changed. The National fee of \$60. and Alberta Council fee of \$12 remain. Area councils are able to add an area fee but that is very rare.

There are several resources for Trefoil Guild information. The new Alberta Council Trefoil Guild brochure is available from our office and is attached as last page of this newsletter. The brochure will be available on the Alberta Council website at www.girlguides.ca/ab The Trefoil Guild Liaison can be contacted at any-trefoil@girlguides.ca/ab

Are you a travelling Trefoiler? There is a Trefoil Guild tour of New Zealand being offered in 2020 and, just received, a Trefoil Guild conference in Malaysia in July 2019. Contact me if you are interested in either event. There are several local events that could use your help.

The 2019 National Trefoil Guild Gathering, *Oh, the Places We've Been!* is being held in Sudbury, Ontario from June 19-23. A gathering is held in different locations across Canada every three years. All Trefoil Guild members are invited to contribute to and enjoy the friendship of this special group of members. There are fourteen members from Alberta and one member from Yellowknife getting packed and ready for a lively and learning event.

Our next Trefoil event is our annual Trefoil Guild Roundup. This year the 2019 Roundup is on May 25 at the Black Knight Inn, Red Deer, at 2:30 to 4:30 immediately following the Life Members' Luncheon. Yes, it is a different format with the usual sharing of information and reports but no potluck luncheon. With our 400 strong Trefoil membership, our Roundup attendance numbers have been low for the past five years. We are often told that change is good for us, so let's try it! We will return to the potluck luncheon format in 2020.

In 55 years of Guiding in Alberta, Nova Scotia, United States, England, Thailand and Philippines I have had incredible guiding experiences. Along the way there have been so many women who have shown me how to 'keep the spirit alive' who I think of and thank deeply! Now I thank Cathy Mantika for encouraging me this past year and Gail Armstrong for compiling this newsletter. Without her, you might not be reading it!

Have fun, enjoy your friendships and the rest of your Guiding year!

Sue Schroder Alberta Council Trefoil Guild Liaison



. . . .Sue Schroder is on the left, in case you don't know her! 😊



NEW TREFOIL PIN

Cost is \$4.15

(which turns into \$4.69 with GST/HST, and then add shipping to that).

A MESSAGE FROM THE ALBERTA COUNCIL

Thank you for all you do to "Keep the Spirit Alive." I hope you are all having a good year.

Within Alberta Council, we have over 400 members in 38 Guilds as of the most recent iMIS roster. Many of you are doing exciting activities including a wide variety of service projects, helping at camps, working on challenges, going out for dinner, potlucks, etc. Whatever you do, you continue to live the Guiding law within the Sisterhood of Guiding. How incredible.

2018 was a busy year. We increased our membership for the 11th year in a row! As of January 2019, we have 16,564 members across Alberta Council! We sold 63,321 classic cookies and 56,506 mint cookies. Monies from these cookie sales enabled Alberta Council to provide over \$89,000 in membership subsidies.

We have seen a lot of change during 2018. The new Girls First program was launched for a trial year and many units have been working with it with very positive results. Our Youth Forum were tasked to propose what to do with a donation Alberta Council received in late 2017. The decision was to create the Joyce Foster Memorial Scholarship which will be awarded for the first time this spring.

Alberta Council sponsored several trips and events in 2018. Twelve girls and two guiders were given the opportunity to travel to and learn about Ecuador and by working on service projects. Adult events were well attended including Multi-Faceted, the Trainers' Workshop, Hodgepodge and Commissioners' Workshop. Girls and youth also attended a variety of camps including Alberta Girls' Parliament, Adventure Awaits Pathfinder/Ranger Camp, Sea to Sky Guide Camp, Advanced Backpacking Camp, Arts Camp, Colour Your World and the inaugural Ranger weekend.

The 2018 Alberta Council Annual General Meeting (AGM) was held in Calgary. The Emonis Ake Trefoil Guild coordinated and hosted the banquet. Thank you again to the Emonis Ake Trefoil Guild for taking the challenge. On the same weekend, the Youth Forum hosted a Ranger Meet Up to engage Rangers about issues that are relevant and important to them.

Future 2019 events include the following:

- * Alberta Council AGM & Banquet May 4, 2019, Edmonton AB (tickets on sale now) STARS Trefoil Guild will be coordinating and hosting the banquet.
- * Rally Day "In Our Backyard" May 11, 2019 various locations across Alberta Council
 I hope you will attend, if you are not already involved as a volunteer.
- * Trefoil Guild Roundup May 25, 2019 following the Life Members' Luncheon

It is Awards time of year. Many of you have already applied for awards to recognize fellow Guiders/members at your year-end functions. However, don't forget, awards may be applied for and presented throughout the year. Any Member may nominate a Member for an Award. Please note, the Alberta Council Awards booklet has been updated. Current guidelines are available on the Alberta Council website.

Thank you again for everything you do to "Keep the Spirit Alive".

Laurie McIntosh, Deputy Provincial Commissioner

BOGGS GUILD - TAMARAC AREA

We enjoy meeting monthly; a wonderful potluck supper followed by a short exchange of information, planning future activities and a book exchange raising funds for the World Friendship Fund.

Westview Village Long Term Care Centre Stony Plain residents receive our handmade cards/tray favors on major holidays and BOGGS help decorate at Christmas.

We like to take part in Tamarac Area's Girl Guide events; an opportunity to wear our purple aprons.

Parkland Food Bank has two BOGGS ladies volunteer regularly and we provide the "ingredients" for Birthday bags distributed there.

Our annual fun outing is to the East of Sixty Theatre Production in Devon for Sunday brunch and live play (extremely enjoyable) – not to mention the excellent food!

Farmers Day Parade Stony Plain finds us on a member's driveway; cheering and giving support to those in the parade. We are rewarded with fun, laughter and an excellent brunch/lunch and sometimes a secret gift exchange.

It really is amazing what a small group can accomplish while having fun and keeping the spirit of Guiding alive!

NORTH STAR NOMADS GUILD - CALGARY AREA

We had an enjoyable spring. A few of us had fun touring Heritage Park and admiring the beautiful quilts on display at the annual Heritage Park Festival of Quilts. Some of us also took a mini road trip to Canmore, where we spent the day among the majestic mountains, visiting various shops and having a few laughs.

One of our members became a Grandparent for the first time, to a future "SPARK". Some of the ladies in the Guild created lovely panda bear guilts for the new babies of 2017/2018.

In June we had a night out at the movies. We had quite a few laughs while watching the "Book Club" movie.

Each month we try to get together to celebrate the birthdays from that month, but it isn't always easy to get us all in one place. We would have tea and cake, or even a glass of wine or two.

The summer months were quiet for the Guild. Everyone was busy with holidays and family. In the fall we volunteered at the huge Samaritan's Yard Sale. There is always lots to do. We are looking forward to a future Trefoil activities with our Guild members.

CLAYTONS GUILD - CALGARY AREA

The eighteen members of The Clayton's Trefoil in Calgary continue to meet to celebrate special birthdays ending in '0' and '5' of members, usually about every six weeks or so. You can see that our group is aging, mostly gracefully, and supporting each other. Due to aging and mobility issues we do not do any group service projects. Individual members continue to do service projects on a personal basis. We enjoy our younger members - many of whom are daughters of original members.

We still keep the spirit alive by attending some Area functions, such as a Thinking Day event when possible, and the Calgary Area Trefoil Tea which the Area Guild has been hostessing for this our third year. It is fun to see other Calgary Trefoil members and get caught up on Guiding initiatives and we appreciate our Area having this gathering yearly. We cherish the friendships made many years ago. Girl Guiding brought us all together as a group and we continue to enjoy keeping in touch.



Calgary's Thinking Day Tea

DRAGON TAILS - EDMONTON AREA

Our Dragon Tails Trefoil Guild has not been very active in 2018. All of us are unit guiders in one or more units. It has been nearly impossible to find time to get together for one reason or another. We managed to have dinner together once at a Japanese restaurant. We got together on December 30 for a "Faux New Year's Eve" celebration. We played a dice game ate snacks and toasted in the "new year" at "faux midnight" - 10 pm! Our newest member was installed at that time.

Hopefully 2019 brings more opportunities for activities and spaces in our schedules to enjoy them.

CHINOOKETTES - CHINOOK AREA

The Chinookettes have enjoyed a full and lively year in Guiding. We now have 18 members with a new one from Newfoundland. January started the year with our usual potluck, correspondence from our fellow Guiders in England and Australia, Thinking Day and Canadian World Friendship donations, and the start of another Guiding Challenge.

February brought more potlucks and challenge work. The challenge had us all learning about our history in our hometown.

March saw us welcome a new member. Always our fun potlucks, often themed to our challenge work. Correspondence for Thinking Day to our fellow Guiders. April is Cookie selling. Nice to get out and include some of the Senior Residences for the cookies. Had a lovely presentation by a local Guider on her experience at Sangam World Center. This helped with our World Tour Badge work.

In May one of our group attended the Trefoil Roundup in Red Deer. Nice to hear what is going on with other Trefoil groups in the province. Planning for our group helping for the local September registration. June is our wrap up before the summer break. New officers were voted in.

September, we started anew with a fun game that got the blood flowing, lots of good food and craft work, all for the new challenge work. Arrangements for cookie selling again, correspondence from the UK bought fun and interesting news. Several ladies in our group helped with the fall Guiding registration.

October brings cookie selling and challenge work, correspondence and fun potlucks as usual.

November brought a reminiscence of the past few years as one of our members worked hard on another Scrapbook of Guiding memories. Laughter and reminders had by all. Worked on a craft for our exchange with the UK Trefoil Guild.

December ties up the Guiding year with a Christmas dinner and our annual crazy sock exchange. The challenge is always on to find crazier and more exotic socks to keep us warm and smiling for the coming winter.

HEARTLANDERS GUILD – PARKLAND AREA

Heartlanders Trefoil Guild in Parkland Area has been up and running since November. Our first activity was to host a surprise ice cream social at the Aspen Lodge, a senior's home in Didsbury. It was very greatly appreciated.

We're looking forward to the next year of Trefoil type activities.

CRAZY CAMPERS GUILD - CALGARY AREA

For 2018, we have helped plan and facilitate these Calgary Area events:



Winter Tent Camping, Brownie Camp Academy, Ranger Spring Camp, Sparklefest, Guide Skills Days, lasg Campsite Event, Beginner Backpacking, Tenting 101, Canoe Weekend, Night Trek, and Winter Camp.



We volunteer at City of Calgary's Safety Expo representing Girl Guides of Canada. "Calgary Safety Expo is a unique opportunity for organizations to show their commitment to safety and dedication to teaching students about potential safety hazards at home, school and play".

We volunteer at City of Calgary's Disaster Alley. "Disaster Alley occurs during <u>Emergency Preparedness Week</u> is a free event for all ages, to learn some simple steps to prepare for emergencies such as floods, power outages and severe weather events".



GlobalFest's Lost Children Tent "GlobalFest is dedicated to celebrating Alberta's Most Explosive Festival, showcasing Calgary's cultural diversity and artistic excellence."

We went AXE Throwing in November 2018 and had a great time, and this was an activity I thought I wouldn't like, but I but was

wrong, it was fun and very easy to do. It took us a while to get the hang of it, but we all got "Bull's-eyes".





Also, volunteered with the Magic of Christmas and help make up gift bags for adults and teens. Every Christmas Eve, they load up Calgary Transit buses, magically transformed into "reindeer buses," with hundreds of gifts and volunteers dressed as Santa and his elves and deliver Christmas spirit into the homes and hearts of those who need it most.

We always end the guiding season by going out for walk and dinner at a local restaurant with all the members of the Calgary Camp Committee and the Trefoil. Total members 26.

2nd SOUNDS FUN – PARKLAND AREA

2018 has seen another busy year for the Sounds Fun Guild. The group has visited Soap for Hope in Airdrie and spent an evening volunteering there and learning about the work they do both locally and internationally in providing toiletry items for people in need. We have started collecting the small hotel shampoos and soaps when we travel to donate to the cause.

February saw us having a special guest in from the Provincial Parks department who gave us an insight into Endangered species and how the department determines priorities and strategies to manage them. It was interesting to see how complex the whole system is. A number of us enjoyed the Area dinner, the Life Members luncheon, and the Trefoil Roundup.

The Guild welcomed in summer with a barbecue and pot luck at a member's home and said a sad farewell to a long time Guild member, Kathy Cawthorpe, who is moving in the fall. Then to balance that off we visited a local artisan shop, Mukluk Magpies, and made lovely window hangers from fused glass. We are more creative than we thought. To keep the creative vein going we made Inuksuk's, and then our annual batch of thank you cards for Airdrie Meals on Wheels.

Our Christmas gathering saw us exchange 'crazy socks' which was a suggestion from our newest member, Cheryl, who moved here from Lethbridge. So once again, our entire year was filled with great fun and friendship.

3rd SILVER WILLOW GUILD - PARKLAND AREA

We are a small Guild with eight members living in communities that are quite scattered and have guided together for fifteen years. We keep in touch by email and telephone. We do get together occasionally for lunch and support one another through the many trials of life. And we do love to get together just for coffee somewhere local.

During the spring, most of us attended a benefit concert in Lacombe featuring a local woman, Anna Maria Kaufmann, a world class opera singer. Donations for the CWFF are being collected and Thinking Day greetings were sent out to members via email and telephone. Pre-orders were taken for our *Diamond Willow District Cookbook*, a fundraiser to assist camp funds.

When members attended the Trefoil Guild Roundup, two members decided to attend our first National Trefoil Guild Gathering at Laurentian University and are eager to hear more! We are delighted to gain a new member to make a Guild of nine.

We are seldom all together so meet in twos and threes occasionally for coffee or to quilt small projects together or individually. Some members are making quilts or blankets for the Stollery Children's Hospital, Edmonton. Recent activities have included walks/hikes near Joffrey, helping at area events or units. Six members received membership year pins totalling 158 years!

EMONIS AKE GUILD - CALGARY AREA

Our 12 members enjoy meeting once a month and doing some outings, service projects and activities throughout the year. This spring we helped to organize the Provincial AGM at MacEwan Hall, University of Calgary. Our team had a lot of fun working on, and attending, the AGM. As a thank you we received a gift certificate to the Dairy Queen which resulted in a fun evening that involved lots of fun and ice cream.

Service projects have included helping run Archive events for units, putting a lot of craft kits together and running the crafts table at Inn From The Cold's Santa's Workshop Event.

We ended our year with our annual bbq with great food, and lots of fun. Over the summer we arranged two-day trips that some of us were able to attend. We went to the Farmer's Market at Millarville for a day of shopping in July. In August some of us spent a day wandering through the antique stores in Nanton. In September we got together for our planning meeting. In October we enjoyed dinner at Perkins. In November we enjoyed an evening of making filled chocolates.

The year was quite busy, we had a lot of fun, enjoyed each other's company and look forward to the next year. We plan to fill the year with lots of fun.

STARS – TAMARAC AREA

In January we started off the year with a planning meeting and work bee for the Preemie Loss Kits that are used in our communities. February several of us attended the Purple Martens pot luck lunch and had a great time. We met friends and shared stories and memories.

In March we were challenged in the Escape Room for the Contestants. With only four of us we did not get out but did get many of the puzzles done. In April we had tea and attended the Orchid show at the Enjoy Centre. It is amazing to see all of the flowers and art. One evening in May we went to learn a bit about self-defense – no fear now!

The Rambling Rose Guild invited us to breakfast and to attend the Witness Blanket Display at the St Albert Museum and it was very interesting to learn about the trials that the aboriginal people in this area went through.

Several of our Guiders went as Staff to our Area Camp in May. In June several of us attended the Trefoil Guild Roundup, always a great day.

In the fall the unit opened with a planning meeting. Everyone brought forth wonderful ideas for a great year ahead! October was a mystery room event at The Wall: The will or the Tomb. In November we invited the Red Rose Guild to an event at Glazing Pots to make glass Christmas decorations. As a service project in December we assisted at the We Care Lunch Program handing out lunches and clothes to Edmonton's' less fortunate. It is always a great rewarding time of helping others. Several of our members attended the Singing Christmas Tree production in December.

MISSING LINKS GUILD - CALGARY AREA

10 members (and a few other Guiding friends that join us now and then)

Sunday, January 18^{th,} three Guild members went snowshoeing at Bragg Creek park on a sunny winter afternoon.

Thursday, Feb. 15th World Thinking Day dinner outing – 5 Guild members and a few other Guiding guests met at Kinjo's Sushi for an international dinner and to talk about the impact Guiding has had on us and what impact we think we continue to have. Tirian spoke about her WAGGGS experience at the WestRockers Thinking Day event.

Sunday March 18th a few of us participated in an Escape room, using our clue breaking skills about fairy tales to get out of the wizard's dungeon.

Wednesday April 25th, five Guild members volunteered at Calgary Food bank, helping to sort large bins of produce (beets, potatoes) into bags and take out moldy ones.

Tuesday September 18th, five Guild members attended a planning meeting at the Guide Center and we had a Girls First presentation by a Girls First champion.

Sunday October 28th a few of our Guild members spent the afternoon axe throwing.

Thursday December 13th 7 Guild members attended our Christmas dinner meeting at Kilkenny Irish Pub. We collected three large bags of food and \$10 cash that we donated to the Calgary Food Bank.





MAD HATTERS - CYPRUS HILLS AREA



Gift Wrap - gift wrap-2018 United Way Gift Wrap Booth - Sheila, Gwyn, Lois, Joyce, Grace, Cindy, Val, Elaine



Angel Tree - Rangers.jpg (left to rt Redcliff Rangers - Emily, Val, Devyn, Julianna, Susanne, Hannah

Where has the year gone! The Mad Hatters Trefoil Guild has again had a very active year with really good participation from our members.

This year's activities included: Meeting at Cheesecake Cafe for supper; our annual Spa and Reflexology Night at the home of one of our Trefoil Members; colouring night at The Esplanade (our local theatre/museum); coffee at Boston Pizza (do not recommend to busy and too noisy to have a proper meeting); walk in Police Point Park; and our wind-up supper meeting was held at Cheesecake Cafe (what can we say, we love their "2 can dine" deals).

For Thinking Day, we decided to try sign painting, using a Girl Guide theme. It was interesting to see the finished signs. A couple of us attended the Area Banquet, where the Mad Hatter's Trefoil Guild was announced the winner of the Commissioner's Challenge. We are a small but "mighty" group.

In addition to our regular monthly meetings, several meetings were held to organize the 30th Anniversary of the Elkwater Girl Guide Campsite on September 30th. The Anniversary turn out very well with good attendance considering the weather that day.

This fall we have had meeting's at a member's home where the meetings for 2018-2019 were planned; made our annual trip to Bow Island to have supper with one of our members who doesn't drive anymore; decorated the Saamis Memorial Funeral Chapel Memorial Angel Tree (this is the 9th year we have done this) with the help of one of our Ranger units, wrapped gifts for the United Way from which our Area receives funding, followed by our annual Christmas supper.

We look forward to some exciting new activities in 2019. We would like to wish all the Trefoil Guilds a very Merry Christmas and a Wonderful 2019!



30th Anniversary of Elkwater Campsite with members - left back - Grace, Sheila, Joyce, Raeona, Val, Lois, Darlene; left front - Barb, Gwyn, Marilyn, Elaine

3rd PURPLE MARTINS - EDMONTON AREA

The Purple Martins have a membership of 24 and met at least monthly for activities and socializing. We participated in a number of service projects, as we do each year.

Unfortunately, we started off the year with the passing of our past President and one of our founding members, Mary Gerritsen, due to cancer. We attended her memorial service and served as an Honour Guard for her. She has been sorely missed.

The activities which we have enjoyed this year include a Paint Night in January followed by our Annual Luncheon in February which was held to celebrate Thinking Day this year. We invite all the Guilds in the capital region and had numerous Guilds attending. It was a potluck luncheon followed by a member speaking on the First President's non-camp, in which many of us participated, and on how the Agnes Baden-Powell Trefoil Guild in the UK are renovating her gravesite. We also held a Thinking Day ceremony and visited the AB Council Archives.

March saw us celebrating St. Patrick's Day with a luncheon at a member's home and then holding our service project for *Days for Girls* where we sewed washable sanitary supplies for girls in Third World countries, so they could continue to go to school each month. Our Guild also supplied the sweets for the funeral reception of the husband of one of our members.



Doris and Marguerite at Days for Girls workbee

In April, we attended the *East of 60* Dinner Theatre in Devon to watch a hilarious farce and enjoy a delicious buffet. We also received our Girl Guide cookies, the proceeds of which we donated to our Edmonton Area campsites. In May, we attended the Edmonton Area Dinner where some of our members received awards. Over half of our members are Honourary Life Members so they attended the Honourary Life Members' luncheon in Edmonton.

June was the AB Council Roundup in Red Deer which we attended and then we held our annual Summer Solstice event at one of our member's cottage on Pigeon Lake where we spent a wonderful day socializing, eating and doing activities including a meeting.



In September, we reconvened and held our yearly organizational meeting at a member's home. Some of our members acted as hostesses at the Girls' Awards Ceremony which was held outdoors for the first time and it was cold and rainy! October saw us visiting the University of Alberta's Agriculture Museum, which was most interesting. We also took in our donations to WINGS, a residence for women and children recovering from domestic abuse. We received our mint cookies and donated the proceeds to our Edmonton Area campsites, once again.

Our November service project was participating in the Commissioner's Challenge by donating items to YESS, Youth Empowerment and Support Services. We visited the Greenlands Nursery which is well-known for its beautiful Christmas decorations and, of course, we had coffee and sweets. One of our members held a Craft afternoon where we made lovely Christmas decorations. We ended off the year with a wonderful Christmas party at the beautifully decorated home of one of our members. We hold a brief meeting and then eat our potluck finger foods, play games, sing and generally have a joyous time socializing!

1ST EDMONTON – EDMONTON AREA

The 1st Edmonton Trefoil Guild started in 1978 with 26 members. We now have eight members, all but one, range from 82 to 101. In May we lost a founding member, Betty McFall, who also started Alberta Council's Guiding Archives.

We try to meet bi-monthly and annually at a member's ranch. In 2018 we had three social events – Thinking Day potluck luncheon with the Purple Martins Trefoil Guild, a barbeque and a Christmas dinner.

For our service project, we knit smaller items, teddy bears for example, and one member made lap blankets which we donated to the Royal Alexandra Hospital Volunteer Services. We contribute to the Canadian World Friendship Fund and make personal donations to charities of our choice.

One member, Vi Chan, has attended every National Trefoil Gathering, the first in 1992, but will not be going in 2019. She wishes everyone attending a wonderful experience!

2nd EDMONTON – EDMONTON AREA

January – caught up on members' news and a few information items, did some planning and ate snacks. Our craft was making mini diaramas/shadow boxes using recycled small plastic containers from dog food. These were decorated inside using magazine pictures for background, twigs, moss and tiny pebbles to create a Canadian landscape scene.

February – celebrated "Year of the Dog" with snacks of Chinese foods and fortune cookies. We did two crafts. Snowmen made from a small white ankle sock for body and head with a toque made from the toe of a colourful baby sock. Love bugs made from a mini clothes pin, tiny pink and purple pompoms and pink chenille stem for wings.

March - meeting was cancelled unfortunately.

April – discussed a few of the many information topics on the agenda and talked about the possibility of taking field trips in and around Edmonton on occasion instead of a regular meeting.

May – a few members attended the Edmonton Area Awards Dinner.

Steffie Fossbakken showed off the two door prizes which she made for the Edmonton Area Awards Dinner - cute hand knitted slipper sets. One knit in Edmonton Oilers colours with hockey stick candy canes, one in Edmonton Eskimos colours with a bag of popcorn.

Kids Kottage service project - we collected 13 pairs briefs, 17 pairs socks and 15 toothbrushes.

June 19 - year end luncheon at Urban Diner.

September 27 – field trip for a tour of "Basically Babies" warehouse. An excellent presentation and look at the organization which takes donations of gently used and new baby wear, toys, blankets and accessories. The volunteers make up gift (laundry)baskets filled with a year's supply of items for a new born. The baskets are given to needy new mothers in the Edmonton area. We were really impressed by this organization and their impact, so decided to take on a new service project and donate to them collections of gently used items for babies ages newborn to 24 months.

October 25 - we'll be re-thinking the way in which we carry out some of our other on-going service projects.

5th EDMONTON – EDMONTON AREA

The 5th Edmonton Trefoil Guild is mainly made up of members from Edmonton and Calgary locations who make quilts all year for charities. We meet once or twice a year. Normally once in February to get together for a Quilt Blitz day in Calgary or Craft Buddies days in Edmonton, and once in July for our annual Sisters Camp at Edmonton Area's Tangletrees Camp on Pigeon Lake. Besides a meeting, this camp is a creative retreat for quilters and members with other arts. This past July we had ten members attend.

It was with regret that we accepted the resignation of Maureen Devich, a founding member of our Guild. Two of our members, Fran and Roberta, attended the Trefoil Guild Roundup this year held in Red Deer. One of the ways we provide service is to make quilts for various organizations. This past year the Edmonton group made 11 baby and youth quilts.



The Calgary group and friends made 19 wheelchair or lap quilts which were given to the Bethany Care facility in Harvest Hills, Calgary. One of the members, Karen, made five quilted bags for fundraisers for kids' sporting event and has made four quilts for the upcoming Edmonton group donation. The charity has not been designated at this time. Karen and Gale also attended the Days for Girls workshop.

SUNRISE GIRLS - CALGARY AREA

Our Guild is very tightly tied to our District. This year, after a year of inactivity, we have a new DC and it is making all the difference. We are starting to work on building the Guild up and having more activities.







Recently we chose to have a fun night out and we invited leaders who were under 30 and our Rangers to come out and join us for some axe throwing. It was a great way to build some bridges in our adult membership and demonstrate to our older girl members that Guiding isn't just for the little girls. So Much FUN! We will do it again sometime!!

WILD TUMBLEWEEDS - EDMONTON AREA

The Wild Tumbleweeds are busy ladies - with most of our Guild still active in units and some with other Guiding hats, we do find it difficult to all meet all the time. We try to meet once a month with whoever can make it on meeting night!

We had regularly held our meetings in a small, local restaurant, and many of us took pride in the fact that we were supporting a local business. They in turn seemed to enjoy having us there. We often got to sample menu items before they became available to the public! Sadly, our regular meeting place has recently closed, and we are now on the search for a new location.

Those of us who were able volunteered with Edmonton Area Light the Bridge event - the High-Level Bridge lit in Girl Guide colours - helping with traffic control and directing Guiding members to the right location. At our wind up in June one of our members presented us with luggage tags with our logo and candy jars. One of our members moved to Toronto. Tanya visited her and went to Casa Loma where there is a Guiding display.

In November, we took in the Day of the Dead exhibit at the Muttart Conservatory. Beautiful floral display. We donated coffee mugs to the Boyle Street shelter. Throughout the year, we attended many trainings and camp workshop days. A number of sporting events were on our calendar - Edmonton Prospects baseball for July 1st celebrations; Edmonton Eskimos football, participating in the in-field sleepover; and the New Year's Day Oil Kings hockey game.

Our Guild is also doing a little succession planning, so we have 'mascots' - guiders who are not quite 30 who like to hang with us. We never turn away any who wish to join us.

50TH EDMONTON – EDMONTON AREA

As most of our Guild are very active with Guiding, life and work we don't get together as much as we would like. However, we do manage to get together in small groups. A large number of us have signed up to participate in "The First President's Camp – 2018" in England, a virtual type event to commemorate the 160th year since the birth of Miss Agnes Baden-Powell, first president of Girl Guides.

We were well represented at the Edmonton Area Dinner earlier this year in May. Our Guild was happy to be able to assist the 7th Edmonton Trefoil Guild with the execution of the dinner by selling the 50/50 tickets as well as being at the reception desk. Definitely a fun night. Our area Facilities Manager requested assistance with painting and re-organizing some of the campsites, so members assisted with this important task over the summer.

We had a luncheon in October to catch up with those who could make it. We are committed to the Commissioner's Holiday Spirit Challenge which is asking for personal care items for the YESS (Youth Emergency Support and Services) and will be working to ensure we can help that vulnerable sector in our city. A number of us have been taking our First Aid together for many years so we are all up for renewal, so we will be re-certifying in early December to stay current. It is fun to take it together as a group. We have a Christmas event planned as we are going to Luminaria at the U of A Botanic Gardens. Should be fun.

WESTROCKERS - CALGARY AREA

At our semi-annual meeting in January we set a calendar of events for the next six months. The next month we hosted another Thinking Day Celebration for area Guild members based on WAGGGS' 2018 theme, this year completing the triennium – CONNECT, GROW, IMPACT. Guest speaker Tirian Eynon spoke about her work experience at four World Centres as well as the World Bureau over several years.

Deleigh Rausch once again lent her creativity to the decorations and theme-related crafts made by participants, and to the cupcake display that replicated the 2018 Thinking Day logo. We combined the IMPACT theme with GGC's National Service Project, Action on Poverty, and chose, as our service project, to assist Made by MOMMA, an organization in the Guide Centre's neighbourhood, run exclusively by volunteers, that supports mothers and young children facing adversity and crisis. On this day a Certificate of Appreciation was presented to Cathy Mantika "in recognition of your passion for, continuous membership in and support of Trefoil Guild in Calgary Area for 40 years." Cathy was a member of the Brownsea and Nighthawks Guilds, Calgary Area's first two Guilds, and has been a 'Guilder' ever since.

Next we put our hands to work making fidget quilts under the tutelage of our 'floor bosses', Donna Leonard Robb and Sandi Nesbitt. Fidget quilts are all about texture. They give the fingers and hands of people who have Alzheimers or dementia something to do and provide comfort. This is a labour-intensive task. We completed four quilts, and 20 additional squares that were sewn into quilts by Sandi later.

In April we took in The Journey of a Lifetime exhibit at Heritage Park where we learned the stories of the people involved in the westward migration of the early 20th century – the largest wave of immigration in Canadian history. We were able to test a set of benches from a wooden Colonist railroad car and could only imagine how uncomfortable it would have been to sit on them for several days.

We toured the Calgary Area archives in May and donated six of our log books covering the years 1999 – 2015. June Martin started recording our events and posting photographs beginning the day our Guild was established in April 1999 until 2013. Betty Buckner carried on until 2015 when yours truly took on the job. We used this occasion to present June with a Calgary Area Gold Special Award for her "significant contributions to the WestRockers Trefoil Guild over 19 years, from 1999, especially our log book library."

Our last outing was a bird-watching (more like searching!) walk through the Inglewood Bird Sanctuary. We did see five or six deer up close though! That was followed by lunch in a Harley-Davidson themed diner complete with a juke box.

On July 27th, fifteen members enjoyed a high tea hosted by new member, Sandra Nesbitt. The day was beautiful, and the food was delicious. Members shared stories about their early lives, and in some cases, their emigration to Canada, as well as their careers. It was fascinating to learn how many of our members had been "firsts" – first female doctor in a city in Alberta and first woman engineer hired by a national oil company.

September was our semi-annual planning meeting. Many interesting outings, all of which include lunch, of course, and worthwhile service projects are planned for the upcoming year. Several members volunteered as ushers, greeters, and to help with food preparation at the Calgary Area Volunteer and Awards Celebration held at Know United Church.

Calgary Area hosted a Trefoil Tea on October 6th and fourteen members of WestRockers attended. The next day the Guild gathered again at Camp Jubilee for a gourmet wiener roast and to learn archery. Fifteen ladies braved the rather cool temperatures, and everyone was successful in reaching the target.

Gone Home We bid farewell to Sharon Naimish, a founding member of our Guild. Sharon held positions at the Area and Provincial levels. She was an avid camper and an accomplished quilter. A celebration of life will be held in the spring.

Twelve members attended Lunchbox Theatre's presentation of "Brave Girl", which honoured the women and men who have fought to keep our country free. The performance was followed by lunch at a trendy restaurant on Stephen Avenue mall.



Letter of Commendation given to Cathy Mantika by Rosalyn Schmidt at Thinking Day Celebration, February 2018



Cupcakes arranged to replicate WAGGGS IMPACT logo



Fidget quilts service project, March 2018



Journey of a Lifetime, April 2018 Shirley, Hilda, Sandi and Donna test the benches of a Colonist railroad car that brought migrants to Canada

GUIDING LIGHTS - CALGARY AREA

We are a new Guild – opening in February 2018. We started with 5 members and have now grown to 7 members. We began with a couple of planning meetings to decide what our focus would be. We have decided to do some service projects and some fun activities.

We have gone out for supper to a local restaurant a couple of times.

In April we went to a movie (Sherlock Gnomes) then stopped for coffee to talk about the show.

In May, we had an ice cream social with ice cream and all our favourite toppings. We ended the Guiding year in June with a BBQ.

Over the summer, some of us attended the Trefoil Guild Roundup in Red Deer and had lunch at Aspen Crossing.



We opened the year in September by visiting the Calgary Zoo to see the pandas – and the other animals, of course.

In October we went on a Ghost Tour in an older neighbourhood in Calgary. We learned about the hauntings of about a dozen buildings but didn't see any ghosts.

We attended the Millarville Christmas Market in November. We also took part as Secret Santa's for Seniors and bought and wrapped items for a senior who might not get anything for Christmas.

Our last outing for the year was out for supper, then to Zoolights at the Calgary Zoo.





Y KNOTS - CALGARY AREA

February: We provided a hot dog lunch for Brownie Camp Academy to 235 girls and 45 adults, and breakfast and lunch to 50 volunteers. April: At Sparklefest, our members cooked breakfast and lunch for the volunteers, and prepared a hot dog lunch for 250 Sparks and 95 Guiders.

June: Seven members attended our Trefoil Roundup in Red Deer. Our Guild helped prepare food and cleaned up after our Memorial Grove, Camp Jubilee, event. This is an annual memorial service to honour Guiding members, family and friends of Guiding who have passed on during the previous year. Our final event until September was a barbeque at a member's home.

September: Our first meeting after our summer break was at Sandy Beach in Calgary where we held a wiener roast with all the trimmings. The Calgary Area Glee Club was invited to join us since several of our ladies are members. The evening ended with a lovely sing song around a rousing camp fire. October: We met at Century Downs Casino and Race Track for some thoroughbred horse racing and casino fun. We had such a good time last year that it needed to be revisited. Ladies again did the hospitality for the core staff at Nite Trek. November: Several ladies helped with the cleaning of the crosses that were placed on Memorial Drive for the Remembrance Week Celebrations.

Ongoing Project: Our Y-Knots Trefoil knitting/crocheting project for the NIK units at several Calgary hospitals had a showing at Staywell Manor. There were 105 hats, 9 headbands and 34 blankets to be distributed amongst the hospitals. To date over 1700 pieces have been donated. We attended the Mustard Seed, an organization that helps meet the basic needs of shelter, food, clothing and acceptance for men and women experiencing poverty. The ladies helped serve an evening meal. Several boxes of donations of clothing and toiletries were delivered and was greatly appreciated.





December: We served and helped with the cleanup at the LAMBA Society Christmas dinner. This society provides residential accommodation and support services to adults with severe and persistent mental illness. We also attended two sessions of the McMann Youth, Family and Community Services Association to help wrap gifts for their Christmas party and then helped at the Christmas Party itself. Our Annual Christmas party was a potluck dinner hosted by one of our members at her residence. We ate well, exchanged gifts and ended the year on a high note.