

A TO Z OF ACTIVITIES

A resource designed to assist you with your Safe Guide risk identification and risk management as you plan with your girls. Levels listed here are for the activity only, and does not account for your EMS response time

**This document does not
replace Safe Guide**

**Questions/comments/additions
Please contact
Provincial Safe Guide Adviser
GGC BC Council
at
bc-safeguide@girlguides.ca**

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Adventure Camping – Backpacking/Cycling

Level	Red – adventure activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, Trip Log
When to submit	At least 21 days before the activity
Participants	Pathfinder/Trex/Ranger/Adult
Notes	Activity Facilitator qualifications (ie trip log) needed. Her experience, skill and training must be equal to or higher than what is required for the activity.

Archery

Level	Yellow – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches at the discretion of the facilitator
Notes	Archery facilitator must have relevant skills and experience for the activity so she can determine if the activity is age appropriate. In addition, to lead the activity, her experience, skill and training must be equal to or higher than what is required for the activity.

Axe Throwing

Level	Yellow – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4 (SG.7 if required – see Notes)
When to submit	At least 14 days before the activity
Participants	All branches
Notes	Use the TPSP Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed. usually not.

Bus - Chartering transportation driven by company

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Bus supervision ratio is on page 27 which only applies while the group is on the bus. Inform parents and commissioner SG.4 to be shared with all supervisors Includes Taxi/Limo/Party Bus

Canoeing - with TPSP

Level	Near shore – Yellow; Open Water – Red; TPSP
Forms to Parents	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to submit	At least 14 days (near shore) or 21 days (open water) before the activity
Participants	All branches - see ratio page 122
Notes	A copy of Certificate of Insurance must be provided from the TPSP and kept on file at the unit (see conditional activities appendix B). Swim test/Non-swimming PFD check not required.

Canoeing – GGC Led / managed

Level	Near shore – Yellow; Open Water – Red;
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to submit	At least 14 days (near shore) or 21 days (open water) before the activity
Participants	All Branches see ratio page 120
Notes	All participants need Swim test or Non-Swimmer PFD Check for Boating in iMIS. See requirements for activity facilitators (pg.128) and maximum number of participants on water at one time (pg 130)

Car/Van - Renting a vehicle to drive girls

Level	Yellow – Arranged by unit using rented vehicle
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches
Notes	The maximum third party liability limit must always be purchased. Please note insurance available through credit cards does not include liability insurance. The GGC insurance policy <i>does not</i> provide coverage for the rental of vehicles. (see Insurance booklet)

Caving

Level	Red – adventure activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 (SG.7 if required – see Notes)
When to submit	At least 21 days before the activity
Participants	Age is determined by the TPSP
Notes	Use the TPSP Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed.

Cooking – girls cooking over stove/BBQ/campfire/

Level	Yellow
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches
Notes	Includes Buddy burner/box oven etc.

Corn Maze

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Notify parents and commissioner SG.4 to be shared with all supervisors

Cycling - on cycle path or in community

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Wear bicycle helmets supplied by parents Notify parents and commissioner of activity SG.4 to be shared with all supervisors

Cycling – Bike park

Level	Yellow – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches
Notes	May be Green for Guides+ who are very experienced in the equipment. If using TPSP, check Activity Specific Procedures to assess whether an SG.7 needs to be completed

Cycling – Mountain biking

Level	Red – adventure activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 (SG.7 if required – see Notes)
When to submit	At least 21 days before the activity
Participants	All branches at the discretion of the TPSP
Notes	Wear bicycle helmets provided by parents Use the TPSP Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed.

Dogsledding

Level	Yellow - TPSP
Forms to Parents	SG.1 , SG.2
Forms to submit	SG.1, SG.3, SG.4 (SG.7 if required – see Notes)
When to submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed.

Family BBQ/campfire - adults only cooking

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	SG.4 to be shared with all adults

Family BBQ/campfire – girls cooking

Level	Yellow – girls cooking over fire
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches
Notes	All adults attending must be listed on SG.3 SG.2 and H.1 required for all minors

Fencing

Level	Yellow – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4 (SG.7 if required – see Notes)
When to submit	At least 14 days before the activity
Participants	All branches
Notes	Use the TPSP Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed

Fishing/Ice Fishing

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Activity may be Yellow or Red depending on EMS Response time. If ice fishing, follow Ice Skating Natural ice surface procedures Notify parents and commissioner of activity SG.4 to be shared with all supervisors

Giant Swing – Swing by Choice

Level	Red – high ropes – adventure activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 (SG.7 if required – see Notes)
When to submit	At least 21 days before the activity
Participants	All branches at the discretion of the TPSP
Notes	Use the Third Party Service Provider Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed.

Go-Karts

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Notify parents and commissioner SG.4 to be shared with all supervisors

Golf/mini-Golf

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Notify parents and commissioner SG.4 to be shared with all supervisors

Hay Rides – using a TPSP

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Notify parents and commissioner SG.4 to be shared with all supervisors

Hay Rides – at local farm etc.

Level	Yellow
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches
Notes	Ensure that the owner of the vehicle has adequate insurance and driver is licensed

High Ropes Course – challenge course that requires harness & helmet

Level	Red – Adventure Activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 (SG.7 if required – see Notes below)
When to submit	At least 21days before the activity
Participants	All branches at the discretion of the TPSP/facilitator
Notes	Use the TPSP Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed.

Horseback Riding

Level	Yellow – Conditional Activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 SG.7
When to submit	At least 14 days before the activity
Participants	All branches at the discretion of the TPSP
Notes	Approved riding helmets must be worn as per Activity Guide Must take place at a commercial riding establishment A copy of Certificate of Insurance must be provided from the TPSP and kept on file at the unit (see conditional activities Appendix B)

Hot Springs – with lifeguard on duty

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Notify parents and commissioner SG.4 to be shared with all supervisors

Hot Springs – with no lifeguard on duty – GGC Managed

Level	Yellow
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to submit	At least 14 days before the activity
Participants	All Branches
Notes	All participants need swim test in iMIS

Hot Tub – at public swimming pool

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches at the discretion of the facility
Notes	Notify parents and commissioner SG.4 to be shared with all supervisors

Hot Tub – at private home or hotel

Level	Yellow
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	Recommended for Guides up
Notes	Follow Guidelines in Swimming Planning Guide – Safety & Emergency Planning and Response

iFLY

Level	Yellow – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches
Notes	

Kayaking (near shore) – Using TPSP

Level	Yellow Boating TPSP
Forms to Parents	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to submit	At least 14 days before the activity
Participants	All branches see ratio in Boat Planning Guide – TPSP Near Shore and Open Water Boating
Notes	A copy of Certificate of Insurance must be provided from the TPSP and kept on file at the unit (see conditional activities appendix B) Forms must be submitted 14 days before the activity

Kayaking (near shore) – GGC Led /managed

Level	Yellow
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to submit	At least 14 days before the activity
Participants	All Branches see ratio in Boat Planning Guide – TGCC Managed Boating Procedures
Notes	All participants need boating swim test or swim test in iMIS

Laser Tag

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches at the discretion of the facility
Notes	Notify parents and commissioner SG.4 to be shared with all supervisors

Lighting Fires/Stoves/Matches

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches at the discretion of the facility
Notes	SG.4 to be shared with all supervisors

Low Ropes – challenge course not requiring harness and/or helmet

Level	Yellow – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All Branches
Notes	

Paintball

Level	Yellow – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All Branches
Notes	Use the Third Party Service Provider Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed.

Parade Floats

Level	Yellow
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches
Notes	Ensure that the owner of the vehicle has adequate insurance and driver is licensed

Parkour

Level	Yellow – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4 (SG.7 if required – see Notes)
When to submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed

Playland

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches at the discretion of the facility
Notes	SG.4 to be shared with all supervisors

Power Tools – home tools (sander, drill etc)

Level	Yellow – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches at the discretion of the activity facilitator
Notes	

Power Tools - motorized equipment used in a commercial/industrial setting

Level	Red – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 21 days before the activity
Participants	All branches at the discretion of the activity facilitator
Notes	Use of such equipment requires specific industry recognized training and must be supervised by qualified personnel.

River Tubing

Level	Red
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to submit	At least 21days before the activity
Participants	Pathfinders up
Notes	See Guidelines for Tubing in Swimming Planning Guide- Aquatic Supervision Requirements

Rock-climbing – Indoor

Level	Yellow – specialized equipment
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4, (SG.7 if required – see Notes below)
When to submit	At least 14 days before the activity
Participants	All branches at the discretion of the TPSP
Notes	Includes man-made (outdoor climbing wall) Use the TPSP Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed – usually not.

Rock-climbing - Natural Rock Face

Level	Red - conditional and adventure activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to submit	At least 21days before the activity
Participants	Minimum age of participants is 10 years old at the time of the activity
Notes	See conditions in Appendix B A copy of Certificate of Insurance must be provided from the TPSP and kept on file at the unit

Scuba Diving – In a Pool

Level	Yellow – Conditional Activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7, WA.1
When to submit	At least 14 days before the activity
Participants	Pathfinders up
Notes	The facilitator of this activity must show proof of certification as Scuba Diving Instructor from the National Association of Underwater Instructors, Canada (or its' equivalent). Must be managed by TPSP Not permitted in open water

Skiing - Cross Country

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Level may change depending on distance from EMS notify parents and commissioner SG.4 to be shared with all supervisors

Skiing - Downhill

Level	Yellow – Conditional Activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5
When to submit	At least 14 days before the activity
Participants	All branches
Notes	Helmets recommended Must take place at reputable commercial ski hill.

Sledding/Tobogganing/Snow tubing at a facility

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Must go down the hill feet first See Activity Guide on page 74 for Best Practices SG.4 to be shared with all supervisors

Sleepover - community hall

Level	Yellow
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches
Notes	No Home Contact needed if in community

Sleepover - Caregiver/Youth

Level	Yellow
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches
Notes	If there are a significant number of girls without an accompanying female adult, this is considered a regular sleepover where all supervisors must be in iMIS with a current PRC (Member or non-Member volunteer)

Sleepover - museum, zoo, etc.

Level	Yellow
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to submit	At least 14 days before the activity
Participants	All branches
Notes	An SG.7 is not usually needed for this type of sleepover

Snow Shoeing

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Level may change depending on distance from EMS at furthest point on trip. Notify parents and commissioner SG.4 to be shared with all supervisors

Snowboarding

Level	Yellow – Conditional Activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5
When to submit	At least 14 days before the activity
Participants	All branches
Notes	Helmets recommended Must take place at reputable commercial ski hill.

Stand-up Paddleboards –with TPSP

Level	Near shore – Yellow; Open Water - Red
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to submit	At least 14 days (Yellow) or 21 days (Red) before the activity
Participants	Guides and up
Notes	

Stand-up Paddleboards –GGC managed

Level	Near shore – Yellow; Open Water - Red
Forms to Parents	SG.1 , SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1 – also qualifications of Activity Facilitator
When to submit	At least 14 days (Yellow) or 21 days (Red) before the activity
Participants	Guides and up
Notes	All participants must have boating swim test

Surfing

Level	Red - Conditional activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to submit	At least 21days before the activity
Participants	Pathfinders up
Notes	See Guidelines for Surfing in Swimming Planning Guide- pg 111

Trampoline Parks

Level	Yellow – Conditional Activity
Forms to Parents	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, (SG.7 if required – see Notes below
When to submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide – Activity Specific Procedures to assess whether an SG.7 needs to be completed. A copy of Certificate of Insurance must be provided from the TPSP and kept on file at the unit (see conditional activities appendix B) Use of home trampolines are not permitted

Tree-top walks (Capilano Tree top adventure, Malahat Skywalk, UBC Greeheart TreeWalk)

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	SG.4 to be shared with all supervisors

Via Ferrata

Level	Red – Adventure Activity
Forms to Parents	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5
When to submit	At least 21 days before the activity
Participants	Minimum age of 12
Notes	

Voyageur Canoes - TPSP

Level	Yellow TPSP Boating
Forms to Parents	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to submit	At least 14 days before the activity
Participants	All Branches – See Boat Planning Guide -TPSP Near Shore and Open Water Boating for supervision ratios
Notes	A copy of Certificate of Insurance must be provided from the TPSP and kept on file at the unit (see conditional activities appendix B) Forms must be submitted 14 days before the activity

Walk/Hike from meeting place

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	Reminder notice posted on door of normal meeting place in case parent is late dropping off girl SG.4 to be shared with all supervisors

Walking in a Parade

Level	Green
Forms to Parents	Permission given on registration
Forms to Submit	None
When to submit	N/A
Participants	All branches
Notes	SG.4 to be shared with all supervisors

WildPlay

Level	Red – Adventure Activity
Forms to Parents	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 (SG.7 if required – see Notes below)
When to submit	At least 21 days before the activity
Participants	All branches at the discretion of the TPSP/facilitator
Notes	Use the Third Party Service Provider Activity Guide – Activity Specific Procedures on page 78 to assess whether an SG.7 needs to be completed.

Whistler Sliding Centre – Luge, Bobsled, Skeleton

Level	Yellow – specialized equipment
Forms to Parents	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5
When to submit	At least 14 days before the activity
Participants	All branches
Notes	This activity must take place at reputable facility. GGC added as Additional Insured on the service provider's liability policy on the certificate of insurance provided from the TPSP and kept on file at the unit.

Whitewater Rafting - TPSP

Level	Red – Conditional and adventure Activity
Forms to Parents	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to submit	At least 21 days before the activity
Participants	Pathfinders up
Notes	Use the Third Party Service Provider Activity Guide – Activity Specific Procedures on page 78 to assess whether an SG.7 needs to be completed.

Zip line - land based: requiring harness &/or helmet

Level	Red – Adventure Activity
Forms to Parents	SG.1 , SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 (SG.7 if required – see Notes below)
When to submit	At least 21days before the activity
Participants	All branches at the discretion of the TPSP/facilitator
Notes	Use the Third Party Service Provider Activity Guide – Activity Specific Procedures on page 78 to assess whether an SG.7 needs to be completed.