

## BC CAMPING CHALLENGE – SENSATIONAL SUMMER

A SEASONAL CAMPING CHALLENGE  
FROM THE BC CAMPING COMMITTEE

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## Overview

The BC Camping Challenge – SENSATIONAL SUMMER contains four categories: Camp Preparation, Camp Cooking, Camp Skills, and Outdoor Activities.

## Challenge Requirements

To earn the seasonal Challenge Crest, the girls need to have an **overnight** camping experience, and complete the required number of challenges from each section. Sparks can camp for one or two nights; Brownies, Guides, Pathfinders and Rangers all need to camp for two nights

	Sparks	Brownies	Guides	Pathfinders	Rangers
Camp Preparation	2	2	3-5	3-5	3-5
Camp Cooking	2	2	3-5	3-5	3-5
Camp Skills	2	2	3-5	3-5	3-5
Outdoor Activities	1	1	2	2	2

**All Branches:** Complete the mandatory, “Be a No Trace Camper – leave your campsite in better condition than you found it.”

**Guiders** do the same number of challenges as the girls they are working with.

When you have fulfilled the requirements, complete the **BC Crests Order Form** found on the BC Girl Guides website <http://www.bc-girlguides.org/> (click on Program > Challenges & Activities > Provincial Challenges). Instructions on how to order the crests are provided on the form.

## Planning and Preparing

When you are planning your camp, please refer to the BC progression of camping skills and help the girls to acquire those skills for each level. Be sure to get the girls involved and ask them which challenges they want to do.

<http://www.bc-girlguides.org/WEB/Documents/BC/camping/Progression-of-Camp-Skills.pdf>

## Camp Preparation:

- Make tin foil ovens or buddy burners for use at your camp
- Learn how to purify drinking water
- As a unit or patrol, create your kit list
- Learn about light weight camping equipment
- Experiment with different types of clothing to see which ones are quick-dry and will keep you warm
- Learn about heat stroke and how to stay safe in the sun
- Learn about what to do if you get lost
- Be a member of the team planning the camp
- Complete your Girl Guide swimming and boating test so you can enjoy the water at camp

## Camp Cooking:

- Cook a meal in a tin foil or box oven
- Make placemats and use them to set the tables for meals
- Cook in a patrol
- Make ice cream in either a Ziploc bag or tin can
- Try a new recipe at camp based on your theme
- Have a Monk's meal (for more info:  
[http://dragon.sleepdeprived.ca/camping/recipes/odd\\_things\\_6.htm](http://dragon.sleepdeprived.ca/camping/recipes/odd_things_6.htm))
- Prepare and eat a salad using summer fruits and/or vegetables
- Cook a meal using dehydrated foods

## Camping Skills:

- Lash a hand washing station or other camp gadget
- Sleep under the stars
- Light a propane or gas lantern
- Put up, care for, and take down your tent
- Make a recycled craft
- Learn how to animal proof your campsite
- Learn 2 new campfire songs
- Participate in your units Duty Roster for camp chores
- Learn about knife and/or axe safety
- Learn about local fire regulations

## Outdoor Activities:

- Build a sand or rock castle
- Go on a scavenger hunt
- Have a crab walking race, egg tossing completion, or 3 legged race
- Play Nature Bingo
- Do an outdoor service project for your camp
- Go swimming, canoeing, kayaking or have a beach day
- Lay and follow a trail using trail signs

## Be a No Trace Camper

- Leave your campsite in better condition than you found it!

## Completing the BC Camping Challenge

Want to earn the complete set of 5 BC Camping crests? Simply complete the other 4 challenges: Fall Fun, Wonderful Winter, Super Spring, and Splendid Sleepover.



The BC Camping Committee can be reached at [camp@bc-girlguides.org](mailto:camp@bc-girlguides.org) for questions and feedback!