The Headlamp





A Message from the BC Camping Committee!

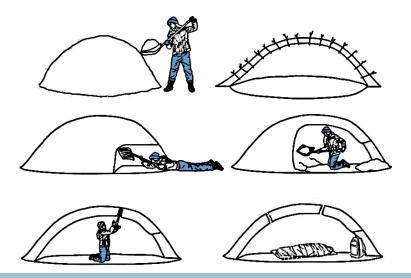
Hello BC Guiders,

We are all very excited for our very busy next few years as your camping committee. We have been hard at work planning for our next few years, and we have some great things coming up! The Area Camping Advisers are coming to join us in March for our meeting so we can be kept abreast of the goings on in all of your Areas, and get some input on upcoming provincial events for girls and guiders.

By now, many of you are likely thinking about pre-SOAR camps, Spring and Summer camps, and more immediately, Thinking Day. We hope that some things in this issue can help you in planning these things. If you ever have things that you are looking for more information on, or ideas for Provincial Camping activities, etc., please feel free to send Joy an email (camp@bc-girlguides.org).

All of our crests can be ordered from the Provincial Office by using this order form:

http://bc-girlguides.org/Documents/BC Camp-in-a-Box-Crests InteractiveForm-Feb2013.xls





Upcoming Camps

- RoVent (R) February 7-9 Manning Park
- Nite Hike (G P R) April 12
 Pacific Spirit Park, Vancouver
- Kootnay Area Nite Trek (P R) May 2-4, Camp Stone, Kimberley
- Skeeter (R) May 16-19
 Nanaimo
- SOAR (G P R) July 19-26 Enderby
- More Seaside Fun (B G P) August 3-9, Camp Olave
- Mix it Up (G P) Sept 19-21 Sumas, Washington
- OAL Adventure Training (Guiders) - October 17-19
 Camp Kanaka, Maple Ridge



Joy with her trademark smile

Egg Stuffed Baked Potatoes

Prebake potatoes.

Slice a layer off the top, lengthwise. Scoop out the insides, leaving a layer of potato on the skin. Save the mashed potato to make Roasted Garlic & Parmesan Potatoes (yum!)

Brush inside of potatoes with melted butter.

Sprinkle with salt and pepper.

Add cheddar cheese, feta cheese, crumbled bacon, diced ham, sautéed mushroom, sautéed bell peppers, etc. Fill potato shells ¾ full.

Crack egg on top of fillings.

Sprinkle with more salt and pepper if desired, or add more cheese, bacon,

Wrap carefully in foil, making sure not to tip and spill the egg/fillings.

Bake in tin foil oven (20 min. At 350*) or in the coals of the fire until egg is cooked but not hard.

Serve with sour cream and salsa if desired.

Meet Joy - BC Camping Adviser

Home Community & Area: *Castlegar, Kootenay Area*

What are you looking forward to during your term as BC Camping Adviser?

A closer working relationship between Camping Advisers and the committee.

Do you have a favourite place to camp in BC with your family?

Many different places in the Kootenays, mostly backcountry.

Favourite place in BC to camp with Girl Guides?

Probably Christina Lake (boat access only)

What is your favourite memory of camping with Girl Guides?

Laughing a lot. Most of the camping I've done with girls has been very rustic. Although we often worked hard, we had fun. Sitting around a campfire, on the edge of a lake, no one but us, playing charades and laughing until we hurt is one memory that still makes me smile.

What is something you have learned from Guiding that you never expected to learn?

When I first joined Guiding, I did so as a girl and like most girls I did it because I like the meetings and loved camping. I never realized how much it would influence my life, how much I would learn about leadership and service to others and how much better this makes me.

What would you say is the "Joy Signature" at camp?

Letting the girls learn by doing!



Camp in a Box: Sparks Gold Rush Day Camp

Howdy partners! Welcome to the era of the Gold Rush!

Take your Sparks back to the exciting times of hunting for gold in the back of beyond with this easy to follow Sparks Gold Rush day camp. Have fun learning about life and prospecting in the past centure.

In this camp package, you will find the program outline for a day camp and a wide variety of activities, games and crafts to choose from. As well, there are suggestions for a menu and recipes, a campfire, Guides' Own and a kit list. Build your camp to suit the season, whether you are staying in a building or campsite, the number of girls and the available time. Pick those activities that work best for you and your girls and remember to be flexible.

Try this craft from the Gold Rush Day Camp in a Box!

Whirligig

Materials:

- stiff cardboard (the thicker the better)
- scissors
- crayons or felt pens
- awl
- string

Method

- Draw a 4-inch (10 cm) circle on stiff cardboard.
- Cut out the circle and colour it as desired.
- Using the Awl punch out 2 small, diagonal holes in the circle, each about 3/8 inch (9mm) from the center of the circle.
- \bullet Thread about 2½ feet (60 cm) of string through the holes and tie the ends together.
- Hold the string between the thumb and index fingers of both hands, twirl the circle until the string is taut, then stretch it out and pull hard to make the whirligig spin!
- Continue to pull hard

http://www.bc-girlguides.org/Documents/Gold%20Rush%20Camp%20Sparks%20Nov%202012.pdf



Chocolate Chicks (or Owls if you prefer)

Camp in a Box: Brownie Magic Around the World

Welcome to Brownie Magic Around the World, an exciting event for Brownies. We hope the girls and adults will be active, have lots of fun moving about and enjoy learning about other places in the world.

In this camp package, you will find the program outline for a two-night event with a wide variety of activities, games and crafts to choose from. As well, there are menu and recipe suggestions, a campfire, Guides' Own and a kit list. Build your camp to suit the season, your accommodation — building or campsite, the number of girls and the available time. Pick those activities that work best for you and your girls and remember to be **flexible**. Adapt this package to have fun pretending to travel around the world!

Try this game from the Brownie Magic Around the World Camp in a Box!

Catch the Dragon's Tail (Cambodian, Chinese, Indonesian)

This game requires skill, perception and group awareness.

- The players stand in a line, single file, and holding the waist of the girl in front, walk in time to the music
- When the music ends the first person, who is head of the dragon, tries to tag the last person, who is the tail.
- The tail tries to escape without breaking the line. If the line does break, the game starts again.
- When the head catches the tail, the tail moves to the front of the line to become the head, and everyone moves down the line.

 $\underline{\text{http://www.bc-girlguides.org/Documents/BC/2013BrownieMagicAroundWorldMarch2013.pdf}}$

Chocolate Owls

Cadbury Creme Eggs (1 per owl)

1 pack of orange flavour chocolate buttons (I couldn't find orange, I used butterscotch chips for beaks and milk or white for feet)

6 squares of cooking chocolate

2 packs of white chocolate buttons

2 packs of milk chocolate buttons

Icing pens

INSTRUCTIONS

- Melt the cooking chocolate and get a clean teaspoon ready
- Place two buttons side by side on plastic wrap (feet)
- Using the teaspoon, put a small blob of melted chocolate behind the two buttons, where they meet
- Stick a cream egg on top, pointy end up. You will need to hold it up for a bit.
- Using the melted chocolate as glue stick on 2 white chocolate buttons for the eyes, 1 orange button, cut into a triangle for the beak (or a butterscotch chip), 2 milk chocolate buttons for the wings
- Draw the pupils on with the icing $\ensuremath{\mathsf{pen}}$

Adapted from: http://www.amummytoo.co.uk/2012/03/crafty-kids-easter-chocolate-chicks/





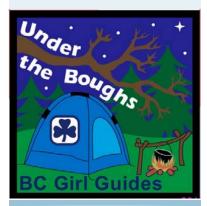
Cupcakes & Candles

This started as a Provincial Thinking
Day event at Tsoona but when
Tsoona was sold, it became a Provincial camp that takes place across the
province in different locations. Now
Areas, Districts, or groups of units
can host Cupcakes and Candles, and
BC Camping Committee provides
crests and resources for it.

This camp is best done with patrols of girls, each patrol representing and bringing a presentation on a different WAGGGS country. This is traditionally a camp that takes place around/on Thinking Day, but it certainly doesn't need to be.

The crest (above) can be ordered through the Provincial Office, and information is here: http://www.bc-girlguides.org/Documents/BC/camping/cupcdljan2014.pdf

Look for a new crest coming soon!



Camp in a Box: Guiding Elements Air

Air is all around us, but did you know that air pushes against you all the time? You cannot feel the air pushing in on you because your body pushes outwards with the same force as the air. With out air we could not live. We cannot see it or smell it, but we can feel it when it moves - which is the wind. Just like water, air has many uses. Sailing boats have large sails which catch the wind to push them through the water. Windmills harness the power of the wind to grind wheat into flour or make electricity.

In this package you will find the program outline and a wide variety of activities, games and crafts to choose from. As well, there are menu and recipe suggestions, a campfire, Guides Own and a kit list. Build your camp to suit your season of the year, building or campsite, number of girls and available time. Pick those activities that work the best for you and your girls and remember to be flexible. Adapt this package to have fun learning about the Air all around us.

Try this activity from the Guiding Elements Air Camp in a Box!

Warm Air Needs More Room

As its temperature rises, air starts to act a little differently. Find out what happens to a balloon when the air inside it heats up with this fun science experiment for kids.

What you'll need:

Empty bottle
Balloon
Pot of hot water (not boiling)

Instructions:

Stretch the balloon over the mouth of the empty bottle. Put the bottle in the pot of hot water, let it stand for a few minutes and watch what happens.

What's happening?

As the air inside the balloon heats up it starts to expand.

The molecules begin to move faster and further apart from each other. This is what makes the balloon stretch. There is still the same amount of air inside the balloon and bottle, it has just expanded as it heats up. Warm air therefore takes up more space than the same amount of cold air, it also weighs less than cold air occupying the same

http://www.bc-girlguides.org/Documents/BC/camping/GuidingElementsAirOct2013.pdf

Kootenay Area Nite Trek

Kootenay Area's Nite Trek is open to Girl Guides and Scouts from all around BC as well as Girl and Boy Scouts from the US, sometimes as far as Montana. This event will be held on May 2nd to 4th this year at Camp Stone in Kimberly, and is always a ton of fun! Keep an eye out for more information as it comes out for this camp, or ask your District/Area Camping Advisers.

Under the Boughs—NEW CREST

Under the Boughs is a camp that can be hosted by Areas, Districts, or groups of units. The idea of the camp is primarily for Pathfinders, but it can certainly be adjusted for Rangers or even Guides. Under the Boughs is often done as a winter camp, but it can be a Spring, Fall, or Summer camp as well, any thing that is hosted 'under the boughs'.

The BC Camping Committee provides toques for order for Under the Boughs in a different style each year with the Under the Boughs logo printed on them. This year, the toques are navy with strings that hang down from the ear area (we will include a photo in our next issue of the Headlamp).

Also new to this camp, is a brand new crest available for order now! The design is pictured to the left, and was created with the help of our Provincial Program Adviser Julie (thanks so much for the design assistance Julie, we aren't always the most artsy committee)!

More information on Under the Boughs and how to order crests and toques can be found here: http://www.bc-girlguides.org/Documents/BC/camping/undertheboughs2014.pdf

Storm Lashing

The best way to protect your tent from strong winds is to correctly set up and position your tent and to run extra storm lines from the poles and fly. How and where you apply these lines depends on the design of your tent.

Set up: A sloppy set-up means more work in the long run. If possible your tent's main entrance should face downwind, with the long axis aligned parallel to the wind.

Self-supported A Frame tents

Attach twin lines directly to the poles and crossbars as you would with the traditional A frame tents. However be sure you reach up under the fly. Use a Lark's head knot to attach the extra lines. Attach lines to the frame and not the fabric.

Dome tents: Prepare a rope ring for the top of your dome tent or pop-up. To make this rope ring tie a rope together with a reef knot. Suspend at least 4 double guy ropes from the ring by lark's head knots. The size of this ring will depend upon the size of your tent or pop-up. Place the rope ring over the dome of your tent or the top portion of your pop-up. Extend guys at 45 degree angles and secure them to the ground.



Lark's Head Knot

Flys: Many flys have extra tabs provided for extra guy lines. Check these to be sure they are reinforced before attaching extra guy lines.

Kitchen Tarps: The best way to storm proof your kitchen tarp is to customize it at home before camp. If you sew extra loops on your tarp, be sure to back all of these with heavy material. Seal all sewn seams. Use a trucker's hitch to tighten tarp lines







Outdoor Adventure Leadership (OAL) Training

The OAL Training program is designed to train Guiders on camping skills and prepare them to take girls to camps of various styles.

There are three levels to the OAL program, Residential, Tenting, and Adventure. Residential and Tent Camping can be completed in a weekend, and these trainings are often organized at the Area level.

Residential Camping

This level of training includes the modules Leading, Planning, Food & Nutrition, and Camp Life Residential Camping training will prepare Guiders for taking their girls to residential, or camps in cabins or other buildings.

Tent Camping

This level includes the modules Planning & Packing, Tents & Tarps, Kitchens & Cooking, Activities & Program, and Overnight, and Guiders must complete a night in a tent during the training. This will prepare Guiders to take girls on 'traditional' tenting trips. Guiders must have completed the Residential Camping modules or equivalent experience to complete Tent Camping.

Adventure Camping

This level of training includes the modules
Trip Design and Structure, Risk Assessment
and Management, Leadership Styles and
Group Dynamics, Navigation, Adventure
Camping Gear, Adventure Camping Food,
Campsite Management, and Expeditions. To
complete the Adventure Camping level, Guiders must take part in two Expeditions as trainings with other Guiders and trainers. Tent
Camping modules or equivalent experience
are required to complete Adventure Camping.

Adventure Camping trainings are put on each year by the BC Camping Committee, with our next *OAL Adventure training taking place October 17-19, 2014* at Camp Kanaka in Port Moody. These trainings usually offer Modules 1-7, and Module 8 (Expeditions) need to be completed separately. The BC Camping Committee also puts on Module 8—Expeditions on a regular basis as well, with our next one planned for 2015. Your area may be able to organize expeditions as well, contact your Area and District Training and Camping Advisers for more information on whether these trainings are taking place in your Area.







Know Your Area Camping Adviser

Fraser Skies Area: Joanne Loney

Kootneay Area: Currently Vacant

Lions Area: Moneira Khan

Lougheed Area: Julie Ramsey

Monashee Area: Colleen Aven & Patrice Schoepfner

Pacific Shores Area: Wendy Jackson

Rivers North Area: Currently Vacant

SVI Area: Erlene Amero

Thompson Nicola Area: Joy Gregorash

West Coast Area: Cindy Parkin

For information on how to contact your Area Camping Adviser, ask your District/Area Commissioner or email Joy, the BC Camping Adviser, at camp@bc-girlguides.org

Tin Foil Dinners

Croissant Berry Bread Pudding

Approx. 3 large croissants, torn or cut into pieces.
1 egg
1/2 cup milk
1/4 cup white sugar
1 tsp vanilla
1/2 tsp ground cinnamon
Mixed berries

Whipped cream or CoolWhip - optional

Mix all ingredients except croissants and berries in foil pie plate. Add croissant pieces and toss to coat. The croissant pieces should almost absorb all of the egg mixture. If not

almost absorb all of the egg mixture. If not, add a little more croissant to it. Sprinkle top with berries. Place pie plate on piece of foil. Place another piece of foil on top of it and roll edges upward and crimp to seal.

Place directly on coals and cook for approx. 30 minutes.

Read more at http://studio5.ksl.com/? nid=71&sid=25580262#USYTtPyRuWCOZK5k.

Potato & Pepper Sausage Bake

Place Baby red potatoes (cut in half), chunks of different colored peppers, chunks of red onion and chunks of chorizo (or your favorite spicy sausage) in the middle of the foil. Drizzle everything with olive oil. Season liberally. I used sea salt, fresh ground pepper and fresh herbs (Oregano and Sage).

You could cook this without the sausage, but adding it will add fat and lovely spiciness & seasoning to the veggies. So delicious!

Do a double layer of foil, folding one first completely and then another layer. Place on hot coals and cook for approx. 25 - 30 minutes, turning every 5 minutes or so.

Check temp with Infrared Thermometer on bottom of foil about 5 minutes into cooking. Should read about 350 to 400 F.

Meet Patrice - Deputy BC Camping Adviser & ACA Liaison

Home Community & Area: Kelowna, Monashee Area

Other Current Positions in Guiding: Pathfinder & Ranger Guider, Monashee Area Camping Co-Adviser

What are you looking forward to during your term on the BC Camping Committee?

There are many things I'm looking forward to while on the BC Camping Committee, first and most important is supporting Guiders in BC to help them take girls Camping as well as offering opportunities to Girls. I also really enjoy the time I spend with the Camping Committee and feel we are developing life long friendships.

Do you have a favourite place to camp in BC with your family?

My family does have a favorite place to camp with my family, it's Roche Lake near Kamloops. We have been going to Roche Lake for at least one week a Summer for the past 18 years.

Favourite place in BC to camp with Girl Guides?

Oh wow what a questions as I love all the Girl Guide Camps I have been to. For residential I'm partial to Camp Arbuckle in Lake Country on the Okanagan Lake but I also really enjoy Camp Tillicum in Vernon near Silver Star, it's a great place for Winter Camping. For tent camping it's a toss up between Camp Mewata located between West Kelowna and Vernon on Okanagan Lake or Camp Bonnett in Green Wood on Jewel Lake.

What is your favourite memory of camping with Girl Guides?

I was hosting a Sparks Gold Rush Camp at Camp Arbuckle and we had the Sparks dress up in Pioneer Outfits that we had brought and there was this little Spark just so enthused and just kept says "I've never been a Pioneer before" she was just so precious.

If you had to eat one thing every time you went camping, what would it be? Please not spaghetti!!: (This was a hard question for me because there is so many good things that can be made at camp but I will have to say it's a Grilled Cheese sandwich, it must be that processed cheese.

What would you say is the "Patrice Signature" at camp?

"Baked Goods" When having a camp I always try and remember to bring some baked good (not that I've baked but I've bought) and these are for the Guiders. It's always a great way to get the Guiders sitting around after the girls have gone to bed and enjoy some guilty pleasures while we figure out the plans for the next day.



Patrice and her beautiful daughter



Celtic Heart Knot—try it as a Valentines Day Craft

Mix it Up 2014

Mix it Up takes place each year in September, and BC Girl Guides takes turns with Girl Scouts USA in Washington to host this camp that is for patrols of girls Guide and Pathfinder age. Patrols of eight girls and two Guiders come for a weekend of fun and international sisterhood.

The theme for Mix it Up 2014 will be **Games Through the Years,** and the camp will take place on September **19 to 21 in Sumas Washington**.

Registrations are due May 15, 2014, but only the first 35 patrols will be accepted, so early registration is recommended. More details, and the registration form can be found on the back page of this issue of the Headlamp.

While this camp is a wonderful time, and a great experience for the girls from both countries to meet and have fun with each other, keep in mind that there are a number of important things to remember when taking girls on international trips:

- Everyone travelling to the US (girls and guiders) will need passports. This process can take
 6-8 weeks, so it is a good idea to put this is motion right away.
- International travel must be preapproved using an SG 8 form prior to making financial commitments and detailed trip plans.
- For an international trip of less than 72 hours, Safe Guide forms need to be sent to an assessor for approval at least thirty days prior to the trip.

For more information on the Safe Guide requirements for International travel, please see the latest version of Safe Guide, this page http://forms.girlguides.ca/SafeGuide/Shared%
20Documents/sg-international.pdf, and/or contact the provincial Safe Guide Adviser at bc-girlguides.org.

Valentines Knot



Use one cord that is at lease 20 inches long, and secure one end to a table or board. Make a counter-clockwise loop near the center of the cord.



To make a second loop, bring the working end through the first loop from below. Make sure the working end rests close to the right side of loop.



Make a third loop by bringing the working end through loops 1 and 2, weaving through the three segments over, under, over.



Move the working end so it run through the centre of the loops. Weave it under over under over the four segments.



Rotate the knot so that the ends are at the top.

Tighten and adjust the knot so the design is the shape of a heart, and is the size you'd like. http://www.free-macrame-patterns.com/celtic-heart-knot.html

Chilly Campfire Songs

Forty Years on an Iceberg (actions in brackets)

Forty years on an iceberg (make #10 four times with hands) Over the ocean wide (wave motion) Nothing to wear but pyjamas, (slide hands up body from toes to head) Nothing to do but slide (slide hands down body from head to toes) The wind was cold and icy, (shiver, arms around body) The frost began to bite (pinch neighbours) I had to hug my polar bear (hug neighbours) To keep me warm at night,

(Repeat and each time hum another line instead of singing it)



Penguins

Have you ever seen
A penguin go to sea?
Take a look at me
A penguin you will see.
Penguins attention,
Penguins salute,
Right Wing
(repeat the song, moving right
arm up and down)

Actions: add, in succession, your right wing, left wing, right leg, left leg, nod your head.

Milk Carton Portable Stove

Want a fun and easy stove to take on a day hike? Here's one you can make ahead of time at home/camp.

- Use a 1L milk carton. Press the top in flat and slit down the side.
- 2. Place six briquettes and a homemade firestarter inside.



Wrap the inside of the carton and briquettes with foil, folding the flaps on top. The foil contains the briquettes after they are lit. Carry the stove in a bag so that the charcoal dust will not fall into your daypack.

 When you are ready for lunch, open the package and fold the foil back to make a wind screen. Light the milk carton, which acts as an additional firestarter.



When the coals are grey, place your food (try a foil-wrapped grilled cheese sandwich) on top of them to cook.



Let the coals burn out or put them out with water. Fold up the entire package once again.

Quick Games & Activities in the Snow

Fox and Goose

In a large flat area, stamp out a large circle in the snow (about 10 metres in diameter). Add six spokes from the centre so that it looks like a wagon wheel.

One player, the Fox, chases the other players, the Geese, but they must all stay on the paths.

As players are caught, they become Foxes and assist in chasing the Geese.

Snow Painting:

Using powdered Tempera paints and a container with holes in it, make a snow painting in the yard. Have each girl bring 4 small tomato paste or individual juice tins to the meeting (one for each primary colour). As colours are sprinkled one over the other in the snow, they may blend to make a third. Make sure that your snow painting will be appreciated, or at least tolerated.

OR: Painting in the Snow:

Fill plastic spray bottles with coloured water (use vegetable food colour) and let girls spray paint in the snow. Do this on a mild winter day; on really cold days, the spray nozzle may freeze.

Ice Cube Hunt:

Bury coloured ice cubes (use Vegetable food colouring) in the snow and have an Ice Cube Hunt.

Nite Hike 2014—April 12-13

Nite Hike takes place in Pacific Spirit
Park in Vancouver, and is open to Girl
Guides and Scouts from around the
province. The theme for 2014 is
Nite Hike Does Science, and

Nite Hike Does Science, and registration for stations will be opening in February.

The participants go out in groups of 4-7 with an adult (numbers depending on ratio requirements), hike all night, and take part in many activity stations along the way.

Cost is \$10 per girl and \$5 per adult.

For more information go to:

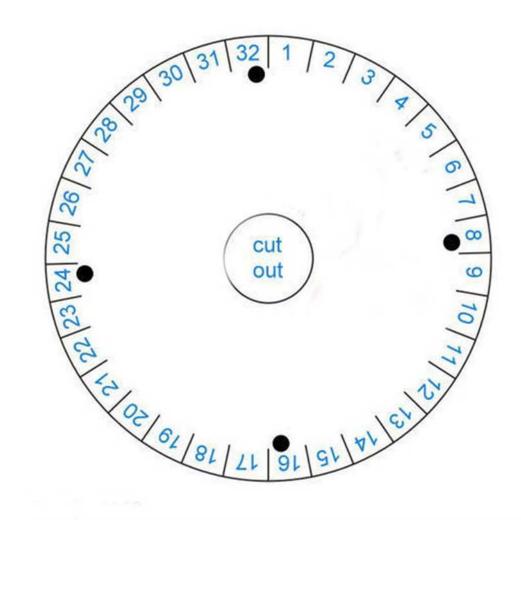
http://www.nitehike.org/

Kumihimo (Japanese Braiding)

This is a great craft from Japan (just in time for Thinking Day). Kumihimo was traditionally a technique of braiding strands of silk to create multi coloured cords. The strong and slender cords were once used by Samaurai as laces for their armour.

This can be done fairly easily, and can be used to make friendship bracelets, necklaces, or other iewelry.

- 1. Print out the template below, glue it to cardboard, and cut it out, also cutting a slit on each of the black lines between numbers.
- Knot together eight strands of embroidery floss, or other cord in multiple colours. Put the
 knotted end through the hole in the template with the cords sticking up, and put the cords
 into the slots around the dots. For example, put one thread on either side of the number
 32, one on either side of 8, one on either side of 16, and one on either side or 24.
- Take the thread that is on the right side of 32, and move it to the right side of 15. Take the
 thread from the left side of 16, and move it to the left side of 31. Rotate the disk counterclockwise, so 24 is now on the 'top'.
- 4. Continue this pattern moving the thread from the top right to the right of the thread on the bottom right, and the thread on the bottom left to the left of the thread on the top left, then rotating the disk counter-clockwise 90 degrees. You will soon have a colourful braid!



MIX IT UP 2014

"Games Through the Years"

Annual Girl Scout & Girl Guide Encampment

September 19 – September 21, 2014
For Girl Scout Juniors and Cadettes, Guides and Pathfinders

EVENT LOCATION: GSWW Northern Property, 9010 Heady Road, Sumas WA 98266

COST: \$28.00 USD PER PERSON (Girls & Adults) - NO REFUNDS

In case of illness replace girl or adult with alternate

ACTIMITIES: Games old and new, challenge dinner, mixers & more. Come and make new friends!

FEE INCLUDES: Two nights camping, all activities on site, challenge dinner, Sunday breakfast, t-shirt and

patch. This is a tent camping event, appropriate for experienced campers. Patrols must

provide own food and equipment, including tents and cooking gear.

ARRIVAL AT CAMP: Friday, September 19th between 6:00pm and 9:00pm

CLOSING: Sunday, September 21th by noon

REGISTRATION: Send registration form and check in US funds (payable to GSWW SU 120 Events) to: Mix It Up 2014 c/o

Wendy Crandall 926 12th Street, Bellingham WA 98225. NO LATER than May 15, 2014. Registration is

limited to first 35 patrols.

CONFIRMATION: We will send you further information and equipment list upon receipt of your registration and payment.

Contact Wendy Crandall at wendycrandall@gmail.com for more information.

Unit (including District)/Troop:	Area/Service Unit #:	
Responsible Guider/Leader:		
Full Address:	1	
Email:	Phone #:	
Accompanying Guider/Leader:	1 11/1/1/	
Full Address:		
Email:	Phone #.	
Emergency Contact (during event):	Phone #.	

Names of Participants	T-shirt Size Adult S-XXL	Age
Leader.	· · · · · · · · · · · · · · · · · · ·	
Leader:		
Girl 1:		
Girl 2:		
Girl 3:		
Girl 4:		
Girl 5:	0	
Girl 6:		
Girl 7:		
Girl 8:		



