

# The Headlamp



## A Message from the BC Camping Committee!

Welcome back BC Campers!

Hopefully the summer brought many exciting outdoor adventures and some well-deserved rest for all of the fabulous Guiders in BC! We are excited to get back to camping, and have lots of great things on the agenda for this Guiding year.



September started us off with a bang with Mix it Up 2015 in beautiful Squamish BC. Many, many thanks to all of the fabulous Guiders and Rangers who came as core staff, brought girls as patrol Guiders, or helped in the planning from home. Special thanks to Colleen Kellner, Lions Area Commissioner for expertly heading up the security team once again, and Ainsley Burnham, Squamish District Commissioner for all of her help and support with sourcing very important things like coffee, firewood, and a local guest speaker.

Looking ahead to 2016, we have some really fabulous events coming up for girls and Guiders in BC!

Guide Jubilee will bring patrols of 4 Guides and 1 Guider to Kingswood Camp in Victoria over the May long weekend for camp skills, canoeing, new friendships and adventures!

Pathfinder Paddles will take a group of Pathfinders kayaking on the Seschelt inlet, and Peddle Haida Gwaii will be a trip of a lifetime for a group of Rangers cycling around Haida Gwaii and exploring one of the most beautiful and least visited places in the province.

The provincial Module 8 excursion for Guiders this summer will be a canoe trip on and around Quadra Island, and finally, we will finish up 2016 with a joint workshop for Trainers and Camping Advisers at Camp McLanlin in November.

For more information on any of these events, keep an eye on your email, and/or contact [camp@bc-girlguides.org](mailto:camp@bc-girlguides.org) for any questions.

Remember to send us your pictures and stories from Guiding camping trips and experiences from over the summer and beyond. We love to see what the province is up to!

Happy Camping!



### Upcoming Camps

- Rainbucket (R)- November 13–15, 2015 Fraser Valley, [www.rainbucket.org](http://www.rainbucket.org)
- Rovent (R)- February 2016, Cambie Creek Nordic Area, Manning Park, <http://www.rovent.ca/>
- Guide Jubilee (G) - May 20-23, Kingswood Camp, Victoria
- Pathfinder Paddles (Girls Born Sept 2001-Aug 2004) - July 21 - 28, 2016, Sunshine Coast/Desolation Sound
- OAL Adventure Module 8: Quadra Canoe Expedition (Guiders) - Aug 4-7, 2016
- Pedal Haida Gwaii (Girls Born Sept 1997-Aug 2001) - Aug 18-26, 2016 Haida Gwaii



Northern Star Trex Unit

## Recipe – Ranger Bars



### Ingredients

- 1 cup(s) peanut butter
- 1/2 cup(s) honey
- 1/2 cup(s) unrefined coconut oil
- 2 cup(s) dry oats (not instant)
- 1 cup(s) shredded coconut
- 1/2 cup(s) chopped walnuts (optional)
- 1 1/4 cup(s) dark chocolate chips
- 1 teaspoon(s) vanilla extract

### Preparation

1. Melt peanut butter, honey and coconut oil over medium-low heat.
2. Once melted, remove from heat and add oats, shredded coconut, chocolate chips and vanilla.
3. Stir until chocolate is entirely melted.
4. Pour into a 9 x 13 pan and cool in the fridge.
5. When it's set, cut into bars and enjoy.

Store in the fridge.  
If they last that long!

## Girl Guide camping chatter around the province:

- ◆ Shout out to the Northern Star Trex unit for braving the winter conditions on their hike to Grizzly Cabin.
- ◆ Thank you to Brenda Anthony for your continued work with GM 2016 before, during and after your hip surgery .
- ◆ Congratulation to SVI Area for getting 22 Brownies out to enjoy your Into the Past camp.
- ◆ Wow! What a great MIU weekend in Squamish. Thank you to all the Core Staff that came out to help make the weekend successful!
- ◆ Thank you to all the Guiders in BC for getting your girls out camping this summer.

## Classic Camping Cookbook & Meal Planner App Review

Fall camping time is here. Time to cook out -



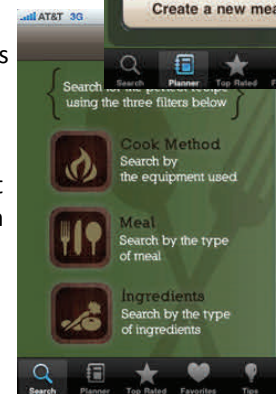
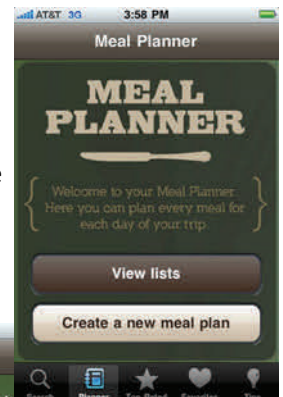
Coleman® has the Cookout Cookbook & Meal Planner app from the Apple store to help you prepare meals during the busy camping and cook out season. Based on top-rated recipes by Coleman®, the Cookout Cookbook & Meal Planner application allows users to find the perfect meal based on food type, category, and ingredients. Rank your favorite recipe for kids, best dessert or ideal recipe for the boat.

- Make and plan the perfect meal -

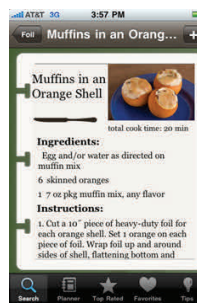
Users can search for a recipe based on the type of food and ingredients necessary to make the perfect meal. This is the first application that allows users to plan meals for an entire camping trip. Pick the number of days and campers let the application do the rest. Generate shopping and equipment lists so you never forget an essential ingredient at home. Special events are no problem for the application as users can organize recipes into lists tailored to unique days like having a camping party.

- Making cooking and shopping easy -

Using the Coleman® recipe card system, you are given handy ingredients and cooking times to guide their cook out experience. Ingredients can be easily compiled and put into shopping lists to guide grocery purchases and makes cook outs more fun and easy to plan. Save time by preparing steps at home!



and



Available from





# Instant Meetings Brownies and Guides: Trail Signs

Prep work of laying a trail needs to be done before the meeting or one leader to be setting up the trail while the others start the meeting.

This is an outdoor meeting – possibly at a park, trails, or field. Remember to follow Safe Guide and make sure girls come prepared for the meeting. Remember to adapt this guide for your unit as needed.

## Program Connections Brownies

Key to Camping:

Happy Hiking interest badge (lay a trail)

Key to the Living World:

Wondrous Walks

Key to the Arts:

Super Crafts interest badge (one craft)

## Program Connections Guides

Beyond You: Explore the Outdoors and Nature

3. Learn trail signs and follow a trail.

6. Outdoor activity.

Related Interest Badges

Naturalist (play a game using trail signs)

Outdoor Adventures (follow a trail outdoors containing at least 5 signs)



By Charlotte Char

I had only been in Guiding for two years when I got accepted to go to the Yukon. It was the first trip I have applied for and I had only applied for the practice so I really didn't expect to go but of course I was super excited when I did find out I was going. I met my patrol in Vancouver the day before we flew to the Yukon. There were four other girls and two leaders. We bonded quickly and became fast friends.

Although the Yukon is very similar to BC, I could feel a slight difference. It felt like there was a lot of wilderness and empty space around us and not a lot of people. The campsite was great as it had lots of trees. Our patrol was sharing a site with the girls from Ontario and half of the Yukon Patrol. It was a good thing the Yukon girls were there because we all had a lot of questions.

The activities were great. I got to do some canoeing on a beautiful lake, lots of cool crafts, and a hike up a very steep mountain. Then was my day of my big activity. I chose ziplining. Unfortunately I didn't end up going ziplining, but I did get to go rock climbing, which was fantastic. The next day was spent exploring Whitehorse. I got to go to the museum, swimming, shopping and another hike along the Yukon River. In the evening there was pizza and a movie at the Arts Centre. Soon after that camp ended. It was a very tearful event saying goodbye to everyone I had met, but I left with great memories and a longing to go back.



## Instant Meetings

New instant meetings are now available on the Provincial website for teaching camping skills to the different branches of Girl Guides.

### Sparks-

Compasses

Hike

Leave No Trace

Getting Ready for Camp

### Brownies-

Compasses

Hike

Knots Training

Leave No Trace

Trail Signs

Things we need at camp

### Guides-

Compasses

Hike

Just Basic Knots

Trail Signs

Fire

Leave No Trace -

Amazing Race

### Pathfinders-

Compasses

Hike

Survivor Uknknot  
(You Can Not)

Leave No Trace -

Amazing Race





## Bowron Lakes Canoe Circuit

This summer 4 Guiders & 10 girls from across the province undertook the adventure of doing the Bowron Lakes Canoe Circuit and fulfill the dream to see a group of girls accomplish the task and we did it in style! We started the trip with varying experience, but our slower start to the trip allowed us to find each other's strengths and gel as a group. The intermittent rain at the start of the trip taught us to be prepared and keep our rain gear handy at all times, but when the sun came out, it made us appreciate the amazing scenery all that more.



Safe Guide helps us as an organization to take on adventurous activities such as this and ensure that we are prepared to do it in a safe manner. All the preparations and paperwork were well worth it when we could see the transition from the girls thinking the class 1 rapid, known as The Chute, was impassable, to working through the skills and having even the most cautious girls nail it. In addition, all our preparations about what to do should the worst happen had the group not miss a beat to help other paddlers right their boat and collect their gear when they were not so lucky and capsized in that same section. Even when our timing had us do the whole south end of the circuit in one day, we kept plugging away, fueling ourselves with the snacks and candy to make it through. The girls dug in deep and decided as we stopped for supper that we would push on to make it to our assigned campsite. They even remained silent through dusk while on the Cariboo River hoping that we might see some wildlife, and we made it to camp just as night was setting in. After 12 hours on the water, the no-bake cheesecake for dessert never tasted so good! The next two days had us raft up and sail our way across Babcock Lake, weave our way into our campsite & paddle hard to make it in time to make our shuttle back to our plane.



### Know Your Area Camping Adviser

Fraser Skies Area:  
Cindy McInnis

Kootenay Area:  
Tamara McIaeen

Lions Area:  
Gwen Walwyn

Lougheed Area:  
Julie Ramsey

Monashee Area:  
Catherine Hardy

Pacific Shores Area:  
Wendy Jackson

Rivers North Area:  
Laura Allgrove

SVI Area:  
Erlene Amero

Thompson Nicola Area:  
Debbie Jestin

West Coast Area:  
Tammy Tromba

For information on how to contact your Area Camping Adviser, ask your District/Area Commissioner or email Joy, the BC Camping Adviser, at [camp@bc-girlguides.org](mailto:camp@bc-girlguides.org)

We'd like to thank the wonderful Guiders in Quesnel & Williams Lake for hosting and equipping us so that we could make wonderful everlasting memories and new friendships on this fabulous adventure!

## Let's Camp S'more

### WELCOME TO LET'S CAMP S'MORE

"NEW" Let's Camp S'more cutlery is now available for order. Let's Camp S'more is a great program its objective is to introduce and teach basic camping skills to newer guides to help to motivate them to want to camp in tents, and to increase their interest to camp more often while having fun in a camping environment.



Basic camping skills include activities such as outdoor cooking, fire building, tent care, shelter and tarp erecting, trail marking, dish washing, basic compass, bedroll and gear packing, outdoor dressing, kit list developing, and running Guides Own. Please note, these activities are suggestions. Not all activities must be done. The primary objective of this camp is to give Guides a chance to sleep in a tent for the first time and learn how to help in the preparation and cooking of their food. Please give them the opportunity to work on these skills and just step in to assist where necessary. To this end, we are making this a very simple camp where patrols will have lots of time to set up their tents and cook and clean up after their meals.



# Calling all BC Adventure Campers!

With the success and demand of the OAL Adventure Camping Program, we're looking to recruit more Expedition Leaders and Adventure Facilitators to help deliver it.

## Why is training adventure camping different?

The standard for leading adventure camping and trips is set by Safe Guide. Members must provide documentation to confirm that they meet the standard. While the adventure camping training is not mandatory, meeting the standard for adventure camping and tripping is. Therefore, training of the adventure camping training program requires people with specific, identified expertise and knowledge. To meet GGC's organizational risk management and to be part of an adventure training team, *adventure facilitators* and *expedition leaders* must meet the criteria in the [facilitator's guide for Adventure Camping Training](#) on page 9 (under the heading OAL Adventure Camping Training Team):

- **Trainers** – As trainers have a background in adult education and training execution it is recommended that this person take the lead to coordinate the training, the team and support the adult education aspect of the knowledge sessions.
- **Adventure facilitators** – Adventure facilitators are active camping enthusiasts who have **recent and relevant adventure camping experience**. It is recommended that they have a minimum experience level of a Safe Guide Red level Trip Assist - five nights of tripping with or without girls and experience in adventure camping trip organization. Adventure facilitators will also complete the OAL Adventure Participant Skills Checklist as part of their orientation to the OAL Adventure Training program.
- **Expedition leaders** – Expedition leaders help participants complete their **OAL Participant Skills Checklist** through leadership, mentoring, teaching and coaching. Expedition leaders are Guiders who have met the requirements to be a Safe Guide Red level Trip Lead OR are professional guides/outdoor school subject matter experts with similar qualifications. Module 8 expeditions may only be led by expedition leaders. Expedition leaders will also complete the OAL Adventure Participant Skills Checklist as part of their orientation to the OAL Adventure Training program. If using non-GGC guides, expeditions must include a GGC adventure facilitator.

## How do I to get involved?

As an organization, we need to document the knowledge, skills and experience of people who will be leading adventure camping training. Therefore, to be part of an adventure training team, people will need to:

1. Provide a brief cover letter outlining your interest and qualifications in adventure camping specifically with respect to acting as an adventure facilitator or expedition leader
2. Complete the Expedition log and Participant skills checklist (found in the [Participant's Package](#))
3. Provide name and email of two people with whom you have either led an adventure camp with or participated in the organization of an adventure camp
4. Participate in an orientation/interview scheduled on **December 3rd, 2015**.

If you are interested in being part of an adventure training team **please provide your information to [adventure.trex@bc-girlguides.org](mailto:adventure.trex@bc-girlguides.org) by November 20, 2015**.

For complete details of the adventure camping program go to <https://memberzone.girlguides.ca/ProgramResources/CampingAndOutdoors/SitePages/Home.aspx>.

If you have any questions please contact us at [adventure.trex@bc-girlguides.org](mailto:adventure.trex@bc-girlguides.org).



## Auntie Monica

("Jubilee Songbook", Girl Guides of Canada, 1971.)

Oh I have an auntie, an Auntie Monica  
And when she goes shopping they all  
say "Ooh-la la!"  
Because her feathers swinging, her  
feather's swinging so  
Because her feathers swinging, her  
feather's swinging so

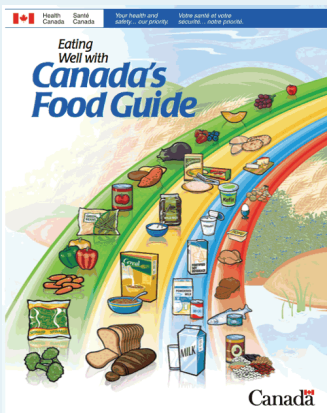
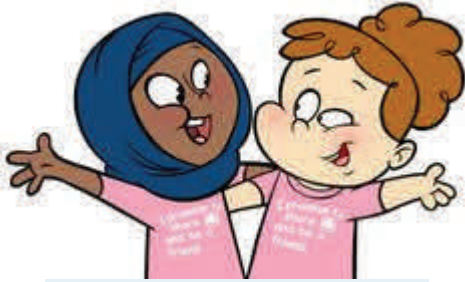
Oh I have an auntie, an Auntie Monica  
And when she goes shopping they all  
say "Ooh-la la!"  
Because her hat is swinging, her hat is  
swinging so,  
Because her hat is swinging, her hat is  
swinging so,  
Because her feathers swinging, her  
feather's swinging so  
Because her feathers swinging, her  
feather's swinging so

## Other Verses:

Because her muff is swinging, her muff  
is swinging so...  
Because her skirts are swinging, her  
skirts are swinging so...  
Because my aunt is swinging, my aunt  
is swinging so...

## Actions:

- feather swinging: wave hand back and forth above head
- hat swinging: using both hands, swing an invisible wide-brimmed hat
- muff swinging: hands together in front of you, swing arms
- skirts swinging: sway invisible skirts around your legs
- aunt swinging: swing your whole body!



## SPLENDID SLEEPOVER BC Camping Challenge

The Splendid Sleepover challenge is written with Sparks, Brownies, and younger Guides in mind; Pathfinders, Rangers, and older Guides may choose to complete this challenge by organizing and running a sleepover for girls in a younger branch.

The Sleepover challenge includes learning to pack your own bag, sleep in a tent inside or outside, make a owl craft, go for a nature walk, and try some new foods.



To earn each seasonal Challenge Crest the girls need to have an overnight camping experience, and complete the required number of challenges from each section. Sparks can camp for one or two nights; Brownies, Guides, Pathfinders and Rangers all need to camp for two nights.

To complete a challenge and earn a crest please carry out the minimum number of challenges from each of the four sections as follows:

**Sparks & Brownies:** 2 from each of Camp Preparation, Camp Cooking & Camp Skills, 1 Outdoor Activity

**Guides, Pathfinders, Rangers:** 3- 5 from each of Camp Preparation, Camp Cooking & Camp Skills, 2 Outdoor Activities

**Guiders** do the same number of challenges as the girls they are working with.

One of the choices in the Camp Cooking section of the Splendid Sleepover Challenge is to learn plan your meals using the Canada Food Guide there are many ways incorporate it in your planning process. Here is a link to the Canada Food Guide online: <http://hc-sc.gc.ca/fn-an/food-guide-aliment/index-eng.php>

Crest order form can be found here: [http://bc-girlguides.org/Documents/BC/BC\\_Crests\\_InteractiveForm-May2014.xls](http://bc-girlguides.org/Documents/BC/BC_Crests_InteractiveForm-May2014.xls)

## Stories for Headlamp

Headlamp is looking for great camping stories to be featured in future newsletters. We would love to hear about the great things that happen to everyone while they are at camp. Please share your wonderful and your not so wonderful stories with Headlamp it could be something funny, how you incorporated a great theme, how you survived a week of rain, or anything you want to share. If your story is published you will receive a prize. Please send your stories to: [Headlamp.bc.ggc@gmail.com](mailto:Headlamp.bc.ggc@gmail.com)

# The Good, the Bad and the Ugly of Camp Shelters



The Good (1)



The Bad



The Ugly

Photo credits:  
Good shelter 1: Debra Legge,  
Good shelter 2: Hliary Feldman,  
Bad & Ugly shelters: SOAR 2014

The secret to being able to camp whatever the weather means having the right place to cook and complete program activities without everyone getting soaked. Therefore, having a good camping shelter is an essential piece of equipment for a successful unit trip. There are 3 major types of shelters to choose from; the sunshade, the pop-up, and the screen house, each with their own pros and cons including cost, weight, stability and weather that they can handle. However, knowing how to best set it up in bad weather can make the difference between having a successful camp and taking your shelter home in pieces.



## Sunshades

Sunshades are designed to be lightweight and portable and provide shade on hot sunny days. They will all have a roof and may have one side to provide additional shade. Some higher end models will have points for storm lashing for use in windy conditions. These shelters are really designed just for good weather, but tarps can be added to provide some further protection from the wind and rain.

## Pop-ups

Pop-up shelters are probably the most common type of shelter used by units and are made by a wide variety of companies. While it used to be that you could only purchase commercial grade pop-ups for up to \$1000, you can now often get them on sale at Costco or Walmart for under \$100. Some companies have screen walls or solid walls to add to the canopy to provide further protection from the element, however they need to be purchased separately for an additional cost.

However, not all pop-ups are made equal as was demonstrated during SOAR 2014. The design of bracing, angle of the legs, strength of the joints, whether the canopy allows for pooling of water and overall quality of construction all effect how the shelters behave in poor weather, when you need it most. In addition, the assortment of construction types means that the weight of the units can vary greatly between units but thankfully most of the heaviest units will have wheels on the carrying cases.

The success of camping with pop-ups in storms requires some pre-planning. In heavy rain, you need to be prepared drain the water from the canopy to prevent pooling, and if you haven't purchased walls to go with it, properly sized tarps and necessary rope. In windy condition, storm lashing with 2 good ropes for each corner and pegging them down with long pegs is the most important thing. If you're set up in an area with hard ground, having sand bag weights will work instead. Lowering the canopy down to a mid-level position, or even lowering one side so that the canopy is on an angle to the direction the wind is blowing will also make them less prone to flying away.



# The Good, the Bad and the Ugly of Camp Shelters continued....

## Screen houses

Screen houses not only have a roof to provide sunshade, they also have built in screen walls for added sun protection and to help keep the bugs away. Designs vary by company, but they often have multiple zippers to allow for easy entrance and exit. Some models also have built-in awnings and side covers that can provide further protection from the elements should it be needed. These models are designed more like tents, so the awning fabric is treated to maintain water resistance, and have built in points for storm lashing. Their weight is more than a sunshade but can be less than many pop-ups. While these shelters are more expensive at the outset (\$200-\$500+) there is no additional cost in preparing them for the elements and their durability with 10+year of use means that your cost per year is quite small.

One of the biggest benefits to the screen houses, especially models like the Eureka Northern Breeze that have the build-in awnings and side covers, is that even in the most trying weather that they really only need to be pegged in properly. The aluminum poles flex, which allow them withstand very strong winds quite well. These shelters survived SOAR 2014 when pop-ups in the next site were severely damaged. Even through the worst rainstorms, these shelters have made the difference between a great or miserable experience.

The best piece of camping equipment is the one that you know and can trust. So before you select a shelter, talk to your fellow Guiders, and get recommendations that fit your budget. Once you've purchased them, take them out to practice with before you go out there as being prepared will make for a great camping experience with your girls, whatever the weather.



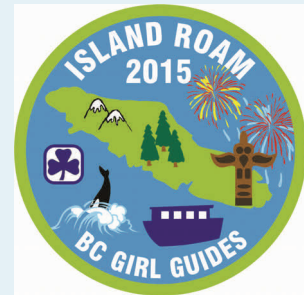
The Good (2)

## Island ROAM 2015

*Submitted by Debbie English - Lions Area*

R - Rivers - We visited the Quatse River and Salmon Hatchery in Port Hardy. While there we explored the river where salmon come to spawn. We had the opportunity to become "scientists" and dissect a salmon where we learn the various organs and its functions. Our plan was to hike into Little Qualicum Falls, however due to the lack of rain; the falls were just a trickle. But we had lunch in the park area and viewed the river from above. We walked over the Englishman River in Parksville by a suspension bridge. The watering holes in the river were filled with swimmers - we wanted to jump in too! The water looked so inviting.

O - Oceans - Our first day found us on the ocean front of Victoria. We visited the BC museum and enjoyed an IMAX 3D movie about Humpback Whales. Little did we know at the time that we would encounter the history of whaling on Vancouver Island - this was a big surprise to me as I did not realize how big industry whaling was in the early days. Our visit to the Port Alberni Maritime Museum showed us the history of the valley and the early days of whaling. The "horn" in the lighthouse was a hit - you really had to use your muscles to set it off. We encountered 5 Humpback Whales on our tour from Telegraph Cove, along with dolphins and eagle nests. Our ocean trip to Quatsino (via water taxi) gave us another glimpse of the beauty of our ocean around us. As well we were able to see a group of sea otters in their habitat. We took the ferry to Quadra Island for a tour of the Nuyumbalees Cultural Center. We met with local Guides and leaders from the Campbell River District at Miracle Beach for beach exploring, dinner and worked on a service project (we helped complete rag quilts for a local agency)



Continued on the next page....



## Island ROAM 2015 continued:



A - Adventures - we had many. We challenged ourselves to the heights of tree climbing, zip lining and obstacles high above the ground at Wild Play in Nanaimo. We played mini golf in Parksville and a few of us even had more than one "hole in ones". Exploring the giants of Macmillan Cathedral Park was another adventure. The beauty of these magnificent trees is indescribable. While at Coombs Market - we met the famous goats and picked up a few who "traveled" with us for the rest of the trip (some girls bought goat headbands and became a "goat pack"). We had the opportunity on Comox Lake to challenge ourselves to balance and stay up on paddle boards while playing games. We also enjoyed kayaking a part of the lake. Our tour at the Comox Air Force Museum was excellent. The retired military tour guide gave the girls a great overview of the history of the military from WW1 to present day. At the BC Forest Discovery Center we explored the ways the forestry industry has developed over the years. In Chemanius on our horse drawn carriage tour we learned how the community reinvented itself after the mill closed. A local artist decided to create murals to increase tourism. Chemanius is now famous for these murals which depict the history of the local area. We explored Fort Rodd Hill and tried our hands at manually moving the guns atop the lookouts. On our last night we enjoyed the fabulous fireworks show at Butchart Gardens

M - Mountains, Memories, and MMM -We stayed at the lodge on Mount Washington. Waking up to the mountain view was so beautiful and peaceful. Lucky for us also staying at the lodge were some researchers who were researching the marmots. They gave us an interesting impromptu presentation. On our chair lift ride the next morning we saw a marmot out sunning himself. Once on top of the mountain we hiked the "Top of the World" trail. We could see the valleys and also the ocean. What a view! MMM- what can I say food was great everywhere we went. We enjoyed experiencing High Tea at Milner Gardens where Queen Elizabeth, Prince Philip, Prince Charles and Princess Diana also have stayed. Walking the Nanaimo Bars Trail and trying various types of Nanaimo Bars in different ways - hot chocolate, ice cream, cupcakes, and my favorite truffles. Many memories were made over the 9 days together exploring Vancouver Island. But the most memorable one for me is how 12 girls who had never met instantly became friends. The team work and respect shown for each other and the leaders was truly commendable.

Overall this trip was a great experience and reminds me we don't have to travel far from our own backyard to enjoy a trip of a lifetime. Thank you BC Girl Guides for providing this opportunity to the girls and leaders.

# Nukko Lake Campsite

*Submitted by Lorraine Adams—Rivers North Area*

Nukko Lake Campsite is located 30 minutes Northwest of Prince George on Chief Lake Road. It was deeded to Hart District Girl Guides on April 3, 1959 as a gift from the Frank Allen family.

The year round camp has a cabin that sleeps 28. It has a large sundeck overlooking Nukko Lake with stairs to the lake. It also has a dining / activity area with tables & chairs, wood heat, electricity, & is equipped with a full kitchen, however guests are asked to bring their own water as there is none on-site.

The 6 tent sites are located in a treed setting. Also on site is a fully screened picnic shelter, a large campfire pit, benches, individual fire rings, dry firewood, flagpole, & outhouses.

Your Nukko Lake Campsite committee is:  
 Chairperson: Lorraine Adams- ld\_adams@telus.net 250-962-5759  
 Booking Agent: Jennifer Erickson- nukkocampsite@gmail.com 250-962-8085  
 Caretaker: Tanya Waghorn- t\_waghorn@hotmail.com 250-981-8945

More information, including the booking forms, can be found on the website at:  
<http://www.riversnorthareagirlguides.ca/Campsites.php>

## Game– Ports

*Submitted by West Coast Area*

### Materials:

6-10 leaders equipped with flashlights and Port Cards (name of port on one side, short Morse code pattern representing that port's name on the other side); 2-3 leaders (roamers) equipped with flashlights; each pair of girls will need a list of the ports and their corresponding codes, and a pencil.

### To Play:

The girls are the captains of ships trying to smuggle their goods into each of the different Ports. In order to do this, they need to explore the playing area in pairs, armed only with their list of available Ports and their Morse code patterns. They are on the lookout for each of the leaders who are playing the Ports. These leaders can be hidden anywhere within the playing area (think creatively - have some which are easy to find, but have others climb trees or snuggle under bushes). Each of the Ports will periodically flash their Port's Morse code pattern using their flashlight.

When a pair of girls thinks they've found a Port, they need to identify the Port by the pattern of flashes, and call out the Port's name. If they are correct, they can then approach the Port and have that leader sign off on their card. If they are incorrect, they must go off and try to find another Port before returning to the one they misidentified.

While all this is going on, the girls also need to be on the lookout for the 2-3 leaders who are wandering around at random with flashlights. These leaders are Pirates and will try to steal the girls' Port lists! If a Pirate manages to tag a pair of girls in their flashlight beam, the pair must hand over one of their identified Ports and codes to the Pirates. The Pirates may NOT approach a Port directly; they can only steal the coordinates from a pair of girls.

The game is over when either all the girls have found all the Ports, or all the Pirates have stolen a complete Port list from the girls. Some suggested Port names and codes (remember - in Morse code, a "dot" is a short flash, and a "dash" is a long flash):



Cabin



Macy Shelter

Aruba	dot dot dash dot
Bahamas	dash dot dot dash
Jamaica	dash dash dot dot dot
Cuba	dot dot dash dot dot dash
Puerto Rico	dash dot dash dash dot
Dominican Republic	dot dash dot dash dot dash