

SNOWFLAKE BALL

SPARK/BROWNIE EVENT RESOURCE
FROM THE BC PROGRAM COMMITTEE



CONTENTS

Welcome Letter	2
The Who, What, Where, When, Why and How of a Snowflake Ball.....	3
Snowflake Ball Schedule	4
Printable Nametags	5
Game and Activity Ideas.....	6
Princess, Princess, Frog	6
Snowy Relay Game	6
Snowball Relay Race.....	6
Snowball Fight	7
Snowball Toss	7
Snowball Catch.....	7
Snowman Bowling	8
Snowman Beanbag Toss.....	8
Pin the Nose on the Snowman	8
Build an Ice Palace	9
Romeo & Juliet Game.....	9
Guess Who/What Game	9
Ribbon Stick Dances.....	10
Mitten Mayhem / Snowflake Hunt	10
More Game Ideas	10
Craft Ideas.....	11
Wand Creation.....	11
Crown Creation.....	11
Masquerade Creation	11
Cookie Decorating	12
Sugar Crystal Snowflakes.....	12
Crystal Painting.....	13
Wagon wheel Shaped Pasta Snowflake	13
Wax Paper Snowflakes.....	13
More Craft Ideas	13
Song Ideas	14
I'm a Little Snowflake	14
Dance Like Snowflakes	14
You Shiver and You Quiver When it Snows.....	14
More Song Ideas	14
Minuet Dance	15
Story Ideas	16
Food Ideas	16
Program Connections.....	17

WELCOME LETTER

What is more magical than having a ballroom full of Sparks and Brownies all dressed up to the nines arriving for a wonderful Snowflake Ball? With the toolkit you can plan the ball and see all the sparkle and twinkle take place. Inside you will find activities, games, crafts, songs and food ideas to plan a Snowflake Ball for your district or area. In some areas there might be too much distance to travel to have this as an area event or there might be too many girls for one location. If this is the case, you could get together with a few districts to hold this event, or do it within your district.

The suggestions in the toolkit can always be modified or changed to meet the needs of the girls or the location. We are sure as you begin to plan you will have many more fantastic ideas to add to the toolkit so make sure to add them so other people can use them in the future.

If you have any questions or comments send them along to the Program Committee at bc-program@girlguides.ca

Have a magnificent time at the Ball and hope you enjoy the Snowflake Ball Toolkit!

When you have completed the activities, complete the [BC Challenge Crest, Pin, and Camp To Go Order Form](#) which can also be found on the [BC Girl Guides](#) website (click on Girl Engagement > Program > Program Challenges). Before filling out the Order form, please read the [BC Challenge Crest, Pin, and Camp To Go Information](#) document in order to understand the pricing and payment for the various crests, pins and merchandise.

BC Program Committee



THE WHO, WHAT, WHERE, WHEN, WHY AND HOW OF A SNOWFLAKE BALL

Who:

A ball for Sparks and Brownies in your District or Area.

What:

Crafts, games, dancing... and of course some fancy food! When the girls arrive get them to find their Guider. Gather everyone together and start with an opening, do a song with them, go over all the rules and then tell them the schedule for the day. Then move onto the round robin, do ½ hour stations with different activities, snowball fight with socks, relay race, princess story, snow castles with sugar cubes, decorate snowflake shaped cookies. After the round robin have a magician or clown come in and do a show for the girls.

When:

This event is best held on a weekend usually in a four-hour time frame. If you have more time you can make it a longer event. It is best to hold it between meal times so you are supplying the girls with a snack. The best time of year to hold the ball is in January or February when you might actually have snow outside!

Where:

You need a large hall that you can decorate and accommodate all Sparks and Brownies in your District or Area. Hang large snowflakes from the ceiling and hang them closer to the ground so the girls feel like this was especially set up for them. Put up white Christmas lights and dim the lights to make the room feel like a ballroom setting. Look at all halls, gyms and churches in your area and see what location will best meet your needs.

Why:

For Sparks and Brownies to get dressed up as princesses and to come together and have a fun day filled with sparkle and magic.

How:

Send out an SG.1 and SG.2 to all Spark and Brownie Units in the District or Area. Give them at least a month to get their forms returned. Guiders attend with their unit to meet ratio. The organizing committee runs the stations, prepares the food and oversees all activities.

SNOWFLAKE BALL SCHEDULE

Here is an example schedule you can use to help plan your ball.

12:00: Girls start to arrive. Have a gathering activity (make fancy nametags) for the girls while waiting for everyone to arrive. Another option for nametags is use a cute clipart picture of a snowflake or princess and put it on labels that you can print off to use for nametags (we have included a sheet of nametags you can print using the crest image). Get one Guider from each unit to check in and get a package that has the schedule of the day and what stations the unit will be going to during the round robin. When breaking each unit into groups you can give each group a princess name, fairy name or anything else that is theme related.

12:20: Opening (bathrooms, fire exits, first aiders, what to do if there is an emergency)

12:30 - 2:30: Round Robin, four stations that are a half-hour each. One of your stations should be the food station. Come up with creative names for the stations, not just “station 1”. One idea is to use different castle names for the stations (i.e. Versailles Castle, Buckingham Palace, Hampton Court and Edinburgh Castle). Have groups that are split evenly between the stations. In the toolkit you will find many different ideas to plan your other 3 stations. At each station you can usually do two different activities (i.e. Masquerade Creation and Princess Story). If more time allows, you could do more than 4 stations. When it is time to switch stations play some music, ring a bell or find someone that can play the flute.

2:30: Dancing! Make a CD with different songs so the girls can dance for a bit. Teach them the Minuet Dance.

3:00: Gather girls all together, hand out cake/cupcakes

3:30: Magician/Clown (look for someone who is local that can come in and do a show for the girls)

4:15: Closing

4:30: Girls go home and time to clean up

PRINTABLE NAMETAGS

GAME AND ACTIVITY IDEAS

Princess, Princess, Frog

1. All players sit a circle. One player is chosen to be "it".
2. The player on the outside of the circle ("it") walks around the circle tapping each person on the head while saying "princess, princess..."
3. At some point, "it" calls out "frog" when tapping one girl's head.
4. Just like in "Duck, duck, goose" both players must run around the circle to try and claim the empty spot.
5. Play continues as above.



Snowy Relay Game

Directions

1. Divide girls into teams (choose the size of teams depending on the space you have to work in).
2. Have the girls run a relay which may include:
 - blowing "snowflake" with a straw for a certain distance
 - sucking "snowflake" to a straw while they walk a certain distance
 - making "snow angels" (i.e. they have to "flap" 5 times on the floor)

Supplies

- ☐ straws (1 per girl)
- ☐ paper doll "snowflake" (1 per team)



Snowball Relay Race

Directions

1. Divide girls into teams.
2. Give the first girl on each team a Styrofoam ball (snowball) and a pencil.
3. On your mark they are to bend over, place the ball on the floor, and push the ball with the pencil across the room, around an obstacle, and back to next child on team.
4. First team to finish wins.

Supplies

- ☐ Styrofoam ball for each team
- ☐ pencil for each team



Snowball Fight

Directions

1. Mark a dividing line on the floor in the middle of the play space.
2. Divide the girls into 2 teams and have them face each other some distance apart, on either side of the line.
3. Count to 3 and everyone throws snowballs at each other, trying to get the snowballs to the other side of the line.
4. After a set amount of time (i.e. one minute) the team with the least snowballs on their side wins.

Supplies

- ☐ socks rolled into balls or crumpled paper
- ☐ something to mark a dividing line

Snowball Toss

Directions

1. Have the groups line up in relay-style with one bucket per team and a pile of cotton balls.
2. Have the teams line up (relay style) behind a designated line and the buckets out at a set distance. The goal of the game is for each person to try to throw a cotton ball into the bucket, taking turns.
3. Each person gets one try then goes to the back of the line until the first team to get 25 balls in the bucket wins!

Supplies

- ☐ a bucket for each team
- ☐ lots of cotton balls

Snowball Catch

Directions

1. Pair the girls up. Each pair will stand in front of each other about 2 m away.
2. One girl throws mini marshmallows ("snowballs") into the mouth of the other girl.
3. The pair that catches the most "snowballs" after one minute wins.

Supplies

- ☐ mini marshmallows



Snowman Bowling

Directions

1. Prepare for this activity by making snowman (or snow princess) bowling pins. You could use Styrofoam balls, tissue boxes or milk cartons covered in white paper, creamer bottles or decorated bowling pins – use your imagination!
2. Line the snowmen (or snow princesses!) up as you would for 5-pin bowling.
3. Use a rubber ball to try to knock as many down as possible.

Supplies

- ☐ 5 snowman (or snow princess) bowling pins
- ☐ rubber ball

Snowman Beanbag Toss

Directions

1. Prepare for this activity by creating a snowman (or snow princess) on a large piece of thick Bristol board. Cut out holes for his mouth and belly.
2. Have the girls toss beanbags into his/her mouth and belly.

Supplies

- ☐ Bristol board snowman (or snow princess)
- ☐ bean bags

Pin the Nose on the Snowman

This is a variation of Pin the Tail on the Donkey, which is a game from Mexico.

Directions

1. Attach the picture of the snowman to a wall at a height the girls can reach.
2. Give each girl a “nose” and label each with their name.
3. Stand the girls in line a few feet from the snowman picture.
4. Explain to the girls that their job is to pin the nose on the snowman but that this job will be tricky because they will be blindfolded.
5. Blindfold the first girl in the line, spin her around three times, and point her towards the snowman.
6. If you have a large group, you could divide the girls up and have multiple snowman pictures going at a time.

Supplies

- ☐ draw a large picture of a snowman, but leave off his nose
- ☐ make enough carrot noses so each girl has one
- ☐ blindfold
- ☐ tape
- ☐ pencil to label noses



Build an Ice Palace

Directions

1. Split the girls into groups
2. The girls work together to create a beautiful ice palace, fit for a princess
3. Once they are done, leaders should move the ice palaces to another location to dry.

Supplies

- ☐ a piece of cardboard (to build on)
- ☐ 1 boxes of sugar cubes per group
- ☐ royal icing

Romeo & Juliet Game

Directions

1. Girls choose partners
2. Divide the group into two lines, girls stand across from their partners
3. Explain the different positions:
 - **Romeo & Juliet:** one person gets down on one knee and the other person sits on the knee
 - **Palm Trees:** partners stand back to back and wave hands in the air
 - **Conjoined Twins:** partners stand back to back and interlock their arms
 - **Water Under the Bridge:** one partner is on the floor in an arched position, the other person goes under to be the water.
 - **Tango:** tango position (Dance position)
4. The object of the game is to be the last set of partners standing
5. To start the game they stand across from their partners and you call out a position. They race to the centre, get into the position and hold it, not allowed to move once they are in position.
6. (optional) The caller will now eliminate one partner set, eliminating the team which got into the position the slowest and/or depending on how long you want the station to be, you can also eliminate any teams that do not hold the position (laughs/falls/talks).

Guess Who/What Game

Directions

1. Each girl will be given a winter picture that will go around their neck (with string) and on their back so they can't see (or tape to their back).
2. They will have to „mingle“ with the other girls asking only “yes” or “no” questions until they can guess who/what they are. Then they can look at their card.

Supplies

- ☐ winter pictures (can be printed from the Internet) – one per girl
- ☐ tape or string

Ribbon Stick Dances

Directions

1. Divide into groups of 4-5 girls.
2. Have each girl make a ribbon dancing stick (flagging tape, duct taped to the top of a straw)
3. Give the groups 5 minutes to create a dance.
4. Have the girls perform their dances (2 minutes max per group)
5. Dance Criteria
 - Princess or snowflake or snow-girl themed
 - Must include everyone in the group
 - Not more than 2 minutes long
 - Can also include singing/acting

Supplies

- ☐ colourful straws
- ☐ flagging tape
- ☐ colourful duct tape
- ☐ music & music player



Mitten Mayhem / Snowflake Hunt

Directions

1. Before the game, hide one mitten from each pair throughout the play area. You could use real mittens, or you could use paper cut-out mittens, but you want to have every pair of mittens unique. Note that you could also do this with cut-out snowflakes, ensuring that each set of snowflakes is unique.
2. Give one mitten (or snowflake) to each player.
3. The players then try to locate their identical mitten (or snowflake).
4. The first player to correctly find his matching snowflake wins the game. Alternatively, have the game continue until every girl has found her matching mitten.
5. You can include some spare mismatched mittens (or unique snowflakes) hidden around to add to the fun.

Supplies

- ☐ a pair of mittens for each girl OR 2 identical paper snowflakes for each girl

More Game Ideas

Find many more game ideas online by searching for:

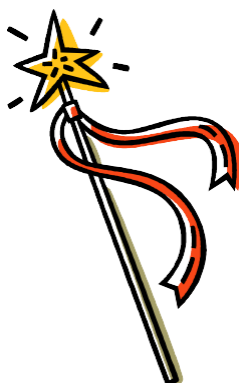
- Snow themed games
- Princess themed games

CRAFT IDEAS

Wand Creation

Directions

Lay out the materials and let the girls be creative with their wands!



Supplies

- ☐ long stick (chopstick, dowel, etc.)
- ☐ fun foam stars
- ☐ ribbon
- ☐ glitter pens
- ☐ markers
- ☐ jewel stickers

Crown Creation

Directions

1. Each girl gets a crown to decorate, write their name on the inside.
2. The crowns can be decorated with materials provided.
3. Once decorated, the crown will have to be stapled or taped closed to fit their heads.



Supplies

- ☐ paper or fun foam crown for each girl
- ☐ stickers
- ☐ glitter glue
- ☐ markers
- ☐ stapler or tape

Masquerade Creation

Directions

1. Each girl gets a blank mask to decorate.
2. Decorate using the materials provided.



Supplies

- ☐ paper mask
- ☐ decorations: stickers, glitter glue, ribbon, feather, sequins
- ☐ markers
- ☐ glue

Cookie Decorating

Directions

1. Purchase or make enough sugar cookies so there is one for every girl. Choose a cookie shape that goes with your theme, i.e. snowflake or snowperson.
2. Use icing, edible glitter, silver balls and sprinkles to decorate cookies.

Supplies

- ☐ sugar cookies
- ☐ icing
- ☐ decorations: edible glitter, silver balls, sprinkles

Sugar Crystal Snowflakes

One of the best things about winter is catching snowflakes on your tongue. Now imagine if you could make your own snowflakes, anytime of the year! With this simple experiment, you can!

Directions

1. Twist a pipe cleaner into the shape of a snowflake, add a small straight piece onto one corner.
2. Boil the water.
3. Add sugar to the water. Stir until it is all dissolved.
4. Keep adding sugar until it is super saturated. This means the sugar won't dissolve anymore and sits on the bottom.
5. Let cool and pour into a wide mouthed jar.
6. Loop the straight piece of pipe cleaner to a pencil.
7. Put the pencil on the rim of the glass, put the rest of the snowflake in the glass.
8. Put the glass in a safe spot.
9. Check daily

Supplies

- ☐ wide-mouthed jar
- ☐ ½ cup water
- ☐ LOTS of sugar
- ☐ pencil
- ☐ pipe cleaner
- ☐ access to a stove
- ☐ pot & large spoon

What will I see?

The sugar crystals will grow each day. After four days, they should be ready to eat or decorate with.

How will this happen?

The water will evaporate into the air and the sugar crystals will be absorbed into the pipe cleaner.



Crystal Painting

Directions

1. Prepare an Epsom salt solution using equal parts of hot water (preferably boiling) and salt. It must be used while hot (but it can cool a bit before letting the girls start painting).
2. Paint the solution onto black paper. Do not disturb the crystals as they form!
3. When the paper is wet it just looks like water on the paper... as it dries you will see the magical snowflakes form!

Supplies

- ☐ Epsom salts
- ☐ hot water
- ☐ bowls
- ☐ black paper
- ☐ paintbrush



Wagon wheel Shaped Pasta Snowflake

Directions

1. Cut a large round circle of wax paper.
2. Pour a puddle of glue on the wax paper.
3. Lay the pasta in the glue to form a snowflake. Make sure their snowflake has 6 points.
4. Sprinkle with silver or white glitter on it when it is done and let dry.
5. Hang from ceilings with fishing line, string or wire

Supplies

- ☐ wax paper
- ☐ glue
- ☐ wagon wheel shaped pasta
- ☐ scissors
- ☐ white glue
- ☐ silver or white glitter
- ☐ fishing line

Wax Paper Snowflakes

Directions

1. Take a piece of wax paper and draw a snowflake pattern on it with tacky glue.
2. Sprinkle with glitter and allow to dry, then shake off the excess glitter.
3. Cover with another sheet over the top and iron closed.
4. Cut out the shape of the snowflake leaving a 1 inch edge and hang.



Supplies

- ☐ wax paper
- ☐ tacky glue
- ☐ glitter
- ☐ scissors
- ☐ iron & ironing board

More Craft Ideas

Find many more craft ideas online by searching for:

- Snowflake crafts
- Snowman crafts
- Princess crafts

SONG IDEAS

I'm a Little Snowflake

Tune: I'm a Little Teapot

Version 1:

I'm a little snowflake, fat and round
Falling softly to the ground.
When enough of me falls hear me shout,
"Here's a snowball, better watch out!"
(pretend to throw a snowball)

Version 2:

I'm a little snowflake, Look at me.
No other snowflake is just like me.
I am so unique, as you can see.
And just as special as I can be!



Version 3:

I'm a little snowflake, you can see,
No other snowflake looks like me!
Please pick me up when I fall,
And roll me all up to make a snowball!

Dance Like Snowflakes

Tune: Are you Sleeping

Dance like snowflakes (Dance like snowflakes)
In the air (In the air)
Whirling, Twirling snowflakes (Whirling, Twirling snowflakes)
Here and there (Here and there)

You Shiver and You Quiver When it Snows

Tune: If You're Happy & You Know It

Oh, you shiver and you quiver when it snows.
Oh, you shiver and you quiver when it snows.
Your hands feel just like ice,
So you rub them once or twice.
YES, you shiver and you quiver when it snows.
BRRRRRRRRRRRRRR!!!



More Song Ideas

Penguin Song

Suzy Snowflake

Forty Years on an Iceberg

Find more winter-themed songs online by searching for *kids winter songs*

MINUET DANCE

Credit: Ming Berka

1	2	3	4	5	6
1	2	3	4	5	6

Formation

Each group has 4 or 6 pairs facing each other. Partners are across each other (120 cm apart), and neighbours are beside each other (2 arm-lengths apart). Get the girls to face their neighbours, so they will know who their neighbours are. (Ones = Head Couple, 2's = Next Couple)

The Minuet Steps

Partners stand facing in the same direction with hands up to shoulder height and holding hands.

One set of minuet steps = slow-slow, quick-quick-quick-quick: (Proper footing = Right foot, left close; left, right, left, close.) Do 2 sets, turn about face and do 2 more sets.

The Minuet Dance

1. Take a step in and curtsy to your partner. Step back, and curtsy to your neighbour.
2. Step in. Right arm up and partners' fingers touching. Walk clockwise = And Step -2-3-4. Switch hands; walk 4 steps in the other direction = And step 2-3-4. Return to your spot.
3. Head Couple side by side. (Do 2 sets of minuet steps, turn around, and do 2 more sets.) Slow, slow, 1-2-3-4; Slow, slow, 1-2-3-4. Turn around. Slow, slow, 1-2-3-4; Slow, slow, 1-2-3-4.
4. Next Couple side by side. Slow, slow, 1-2-3-4; Slow, slow, 1-2-3-4. Turn around. Slow, slow, 1-2-3-4; Slow, slow, 1-2-3-4.
5. Head Couple - Peel off. Each girl leads her row on the outside. When they reach the bottom, the Head Couple form an arch, and the Next Couple go under and form an arch right there. The rest of the girls go under the double arches, and the 3rd Couple lead everyone to the beginning of the masking tape and become the Head Couple.
6. Get the girls to check that they're still 2 arm-lengths apart, and behind the masking tape. Repeat the dance from #1 until everyone has had a chance to do the minuet steps down the middle. At the end, finish the dance with a curtsy to your partner.

Notes to adults

- Once the girls have learned the dance, an adult can just call out the underlined words.
- When the girls are side by side, they should do the minuet steps about 40 cm apart because a long time ago, women's dresses used to be very wide.
- Proper footing for the minuet is given, but it's more important to get the speed correct (slow, slow, 1,2,3,4).
- The reason 2 couples form arches is so that girls will have the same neighbours and therefore will know which direction they need to turn when they curtsy to their neighbour.
- When doing the minuet steps, try to get the girls not to bounce (especially on the fast steps). Put the foot out, then follow with the body.

Supplies

- ☐ any minuet music for example: <http://youtu.be/4yurw5Cf4HY>
- ☐ optional: 2 rows of masking tape on the floor, 120 cm apart, 8 m long

STORY IDEAS

The 12 Dancing Princesses by the Brothers Grimm

Princess and The Pea by Hans Christian Anderson

The Paper Bag Princess by Robert Munsch

The Princess Knight by Cornelia Funk

Do Princesses Wear Hiking Boots? by Carmela Coyle

Princesses are not Quitters by Kate Lum

Lottie's Princess Dress by Doris Dorrie

Don't Kiss the Frog: Princess Stories with Attitude by Fiona Waters and Ella Burfoot

Princess Smartypants by Babette Cole

The Gypsy Princess by Phoebe Gilman

The Balloon Tree by Phoebe Gilman

Princesses Are People Too by Susie Morgenstern

Princess Peepers by Pam Calvert

Stella Princess Of The Sky by Marie-Louise Gay

Ballerina Bear by Shana Corey

Crystal The Snow Fairy by Daisy Meadows



FOOD IDEAS

Fancy mini sandwiches

Mini quiches

Spanakopita

Veggies and dip

Fruit platter

Scones

Crackers and cheese and sausage

Punch in plastic wine glasses

Find many more ideas online by searching for *princess party food*



PROGRAM CONNECTIONS

The Girls First program is girl-driven and designed to be highly flexible and agile. We encourage you to visit the [Digital Platform](#) to best determine how this challenge fits into the Program Areas and Themes.

You may want to start exploring the following Program Areas:

- Be Well
- Experiment and Create
- Explore Identities

This is not a comprehensive list, and remember that you can apply your activities to the Girls First program as you see fit.