

Fun

Flexible

Special Needs

Resources

Healthy Lifestyles

Rangers

BC PROGRAM COMMITTEE

Self Creative Esteem

Lones

Program

STEM (

Environment

2

6

FunFinder

March 2015

Using Themes in Programming - Issue 2

Themes are a fun way to cover program. You can take any theme and adapt activities to meet the theme. As a bonus, these activities cover parts of your program! Program Connections can be found on page 13.

In 2011/2012, the BC **Program Committee** produced four

Celebrations issues of the FunFinder, with themed activities tied to specific dates on the calendar. (You can find those issues on the BC Girl Guides website.)

In the last issue we featured Guides In Wonderland and Myth Quest themes.

In this issue we bring you two more themes -Owls and Harry Potter - that can be used for a meeting (or series of meetings), evening or day event, or a full weekend camp. Watch for our final theme issue where you will find two more themes that you

can use.

Inside this issue:

Owls

Harry Potter

13 Program Committee

Watch for even more Themes in **Programming coming** in our next issue of FunFinder!



The BC Program Committee is a busy and rewarding committee to be a part of. We create challenges, produce the FunFinder, provide trainings for Guiders and host Girl Events. We work as a team for many of our activities, but also have individual responsibilities based on our positions.

We are currently looking to fill one more position on our team with a dedicated Guider who is passionate about the program. Check out page 13 for more details!









NEW BC PROGRAM CHALLENGES!

There are two new BC Program Challenges for units to explore!

The Passport to the Arts challenge is meant to help units explore the world through dance. music, crafts and drama. Look forward to feeling the excitement and wonder of discovering other countries through the arts!

Colour Me Healthy is an exciting new healthy lifestyles challenge which is unique in design. There are different crests for each level of Guiding! In addition, activities are different for each level so girls can complete this challenge in every level of Guiding and it will feel brand new!



BC Provincial Challenges Website

Owls

Owl Special Feathers

Owl feathers are adapted so that they can fly silently at night and catch their prey by sneaking right up to them. The secret is in the shape of the feathers. Owl wing feathers are fringed on the edges, like a comb, which reduces the sound caused by turbulence as they fly. If you are able to, use a real feather to demonstrate this adaptation. If not, you can make your own feather props out of construction paper.

Supplies

- scissors
- real owl and goose feathers (optional)
- construction paper

Directions

 If you have the real feathers from an owl and another bird (such as a goose), demonstrate the sound they make by waving them quickly through the air. Have girls close

- their eyes as they listen so they can concentrate on the sounds. You should notice that the owl feather makes no sound at all, while the other feather makes a whooshing sound as it goes back and forth.
- 2. Have girls create two feathers. Have girls cut their construction paper into two feather shapes. You could provide a tracer or precut the paper for younger girls.
- Designate one feather to be an owl feather and cut tiny slits about one centimeter long and fairly close together. This will create a fringe on one edge. When you flap this "feather" you shouldn't hear a sound.
- 4. The other feather is designated as a goose feather. This one will have longer cuts in it. Have girls flap this feather as well. You will hear the feather moving.

8 8

Silent Predator

This game demonstrates how owls need to fly silently in order to sneak up on their prey.

Supplies

- chair
- blindfold
- small stuffed mouse, rabbit, or something similar to represent the owl's prey

Directions

- 1. Choose one girl to be the "prey protector". This girl sits on the chair, blindfolded. Place the stuffed animal under the chair. If you want to make it trickier, attach a small bell or something that jingles.
- Tap one girl at a time to be an owl and sneak up to the chair to grab the prey.
- If the prey protector hears any sound, she will point in the direction the sound came from. If she points at the owl, the owl must go back to the circle. The prey protector gets three chances to point out the sound.
- 4. If the owl can successfully catch the prey and get back to her place in the circle, she switches spots with the prey protector and a new round begins.





Nocturnal Owl Tag

Owls are active at night and sleep during the day. Owls have extremely good eyesight and hearing. This game demonstrates how owls hunt at night.

Supplies

- 1 glow stick bracelet for each girl (one colour for the "prey" and a different colour for the "owls")
- large playing space indoors where you can turn off the lights
- hula hoop or marker to represent the owls' nest

- Choose two girls to be owls. Give them the owl-coloured bracelets to wear. Lay the hula hoop at one end of the playing space - this is the owls' nest where they must stay during daytime.
- 2. The rest of the girls are prey (mice, small birds, moles, rabbits, etc.).

- Give each one of them the preycoloured bracelets. Mark off a safety zone, opposite the owls' nest, for the prey to retreat to during the nighttime.
- 3. Explain that during the day (when the lights are on) the prey can wander freely around the forest (play space). During the daytime the two owls are in their nest (hula hoop), resting.
- 4. When the leader calls out "nighttime" and/or turns out the lights, the owls awake and fly around the playing area trying to catch their prey. Their excellent eyesight will help them find the prey wearing the glow sticks.
- The prey must try and get back to the safe zone. If an owl is getting close, the prey can crouch down and freeze to get away from the owl.
- 6. If any of the prey are caught, they sit out for one round (one day and night period) and rejoin after that.

Owl Snack

Use a variety of foods to build an owl face. Be creative and let the girls design their own owls with the materials provided. The following is only a suggestion. Use the foods that will work best for your unit. As always, be aware of food allergies when preparing this snack.

Supplies

- English muffin (½ per girl)
- peanut butter or cream cheese
- 2 slices of banana
- 2 raisins
- 6 Cheerios
- a piece of cheese cut into a triangle

Directions

- 1. Spread the peanut butter or cream cheese on the English muffin.
- 2. Use the banana and raisins to make the owl's large eyes.
- 3. Place the cheese triangle below the eyes for a beak.
- 4. Use the cheerios to make a brow ridge above the eyes.
- 5. Enjoy your snack!

Felt Owl

Supplies

- felt cut into a large circle (about the size of a metal frozen juice lid)
- smaller circles cut from felt for eyes
- googly eyes
- triangles cut from felt for beak
- string or ribbon
- glue (hot glue works best)
- feathers

Directions

- Fold the sides of the large circle towards middle to create wings and glue in place. Fold the top of the circle down to form the top of owl's head and glue in place.
- 2. Glue on eyes and beak.
- Glue string or ribbon on back so you can attach to a camp hat or use as an ornament.
- 4. Add feathers to the owl, if you like.

Go on an Owl Prowl Pinecone Owl

Visit a local park or Girl Guide camp in the evening to see if you can spot or hear any owls. A good clue that owls are in an area is "white wash" on the tree trunks. This is the owl's feces and looks like dripping white paint. If you see this on a tree trunk look on the ground surrounding the tree for owl pellets. Owl pellets are the remains of what the owl eats.

When an owl eats its prey it eats it whole. The owl cannot digest the fur or bones of its prey, so after it has eaten, it throws up those bits in an owl pellet made of fur and bones. Owl pellets are about the size of pinecones. If you find one, wear latex gloves and use tweezers to carefully pull apart the pellet to discover what the owl ate. Always wash your hands thoroughly after handling bones and fur.

If available in your area, talk to a naturalist, biologist or bird watcher to find out where the best places are to find owls in your community.

There are many apps available for Android and iPhones that allow you to hear different bird calls. Try listening to the owl calls from owls in your area either on your computer or smart phone with the girls before going out on your owl prowl.

Check out http://
http://
http://
http://
www.theowlfoundation.ca/
species.htm
for owl calls. This way girls will have an idea of what they are listening for.



Photos on this page by Carla MacRae

Pinecone Owl Craft

Supplies

- pine cone for each girl
- googly eyes
- yellow felt or cardstock cut into small triangles
- brown felt or cardstock cut into wing shape
- hot glue or tacky glue

Directions

- 1. Glue eyes onto pine cone.
- 2. Glue beak below eyes.
- 3. Tuck edge of wing in between cone spaces and glue into place.



Toilet Paper Roll Owls

Supplies

- one toilet paper roll per girl
- markers, paint, or coloured paper & scissors
- glue
- googly eyes

- 1. Fold tops of toilet paper rolls down so they form the owl's head.
- 2. Decorate the owl's body using paint, markers or coloured paper.
- 3. Girls can include wings and feather details using these art supplies.
- 4. Draw on eyes or glue googly eyes in place.

Owls of BC

Find and circle the owl words from the list below!

V L Ζ Κ Ν Α Ζ G Ζ W S Μ S Ε Ρ С Ε Ν Τ Τ Ρ Ν С Ρ Τ Κ R Ε F Ζ J Τ Ε С 0 M 0 Ζ Κ F U R U В ٧ Υ Μ Χ F Τ Ρ V Κ G Ν С G Ν Ρ D Τ Ν 0 Τ 0 ٧ J Τ Χ Μ Ζ Υ G Υ Ε С Χ R Ε Ρ Н Ε ٧ Χ R M В U L Υ Υ Ν ٧ G G G F 0 Η R Τ 0 S D Q S Υ S J ٧ Ν Ρ В Κ W 0 U Ζ Ρ Η В R Ζ R K ٧ Ν Τ Μ F M L Т В R В F R G V G S W D J Ρ F S Ε R Ε D W J J J R Ρ G Ρ Α R R F S Ρ В 0 G Χ L Ν Α K J В Ε R M M Υ S В ٧ Υ Υ W Ζ Ε Ν V 0 Ρ Q Α Α L Κ Ν F Ν Т G G С U Ε Q 0 Ζ Υ Α Т S Т Ζ R Т С L Κ Ε J Α С Ζ W S R С R R Τ Т Т Q Ε Ζ Υ Q K M W I ٧ Ν Н Q W 0 Υ M Κ 0 Τ В Υ С Ν 0 Ν G G D Ε Η U Α F Ε 0 U Q Τ 0 Ζ Ε D Ε U В Κ Ζ В Ν Q В ı R L J Q 0 Ζ Μ R Υ Α M S Τ Ζ S R R S С G Q G Η T W В Α R Ε D U G R U Q Ε Τ Ε 0 В Κ Q Ν Ο Ε Н Υ D L Q U Ν Α Τ Χ L Η Ν K Q 0 Ρ С Ζ K Q Α U Μ W Τ В S 0 Ε Ζ ٧ Ζ Н Ε Χ R Ν Υ W Τ J Ε Ρ Μ 1 S 0 С U Η D D Η В F D R Ε В J Ε Τ Χ W Α В R Ζ R V Ε S Ζ Τ I Χ G D В 0 R Ε Н Α Ε Υ С Υ G L Κ S Α Α J Η В Α Ζ В W ٧ Ν Μ Ν Ε Ν Η Q D В G G K Τ Ζ D С Т S Μ Н Т Υ Υ Ζ 0 Q Κ Т Ζ F Н Ζ Η D R J Χ Α Κ Ν S G M

BARN
BARRED
BOREAL
BURROWING
FEATHERS
GREAT GREY

GREAT HORNED HOOT NOCTURNAL PELLETS PREDATOR SAWWHET

SCREECH SILENT SNOWY SPOTTED TALONS



Fun Facts About Owls

- A group of owls is called a parliament.
- Most owls are nocturnal, which means they are active at night.
- Owls can turn their heads around about 270 degrees. They can do this because they have 14 vertebrae in their neck compared to seven vertebrae in human necks.
- Owls are virtually silent when they fly, unlike other birds of prey.
- There are over two hundred owl species around the world.
- Owls are farsighted, which means they can't see things up close easily but they can spot a small animal from far away.
- Owl eyes are forward facing and cannot move side to side like ours, that is why they must turn their head to look at something beside them.
- Owls have three eyelids on each eye! One for sleeping, one for blinking, and one for keeping their eyes clean.
- Owl ears are tiny slits on either side of their head. They have amazing hearing and can hear prey from a distance. They can also open and close their ears.
- Owls lay their eggs one to three days apart, so that the eggs hatch at different times.

Sewn Stuffed Owl

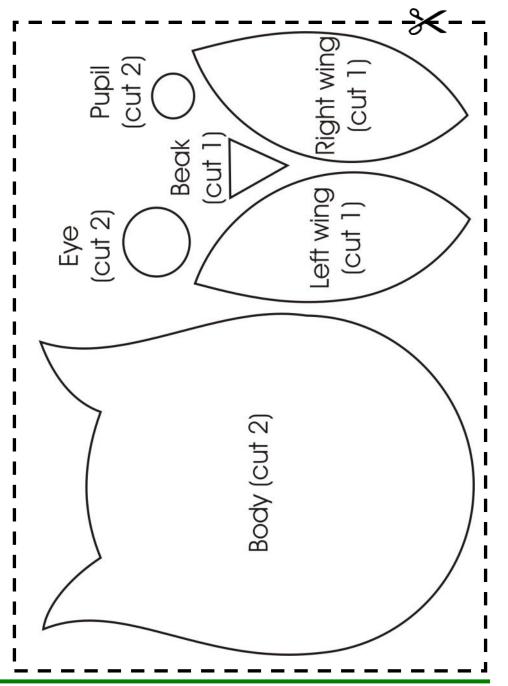
Supplies

- felt of various colours
- marker
- scissors
- needle & thread
- ribbon or string
- owl body template
- stuffing

Directions

1. Trace owl templates below onto felt and cut out shapes. You will

- need two wings, two body pieces, two large circles for eyes, two smaller circles for eyes, and one beak.
- 2. Sew eyes, beak and wings to one body piece.
- 3. Sew both body pieces together leaving a space to add stuffing.
- 4. After adding stuffing, sew closed the space and tie off the thread.
- 5. Attach a piece of ribbon or string to the back if you would like the owl to hang on a camp hat or as an ornament.



HARRY POTTER

The Wizarding World of Harry Potter has taken the Muggle world by storm! Girls in Guides, Pathfinders or Rangers might enjoy a themed event filled with magic.

9³/₄ Hogwarts Express

DECORATIONS

Platform 9 3/4

Platform 9 ¾ is the portal Harry Potter and his wizarding friends use to access the train they take to school. Decorate the entrance to your event using a train station theme to include this important part of the story.

Some ideas to get you going:

- Print a 9 ¾ sign on white paper. Cut the paper into a circle and place inside a black circle to mark the platform or design on similar to that above.
- Create a brick wall using an old sheet, a sponge, and red paint or by drawing bricks onto red cardstock sheets with a sharpie.
- Create train tracks using paper or thin planks of wood if you have them available.
- Decorate large cardboard boxes to look like trunks that students might be carrying to school.



Hogwarts Houses

There are four houses at Hogwarts, each with its own colours that you can use to decorate your space. If you have a big space to decorate, use each of the four colour schemes to decorate a section of the area. Use streamers, posters, and signs to promote each house. Girls who are sorted into specific houses can work together to decorate by creating banners.

 Gryffindor Colours: Red & Gold Animal: Lion

• Hufflepuff

Colours: Yellow & Black Animal: Badger

Slytherin

Colours: Green & Silver Animal: Serpent

Ravenclaw

Colours: Blue & Bronze

Animal: Eagle

Great Hall

If you will be eating at all during your Harry Potter event, try recreating the Great Hall for meal times! Here are some ideas:

- Line up 4 long tables parallel to each other and decorate them using the house colours.
- If a ceiling is available, hang battery powered tea lights from the ceiling or use icicle Christmas lights. If there is no ceiling, try stringing lights or lanterns from trees or posts to create a similar effect.
- Place a podium at the head of the tables for the Hogwarts Head master to use when speaking.
- Have the girls decorate their own goblets made from plastic wine glasses. They can use sticky jewels, permanent markers, etc.
 Make sure they dry thoroughly before using them.
- Add Harry Potter music tracks and British Food, and you've set the theme!

Hermione's Book Exchange

Hermione, the leading female character in Harry Potter, loves to read and learn. A book exchange is a great idea at any Guiding level and doing a book exchange is a way to contribute to the Girl Guides of Canada National Service Project: **Words in Action.**

Have each girl bring two or three books she is willing to exchange. The books can be laid

around on tables so the girls can look around and trade books. Any leftover books after the trading period is done can be donated to schools or a community book drive.

Make sure you track your contribution to the National Service Project here: https://nsp.girlguides.ca/



Photo Booth: Have you Seen this Witch?

In the Harry Potter books and films, there are several wizards and witches who are wanted by the Ministry of Magic (note: girls are "witches", boys are "wizards"). To help locate them, wanted posters are found all around the wizarding world. Create posters as a chance to capture a photo of each girl attending the event.

Supplies

- large piece of cardboard painted white or grey OR white poster board
- black markers or black paint
- a variety of small wizard/witch props, e.g. hats, skulls, potions, glasses, brooms, wands, plastic rats and snakes, etc.

Directions

- 1. Cut a hole in the cardboard large enough to see a wizard's head and shoulders through.
- Above the hole write "HAVE YOU SEEN THIS WITCH?" in paint or felt pen. Underneath the hole, write "Azkaban Prison". Be sure to include a prisoner serial number – XY396 is the number for the infamous Sirius Black.
- If the poster is small enough, the girls can hold it in front of their faces for photos, otherwise, consider propping it on a chair where they can stand behind it.
- 4. Have each girl pose behind the poster with prop(s) of choice and make her scariest evil witch face!

HAVE YOU SEEN THIS WITCH? O O AZKABAN PRISON XY396

GAMES AND ACTIVITIES

Harry Potter Glasses & Lightning Scars

Supplies

- black pipe cleaners
- face paint

Directions

- Use black pipe cleaners to shape two circles – one pipe cleaner cut in half should work for these.
- Use a small piece of pipe cleaner, about two inches, to form the bridge that connects the two circles
- 3. Cut another pipe cleaner in half to create the two pieces to go over your ears and attach one to the outside of each circle to create simple Harry Potter Glasses.
- Use face paint to draw a lightning scar on each person's forehead – now you have a unit full of Harry Potters!

Sorting Ceremony

All students attending Hogwarts school of Witchcraft and Wizardry go through a sorting ceremony. At a Guiding event, sorting girls into "houses" is a great way to organize girls into groups for activities or games!

Supplies

- · witch or wizard's hat
- chair
- ribbon or laminated house crest for each house (enough for every girl in the house) or material to make friendship bracelets.
- baby monitor or walkie-talkie (optional)

Directions

1. Have each girl sit on the sorting chair in turn.

- 2. Place the hat on her head and have someone announce the house she's in. If you would like to add some extra mysteriousness, hide a walkie-talkie or baby monitor just behind or under the chair. Hide a Guider somewhere out of the way with the other half of the device to simulate the Sorting Hat doing the speaking.
- 3. Once the house has been chosen, give the girl a laminated house crest or ribbon or have them make a friendship bracelet in their house colours. If the girls don't want to keep the bracelets, they can donate them to the Sangam Friendship bracelet project after the event.

http://www.sangamworldcentre.org/en/friends/friendshipproject. They can do this when they are in their appropriate banquet table or house area.

THERE ARE LOTS OF OWLS IN THE HARRY POTTER UNIVERSE.
CONSIDER INCORPORATING AN OWL ACTIVITY INTO YOUR HARRY POTTER THEME!



Quidditch

Quidditch is gaining popularity in the Muggle world. Directions for how to play "officially" can be found online (look for college rules) – but they are a tad complicated for younger girls. Try this simplified version.

Supplies

- one broom per girl (from home)
- large dodge ball (quaffle)
- two small foam balls (bludgers)
- one small bouncy ball in gold or yellow (snitch)
- six hula hoops
- · chairs or posts
- means of attaching hoops to chairs or posts (duct tape or clamps)

Directions

- Attach hula hoops to chairs or posts so they are suspended in the air. Place 3 at each end of the playing area. Alternatively, you can use string and hang the hoops from the ceiling or a soccer net, if available.
- 2. Split into two teams.
- 3. Each player has a broom that must be kept between their legs.
- 4. The idea is to get the quaffle into the hoops by passing it from person to person. No one can take more than three steps while holding the quaffle.
- 5. Bludgers can be picked up by

- anyone and thrown at an opposing player. If a player gets hit, she must stay still for 4 seconds and drop the auaffle immediately, if it is in her hand.
- 6. The snitch is released (by a Guider) when the game is ready to end the Guider should bounce the yellow bouncy ball very high. Everyone should keep an eye out at all times for the snitch to end the game.
- 7. It is possible to keep score, but once the chaos starts, it shouldn't matter too much who wins. Just that everyone is having fun!

Divinations Class

Supplies

- black construction paper cut into circles
- hole punch
- elastic bands
- paper-towel rolls

Directions

- Choose the constellations you would like to use by searching online and printing a pattern small enough to fit inside the paper towel roll
 - https://www.google.ca/search?q=constellation+tubes.
- Glue the pattern onto a square of construction paper that is at least big enough to fit four circles the

size of the roll.

- Punch holes where the stars in the constellation are, through both the printed paper and the construction paper.
- 4. Placing the constellation over the paper-towel roll, fold down the outside edges of the construction paper over the tube, then secure in place with an elastic band.
- 5. Peer through the tube to see your constellation through a telescope
- Tell a story or two about the constellations the girls have created – and how they came to be known:

https://www.google.ca/#q=constell ation+stories

Edible Snitch

Supplies

- Ferrero Rocher chocolates
- white craft feathers
- hot glue

Directions

- Remove the brown wrapper from the bottom of the chocolate – be sure to leave the gold wrapper intact.
- 2. Add a drop of glue to one side of the chocolate.
- Attach feather tip to the glue and hold it steady until the drop dries
- 4. Repeat on opposite side of the chocolate.



Transfiguration Dilemma

This game is similar to the popular Headbandz game. It is a very popular game for Pathfinders and Rangers particularly. You can download an app onto your phone and build your own game, e.g. **Heads Up!** As transformation is changing from one thing into another, the list below is what things were transformed into.

Supplies

 phone with appropriate app & words loaded

Optional Supplies

- flip cards on the next page (put together with split rings so that they will flip easily)
- timer

- 1. Designate one player to guess the clues. The rest will give them.
- If using a phone, play is simple.
 Press start place on forehead give clues that do not contain the
- word and when the person guesses what it is, flip the phone down – for a pass, flip the phone up. The game has its own timer.
- 3. If using the flip cards, the timer is set for 1 minute as the cards are placed on the forehead. At each correct guess, the card is flipped backwards. You'll need extra cards because it will be harder to go back to passes. You'll also require someone to keep track of the correct guesses.

Ferret	Pig	Dragon
Stone	Goblet	Sand
Rabbit	Needles	Monkey
Fish	Dog	Quills
Tea cozy	Daggers	Rat
Steel	Tentacle	Armchair
Owl	Wand	Stars
Pumpkin	Caldron	Scar

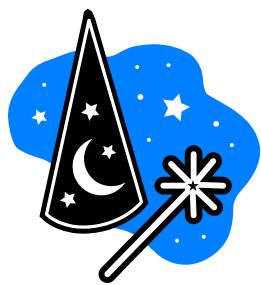
Create a Wand

Supplies

- wooden dowels (~1/2" thick)
- hot glue-gun and lots of glue sticks
- modge Podge
- glitter
- paint
- cardboard drink travs

Directions

- 1. Turn the drink trays upside down and cut holes in the center of each cup hole, just large enough to hold the dowels upright.
- 2. Use the hot glue to create a unique 3-D design on the wand, leaving the bottom as a handle. Work slowly and rotate the wand for the glue to dry. You may need to take time to let the glue dry a little between layering.
- 3. For a sparkly wand, coat the design in Modge Podge and then cover with glitter - this can get messy so be prepared so have your surfaces covered. Once coated, stand in the drink tray to allow the wand to dry thoroughly.
- 4. As an alternative to glitter, use basic craft paint to decorate the wand. If you would prefer not to use hot glue, younger girls can use tacky glue and string wound around their wand to create texture. After it dries, they can use paint or markers to decorate their wand.
- 5. Once the wands have dried, practice doing spells as a group.



Potions

Some Guiders may know this as "elephant toothpaste" but at a Harry Potter event, any science experiment can be turned into a potions class.

Supplies

- 591 ml plastic water bottle
- a deep tray or pan
- ½ cup 20-volume hydrogen peroxide liquid (available from a beauty supply store)
- 1 tbsp of dry yeast
- 3 tbsp warm water
- liquid dishwashing soap
- food colour
- cup
- safety glasses (aka Potions spectacles)
- funnels



Directions

- 1. Don "Potions Spectacles."
- 2. Carefully pour the hydrogen peroxide into the bottle using a funnel – this needs to be done very carefully, and with younger girls, should be a Guider's job.
- 3. Add 6 drops of food colouring into the bottle and place the bottle in the middle of the pan. This will help contain anything that comes out of the bottle.
- 4. Add 1tbsp of dish soap to the bottle and swish the bottle to mix it.
- 5. In a separate cup, combine the warm water and the yeast together – mix for 30 seconds
- 6. Use a fresh (or cleaned) funnel to pour the yeast/water into the bottle and watch your potion explode.

Please note: this experiment can get a little messy, and this potion is definitely not for consumption!

Butter Beer

Supplies (yields 4 servings / 8 kidsized servings)

- 1 cup heavy whipping cream
- 4 tbsp powdered sugar
- 1.5 litres of cream soda (preferably not the pink kind)
- 3 tsp vanilla butter nut flavoring
- transparent cups are recommended
- straws
- · electric Mixer

Directions

- 1. Beat the heavy whipping cream and powdered sugar together until thickened slightly
- 2. Stir vanilla butter nut flavoring into cream soda
- 3. Pour cream soda mixture into cups and top with whipping cream mixture
- 4. Top with a straw and enjoy!

Harry Potter Ties

Supplies

- tie template (next page)
- markers
- hole punch
- · safety pin
- scissors

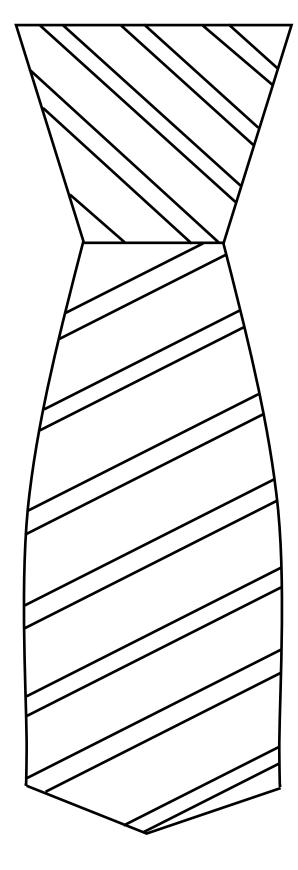
Directions

- 1. Print out one tie template for each
- 2. Provide markers for girls to colour

in their ties. They may choose to colour them in their house colours, or in any magical combination they choose!

- 3. Cut the ties out and hole punch at the top
- 4. Use safety pin to pin tie to shirt/jacket.

Note- for older girls you could consider making fabric ties and decorating them with fabric paints or pens in house colours.



• Gryffindor

Colours: Red & Gold

Animal: Lion
• Hufflepuff

Colours: Yellow & Black

Animal: Badger

• Slytherin

Colours: Green & Silver

Animal: Serpent

• Ravenclaw

Colours: Blue & Bronze

Animal: Eagle

Magic Seed Bombs

Magically fill up those unsightly vacant spaces with flowers. This bomb will magically turn itself into flowers in no time at all.

Supplies

- clay that is local to your area or, if unavailable, Crayola air dry clay.
 This helps protect the seeds from insects, birds, etc. so that they have time to grow
- water
- seeds that are native to your area.
- · compost soil
- large flat surface

Directions

- 1. Mix 2 ½ cups clay, ½ cup compost soil and ½ cup seeds.
- Add enough water to make the mixture pliable, kneading thoroughly to distribute the compost and seeds evenly throughout the clay.
- Form the mixture into small balls about the size of a golf ball.
- 4. Let dry in the sun or in a warm area
- When they are totally dried, you have your seed bomb. Just toss it into an area where you would like to see a garden magically appear.

Polyjuice Potion

Polyjuice allows the person drinking it to temporarily turn into another person. You can make Polyjuice out of any combination of juices and pops and can find the recipes on the internet, but this one is particularly easy and fun to watch.

Supplies

- 1 litre lime sherbet
- 2 litre ginger ale

Directions

Leave the sherbet to sit at room temperature until it is melted. Pour it into a punch bowl. Add the ginger ale to the middle. It will foam up into a potion-like punch.

Magic Herbal Tea Potion

Supplies

- assortment of dried herbs such as rosemary, basil, lavender, lemongrass, peppermint, etc.
- a tea infuser
- tea leaves (black, white or green)
- spices: cinnamon, dried orange or lemon peel, dried berries or apple, cloves, etc.
- small containers with lids both to hold herbs and to hold the finished creations
- small spoons for mixing
- water
- kettle
- cups

Directions

 Explain at the beginning that this activity will use their senses of smell and taste. They can use their spoons and mixing container to combine the tea, herbs and spices in any way they would like to prepare their own tea concoction.

- Fill the tea infuser with your mixture. Boil a kettle of water, and with the infuser in the cup, pour the water gently over it. Let the tea steep for 3-5 minutes before tasting.
- 3. Keep a log book of the magical potions so you will remember how to recreate them in the future.

Note

If your girls enjoy experimenting with the tea, there are other things that they can try. Spa products are a great way to incorporate different herbs and plants. Try making bath salts or soaps with lemon rind, lavender, chamomile, etc. You could also whip up a batch of chocolate frogs and infuse them with lavender, basil or something else equally delicious!

Chocolate Broomsticks

Be allergy aware!

Supplies

- · mini peanut butter cups
- stick pretzels
- toothpicks

Directions

- 1. Remove the wrapper from the mini peanut butter cups
- Pierce bottom of the cup with a toothpick – this will make it easier for the next step.
- Slide a stick pretzel into the hole created by the toothpick to make the broom handle. Be cautious not to snap the pretzel, but provide lots of extra sticks – just in case.





Broomstick Pencils

Supplies

- pencils
- craft raffia, twine, or toothpicks
- elastic bands
- tacky-glue
- string

- Coat the eraser end in glue enough to lightly attach raffia, twine or toothpicks all the way around the tip of the pencil – this is the hay on the broomstick
- 2. Wrap the elastic band tightly around the "hay" to further secure it to the eraser end.
- 3. Use a small piece of string or twine to cover up the elastic band.
- 4. Sharpen your pencil and start writing spells!



Program Connections

The following program connections apply to various activities in this issue. Refer to the individual program books for details. There may be even more program connections you could apply as well!

Sparks

Being a Spark: Additional activity – Help them plan a party

Going Outside: Outside Active Games

Exploring and Experimenting: Additional activity – do a creative art activity

Brownies

Interest Badges: Super Crafts

Go For it: Active team game

Terrific Trash: Make

something from Recycled materials









Pathfinders

We are What We Eat: #1 - New Foods

Active Living: #6 - Fun physical activity

Find Your Inner Leader - plan a meeting or event for younger girls

Guides

Discovering You: #6 - Do an activity of your choice to discover your creativity

Event Planning: #6 Lead a game or activity

Experienced Camper – Lead a wide game or outdoor activity #2a

You and Others: Learn How to Plan #1 Plan a party

BC Program Committee Available Position

The BC Program Committee is a busy and rewarding committee to be a part of. We create challenges, produce the FunFinder, provide trainings for Guiders and host Girl Events. We work as a team for many of our activities, but also have individual responsibilities based on our positions. We are currently looking to fill the following positions with dedicated Guiders who are passionate about the program.

Ranger Specialist

Purpose

To stimulate and promote an active interest in the Girl Guides of Canada-Guides du Canada

program, especially the Ranger program, throughout British Columbia.

Qualifications

Be conversant with the Ranger program.

Be passionate about girls and Guiders having fun while completing the different levels of program.



Be able to relate well to both girls and adults.

Should have experience working with Rangers.

BC Program Committee

BC Program Adviser
Julie Thomson

Deputy Program Adviser Susan Stephen

Arts Specialist
Barb Wilson

Girl Programs Specialist
Carla MacRae

Environment Specialist Van Chau

Communications Liaison
Alyssa Robertson

Lones Coordinator Vanessa Gale

STEM Specialist Sharon Guilford



Girl Guides of Canada du Canada

Healthy Lifestyles Specialist Colleen McKenna

Inclusivity/Diversity Champion Fiona Rogan

> Ranger Specialist Vacant

This publication may not be reproduced, in whole or in part, in any form, or by any means, electronic or mechanical, for use other than for Guiding activities within Canada, without the prior written permission of the BC Program Committee. program@bc-girlguides.org