## Girl Guides

## **CAMP-OUT**



The requirements for this award may be completed in a residential camp-out setting in a backyard or in a tent at a campsite.

## **Award Requirements**

Part A	Help plan and participate in a day outdoors that also includes one night away from home. Help with the meal planning.
Part B	Follow a kit list and pack your own gear. Take care of your personal belongings at your camp-out.
Part C	Waterproof a bedroll for carrying.
Part D	<ul> <li>Create a Be Prepared plan.</li> <li>Develop a buddy system in your patrol or group. A buddy system helps the group stay together and keep track of each other. Your Guider or a caring adult will help you do this.</li> <li>If you're in a building, know where the fire exits are in case of fire or any other emergency. Know where the safe meeting place is and discuss why you take a head count in your patrol or group.</li> </ul>
Part E	Take part in a duty schedule at your camp-out. Keep your sleeping area clean and dry.
Part F	Participate in a fire drill at your camp-out.
Part G	Discuss safety measures that should be taken at your campsite to prevent injury.

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Part H	Participate in at least two of the following activities at your camp-out.
	🌟 Hike
	☆ Adventure game
	☆ Campfire activities
	🐲 Guides' Own
	🌟 Tell a story or teach a song about the outdoors
	Another outdoor activity
Part I	With others, do an evaluation of your camp-out.