

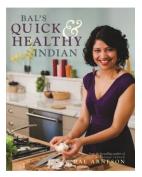
# **Backgrounder**



The only thing better than Girl Guide Cookies are the recipes that use our classic chocolate and vanilla and chocolatey mint cookies! **Girl Guides of Canada-Guides du Canada** challenged Canadian chefs and bakers to create their most scrumptious recipe using our famous cookies and we are proud to share the results in our *Cookie Recipes for Girl Greatness*.

These six delicious new recipes are:

- No-Bake Chai Cheesecake Bal Arneson, Food Network's Spice Goddess
- Girl Guide Minted Chocolate Salame Massimo Capra, regular on City TV's Cityline
- Girl Guide Brownie Cupcakes The Cupcake Girls, Heather White and Lori Joyce
- Minty Hot Chocolate Kary Osmond, former host of CBC's Best Recipes Ever
- Girl Guide Vanilla Banana Trifle Petite and Sweet, Elle Daftarian and Caspar Haydar
- Chocolate Vanilla Coffee Cake Emily Richards, home economist and cookbook author



#### No-Bake Chai Cheesecake

This recipe was developed by **Bal Arneson**, *Spice Goddess*-Food Network TV host, book author, *National Post* and *Province* newspaper columnist. A mother, educator and advocate for healthy cooking, her series, *Spice Goddess*, was nominated for a 2011 James Beard Award. Both of her cookbooks, *Everyday Indian* and *Bal's Quick and Healthy* are bestsellers. Spicegoddess.com

### **Girl Guide Minted Chocolate Salame**

This recipe was developed by **Massimo Capra**, one of Canada's most beloved chefs. He is the chef co-owner of Mistura Restaurant and Sopra Upper Lounge, two well-known restaurants in Toronto, offering fine contemporary Italian cuisine and live music venue. He is also a regular on CityTV's *Cityline*, and is the author of two best-selling cookbooks. He is now the host of his own destination cooking show called *Gourmet Escapes*. massimocapra.com





## **Girl Guide Brownie Cupcakes**

This recipe was developed by Heather White and Lori Joyce, stars of *The Cupcake Girls* on We tv. A shared dream between two 15-year-old best friends has become a reality. Today, Heather and Lori are recognized as two of BC's top entrepreneurs – and they hope that their success, longstanding friendship and love for what they do will inspire others to achieve their own personal goals (and eat cupcakes). <a href="mailto:cupcakesonline.com">cupcakesonline.com</a>



# **Cookie Recipes for Girls Greatness Backgrounder**



### **Minty Hot Chocolate**

This recipe was developed by **Kary Osmond** who loves teaching people how to cook. Kari was the host of the hit CBC show *Best Recipes Ever*. Now her website provides fans with cooking tips and tricks, and answers their cooking questions to help build their confidence in the kitchen. <u>karyosmond.com</u>

### Girl Guide Vanilla Banana Trifle

This recipe was developed by **Petite and Sweet**. Owners and event planners Elle Daftarian and Caspar Haydar, featured on Food Network's *Sugar Stars*, use their unique talents offering full-service event planning and catering from their lifestyle boutique in Toronto. <a href="mailto:petiteandsweet.ca">petiteandsweet.ca</a>





### **Chocolate Vanilla Coffee Cake**

This recipe was developed by Professional Home Economist, **Emily Richards**. Emily has authored and co-authored many cookbooks and continues to create recipes for notable magazines and newspapers. Her newest cookbook, *Get in The Kitchen and COOK!* will get you in the kitchen preparing recipes quickly so you can enjoy time with your family and friends. emilyrichardscooks.ca

### **ABOUT GIRL GUIDE COOKIES**

Girl Guide Cookies are the official fundraiser for Girl Guides of Canada members and the largest "girl-run" business in the country! Each \$5 box of cookies sold supports dynamic Girl Guide programs and activities that encourage girls to develop their leadership potential, use their talents and push their boundaries while fostering their confidence and self-esteem. Last year our members sold over **112 million cookies** (5,345,652 million boxes), gaining life-long business skills along the way. Each year over 70,000 Girl Guides, from 5 year-old Sparks to 18 year-old Rangers, gain financial literacy and business skills from selling Girl Guide Cookies.

- Girl Guides have been selling cookies in Canada since 1927
- Classic chocolate and vanilla sandwich cookies are available from March to June, and chocolatey mint cookies are available from October to December.
- Girl Guide cookie boxes and cases are environmentally friendly they are printed on 100 per cent recycled material and the box's coating and ink are water-based.
- The newly designed box features images showcasing the wide variety of activities and opportunities Girl Guides offers girls.
- Girl Guides Cookies are nut-free and peanut-free.