GUIDE TOGETHER











Spirit of Guiding





Global Guiding





Draw a line from the trefoil to the things that interest you.



Guiding History



World Thinking Day



Cookies



Campfire





Fun and Games



Exploring the Guiding World



Stories from Girls Around the World

INTO THE OUTDOORS











Nature Discoveries





Camping Skills and Adventures







BUILD SKILLS











Life Stuff



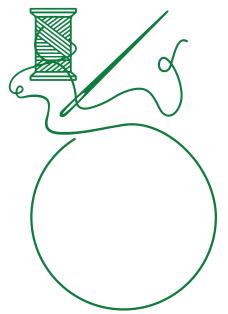


How To:





Draw a thread around the things that interest you.







Using Tools



First Aid



Sewing



Leadership



Jobs







Canadian Money















Different Together





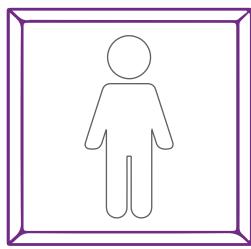
Gender Power



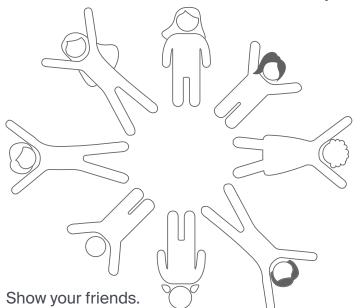


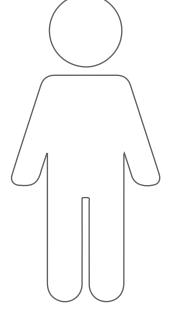


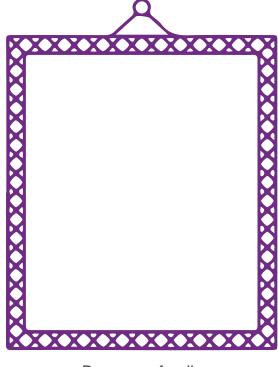
Colour in three pictures that you want to explore more!



Draw yourself.







Draw your family















Design Space





Art Studio





Draw a line from the backpack to the things you want to experiment with!



Story telling





Exploring Senses







Bubbles

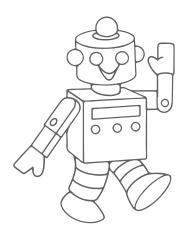




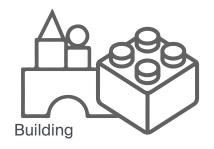


Chemistry





Robots



BE WELL





My Mighty Mind





My Physical Self



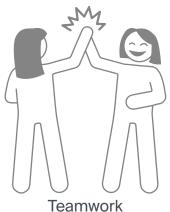


My Healthy Relationships





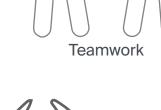
Circle the things that you like in green. Circle the things you want to learn about in purple.















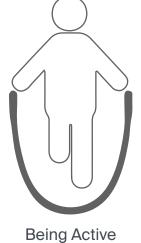




Body Care









Deep Breathing















Canadian Connections



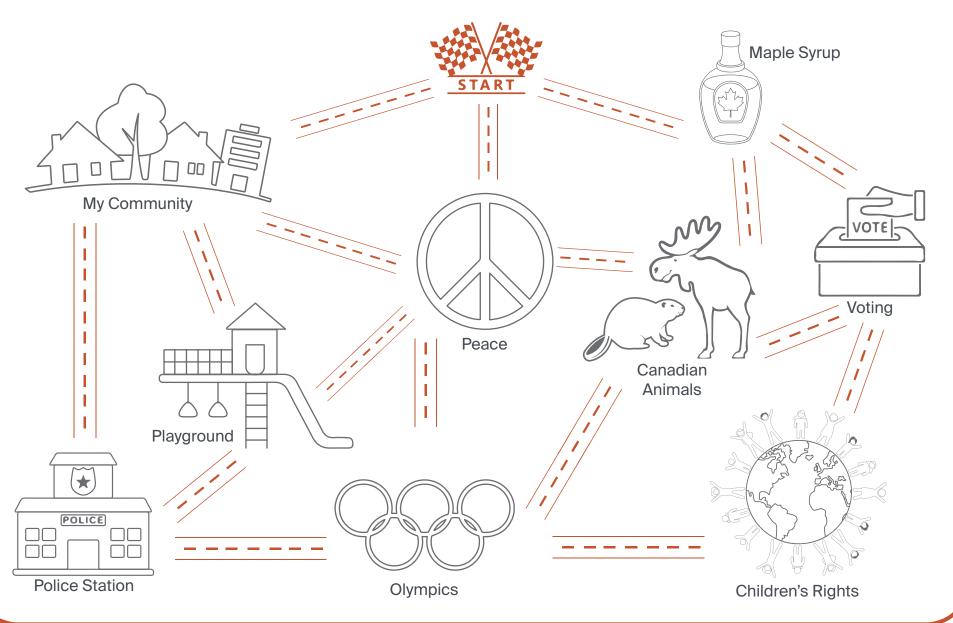








Draw your own path to connect everything you want to explore.



TAKE ACTION





Your Choice





Your Voice



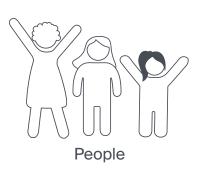


Your Action















Helping Others

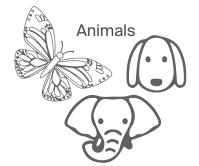


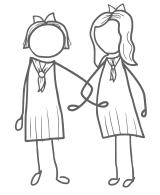




Sharing Food











Nature



All done filling out your Program Brainstorming Sheets? Use this key to help match your unit's responses with activities on the Girls First Platform. For example, if "Being Active" has been circled, you can find activities on the platform in My Physical Self. We've also included a few sample activities from the themes to get you started!

PA

These topic pictures...

...fit within this theme.

Interested? Try these activities as a start!

GUIDE TOGETHER

| Guiding History | Our Story | Sparks in History (S) Embers in History (E) |
|---------------------------|-------------------|--|
| Cookies | | Our Story is Cookies Instant Meeting (S+E) |
| | | Your Promise, Your Code! (S) |
| Guiding Traditions | | What Does the Toadstool Mean to Me? (E) |
| | Spirit of Guiding | First Aid SWAPS (S+E) |
| Hat Crafts Campfire | | Let It Grow (S+E) |
| | | Come Together at the Campfire (S+E) |
| Fun and Games | | Chocolatiers in Action Instant Meeting (S+E) |
| World Thinking Day | | WAGGGS: World Thinking Day (S+E) |
| Stories from Girls Around | Global Guiding | Guiding Around the Globe (S+E) |
| the World | | |
| Exploring the Guiding | | Global Guiding Games (S+E) |
| World | | |



| | Exploring Outdoors | | Sound Mapping (S+E) |
|---|--|------------------------|-------------------------|
| ŀ | | | Nature Snap Shots (S+E) |
| | Experimenting with Nature Nature Discoveries Discovering New Animals | A Circle of Life (S+E) | |
| | | Mature Discoveries | Colour of Leaves (E) |
| | | | Guess That Animal (S) |
| | | | Owl Prowl (E) |



PA

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Interested? Try these activities as a start!



| Hiking | and | |
|------------------------------|-------------------|--|
| Camping | | More Than Marshmallows Instant Meeting (S+E) |
| Cooking Outdoors | | Beyond Camp Basics Instant Camping Meeting (S+E) |
| Building Animal Homes | Our Shared Planet | Support Animal Habitats (S+E) |
| Reusing and Recycling | | Upcycle Spy (S) |
| | | Trash to Treasure (E) |
| Caring for the Earth | | Earth Justice Instant Meeting (S+E) |

BUILD SKILLS

| Canadian Money Using Money Saving | Money Sense | Girls Count Instant Meeting (S+E) |
|-----------------------------------|-------------|---|
| Leadership | Life Stuff | Leading with Confidence Instant Meeting (S+E) |
| Sharing My Ideas | | Empower Entrepreneurs Instant Meeting (S+E) |
| Jobs | | Where's Your Tool? (S) |
| | | What Do You Work With (E) |
| Using Tools | How To: | Find the Fit (S) |
| | | Drive the Screw (E) |
| First Aid | | Be Prepared, Be Safe Instant Meeting (S+E) |
| Sewing | | Practice Sew Pillow (S) |
| | | Sew A Puppet (E) |



PA

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Interested? Try these activities as a start!



| Draw Yourself | Being You | Be You Challenge (S+E) |
|--------------------------------|------------------------|-------------------------------------|
| Draw What Makes Girls Powerful | Gender Power | Yes She Can! Challenge (S+E) |
| Draw Your Family | 1 Different logether 🗄 | Love is Love Instant Meeting (S+E) |
| Show Your Friends | | Diverse Connections Challenge (S+E) |



| Chemistry | Science Lab | Icky Sticky Slime (S+E) |
|--|---|--|
| | | Lovely Lemonade (S+E) |
| Evaloring Concoc | | Clucking Chicken (S) |
| Exploring Senses | | Homemade Harmonica (E) |
| Experiments | | Science at the Scene Instant Meeting (S+E) |
| Robots | | Building Bots Challenge Coming Soon (S+E) |
| Bubbles | Design Space | Bubble Wand Builder (S) |
| | | Building Bubbles (E) |
| Building | | SuperSpark Engineers Instant Meeting (S) |
| | | Engineers Find A Way Instant Meeting (E) |
| Music Painting Art Studio Storytelling | | Sound Orchestra (S) |
| | | Making Music (E) |
| | For the Love of Art Instant Meeting (S+E) | |
| | | Scavenger Hunt Story (S) |
| | | Postcard Story (E) |



PA

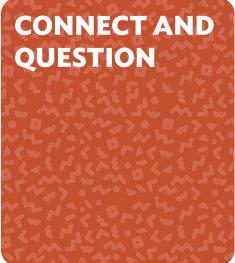
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Interested? Try these activities as a start!



| Teamwork | | Build a Forest (S) |
|-------------------------------|------------------|---------------------------------|
| Sharing | My Healthy | Painting Swap (E) |
| Being a Good Friend | Relationships | Friendship Pact (S) |
| Domig a Good Friend | | A Friend Would(E) |
| Deep Breathing | | |
| Feelings | My Mighty Mind | Mighty Minds Challenge (S+E) |
| Yoga | | |
| Food Being Active Body Care | My Physical Self | Picturing My Foods Activity (S) |
| | | Taste the Rainbow Activity (E) |
| | | Show Us Your Moves (S) |
| | | Balloon Tag (E) |
| | | Germ Journey (S) |
| | | Keep Away Viruses (E) |



| My Community | | Get Around Town (S) |
|-------------------|-------------|--|
| Police Station | Local | Community Helper Charades (S) |
| Fonce Station | Communities | Guess Who (E) |
| Playground | | Neighborhood Scavenger Hunt (E) |
| | Canadian | Majority Rule (S) |
| Voting | | Vote for a Mascot (E) |
| Maple Syrup | | Sugar Shack Festival Instant Meeting (S+E) |
| Canadian Animals | | Canadian Animal Craft (S) |
| Peace | | Building Peace (S+E) |
| Education | World Stage | Path to School (E) |
| Children's Rights | _ | Rally for Rights Instant Meeting (S+E) |



PA

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...fit within this theme.

Interested? Try these activities as a start!



| Animals | | |
|---------------------|-------------|--|
| Nature | Your Choice | Explore Your Passion Instant Meeting (S+E) |
| People | | |
| Helping Others | | |
| Speaking up | Your Voice | Driving Change Instant Meeting (S+E) |
| Working Together | | |
| Giving Warm Clothes | | |
| Sharing Food | Your Action | Plan Your Action Challenge (S+E) |
| Recycling | | |