



Nova Scotia Road Trip Canada

SAVE THE DATE!

August 2 – 10, 2020

Please note: These dates are subject to change.

WHO CAN GO?

14 girls, 12-13 years old on the first day of the trip + 2 Guiders

You must meet the Eligibility Requirements, as listed on the [Eligibility tab of the NST webpage](#).

WHAT YOU'LL EXPERIENCE

DAY 1: Sunday, August 2, 2020

Halifax, Nova Scotia

Au revoir to your hometown! Catch a ride to your local airport and fly to Halifax. You will spend the first night in Halifax as you meet your fellow travellers and get excited for the amazing adventure you're embarking on!

Meals included: dinner

DAY 2: Monday, August 3, 2020

Truro, Nova Scotia

Your adventure begins with some wet-and-wild fun at the Shubenacadie River. It will be an experience you will remember for the rest of your life! Enjoy a team dinner tonight at a local restaurant.

Meals included: breakfast, lunch and dinner on flight

DAY 3: Tuesday, August 4, 2020

Baddeck, Cape Breton, Nova Scotia

Today, you are off to Cape Breton. You will drive past rolling hills and wind up at the doorstep of the Bras d'Or Lake and the base of Salt Mountain. You hike to the summit following the moderate trail for incredible views of the lake below. During the afternoon, you will enjoy a hike to Uisge Ban Falls, leading you to a dramatic 50 ft waterfall. After the hike, you will head to the beautiful lakeside town of Baddeck, where you will have a chance to stroll the streets and catch a musical act after a fine meal.

Please note: This itinerary is subject to change.

Meals included: breakfast, lunch and dinner

DAY 4: Wednesday, August 5, 2020

Cabot Trail, Cape Breton, Nova Scotia

You start off your adventurous day with a drive across the island toward the western side of Cape Breton. You will make a stop in the town of Cheticamp, where you can experience a taste of strong Acadian culture. Many folks here still speak Acadian French and even dress in the traditional attire. You head out on the water for a whale watching tour in one of the best places in Canada to go whale watching. After, you continue on to Highlands National Park, making frequent stops to take photos from the lookouts of the highlands which rise from the ocean. You will hike the famous Skyline Trail, which follows the mountain's ridge and offers incredible views of the surrounding highlands and Bay St. Lawrence which lies 1000 ft below.

Meals included: breakfast, lunch and dinner

DAY 5: Thursday, August 6, 2020

Cabot Trail, Nova Scotia

This morning, you will spend some time at the four-mile-long beach where John Cabot was said to have first landed in 1497. A short drive brings you to your sea-kayaking destination, where you can paddle the waters of the South Harbour Lagoon. The water is so clear here you can even see fish swimming underneath your kayak. After lunch, you will hike past the seaside village of White Point out onto the peninsula where pink granite cliffs rise from the sea.

Meals included: breakfast, lunch and dinner

DAY 6: Friday, August 7, 2020

St. Ann's Bay, Cape Breton, Nova Scotia

At the mouth of St. Ann's Bay lies a set of rocky islands known as the Bird Islands. It is here you get a chance to experience Nova Scotia's largest puffin colony, as well as see eagles and seals. In the afternoon, you will explore the Highland Village to experience the life of the Old Scottish settlers on the island of Cape Breton. This is an interactive experience with actors in costume and attire from these settlers.

Meals included: breakfast, lunch and dinner

DAY 7: Saturday, August 8, 2020 - Sunday August 9, 2020

Lewis Lake Girl Guide Camp, Nova Scotia

You will spend the next two days at Lewis Lake Girl Guide Camp. You will spend the days camping, learning about Guiding in the province, reminiscing and reflecting about what you have learned and experienced on your trip. Have a celebration dinner and enjoy your last night in Nova Scotia.

Meals included: breakfast, lunch and dinner

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DAY 8: Monday, August 10, 2020

Home

After a good breakfast, you will head to the airport to catch your return flight home. Your family and fellow Girl Guides will be so excited to hear about your adventure.

Meals included: breakfast

ACTIVITY LEVEL: Recreational

On your trip, there will be some moderate physical activity, such as some light hiking, biking or canoeing, in addition to walking. You may encounter some hilly terrain, steep ascents/descents or uneven trails.

PARTNERS: GREAT EARTH EXPEDITIONS and LEWIS LAKE CAMP

COSTS:

Total trip cost: \$4,717

Girls owe: \$2,359

Guiders owe: \$0

Girls: Great news – GGC National Office covers 50% of the total cost of the trip, meaning you are only required to pay half the total cost of the trip!

Guiders: Great news – Your trip is fully funded through the Jean Youngson Memorial Bequest to the Canadian World Friendship Fund.

Visit the Costs & Fundraising tab on the NST webpage for more information about what's included, fundraising and other potential funding.

READY, SET, APPLY!

Before beginning your application, please review the **Application Instructions** and check out the [Top Tips](#) for support. Once you're ready, visit the Nationally-Sponsored Trips webpage to apply!

[Find the Girl application instructions here.](#)

[Find the Guider application instructions here.](#)

Applications (including your letter of recommendation) must be completed and submitted online by:

Guiders: 5:00 p.m. ET on Wednesday, September 11, 2019

Girls: 5:00 p.m. ET on Wednesday, October 9, 2019

Please note: This itinerary is subject to change.

QUESTIONS?

Check out the FAQ tab on the **[Nationally-Sponsored Trips webpage](#)**

Email us: nationaltravel@girlguides.ca

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