



# Coastlines

April 2015



NEWSLETTER OF GIRL GUIDES OF CANADA - NS COUNCIL

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Girl Guides NS  
3581 Dutch Village Rd.,  
Halifax, NS B3N 2S9

(P) 902-423-3735  
(F) 902-423-5437  
ggcns@girlguides.ns.ca

[www.girlguides.ns.ca](http://www.girlguides.ns.ca)

## Cookie Update, by Cindy O'Hearn, NS Cookie Adviser

Although winter and spring have not been very kind to us, cookie sales are still well under way now. Although the cookies were a little late arriving (due to weather), they still got here safe and sound for all!

A reminder to Guiders to be sure to participate in Cookie All Stars: the girls have earned the rewards, so don't forget to register them to receive them (see side bar for how to do so).

If anyone is having trouble selling your cookies, please let your Area Cookie Advisor know: there are many units around the province who will be looking for more to sell. As well, be sure to contact your Area Cookie Advisors for PR material to use when you are out selling.

On the next page, you'll find some cookie selling tips to pass on to your girls. Happy Cookie Selling!



## Cookie All Star Rewards

A reminder that the deadline for Cookie All Stars orders is May 1. To order, go to <https://memberzone.girlguides.ca> -> UnitSupportResources -> Cookie All Stars

If girls have sold 7 cases or more, it is important to enter their information in order to assure they get their rewards. If your unit has sold more than 10 cases in group sales, every girl who participated can get a crest. And, there are thank you crests for Guider, which are sent out even if no girls in your unit have earned a crest.

Note: you do need your iMIS number and Memberzone password to order. If you don't have this info, go to <https://memberzone.girlguides.ca/> and follow the prompts for a lost password.

# Cookie Selling Tips

by Cindy O'Hearn, NS Cookie Adviser

## 1. Wear Your Uniform!

Nothing says Girl Guides like wearing your uniform or sash on the outside of your coat if it is cold out! By wearing your uniform you immediately let customers know who you are and what you are selling. Personally introducing yourself helps create a comfortable atmosphere and gives you the opportunity to establish a long-lasting relationship with a potential reoccurring customer!

## 2. Safety First!

When selling cookies – whether at a cookie booth (in a store or mall) or going door-to-door, remember to always put safety first! Make sure you have a parent or adult with you at all times and try to sell with girls from your unit.

## 3. Suggest Alternative Options!

Not all fans of Girl Guide cookies can consume them due to diets, allergies, religious reasons, etc. Although it is important to respect these decisions, you can make suggestions such as buying cookies as a gift, or simply making a donation to Girl Guides of Canada to support girls across our province.

## 4. Create A Memorable Bond!

As you sell cookies, create personal bonds with your customers to create customers for life. Making conversation (see tip #1) is a great first step to generating repeat customers. Tell customers why you joined Guiding, what you plan to do with your cookie proceeds, or all the fun you're having as a way to stand out. Also, writing thank you notes to customers such as friends, family, neighbors, or teachers is a great way to encourage



# Membership Report

## Registration Season is Here!

By Jo Swinemer, Membership

Each year we hear from families that say they didn't know registration begins in the spring... We also hear from families who still don't know about online registration! *Guiders, please make sure to remind your units that registration begins in April/May for returning girls.* Send home the membership magnets as a helpful reminder! If you know of families who need our help registering, please send them our way (1-800-565-8111 or [membership@girlguides.ns.ca](mailto:membership@girlguides.ns.ca)).

**BIG FUN  
NEW ADVENTURES  
GREAT FRIENDS**



**JOIN TODAY!**  
[girlguides.ca](http://girlguides.ca)  
1-800-565-8111

### Unit Finder Map

Have you looked at your unit recently on the Registration Map? Is it there? Is the information correct? Is it complete?

If you notice errors or omissions, or already know your start date for September, please update your District Commissioner, who can pass it on to Membership office. For most parents, the website is the first point of contact with our organization – it helps if it as accurate as possible.

### A Word about Wait Lists

Wait lists are a fact of life, and Guiding is not immune! Each year we have several units that end up with girls on a wait list to get in. We work with parents, units, Commissioners and Membership Advisers to offer other options: some units increase their capacity, while other units create a sister unit for the overflow. If there are other units with available space, we offer girls those options as well. Across the province, last year, less than 20 girls were not placed.

When girls register for a unit with a waitlist, no payment is required. If a space becomes available, the family receives an email with instructions to complete the registration (and pay). If it doesn't look like a space will be opening, we touch base with the families to talk about options. We don't give wait list information (such as position) out to parents; rather we explain their options and follow up accordingly.

It's important to note that from the waitlist, girls are placed in units on a first come, first serve basis. There is no "jumping the queue" and we don't accept special requests from Guiders to place specific girls. Thank you for your patience in regards to waitlists!





By Mary-Louise Johnson, Provincial Program Adviser

Check out the following program ideas for Earth Day on April 22!

### STEM

#### **Wind Power:** (*Sparks, Brownies*)

We have used windmills for many years turning moving energy into a mechanical form for pumping water, etc. Today, we use wind turbines, which produce energy for much the same purpose. To measure wind speed, try making a pinwheel wind turbine.

<http://www.hometrainingtools.com/media/reference/PinwheelPattern.pdf>

#### **Solar Energy:** (*Guides, Pathfinders, Rangers*)

Solar energy comes from the sun and can be used for many things, such as powering vehicles, traffic lights, cooking food, etc. Try making a pizza box solar oven this Earth Day, here are the instructions and some sample recipes to try.

<http://www.hometrainingtools.com/a/build-a-solar-oven-project/>

<http://www.hometrainingtools.com/media/reference/SolarOvenRecipes.pdf>

### ARTS

#### **Earth Day Handprint Wreaths:** (*Sparks, Brownies*)

Handprint wreaths are a great interactive activity for younger girls.

<http://www.dltk-kids.com/crafts/earth/mhandprint-wreath.htm>

#### **Nature Collage:** (*Sparks, Brownies*)

Allow the girls to go outside of your meeting place to find various nature items, leaves, pinecones, shells, etc. Provide them with glue or assist with glue guns to create a collage. Or, given wooden stir sticks, create a picture frame and use the nature items to decorate the frame.

#### **Natural Tie Dye:** (*Guides, Pathfinders, Rangers*)

Tie dying is an activity that is not only fun to do, but exciting to see the results especially if using natural dyes instead of store bought. Ingredients such as carrots, beets, onionskins, etc create beautiful colours.

<http://www.education.com/activity/article/natural-tie-dye/>

### ACTIVE LIVING

#### **Parachute Play** (*Sparks, Brownies*)

Playing parachute games such as Turtle or Parachute Volleyball will keep the girls active while having fun.

<http://playparachutes.com/pagaac.html>

**Relay Games** (*Brownies, Guides, Pathfinders, Rangers*) are another easy way to keep the girls active. Check out this website for more relay games with Earth Day themes.

[http://www.ehow.com/list\\_6048060\\_fun-games-play-earth-day.html](http://www.ehow.com/list_6048060_fun-games-play-earth-day.html)

And why not tie in a service project while celebrating Earth Day?  
For lots of other Earth Day activities, check out this cool website: [www.ecokids.ca](http://www.ecokids.ca)

# Camping Tips

By Dawn MacNeill, Harvest Trail Area Camping Adviser

*With the spring and summer camping season almost upon us, here are some great tips and tricks to get you ready for the season!*

## Washing Tents

Can I wash my tent? Yes, but NOT in the washing machine.

Has your tent or groundsheet gotten muddy? Mosquito blood and guts on it? It's good to clean these things off your tent before packing your tent away.

Yes, you can wash your tent by hand. You can just use water and a sponge or light brush, but if needed, you can use a very mild, unscented dish soap. There are also products out there for cleaning particular types of gear. Here's how to do it:

1. Set up your tent in a dry, sunny spot. Sweep it out and lightly brush/dust off any excess dirt. You can also lay the fly or groundsheet over the dry ground or deck/patio.
2. Now wash the tent with your sponge and water, using other materials mentioned above as needed.
3. Thoroughly rinse the tent, fly, groundsheet, etc. to make sure there is no residue.
4. Finally, make sure the tent is completely dry before packing it away. After all of your hard work and expense, you don't want to replace the tent.



## Gear Care

Here are a few questions to ask yourself before

packing away your gear after a trip:



Does anything need repair? Is there a tear in any of the screens in your tents or screen shelters? Is there a tear in a nylon wall? It's easier to fix these now, than at camp or the night before.

Are any of the tent poles cracking? If so, can you repair these or do you need to replace them? Is the tent clean? Inside and out? Is the stove clean? This will help with the longevity of the stove and keep away little critters. Are the solar showers well drained and dry?

Camping gear can be an expensive investment for individuals and units. These are just a few questions to get you thinking about your gear prior to putting it away. End of summer sales are also a handy time to replace or purchase gear at a lower cost. So don't forget to check your gear!

# Camping Tips

*continued...*

## Hydration

How many times on a hike or at camp have you asked the girls, "Have you had a drink of water?"... But did you ask the other adults? Often as adults, we are so concerned with the girls, we forget about ourselves. If an adult (or anyone) gets dehydrated, it can impact your ability to provide the program you want for the girls, not to mention the health implications. Do you ask these questions in the winter as much as you ask them in the summer? We also often think more about hydration in the summer and tend to forget about hydration in the winter and how much liquid we are losing in the cold weather.

Quick tip (from a first aid course I took years ago) ... Check the colour of your urine: the paler and more plentiful- the more hydrated you are. The darker and less plentiful - you need to drink more liquids (subject to individual variability of course).

*Here are 8 tips for hydration in winter:*

1. Wear Layers
2. Replace what you Lose
3. Match your Drink to the Duration (and altitude) of your Activity
4. Hydrate with Room-Temperature Beverages
5. Eat Fruits
6. Eat Salty Foods and Soup
7. Drink Hot Chocolate (post workout)



## Its Not Too Late...

We all have moments when we get behind, forget to do something, or have good intentions to get that done. If you forgot to send in your camp Safe Guide paperwork (after the event) to Guide House for storage or found that HST remittance you thought you had sent in... don't worry, it's not too late. Make some room in your house by mailing it off to Guide House with a few less papers hanging around.

# KANA'DA 50TH ANNIVERSARY CELEBRATION

*The organizers of this have been hard at work, putting together what looks like a fabulous event for us! Please print and keep this sheet for reference, as it contains pertinent details for the event.*

<p><b>What To Bring:</b></p> <p><b>Leaders</b></p> <ul style="list-style-type: none"> <li>First Aid Kit for your Unit</li> <li>Health Forms for each Girl</li> <li>Name Tags for each Girl (which <i>must</i> include Girls name, Unit name, Guider contact name and phone number while on site.)</li> </ul> <p><b>Girls</b></p> <ul style="list-style-type: none"> <li>Day Pack to include:</li> <li>Full water bottle</li> <li>Lunch if needed</li> <li>Camp Hat</li> </ul> <p><b>What does the \$10 get me?</b></p> <ul style="list-style-type: none"> <li>Event Crest</li> <li>Lunch (<i>hotdog/hamburger &amp; drink</i>) (please have anyone with special dietary needs, bring a bagged lunch)</li> <li>Program Material</li> <li><b>MEMORIES!</b></li> </ul>	<p><b>WHO?</b></p> <p><i>All Members</i></p> <p>Adults Sparks Brownies Guides Pathfinders Rangers Trefoil Guild Honorary Life Members Invited Special Guests</p> <p><b>WHAT?</b></p> <p>A day of celebration and fun Round-robin activities 50 years of Kana'da Memories</p> <p><b>WHERE?</b></p> <p>Camp Kana'da 600 West Petpeswick Rd. West Petpeswick NS.</p>	 <p>Please watch for additional information by email and our Facebook page, as we get closer to the event.</p> <p><b><u>Parking will not be available on the site the day of the event.</u></b> There will be alternate parking areas at the Eastern Shore District High School, and the Musquodoboit Harbour Rink.</p>
<p><b>Can you Help?</b></p> <p>Would you be willing to help out the day of the event? Let us know!</p> <p>We would love to have you!</p>	<p><b>WHEN?</b></p> <p><b>June 6, 2015</b></p> <p><b>10:00 am – 3:00 pm</b></p> <p><b>Units can arrive and leave at any time as there will be no set schedule</b></p>	<p><b>Food Allergies?</b></p> <p>Hot dogs and hamburgers are being served for lunch with juice.</p> <p>Please advise the Guiders and girls, <b><u>NO substitutions</u></b> will be available.</p>
<p><b>Questions?</b></p> <p>Email: <a href="mailto:campkanada50th@gmail.com">campkanada50th@gmail.com</a></p> <p><u>or</u></p> <p>Like and follow our Facebook Page: <i>Camp Kana'da Celebrates 50 Years!</i></p>	<p><b>WHY?</b></p> <p><b>Celebrate 50 Years of Camp Kana'da</b></p>	<p><b>Safe Guide Reminders:</b></p> <p>Please ensure ratio is met. Unit Guiders are responsible for their unit/girls AT ALL TIMES. Girls are not to be left alone or unsupervised.</p>
<p><b>Mail your registration form (including list of participants), payment/order form, and cheque (payable to Girl Guides of Canada) to:</b></p> <p><b><u>83 Eisener Street, Timberlea, NS B3T 1E4.</u></b></p>		
<p><b>** REGISTRATION DEADLINE IS MAY 1, 2015 **</b></p>		



# UNIT NEWS

## National Engineering Month, By Mae Lefrancois, STEM Adviser

Members from Forest Hill and Shubie District represented Girl Guides at the Halifax Central Library on March 28 in celebration of National Engineering Month. A big thank you to the girls for participating in the day-long event, and providing registration information to girls and parents who came to their booth (we easily had 30 inquiries at the booth!).



## Blankets for the IWK, By Christian Brousseau, 6th Bedford Brownies

As a community service project, our unit made no-sew fleece blankets for the IWK. Each of our four circle groups pieced two blankets together, for a total of 8 blankets to donate to the hospital! The girls had fun tying knots in order to “sew” the blankets together, and talked about how warm and cuddly the blankets would be for a sick child to snuggle with.



This is the second time our unit did this.. It was so well received by the IWK last year, that we decided to do it again. They sent a lovely letter stating that usually larger blankets are not donated, and these would be so well loved by the older sick kids. A great project for sure!



# PROVINCIAL NEWS

## Winter Kwah'ee, By Julie Marchand

This year's Winter Kwah-ee was snow-tastic! Although the first weekend at Camp Kana'da was cancelled due to a massive snowstorm, the second weekend at Anne Fraser House was great! We had a beautiful sunny day on Saturday – Mother Nature held out until it began raining on Sunday.

There were girls and staff from across the province who went on a Nova Scotia Road Trip adventure – Kwah-ee style. We started the weekend with our "Which places have you visited?" Bingo. On Saturday, the girls made crafts that celebrated our Province's places and cultures, which included a Nova Scotia Map Journal, Nova Scotia Map Pencil, Talking Sticks, Dream Catchers, Luggage Tags, etc. The girls also played in the snow, went Snowshoeing and sledding. We even learned how to exchange foreign currencies then enjoyed culinary delights, including yummy blueberry crisp tarts.

The girls earned their Provincial Heritage and Travel Badges along with the Color Me Healthy Challenge Patch from the BC Girl Guides.



*Side Note (from Lisa Pretty, NS Camping Adviser): Mother Nature once again played havoc with camping plans in Nova Scotia. The first weekend of Winter Kwa-hee at Kanada (Feb 13-15) was cancelled. Sunday proved that we made the best decision for the safety of staff and girls... Sorry to disappoint the girls! Praying for good weather this summer for Kwah-ee.*

# TREFOIL GUILD TALES



## Well Deserved!

By Darlene Duggan, Memory Lane Co-President, NS Provincial Trefoil Guild PR

Those of us in Trefoil Guild remember...and still live by...the original Guide Law. One part states- "A Guide smiles and sings under all difficulties." And another- "A Guide is a friend to all and a sister to every other Guide." There is more and it is worth your time to check it out and read it...it applies today, just as it did when our worldwide sisterhood of Guiding began.

On March 5, 2015, members of Memory Lane Trefoil Guild, Carter District, her family, and our PC Kathy MacKay, gathered to honor Bonnie Loomer, a Guider who lives the Guide Law every day. We gathered to celebrate her, to thank her, and...to roast her (in a good way). When you have been involved in an organization as long as she has, when you have helped...and had fun with...as many people as she has, there are lots of stories to be shared. That is what our evening was all about, sharing memories about our good times with Bonnie, sharing stories of camping and the skills she taught us, and sharing this special evening dedicated to her, her commitment, and her friendship.

Bonnie has been forced to deal with serious health issues recently but she has not let that stop her. She is determined to continue doing the things she loves no matter how difficult it becomes and always, always with a smile on her face. She never did know how to say "No" whenever and wherever she was needed and, although she has had to slow down a little, that "no" word is still buried so deep in her vocabulary that she has to dig deep to find it...and uses it reluctantly. She is our Memory Lane secretary, our quiet support person, and our good, good friend.

All this being said, the real purpose of Bonnie's celebration was to present her with the Fortitude Award. When the time came, our Provincial Commissioner, Kathy MacKay and Carter District Commissioner, Yvonne Savoury, spoke a few words and presented the award (with a few tears thrown in, of course) and much to Bonnie's surprise. That's one of the best things about awards, the people so deserving are the ones who least expect it. ..and Bonnie is certainly deserving!

"A Guide smiles and sings under all difficulties." pretty much sums up our true Sister in Guiding, our Bonnie Loomer. Thank you, Bonnie, for all that you are.



# Did You Know?

*Do you know all about the HST requirements for Girl Guides? Read below for some great tips to bring you up to speed, and check out next month's Coastlines for Part 2: HST Paperwork Particulars—how to get it right the first time!*

## HST Requirements & Girl Guides

by Angela Stoddart (aka Ms Moneybags), Provincial Treasurer

Some things in life are guaranteed – hair will grow, mosquitoes love camp fires, and there will always be taxes! No one likes taxes. But as Canadians, we are legally required to pay sales taxes on items, file our annual income tax return, and collect and submit HST revenue to Canada Revenue Agency (CRA) for Girl Guides events.

Here are some myths and facts regarding the HST revenue requirements:

**FACT:** Girl Guides is following the legal requirements that are set out by the Canada Revenue Agency for collecting HST revenue on events. The paperwork around collecting HST is to ensure it is done consistently and properly according to CRA requirements.

**MYTH:** HST does not need to be collected if the place the event is being held is educational or does not have HST listed on the bill.

**FACT:** Where an event is being held, or if there is HST on the bill, *does not* determine if HST is to be collected. *Who* is attending decides if whether HST is collected.

**FACT:** HST is collected on overnight events where there is an event fee. HST is also collected on fee events where 50%+ of the attendees are 14+. Examples if there is a fee involved & a parent is paying:

Brownies going to a day event – No.

Brownies overnight camp – Yes.

Pathfinders / Rangers mix day event – do a head count of the girl ages to determine.

Rangers going skating – Yes.

Guider Conferences – Yes.

**MYTH:** The level of Safe Guide paperwork determines if HST is to be collected.

**FACT:** HST is collected and submitted to CRA for all participants attending if at least one girl pays, regardless if the event is Green, Yellow, or Red.

**Do you still have questions? Find more resources at [www.girlguides.ns.ca](http://www.girlguides.ns.ca) -> Volunteer -> Guider Resources -> Admin & Processes -> Finances & You.**





# Did You Know?

*continued...*

*Read below for protocol when making Girl Guide merchandise!*

## Producing Girl Guide Clothing, by Lauren Smith, PR Adviser

It's that time of year! Many Guiders are getting ready for special events and camps – with that comes the possibility of producing clothing or other merchandise for the event such as tshirts, hats, bags etc. Girl Guides of Canada sets out some important guidelines to consider when producing attire – the ultimate goal of these guidelines is to strengthen the GGC brand and safeguard the brand's visual integrity.

- First, the production of clothing and merchandise other than for events, camps, or travel does not conform to the brand standard. Under the brand standard, clothing for districts, units etc is not permitted.
- Second, items produced for events, camps, or travel, must carry the **GGC logo, the event name** and, if space permits, the **event date**, with the exception of camp hats which may carry the Trefoil only.
- Third, clothing is to be produced in any **primary palette colour** with the logo in white or blue. Clothing may also be produced in white with the logo in blue

Categories for clothing/merchandise are broken down into four categories.

<p><b>CAMPS:</b> Camp merchandise may be produced by National, or by Provincial, Area, or District Councils related to GGC physical camp sites. Merchandise which may be produced includes clothing and souvenir items. Items can be given to campers or offered for sale. There is no restriction on the number of pieces or the type of clothing and souvenir items associated with a camp. Create clothing = YES</p>	<p><b>EXTERNAL EVENTS:</b> An external event is any event whereby members of Girl Guides are partaking in a public event. Includes: cookie selling, parades, conferences, or meetings presented by government officials, other organizations, or corporate sponsors. Members are expected to wear their uniforms when representing GGC or taking part in GGC external activities.</p> <p>Create clothing = NO</p>	<p><b>INTERNAL EVENTS:</b> Internal events are those <b>involving GGC members only</b>. Examples of internal events include: training workshop, a committees' or Guiders' conference, Girls' Summit. Internal Event Merchandise should normally be limited to one clothing item (T-shirt, with event logo) and one crest. However, one additional souvenir item, such as a binder or tote bag is acceptable, if applicable.</p> <p>Create clothing = YES</p>	<p><b>TRIPS:</b> Trips are excursions which are primarily international travel, but also include nationally/provincially sponsored national trips, and independent group trips. Trip wear must be suitable and deemed appropriate for the trip. There is no restriction on the number of pieces or the type of clothing that may be associated with a trip; however, reasonable consideration must be given to the clothing requirements of the trip and family budgets.</p> <p>When travelling internationally, members are expected to travel in the GGC international clothing (red polo shirt, red jacket, international scarf) or GGC uniform as available at the online store.</p> <p>Create Clothing = MAYBE</p>
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# Did You Know?

*continued...*

## Producing Girl Guide Clothing, by Lauren Smith, PR Adviser

*Article continued from previous page...*

An example of a valid t-shirt design and the primary colour palette is shown below.

PMS	PROCESS	WEB
PMS 661	C100 M70 Y0 K10	R0 G84 B158 HM00549E
PMS 534	C100 M80 Y20 K5	R23 G74 B124 HM171E7C
PMS 659	C55 M30 Y0 K0	R115 G157 B100 HM739OC2
PMS 657	C20 M7 Y0 K0	R189 G216 B241 H #5DDBF1
PMS 306	C75 M0 Y7 K0	R0 G188 B228 #00BCE4
PMS 648	C100 M62 Y0 K52	R0 G52 B104 HM003468
PMS 212	C0 M72 Y11 K0	R241 G109 B154 HMR18DBA
PMS 1545	C0 M53 Y100 K72	R102 G55 B0 HM663700
PMS 362	C70 M0 Y100 K9	R56 G124 B43 HM48a942
PMS 485	C0 M96 Y100 K0	R238 G49 B36 HME3124

Corporate Blue colour palette features PMS 661 and includes PMS 648 used in the Guide uniform

PMS 648 is both a corporate blue and a uniform palette colour

The Uniform palette features the colours of the new uniform



Clothing items must be in one of the primary palette colours

Logo or Trefoil must appear on the sleeve or upper front left chest

Clothing item must contain the event name and, if space provides, the date of the event

If you have any questions about clothing production, please feel free to contact  
[PR@girlguides.ns.ca](mailto:PR@girlguides.ns.ca)

## Did You Know... We Need Your Help?

### Calling all artists... help redesign Nova Scotia's Provincial Crest!

What does Nova Scotia and Guiding mean to you? Send images to [pr@girlguides.ns.ca](mailto:pr@girlguides.ns.ca) by May 9th with a description of your design to be entered in the contest. Crest must be in compliance with brand standards and appropriately include the trefoil.



# This & That



Do you have girls that are interested in attending Guiding Mosaic, in Alberta in July 2016? No patrol going from your community? Share with your Pathfinders and Rangers that they can pre-register with an intent to attend. The NS GM Liaison will match those girls interested with a patrol in the province.

Log onto the GM website to pre-register <http://www.guidingmosaic.com>. Patrols will be allowed to register once their patrol is full.

Are you going to be a Transitioning member during GM 2016?? (Transitioning members are 18 years of age for the event, yet not the age of majority in Nova Scotia). There is a place for you at GM!! You have choices: you can attend and participate in the Ranger program with a patrol **OR** you can attend as a core crew member.

Questions??? [nsgm2016@girlguides.ns.ca](mailto:nsgm2016@girlguides.ns.ca)



***With regards to on-site camp transportation and site limitation, we will not have the capacity and resources to move people around that have pre-existing health issues which have been diagnosed prior to arrival at camp. All campers (girls and adults) are expected to be mobile using their own resources.***

***Get prepared and get moving!!***

## Pathfinder Visitors from the West Coast

The Pender Harbour Pathfinders from BC are interested in visiting NS next year. Read below to see if you'd be interested in helping!

"We are the Sunshine Coast Pathfinders from Canada's West Coast (a bit north west of Vancouver). We are travelling to Eastern Canada next year in late June & early July 2016. We're inquiring about the possibility of connecting with / camping or staying with a Pathfinder Unit in Nova Scotia. We'll be there approximately July 8th to 12th, and are thinking of visiting Port Bickerton, Sherbrooke village, Moose River Gold Mines, Halifax and maybe Lunenburg. Still in the early planning stages."



*For more info, contact Lisa Pretty (NS Camping Adviser) at [camping@girlguides.ns.ca](mailto:camping@girlguides.ns.ca)*



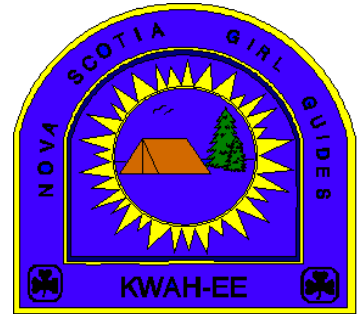
# ***This & That***

*continued...*

## ***KWAH-EE STAFF NEEDED!***

**“Fantasy Adventures and Medieval Times” themed week-long camps planned.**

The Kwah-ee Committee is accepting staff applications for 2 weeks of camp (July 4<sup>th</sup> – July 10<sup>th</sup>, 2015 and July 11<sup>th</sup>-17<sup>th</sup>, 2015) at Hardwood Lake camp in Lake Paul, Nova Scotia. Why not join us?



### **Summer 2015 Staff Positions (Who? Any NS Adult Guider)**

Kwah-ee provides a place for Adult Guiders to develop and expand on their leadership skills by working with other Guiders within the Province. Kwah-ee provides an avenue for mentoring; where experienced Guiders can share their expertise with other Guiders with limited camping experience. Applications available at: [www.girlguides.ns.ca](http://www.girlguides.ns.ca) under Program -> Camping.

### **Summer 2015 Patrol Leaders and Patrol Shadows (Who? Pathfinders and Rangers)**

Do you have Pathfinders or Rangers looking for a new and fun challenge? We are looking for enthusiastic and motivated girls to lead and supervise patrols of Girl Guides at Kwah-ee this summer.

- For 1<sup>st</sup> and 2<sup>nd</sup> year Pathfinders –there is the Patrol Shadow position, which pairs them with a more experienced Patrol Leader, to learn the skills necessary to lead a Patrol
- For 3<sup>rd</sup> year Pathfinders and Rangers, there is the Patrol Leader position, which allows them to lead a Patrol of girls—helping them learn and grow during their week of camping.

Pathfinder and Ranger Guiders – encourage your girls to apply! Staff Application and Position Descriptions Available at [www.girlguides.ns.ca](http://www.girlguides.ns.ca) under Program -> Camping. For any questions, feel free to contact the Kwahee Team at [kwahee@girlguides.ns.ca](mailto:kwahee@girlguides.ns.ca)

### **Editor's Note:**

Hope you enjoyed reading April's issue , perhaps while indulging in some Girl Guide cookies and a cup of tea!

Don't forget to send in your photos and Guiding news to Coastlines (with camping trips and advancement ceremonies coming up, there will be lots to share!)

Submissions are due by the 1st of the month, and can be emailed to me at [coastlines@girlguides.ns.ca](mailto:coastlines@girlguides.ns.ca).

Yours in Guiding,

Christian Brousseau, Coastlines Editor / 6th Bedford Brownies

